

Sexual Crime

Series Editors

Belinda Winder
Nottingham Trent University
Nottingham, UK

Rebecca Lievesley
Nottingham Trent University
Nottingham, UK

Helen Elliott
Bishop Grosseteste University
Lincoln, UK

Kerensa Hocken
HMP Whatton
HMPPS
Nottingham, UK

Nicholas Blagden
Nottingham Trent University
Nottingham, UK

Phil Banyard
Nottingham Trent University
Nottingham, UK

Sexual Crime is an edited book series devised by a team at SOCAMRU led by Professor Belinda Winder in the Psychology Division at Nottingham Trent University.

It offers original contributions to specific avenues of research within the field of sexual crime with each volume drawing together a review of the literature from across disciplines, including cutting edge research and practice, original material from services and offenders themselves as well as future directions for research and practice.

These volumes will be highly relevant to clinical and forensic psychologists and therapists, offender managers and supervisors, social workers and those working in the field of rehabilitation. They will be a great source of insight for academics, researchers and students in these disciplines as well as criminologists and policy makers.

More information about this series at
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Rebecca Lievesley • Kerensa Hocken
Helen Elliott • Belinda Winder
Nicholas Blagden • Phil Banyard
Editors

Sexual Crime and Prevention

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HMP Whatton
HMPPS
Nottingham, UK

Belinda Winder
Nottingham Trent University
Nottingham, UK

Phil Banyard
Nottingham Trent University
Nottingham, UK

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Foreword

I am delighted and excited to introduce this important and much needed book about the prevention of sexual crime. This particular area of work has been a consistent feature of much of my professional life, and this text provides a welcome contribution to the development of knowledge on the subject using evidence from around the world.

It is vital that we continue to provide help and support to victims of sexual crime, but to prevent further victims we should use the knowledge and experience we have gained working with people who have abused others, to develop prevention strategies, policies, and programmes to help deter future crimes. According to the National Crime Agency, there are large numbers of people accessing child sexual abuse images online, and according to international studies there is a significant proportion of the population who have a sexual interest in children and young people. Understandably, both these issues are concerning for law enforcement and child protection agencies.

For much of the last 30 years, the body of knowledge has grown and continues to grow. We continue to develop our understanding about why people commit sexual offences, and what needs to be done to help them not to re-offend in the future. As part of my work as the governor of a specialist treatment site for people with sexual convictions, I have had many conversations with people who told me how they had

tried to seek help when they were frightened and worried about their sexual thoughts and behaviour before they committed an offence. Yet they found that nothing was readily available. I also know from my work the impact that sexual crime has on the family members of people who are convicted of sexual offences, and it is thus vital that support and help are offered to people before they offend. If we are to prevent future victims and protect family members and friends from the burden of the sexual conviction of a loved one, we must take this issue seriously.

I hope that this book will help to develop strategy and thinking on the subject. Its eight chapters cover both the history and theory of the prevention of sexual offending and some interesting insights into current practice and future plans in this area of work. The first section considers the theoretical underpinnings and history of prevention work. Chapter 1 provides an introduction to the explanations and definitions of sexual crime and theoretical underpinnings of prevention. Chapter 2 provides an overview of prevention initiatives to date from across the globe. The middle of the book then turns to the practical solutions to the prevention challenge and explores some current prevention projects in England and Wales. Chapter 3 introduces the work of the Lucy Faithfull Foundation, Chap. 4 examines the work of the Safer Living Foundation and their innovative project in preventing sexually harmful behaviour, and Chap. 5 explores the prevention project operating in the NHS in Merseyside. The final part of the book explores additional aspects and issues in the prevention debate. Chapter 6 considers prevention from a service user perspective. It contains powerful insight from someone who has first-hand experiences of the challenges faced by someone with troublesome sexual thoughts and his perspective on the importance of prevention. Chapter 7 discusses the media and societal responses to people who commit sexual offences, and the idea that paedophilia is a sexual orientation, and the implications of this. Finally, Chap. 8 considers the future directions and barriers to effective prevention strategies and practice.

It is vital that we think about new and imaginative solutions to this troubling problem, and this book offers a useful and thought-provoking basis upon which to build.

HMP Whatton
Whatton, UK
Safer Living Foundation
Whatton, UK

Lynn Saunders

Preface

This Series: Sexual Crime

This book series will offer original contributions to current books available on this fast-growing area of high public interest. Each volume will comprehensively engage with current literature, and make efforts to access unpublished literature and data by key authors in the field. The series will also, by the end of each volume, suggest potential new directions for researchers and practitioners.

