

# The Power of Play in Higher Education

“Academics are a justifiably sceptical lot and love to privilege logical and analytical thinking. To get us out of our routinized ways of creating meaning, assigning merit and judging worth we need to draw senses and powers other than purely rational cognition. Play galvanizes creativity, inspires action and triggers different ways of building knowledge. It’s also an insurrectionary force that challenges bureaucratized and siloed thinking and practice. In this visionary book packed with wonderful vignettes, exercises, techniques and suggestions you will find ways to rethink and broaden your teaching and academic practice. Product warning: this book changes lives.”

—Professor Stephen Brookfield, *University of St Thomas, USA*

“The importance of play as an ecology for learning and discovery is often overlooked in tertiary education, so these author/editors are to be congratulated for bringing together such a diverse and valuable set of pedagogical narratives about how play is being used to encourage learning and creativity in higher education. This is a ‘must read’ book for tertiary educators who are interested in and who care about the creative development of learners and themselves.”

—Professor Norman Jackson, *University of Surrey, UK*

“This book is a unique and timely contribution to the field of play and learning in Higher Education. It presents voices from practitioners across the sector demonstrating the extensive scope and scale of engagement with playful forms of learning. Through a series of in-depth case studies and vignettes of playful practice, this book inspires and convinces. It is packed full of examples and ideas, bringing together theory with experiences from the field. A must for creative educators everywhere!”

—Professor Nicola Whitton, *Durham University, UK*

“Learning through play is a powerful methodology: this invaluable guide illuminates through an excellent range of UK and North-American contributions how ludic approaches are used to good effect in higher education. This highly practical and evidence-informed volume illustrates how creativity can be boosted, fostering student engagement, and generating enthusiasm for learning.”

—Professor Phil Race, *Edge Hill University, UK*; Professor Sally Brown, *Leeds Beckett University, UK*

Alison James · Chrissi Nerantzi  
Editors

# The Power of Play in Higher Education

Creativity in Tertiary Learning

palgrave  
macmillan

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*This book is dedicated to Glyn and Adam and to all those  
who have stepped out along the play path*

# Foreword

## A System Error

For some while now there's been an odd assumption about formal education. A curious belief has taken root in the heads of policy-makers and those working in schools and universities that higher levels of study should be a deadpan business with little time for fun. Apparently as you grow up, it's important to smile only occasionally and laugh a lot less than when you were younger. A stock rejoinder in any school classroom in response to behaviour which is seen as undesirable is to 'get on with your work'. Not 'get on with your learning'. Definitely not 'get on with your play'. For many children, education can all too easily be a journey of increasing seriousness from the exuberance of the playground to the silence of the examination hall. At university, it is all too easy for a learner's spirit of enquiry, playful experimentation and curiosity to be stifled by a misplaced perception that 'student engagement' and 'student satisfaction' will only be achieved if courses are delivered in certain unplayful ways.

In *Descartes Error* (2005), Antonio Damasio famously placed René Descartes in the dock for separating mind from body back in the

sixteenth century. With the benefit of modern neuroscience, we now know that emotion, reason and the human brain are all intimately linked and that the philosophical assertions made by Descartes and others simply do not wash. Yet education still bears the mark of viewpoints like this in its separation between academic and practical learning, the former being of higher status.

Something similar has happened with the way play has been separated out from education, although this is not down to any one individual's influence. Rather, it has been a gradual cultural evolution towards a more serious version of learning. In early years, education play is virtually synonymous with learning. But, as pupils become older, play is increasingly removed from the experience of school. And, once at university, play can all too often be seen as unserious suggesting a lack of quality. Yet for some while now the learning sciences (Harrington 1990; Csikszentmihalyi 1999; Fullan and Langworthy 2013; Lucas and Spencer 2017) are increasingly showing us the importance of creative exploration, playful imagining and the kinds of perspective taking which play promotes throughout education.

## Learning in the Not-So-Wild

Outside of school and university, life is also becoming less playful. Once upon a time, we used to run wild, returning to our homes only to be fed by our parents before heading back out again for second helpings of wildness and fun. Or at least this is the dream of the past that many of us still hold dear.

