
An Experiential Approach to Psychopathology

Giovanni Stanghellini •
Massimiliano Aragona
Editors

An Experiential Approach to Psychopathology

What is it like to Suffer from Mental
Disorders?

 Springer

Editors

Giovanni Stanghellini
Department of Psychological, Humanistic
and Territorial Sciences
'G. d'Annunzio' University
Chieti, Italy

'D. Portales' University
Santiago, Chile

Massimiliano Aragona
Sapienza University and Crossing
Dialogues Association
Rome, Italy

ISBN 978-3-319-29943-3

ISBN 978-3-319-29945-7 (eBook)

DOI 10.1007/978-3-319-29945-7

Library of Congress Control Number: 2016942539

© Springer International Publishing Switzerland 2016

This work is subject to copyright. All rights are reserved by the Publisher, whether the whole or part of the material is concerned, specifically the rights of translation, reprinting, reuse of illustrations, recitation, broadcasting, reproduction on microfilms or in any other physical way, and transmission or information storage and retrieval, electronic adaptation, computer software, or by similar or dissimilar methodology now known or hereafter developed.

The use of general descriptive names, registered names, trademarks, service marks, etc. in this publication does not imply, even in the absence of a specific statement, that such names are exempt from the relevant protective laws and regulations and therefore free for general use.

The publisher, the authors and the editors are safe to assume that the advice and information in this book are believed to be true and accurate at the date of publication. Neither the publisher nor the authors or the editors give a warranty, express or implied, with respect to the material contained herein or for any errors or omissions that may have been made.

Printed on acid-free paper

This Springer imprint is published by Springer Nature
The registered company is Springer International Publishing AG Switzerland

Contents

1	Phenomenological Psychopathology: Toward a Person-Centered Hermeneutic Approach in the Clinical Encounter	1
	Giovanni Stanghellini and Massimiliano Aragona	
2	Phenomenological Investigation of Obsessive-Compulsive Disorder	45
	Martin Bürgy	
3	The Window and the Wound: Dysphoria and Anger in Borderline Disorders	61
	Mario Rossi Monti	
4	Gender Dysphoria	79
	Giovanni Castellini	
5	An Experiential Approach to Dissociative Phenomena	97
	Luis Madeira and Maria Luisa Figueira	
6	Varieties of Mind-Body Disunity	113
	Robert D. Stolorow and George E. Atwood	
7	Anorexia Nervosa: Historical, Clinical, Biographical, and Phenomenological Considerations	127
	Otto Doerr-Zegers and Héctor Pelegrina-Cetrán	
8	Alcohol-Induced Psychotic Disorders	149
	M. Musalek, O. Scheibenbogen, and A. Schuster	
9	“Synthetic Psychosis” by Novel Psychoactive Substances: A Psychopathological Understanding of a Clinical Case	163
	G. Di Petta	
10	Melancholia from the Perspective of the Self	189
	Alfred Kraus	
11	The Phenomenological Approach to Patients with Bizarreness	221
	Gareth S. Owen	

12	Capgras Syndrome	231
	Femi Oyebode	
13	Perplexity	245
	Clara S. Humpston and Matthew R. Broome	
14	Self-Disorders in Schizophrenia	265
	Mads Gram Henriksen and Julie Nordgaard	
15	Autism in Schizophrenia: A Phenomenological Study	281
	Massimo Ballerini	
16	Hallucination	301
	J. Cutting	
17	Fear and Trembling: A Case Study of Voice Hearing in Schizophrenia as a Self-Disorder	317
	Marino Pérez-Álvarez, Oscar Vallina-Fernández, José M. García-Montes, and Louis A. Sass	
18	Catatonia—Phenomenology, Psychopathology, and Pathophysiology	337
	Georg Northoff	
19	Painful Affect in the Experience and Treatment of Schizophrenia	347
	Jay A. Hamm and Paul H. Lysaker	
20	Phenomenological Psychopathology and Care. From Person-Centered Dialectical Psychopathology to the PHD Method for Psychotherapy	361
	Giovanni Stanghellini	
	Index	379