These volumes are relevant not just to psychologists, criminologists, social workers, and final year undergraduate, postgraduate, and doctoral students in all these areas, but to practitioners and the general public with an interest in learning more about the topic. The aim is to create books that are readable, yet firmly anchored in a sound evidence base from both researchers and practitioners. The volumes will therefore include a robust synthesis of the literature, consideration of the theories relevant to each topic, a focus on projects that are relevant to the topic, with a summary of the research and evaluation of these, chapters focusing on the service user voice, and a final summary chapter, highlighting future possibilities and directions (as suggested by others in the field or by the authors themselves).

This Volume: Sexual Crime and Prevention

The volume begins with an exploration of the theoretical underpinnings of sexual crime prevention, as well as the history and development of prevention work over the years, providing an overview of prevention initiatives around the world. The text then moves into a ‘spotlight’ section, looking in depth at three organisations that are delivering prevention work in the United Kingdom. Lastly, the service user experience, impact of the media, and attitudes and consideration of future directions for prevention work are explored.

Future Texts

This series is ongoing, with planned future volumes including experience of imprisonment, spirituality, intellectual functioning and problematic sexual arousal.

Nottingham, UK

Lincoln, UK

Nottingham, UK

Rebecca Lievesley

Kerensa Hocken

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Nicholas Blagden

Phil Banyard

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Notes on Contributors

Stuart Allardyce is a qualified social worker who has specialised as a practitioner and manager in working with sexual offenders as well as children affected by abuse for more than 15 years. He is national manager of the child protection charity Stop it Now! Scotland and manager of the Eradicating Child Sexual Abuse project (EVSA). Additionally, he is chair of the National Organisation for the Treatment of Abusers (NOTA) Scotland, and chair of the NOTA UK and Republic of Ireland Policy and Practice Committee. He is an associate at the Centre for Youth and Criminal Justice at Strathclyde University and a member of the Scottish Government's Expert Working Group on preventing sexual offending amongst adolescents. He is co-author of 'Working with Children and Young People who Have Displayed Harmful Sexual Behaviour' (2018).

Alexandra Bailey has worked for the Lucy Faithfull Foundation (UK) since 2005, and is a Registered Forensic Psychologist and Practitioner for the Foundation. Bailey is involved in the assessment and intervention of adult males who have committed/alleged to have committed sexual offences against children and those who are non-abusing partners, and has a central involvement in the Foundation's work with women who have committed sexual offences. Bailey has additionally worked with adult males and females with mental disorders within secure forensic mental health services.

Peter Binks is a middle-aged man born and resident in the UK. He is writing as a service user. Prior to conviction, he studied to degree level and worked continuously in IT. He is married but ceased to live with his partner at the time

of his arrest and remains separated but on friendly terms and not divorced. He has no children. Binks believes that if prevention had been available he would have grasped it with both hands and benefited from it to the additional benefit of his victims. Binks deeply regrets the distress his actions caused.

Candice Christiansen LCMHC, CSAT-S, is a trailblazer. She is the founder of several programmes, including her outpatient treatment centre Namasté Center for Healing that specialises in treating a range of sexual issues from infidelity, to sex and porn addiction, to general intimacy issues and trauma. Christiansen's global programme, The Prevention Project™, specialises in the treatment of risky and problematic sexual behaviours, specifically non-contact sexual offences. The Prevention Project™ also provides mental wellness support to adults with minor attractions who have not committed any contact offence, with the goal of increasing their quality of life. Her podcast The Prevention Podcast™ went viral in its first week of launching in January 2018 and has reached over 50 countries. Christiansen is an influential global change agent whose expertise in assessing and treating individuals on the autism spectrum and those with brain injuries has gained international attention and accolades by the leading experts and advocates in the US criminal justice system.

Simon Duff is a chartered and registered forensic psychologist, working both at the University of Nottingham's Doctorate in Forensic Psychology and the NHS' Mersey Forensic Psychology Service in Liverpool. Duff's research interests cover a range of areas, strongly linked with his clinical work, and include fetishism, sexual offending and stalking. He recently co-authored a book with Professor James McGuire of the University of Liverpool, *Forensic Psychology: Routes Through the System* (2018).