Sadly our memories on this occasion hold true. Today's young people do indeed have less freedom to play, more tests to complete, a lot of homework (that word 'work' again) and, if they enter higher education, a growing seriousness of intent as the amount of their financial investment becomes apparent. Such a serious view is reinforced by many institutions in their perception that quality is to be judged by the earnestness with which every waking student moment is filled with useful assignments.

Life outside school and university, like formal education itself, is tamer and much less free. It has never been more important for those students who make it to university to experience open-ended exploration and deep learning which is not immediately attached to some kind of measurement in order to keep a more balanced view of education and ultimately lifelong learning alive.

## The Power of Play in Education

This fascinating collection shows us why higher education can be playful today. Each of the sketches and contributions holds out the hope that teaching and learning in higher education can be both excellent and playful, purposeful and creative, rigorous and surprising. Contributors explore playful spaces, playful methods, playful new roles and seriously playful games. Author after author challenges us all to relish the child in us and to use childish thinking to good effect at university. The thinking is by turns exploratory, curious, synthesising, compelling, disturbing, reassuring and always motivational. As I read it, I am reminded that our chronological age is much less important than our mental one. For, as George Bernard Shaw put it, ‘We don’t stop playing because we grow old; we grow old because we stop playing’.

So dive into this wonderful reservoir of ideas. Drink deeply. Remind yourself how important it is to keep a more expansive view of education alive and how many creative ways there are in which you can do this.

Winchester, England

Bill Lucas

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# Acknowledgements

We are grateful to all our authors for their time, patience and enlightening stories of play, without whom this collection would be the poorer. On their behalf too, we owe a special thank you to Professor Sally Brown for believing in this project and helping us find a way for *The Power of Play* to emerge in public. We wish also to acknowledge a group of people who have lent their voices and support to *The Power of Play*, in particular Professor Stephen Brookfield, Professor Phil Race, Professor Bill Lucas, Professor Nicola Whitton and Professor Norman Jackson. Our universities too—the University of Winchester and Manchester Metropolitan University—have provided rich arenas in which to try out play practices. We have been incredibly fortunate to find colleagues within them who have taught us so much about their ways of playing. Finally, over the years our play practices have been shaped by more people than we can name and by theorists on whose work we depend, but who, alas, we will never meet. We thank them all for their inspiration.

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# Welcome to Play!

*Whoever wants to understand much, must play much*  
Gottfried Benn, German Poet and Essayist, 1886–1956

As you have picked up this collection, we venture that you are either already a play convert or at least open to becoming one. You might be wondering why you are not in this book, or perhaps you are feeling unsure or sceptical? Wherever you find yourself on the play spectrum, we hope that as you read on you too will agree that attitudes are changing towards play in HE. Not everywhere, and not all at once, but, as we will show, academics across continents are integrating playful practices into university teaching.

As our contributions will show, the term play is not as easy to explain as one might first think. Our offerings give a multitude of perspectives on play, and we share these as they are, for you to decide which ones resonate. One perspective is that play is free, unfettered activity intended to bring joy, relaxation and liberation to the player. The second argues that it is rule-bound and structured and has a particular purpose. The third argues that it is an immersive experience which

frees us up to make mistakes, new discoveries, go beyond convention and learn through moments of discomfort. Twenty-one years ago, Brian Sutton-Smith (1997: 1) noted that there is little agreement and much ambiguity as to what play is and he is still right. Just how varied interpretations of, and contexts for, play can be is made visible in our 'How to Read This Book' section.

Before we explore the nature of play further, however, let us rewind our professional play clocks, to let you know how we came to believe in the power of play in higher education.

Our own play practices began a while ago. Chrissi first started playing to learn in 2006, at a time when she was unusual in pioneering play in her teaching; Alison started—accidentally—in 2009, making emergency use of some LEGO® bricks to explain a project visually in a presentation (James 2015). While we were lucky to find supportive colleagues, we also encountered resistance to the idea of play in HE, a pattern that seems to play out in the sector. In 2012 when Alison and Stephen Brookfield were writing *Engaging Imagination: Helping Students Become Creative and Reflective Thinkers* (2014), they originally wanted to call it creativity, imagination and play. They were advised against this, on the grounds that the word play in the title of an academic text would put readers off. Three years later, when we first mooted this book we encountered similar qualms. However, through our collaboration in 2015 with Professor Norman Jackson on Creative Academic ([www.creativeacademic.uk](http://www.creativeacademic.uk)), we could see a counter movement emerging.

