Advances in Psychiatry
Using AniCare Child

AniCare Child offers an approach for assessing and treating childhood cruelty to nonhuman animals (hereafter animals) and is designed for two audiences. The primary audience consists of mental health professionals working with children in agencies, domestic violence organizations, hospitals, schools, and private practice. Secondarily, AniCare Child will be useful to other professionals who work with children and their families—day-care providers, social service workers, probation department and other law enforcement officials, teachers, clergy, animal control and humane society personnel, and veterinarians.

For ease of use and to suit the different needs of potential users, AniCare Child is divided into three sections: Theory, Assessment, and Treatment. Some users, such as day-care providers or teachers, might find the assessment section most useful but will refer children to a mental health professional for treatment. All three sections of AniCare Child will be useful to mental health professionals. AniCare Child can be used in a number of ways. It can be the major focus of treatment with children who are referred—either by the courts, schools, or their parents—specifically for animal abuse. In other cases, the clinician may determine that a child, referred to treatment for some other reason, mistreats animals. In these instances, AniCare Child may supplement the ongoing treatment. In all cases, AniCare Child should be used within the framework of a comprehensive assessment and treatment plan.

Although we developed AniCare Child for use in an individual counseling setting, most of the assessment and interventions are readily adaptable for working with groups. With the further recognition of the need for the treatment of juveniles who abuse animals, in future it could become more practical to provide intervention in a group setting. Particularly when dealing, as in this clinical population, with socially unacceptable behavior, the dynamics of a group of peers can be an important vehicle for change.

This third edition of AniCare Child (2013) reflects the collective experience garnered from the presentation of 65 AniCare Child and AniCare Adult workshops in 23 states. Since 2008, we have also offered an online course on the AniCare approach through the School of Social Work at Arizona State University. (The course is one of a series of two leading to a certificate in the treatment of animal abuse.) In addition to the direct contributions of the individuals listed in the Acknowledgments, we have gained from the suggestions of the 18 certified AniCare trainers who colead workshops.
As a result of these experiences and input from these individuals, the third edition contains much new material. Note the following major changes:

- Theory section with emphasis on attachment theory
- Integration of the “Working with Parents” section into the Treatment section
- Material on trauma-informed narrative
- Updated research findings on witnessing abuse

In addition, the following supplemental materials and services are available from the Animals and Society Institute (ASI):

- The AniCare Demonstration DVD illustrates some of the assessment instruments and interventions in the handbook through role-played interviews. References to relevant segments are provided throughout the text.
- The AniCare Workshop DVD is a tape of major segments of a recent workshop (September 2011), emphasizing the conceptual material.
- *The AniCare Child Companion Workbook* provides homework and exercises for clients.
- *The AniCare Model for Treatment of Animal Abuse*, a handbook and accompanying demonstration DVD for adults who abuse animals, may be useful, particularly when assessing and treating juveniles 16 years and older.
- AniCareAction is a listerv that allows therapists and other interested parties to share their experiences with the AniCare Approach: [http://groups.yahoo.com/group/anicareaction](http://groups.yahoo.com/group/anicareaction)

To obtain these helpful supplemental materials, information about consultation on cases involving AniCare, training to become a trainer in the AniCare approach, and an opportunity to participate in an evaluation study, contact us at:

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or visit our website at: [http://www.animalsandsociety.org/pages/anicare](http://www.animalsandsociety.org/pages/anicare)
The publication of *Advances in Psychiatry* volume 4 is most welcome for the WPA. Dr. Afzal Javed has worked with dedicated colleagues to prepare the volume with skill and care.

The volume’s 39 chapters cover a wide spectrum of topics related to psychiatry. The authors are colleagues from many countries, including leaders in the scientific sections pivotal to the functions of the WPA. The chapters provide comment on a range of practical and scientific topics that are of current interest and debate and illustrate the strength of WPA’s scientific contribution.

The book will interest psychiatrists, mental health professionals from other disciplines, family doctors, and students of medicine and related disciplines. Many of the chapters will appeal to wider groups in communities around the world. On behalf of the WPA I thank all those who have contributed to producing this important publication.

Geneva, Switzerland

Helen Herrman
The Sections of the World Psychiatric Association (currently 73) are the “scientific backbone” of our Association. It is so is documented by the richness, quality, and diversity of activities of the Sections, from research, genetics and psychopharmacology, psychology, psychotherapy, ecology and humanities, scientific meetings and congresses to educational programs, consensus statements, and publications. It is further documented by the production of this fourth volume of state-of-the-art papers by Section Leaders which follows the first volume produced in 2002.

Each of the papers included in this volume is an update on the progress achieved in the area covered by each participating section during the last triennium. It is difficult to find such condensed information elsewhere, especially if one considers that these articles have been prepared by worldwide authorities in their field.

It is my conviction that the volume will be invaluable as a reference book not only to the Sections and the WPA components but also to the psychiatric community at large.

I want to congratulate the editors of this volume and “Advances” have developed into a tradition in the WPA. I would also like to thank our Sections for their contributions, which represent the state of the art of psychiatric development.