Helen Elliott is a lecturer in Counselling at Bishop Grosseteste University (UK). She has a background in forensic psychology with a focus on offender rehabilitation and therapeutic change and is a trainee integrative psychotherapist. Elliott is also co-founder of the Safer Living Foundation—a charity set up to run rehabilitative initiatives.

Craig A. Harper is a lecturer in Human Psychology at Nottingham Trent University (UK). His research interests lie in the psychological processes that underpin decision-making in relation to controversial social and political topics. Most of his research has been focused on how people form and express attitudes towards people with sexual convictions, with the aim being to promote progressive and evidence-based policies to prevent and reduce sexual victimisation. Away from forensically-based research, he is a member of the Heterodox

Academy, which is an organisation seeking to promote viewpoint diversity and reduce political polarisation in higher education.

Kerensa Hocken is a registered forensic psychologist. She is an award-winning expert in the field of sexual offending, and has a special interest in people with intellectual disabilities who commit sexual offences. Hocken is employed by Her Majesty's Prison and Probation Service where she has oversight for the assessment and treatment of people in prison for sexual offending in the Midlands region. Hocken is a co-founder, trustee and the clinical lead for the Safer Living Foundation.

Rebecca Lievesley is a lecturer in Psychology and member of the Sexual Offences, Crime and Misconduct Research Unit at Nottingham Trent University. She has worked and researched within the Criminal Justice System for many years, working closely with a number of prisons, the National Offender Management Service and Ministry of Justice on research and evaluation projects. She is also a co-founder and trustee of the Safer Living Foundation.

Meg Martinez-Dettamanti is an Licensed Associate Clinical Mental Health Counselor (LACMHC), an Certified Sex Addiction Therapist (CSAT)-Candidate and the Assistant Clinical Director of Namasté Center for Healing and The Prevention Project™. Martinez-Dettamanti has worked closely with Candice Christiansen for years in regard to programme and curriculum development for those in recovery as well as those engaged in problematic sexual behaviour and, further still, those with minor attractions who have committed to not offending and are seeking support. She is well versed in the legal system and child welfare. Through her past work with youth who had sexually offended and then for the Division of Child and Family Services working to overcome addiction, strengthen families and provide safety and stability to children, Martinez-Dettamanti has learned the importance of 'prevention' as a healthy intervention. She oversees the outpatient and intensive programmes at Namasté Center for Healing and The Prevention Project™, is the lead facilitator of the project's several psycho-educational support groups, and is active in the global community advocating for the well-being of minor-attracted individuals.

Lorraine Perry is a clinical psychologist leading the Prevention Service at Mersey Forensic Psychology Service in Liverpool, which is part of Mersey Care NHS Foundation Trust. Perry has experience of both inpatient and community forensic psychology work, having previously worked in a medium secure mental health hospital. Her interests are working psychologically to help reduce risk of offending or re-offending, particularly with sex offenders.

Tom Squire is Clinical Manager at the Lucy Faithful Foundation. He has worked for the Lucy Faithfull Foundation since 2007 and has a background in the Probation Service. Squire undertakes specialist risk assessments for a range of agencies, and provides training, advice and consultancy to other professionals. He provides clinical oversight of the Stop it Now! Helpline, a freephone, confidential helpline for adults concerned about either their own or another person's sexual thoughts, feelings and/or behaviour towards children. More recently, Squire has contributed to the development of the Foundation's online 'self-help' resources.

Lisa Thornhill is Senior Practitioner for Children and Young People at the Lucy Faithful Foundation. She has worked for the Lucy Faithfull Foundation since 2012 and has specialised in sexual abuse since 2005. Thornhill works with families affected by sexual abuse, including adult perpetrators, protective carers and young people who exhibit harmful sexual behaviour. She undertakes assessments for family courts and delivers intervention programmes. She also provides training and consultation for professionals. Thornhill is a professional doctorate student at Bedfordshire University.

Lisa Wright is a clinical psychologist working for Mersey Care NHS Foundation Trust. Wright has worked in secure hospitals, prisons and in the community and specialises in working with personality disorder, psychosis, trauma and various offending behaviours, using a range of therapeutic approaches. She manages a community psychology service which provides therapy aimed at reducing risk of sexual and violent offending/re-offending. Schema Therapy and Eye Movement Desensitization and Reprocessing (EMDR) are core components of the service, and Wright has gradually incorporated various aspects of these approaches into the intervention programmes.

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