Norman had set up Creative Academic as an online magazine offering a creative and alternative outlet for presenting practice in learning, teaching and research. We co-edited the second issue of the magazine, entitled *Exploring Play in HE*, and sent out an open invitation for contributions. We published 37 stories of play in HE from the UK, Canada, America, Australia, Greece and Finland and had to produce two volumes to include them all (Nerantzi and James 2015a, b).

Content ranged from the use of games during geography field trips, Friday afternoon experiments in biochemistry in response to 'what will happen if I do this?', the integration of dance and movement into business courses and the creation of animated vegetables as a form of assessment. They were lively, empirically informed and reflective accounts

which confirmed for us that play in tertiary learning has been largely unpublicised or unexplored. The interest they generated prompted us to look more deeply and widely into play in HE, inspired also by our own work with LEGO® SERIOUS PLAY® techniques within and outside the university. Supporting our views were the results of a survey of academics' beliefs about play, conducted by Jenny Willis for Creative Academic. This revealed that tutors do not play simply for fun. They play in order to have greater freedom, more personal involvement and less structure, to be instinctive, open and explore without having a fixed outcome in mind. The survey underscored that its respondents were already using play in teaching to engender deeper learning and even 'undo the lack of play from A' levels'—i.e. forms of study and assessment dominant in compulsory education—bemoaned by one contributor. There is a sense therefore that play is regenerative and repairing, as well as enjoyable.

A year after Creative Academic, we could see interest in play effervesce in the UK and internationally; more people seem prepared to try play or perhaps are more public in their use of play for learning—in art galleries, civic initiatives, universities, in social networks and online communities. We can see the evidence for this in a few examples from 2016.

In March 2016 in Birmingham, over eighty of the UK's top educators attended the Association of National Teaching Fellows annual symposium, dedicated to playing and researching involving all the senses. Workshop topics included using play to harness the mind and will (including to snap arrows!); creating novel, messy spaces in which learning, subject and identity are all reconfigured; encouraging responsible sexual health in students; using the Bloodhound sports car for teaching maths; and creating identity jam jars. Outside HE, in the April, The Tate Modern gallery in London housed *PLAYING UP*, an artwork by Sibylle Peter of the Theatre of Research in Germany, exploring the potential of Live Art to bridge generations. Drawing on key Live Art themes and seminal works, *PLAYING UP* took the form of a game played by adults and children together ([www.playingup.thisisliveart.co.uk](http://www.playingup.thisisliveart.co.uk)).

By May 2016, the Counterplay community in Aarhus, Denmark, had become a non-governmental organisation with a growing reputation and influence. Its remit? Running yearly festivals in Aarhus,

Denmark, dedicated to playful living, working and learning. Its events offered hundreds of different workshops to even greater numbers of participants. Such has been its success that from 2017 satellite events have started to take place in other countries. In July 2017, the 7th *Serious Play Conference*, which explores all aspects of game-based education, was hosted by George Mason University, with speakers from commercial companies, military organisations and universities.

In July 2016, Chrissi, who has been instrumental in galvanising enthusiasm for play, was invited to speak about play at Digifest (Nerantzi 2016a). This invitation arose out of interest in the Creative Academic issues on play, her #creativeHE course, and her work in the open access community. She had also set up The Greenhouse in 2014 (Nerantzi 2016b), an institution-wide initiative by the Centre for Excellence in Learning and Teaching at Manchester Metropolitan University to bring creative practitioners across disciplines together, nurture them and empower them to grow and innovate in their teaching. #creativeHE started as the Creativity for Learning in HE module that she turned into an open course and open community, offered in collaboration with the Creative Academic. The interest this generated has informed or been shared by a range of subsequent activities, including increased overall interest in play, and formal events, conferences and publications.

Also in July 2016, Manchester Metropolitan University inaugurated what has become their annual *Playful Learning* conference, with three days of play underpinned by research and supported by high profile 'players'. One of their first keynotes, Karen Lawson, Collaborative Learning Lead with the Scottish Government's Ingame Team, spoke about her *Emporium of Dangerous Ideas*. A two-week festival first held in Scotland in 2014 aimed at shifting thinking in education, *The Emporium* aimed to 're-establish the importance of dangerous ideas as agents of change in education'. It hosted 18 events and attracted more than 1000 delegates including those from colleges and universities. The Hidden Door Festival explored using disused public spaces as learning environments, while the Open Door initiative invited people to swap their normal working environment for an unusual setting (in one case to a brewery). Just these two examples show how playing with spaces as potential learning environments opens up new opportunities. In

creating these, *The Emporium* helped forge links between education and community through play.

