

ABOUT THE BOOK

This is no ordinary guide. For both the traveller and the resident it provides not only an encyclopaedia of information and advice but also a deep understanding of the area. The region's most famous feature is its wildlife and within the pages of this volume will be found a comprehensive description of all the animals, birds, reptiles and indeed even flowers that are likely to be seen. The different peoples of the region are described, their histories and traditions explained. The magnificent scenery of volcanoes and plains, deserts, lakes and beaches is not just fully described and recorded but is placed in the context of the primeval eruptions which shaped the present face of Africa. And finally the clues from prehistory that have led anthropologists to conclude that East Africa was indeed the cradle of man are explained in clear and lucid terms: the reader who visits the numerous excavation sites and museums will be able to appreciate more fully the significance of the human remains that have been recovered and that date back two million years.

This guide will help both local people and visitors to a real appreciation of all there is to see and do. Both as an aid to planning a journey in advance and as a companion on the route it is unique.

Price £3.25

A GUIDE TO
KENYA
AND NORTHERN
TANZANIA

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TANZANIA

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Introduction

East Africa is rapidly becoming one of the most popular areas in the world among the increasing numbers of travellers who are prepared to venture outside their own continent. To those of us fortunate enough to live here, the reasons for this popularity are quite apparent. Much of the region enjoys an equable climate all the year round with no extremes of either heat or cold and with plenty of sunshine. Scenically the area is one of the most beautiful on earth with a marvellous variety of landscape. The beaches are vast and clean and unspoilt. But the outstanding attractions of East Africa, for most people, are its fascinating peoples and the unparalleled abundance of its wild life.

This guide is the first of three planned to cover the whole region of East Africa. It deals with Kenya and Northern Tanzania. The other guides will deal with Uganda and the rest of Tanzania.

Many books have been written about East Africa. They come into four main categories; the magnificent picture books, the geography books, the stories about animals and the detailed technical books on such special aspects as game conservation, bird life, prehistory, or butterflies. None of these is suitable as a practical guide for either the local resident or the average intelligent visitor, who is interested in everything but is not an enthusiastic specialist in any particular subject. This guide attempts to fill that gap. It is full of practical information about climate, health, hotels and travel. It describes briefly the history, geography and peoples of the area. It describes all the places which the local resident or visitor will want to see, some of which are internationally famous and many others of which deserve to be so famed but are at present known only to a few. It describes all the animals which are likely to be seen and gives an introduction to knowledge of other forms of wild-life, such as birds, snakes, insects and flowers. Finally a comprehensive further reading list guides the person with a special interest to those books where he can find the information he requires.

For visitors, the guide is meant to be read before the holiday in anticipation, to be carried around during the holiday as a practical

handbook and to be treasured afterwards as a constant reminder of a never-to-be-forgotten experience. For residents of Kenya and Tanzania, the guide is meant to increase their appreciation of their own countries and to act as a constant and well-used companion.

About the book

The guide is in two major sections, the first and larger part being printed on white paper, the second on brown paper. In the first part, the countries, their peoples and their animals are described in full. The second part consists of practical information about travel, about hotels, about books to read and about Swahili phrases. It also contains many useful addresses of people and organisations concerned with tourism, sport, culture, and so on. I believe that all the information in both sections is accurate at the time of going to press but I should be most grateful if those who notice any possible errors could write to me in order that the next edition may be improved.

A word about the photographs may not be out of place. They were all taken by my father or by myself who might accurately be described as keen amateurs: neither of us is in any sense of the word a professional photographer. The equipment which we used was good but not fantastically expensive. Most of the photographs were taken with an Asahi Pentax camera with either a 55mm or a 200mm lens. Almost all were taken on Agfacolour film which was processed locally in Nairobi. In short, the pictures in this book are ones which could have been obtained by any reasonably competent amateur.