I am confident that the volume will contribute immensely to much needed dissemination of scientific information in our field and that it will be received enthusiastically.

Geneva, Switzerland

Ahmed Okasha
When, back in 2000, I suggested to my WPA executive committee colleagues the creation of the series *Advances in Psychiatry*, there were many who doubted whether this plan would be successful and lasting. They were wrong. The series proved both successful and lasting. It could not have been otherwise as the WPA sections have always had expertise, thrust, and diversity. They are often referred to as the “scientific backbone” of the WPA and by their contributions they proved that this was (and still is) the case.

“Advances” *volume 1*, edited by George Christodoulou appeared in 2002 and comprised of 232 pages, prepared by 32 sections (Beta Publishers in Athens)

“Advances” *volume 2*, was published in France, was edited again by George Christodoulou, appeared in 2005, comprised of 282 pages, and 32 sections participated

“Advances” *volume 3*, was edited by George Christodoulou, Miguel Jorge, and Juan Mezzich, comprised of 289 pages, included the contributions of 29 sections, and was published in Athens by Beta Publishers in 2009.

All three volumes were received with enthusiasm not only by the WPA family but also by the psychiatric community as a whole.

I am glad that Afzal Javed took my advice to continue the tradition of “Advances” and as a result of his efforts and those of the co-editor Kostas Fountoulakis but especially the thrust and efforts of the sections we are presented with this small treasure, the fourth volume of *Advances in Psychiatry*, an update of the most important latest developments in psychiatry.

As expected, on account of its nature, the volume contains a great diversity of topics. In its 39 chapters, one can find topics ranging from general ones like “Public Health” and “Schizophrenia: Trends in Diagnosis and Treatment” to more specific ones like “How the Brain Creates Art and Dreams” and “Biobanking for ‘Omics’ in Psychiatry.”

I want to very warmly congratulate all contributors to this important volume and to express the hope that the tradition of *Advances in Psychiatry* will continue in the years to come.

Athens, Greece

George N. Christodoulou
The new volume of *Advances in Psychiatry*, the book that reflects the current work being done by the World Psychiatric Association (WPA) Scientific Sections, is now available to all psychiatrists, other mental health professionals, and the medical community worldwide.

The strength and quality of hundreds of people, internationally representing the rich membership of the WPA Scientific Sections, are well known and those authoring the different chapters of this book constitute a wonderful sample of them.

As the Scientific Sections themselves, there is a wide range of themes approached throughout the book, some of them being updates in specific areas and others as an in-depth view of important matters concerning issues of interest to patients, their families, and the society as a whole.

We, psychiatrists from all over the world, expect that the clinical and research activities done by the WPA Scientific Sessions’ members continue to be disseminated by books like *Advances in Psychiatry* as well as by any other printed or digital media, in order to reach everyone in need of mental health care of quality.

São Paulo, Brazil

Miguel R. Jorge
We are pleased to present the fourth volume of *Advances in Psychiatry* that includes update papers by the chairs or the representatives of scientific sections of the World Psychiatric Association.

WPA Sections cover practically all aspects of psychiatry and mental health, and the richness, diversity, and independent function of the Sections have promoted and strengthened many themes that are of significant importance to theory, research, and clinical perspectives in the entire field of psychiatry.

This volume of *Advances in Psychiatry* is composed of update papers by the chairs or the representatives of a number of scientific sections of the World Psychiatric Association. The network of Sections of the World Psychiatric Association is perhaps the most extensive network not only in psychiatry but also in medicine as a whole. The expansion of the Sections and their more extensive work in the last triennium has underlined the need for their better coordination, including their clustering in groups. Similarly, the benefits of collaboration between them have become more evident and advocate for a continuation of intersectional collaboration especially for educational and research perspectives.

We are proud of the accomplishments of our Sections. Their spirit of collaboration has played a pivotal role in their achievements. Their role in dissemination of scientific knowledge is well acknowledged and is apparent in the publication of the current volume of this publication. The update papers will certainly occupy a special position in the psychiatric literature and would prove a real service to psychiatrists and especially to younger colleagues and will meet with the appreciation from the WPA components.

We wish to thank all the contributors to this volume. Springer has been very supportive of this scientific work and we hope for our continued relationship with them for our future scientific work.

We do hope that that “Advances” will continue being published as a contribution to the advancement of psychiatric knowledge and as an offer to the international psychiatric community.

Nuneaton, UK
N. Afzal Javed

Thessaloniki, Greece
Kostas N. Fountoulakis
Acknowledgments

Thanks to major funding from the Kenneth A. Scott Charitable Trust and additional grants from the Claire Giannini Fund, the Max Factor Family Fund, and the Frederick H. Leonhardt Foundation, we are pleased to present the third edition of AniCare Child.

We also would like to thank the following therapists and researchers who have contributed generously to sections of the revision: Aubrey Fine, Maya Gupta, Antonia Henderson, Risa Mandell, Kate Nicoll, Nancy Parrish, and Sharon Scott. Special thanks to Jill Howard Church for copyediting, Kate Brindle for formatting, and Jojo Shapiro for artwork.
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