These examples confirm our belief that academics, researchers, students and managers can all benefit from play. In its limitless forms, it is a means of freeing up thinking, opening new channels, confronting obstacles and reframing persistent challenges. This is essential at a time when universities around the world are struggling with increased numbers and reduced resources. The identity of the university and its purpose is under siege; the climate is uncertain and unstable. We are all tasked with coming up with new, bright, motivating, resourceful and efficient solutions to support diverse learners to attain, while juggling bureaucratic and regulatory demands. We argue that play offers a response to these challenges in terms not simply of pedagogic value, but also of well-being.

The network of academics who believe in the value of play to break ice, enthuse, shake up thinking, build connections, bond people, stimulate, relax and cheer is growing. Playful communities are springing up, within and across universities and the wider world. The benefits of play are expressed in the voices of those concerned with the need to re-energise pedagogy, revive a love of enquiry, study, nurture and provoke curiosity. Academics are magpies who are constantly on the lookout for something new to bring into their repertoire, to help them bring learning alive for and with their students in the face of tests, measurements, money, uncertainty and stress.

Three years ago, when few people were writing about play in HE, we felt we could fill that gap, or would perhaps need to persuade people to play. One of the wonderful revelations of writing and editing this has been finding so many colleagues who are already playing or open to try. We have, of course, met colleagues who are less keen, or who fear they will be derided or accused of 'dumbing down' the curriculum by their peers. It may simply be that they can't remember what play is for or what it might achieve. Or perhaps it is that their conceptions of play and of the function of the academy are very particular. They may say 'my job is to educate my students, not entertain them'. We respond 'why can't you do both?'. Informed by evidence and backed by science, theory, pedagogy and practice, we hope this collection shows how you can.

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## How to Read This book

As if you need telling! You will do it in whatever way suits. You might wish to dip in and out, or choose a theme, author or section or read from start to finish. It is up to you. However, we thought it would be worth letting you know what you are in for, in case you are expecting a certain kind of collection, or a certain homogeneity of writing.

First of all, our material does not divide neatly and evenly into chapters, nor is there a linear narrative which builds up over the different contributions. There is a holding structure, if you like: the collection is book-ended by an opening section setting the scene for play, and a closing one which offers a model for pedagogic thinking about play. However, the start and finish are not there to corral your thinking or provide a tidy framework, but rather to create a net to enclose a varied catch of 'fish'. In a gesture towards harmony, we have grouped the contents of our net into six thematic clusters, with names evoking the natures and common interests of our writers. Inevitably, we have found it impossible to create neat boundaries around each one, and didn't want to, as deep connecting strands run between all of them and naturally blur their edges. Our thoughts, ideas and practices are interwoven in so many ways. *Trainers and Developers* are also *Wordsmiths*

*and Communicators. Gamers and Puzzlers* are also *Experimenters and Engagers. Wanderers and Wonderers* even mentally or metaphorically may be the architects of other kinds of play forays—including those undertaken by our *Builders and Simulators*. So expect and forgive messiness, and don't allow our attempts at organisation constrain your desire to imagine, explore and enjoy.

Our voices and writing styles are all our own and also diverse. Some are recognisable for their traditional academic format, while others are playful in form and flavour; one or two may use terminology that is unfamiliar. There are sketches (short accounts) and explorations (longer, more theorised considerations), framed by pieces by us as editors. Expect a certain eclecticism in terms of the sounds of the words on the page, as well as their subjects. It may jar you, or it may stimulate you. Whatever the effect, the variation is deliberate.

With so many contributors, we have stood back to allow for their views and experiences to be heard and respected. We have sought to represent as many disciplines as possible, to be inclusive and to give a little insight into different approaches to play considerations, aims, priorities and contexts. We are delighted to have authors from different countries and professional areas to join us in this task. However, what you have here is selected illustrations of play in HE and inevitably not the whole picture. Perspectives, opinions and experiences differ; there may be gaps or variances across cultures and disciplines; some parts will resonate with you more than others. We have allowed for US and UK spelling conventions while aiming for consistency within contributions. Where we are all united, however, is in our belief in the importance of play in higher education. This belief is expressed in different forms: the lyrical, poetic, scientific, thoughtful and practical, in contexts ranging from art to zoology. The wealth of examples gives the lie to the suggestion that play is inappropriate for higher level study. We hope they will prompt you to consider how you might draw on, integrate or amend such forms of play in your own fields of activity. Don't hold back. The time to play is now.

### **What's in Here? Our Contents at a Glance**

While some readers will have been drawn to the book from the abstracts on the Palgrave website, other readers might find this 'headlines' section useful.

**Welcome to Play**—admittedly, you have just read this bit but we hope it makes clear the activities that have led up to the production of this book. A scene setter.

**How to Read This Book**—an explanation of our magazine style, non-linear mixture of contributions.

### **Section 1**

**Making a Case for the Playful University** is a rallying cry for play in HE, introducing themes, interpretations and theoretical perspectives which will recur throughout the book. It argues for the importance of play in HE to be better understood, and for its international and interdisciplinary value.

#### **Trainers and Developers**

**...stories about enabling the potential of others through curriculum and activity design, teacher training and coaching...**

**Becoming Playful: The Power of a Ludic Module** shows how playful practices allow students to find and develop their academic identity and 'be with' each other.

**ESCAPE! Puzzling Out Learning Theories Through Play.** This escape game (in which participants are locked in a room and work collaboratively to make their escape) presents an opportunity for new teaching staff to experiment with unfamiliar pedagogic concepts through play.

**'I learned to Play Again'** shows how reconnecting with play is essential for adult sports coaches and helps broaden a student's view of actual 'life situations' and the skills required.

**The Training Game** introduces psychology students to the power of play to recognise, shape and steer behaviour in learning.

**Play in Practice** counters the assumption that play-based learning is of value only to early years teaching and learning by outlining how it has been used to develop and carry out research within a higher education postgraduate programme.

**Experience of Running a ‘Play and Creativity’ Module in a School of Art and Design** shares the author’s motivation for and experience of running the module to inspire others.

### **Wanderers and Wonderers**

**...Stories about place, space and mystery...**

**The Dark Would** is a project which creates mysterious and unusual environments within which participants can play, feel safe, stimulated, and engage as whole people with fundamental epistemic questions of the nature, creation and exploration of knowledge.

**Playing with Place: Responding to Invitations** tells stories of play and place-based education with students studying to be primary school teachers.

**Playful Pedagogies: Collaborations Between Undergraduates and School Pupils in the Outdoor Learning Centre and the Pop-Up ‘Playscape’.** This sketch outlines how playful, creative practice can help students develop their understanding of challenging concepts and/or encourage them to make clearer links between theory and practice.

### **Cabinets of Curiosities: Playing with Artefacts in Professional Teacher Education.**

This case study describes playful object-oriented pedagogy in professional teacher education, using a Cabinet of Curiosities theme rooted in the ‘wunderkammer’ or ‘wonder rooms’ of the sixteenth and seventeenth centuries.

**Teaching and Learning Inside the Culture Shoe Box** shows how such a box, filled with cultural objects, can be used to enhance students’ learning experiences especially in teaching culture, ethics and communication.

## **Experimenters and Engagers**

**...Stories about enquiry, exploration, outreach, magic, method and madness...**

**Dopamine and the Hard Work of Learning Science** describes the role of play in science, the importance of play in science pedagogy, and ways play in teaching helps create engaging learning environments.

**Play in Engineering Education** explores play as a process of discovery in engineering education which inspires and provokes wonder.

**Experiencing the Necessity of Project Management Through the Egg-Dropping-Challenge** takes a well-known game to enable students to experience and reflect on the challenges of project work.

**Public Engagement Activities for Chemistry Students** demonstrates an outreach programme which provides opportunities to ‘play’ which stimulate public interest in chemistry and also benefits the postgraduate student facilitators.

**Playful Maths** argues that Maths is a highly creative subject, whose playfulness can be detected in a vast range of games and pattern spotting, revealed in even the most mundane daily activities.

**Connecting People and Places Using Worms and Waste** outlines two playful workshops which address key concepts of environmental care, sustainability and animal welfare.

**Maths, Meccano® and Motivation** uses playful building to enable learners to thrive within mathematics, not be on the outside while mathematics teaching is ‘done to them’—knowledge is not passively received but is actively built through participation.

**Playful Urban Learning Space** is based on an unusual collaboration between a business school and a fine art practitioner, supported by a Creative Entrepreneur in Residence funding scheme.

**Novelty Shakes Things Up in the History Classroom.** This sketch reveals the possibilities when desperation drives you to play in order to enable students to grapple with difficult and complicated events in history.

## **Wordsmiths and Communicators**

### **...Stories about spoken, written and visual words...**

**Don't Write on Walls!** is a project built around the notions of imagination and play, which invites participants on a 'study abroad' visit to engage in a narrative with their host city.

**Poetry as Play** shows how 'riskless' poetry-writing helps students 'see' more clearly both the natural world and the spiritual realm, while learning to contemplate and exchange insights.

**On Word Play in Support of Academic Development** shows how university lecturers are encouraged to play with language to discover new meanings and make connections with teaching practice and teacher identity.

**The Communications Factory** uses playful workshops to put students at ease with intercultural communication in a global classroom.

**Playful Writing with Writing PAD** discusses playful techniques from the arts to enhance engagement with academic writing and research across disciplines and levels.

## **Builders and Simulators**

### **...Stories about theatres, bricks and modelling dough...**

**Wigs, Brown Sauce and Theatrical Dames** examines how clinical simulation, performed in hospitals as a form of training, can be understood as play, involving creating and maintaining fictions, role-playing theatrical characters and erecting satisfying narrative structures.

**Using Play to Bridge the Communication Divide** uses theatrical collaboration to enable students to understand how doctors need to communicate challenging concepts and procedures to a diverse population.

**Building the Abstract: Metaphorical Play-Doh® Modelling in Health Sciences.** This piece explores the potential of metaphorical model making using Play-Doh® as a multi-sensory approach to learning development in higher education.

**Our Learning Journey with LEGO®** summarises ten years of activity working with LEGO® and LEGO® SERIOUS PLAY® for academic, educational and staff development.

**Using LEGO® to Explore ‘Professional Love’ as an Element of Youth Work Practice:**

This sketch details how dialogical and transformational learning is enhanced when LEGO® is used to facilitate classroom-based discussions with undergraduate students about critical aspects of their professional practice.

**Creating LEGO® Representations of Theory** shows how play-based activities, such as ‘building’ academic papers in progress, can help students break existing thinking patterns to uncover their implicit thinking and connections.

**Gamers and Puzzlers**

**...Stories about rule making and breaking...**

**A Dancer and a Writer Walk into a Classroom** examines how play can enhance teaching in game design and game writing courses.

**From the Players Point of View** assesses how game-based teaching techniques in both hard (computer science) and soft (urban planning) sciences show improvements in student perception of engagement, creativity, teamwork and enjoyment.

**Wardopoly** is a bespoke in-house practice-based board game adopting clinical simulation principles and game mechanics adapted from the monopoly genre to empower students to voluntarily adopt actively engaged, self-determining learning behaviours.

**Using Play to Design Play** demonstrates the benefits of working with students to design and produce games for use in sociology teaching.

**Table Top Gaming in Wildlife Conservation: ‘Park Life’** uses a game strategy to create a sustainable wildlife park through decisions regarding investment of their limited funds.

**‘Frogger It, I’d Rather Be Playing Computer Games Than Referencing My Assignment’** discusses an approach adapted from the classic ‘Frogger’ game to inspire learning about correct referencing.

**Using Play to Facilitate Faculty–Student Partnership** describes how play can be used to facilitate academic faculty–student partnership for module design.

**Imagination Needs Moodling** describes and evaluates games that have been successfully implemented in pre-college ESL courses and college English composition courses.

**It’s a Serious Business Learning How to Reference—Playfully** showcases approaches which help to capture students’ attention and lighten the learning experience in a business and management context.

### **In the Playground**

**The Playground Model Revisited** is a new exploration into a framework to encourage playfulness and experimentation for academic staff and further professionals who teach or support learning in higher education.

**Coda.** Here, the editors bring together key messages from this highly diverse text, ending with a question and an invitation to the reader.