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# Orofacial Disorders

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Nelson Rhodus  
Editors

# Orofacial Disorders

Current Therapies in Orofacial Pain and  
Oral Medicine

 Springer

*Editors*

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*To our families,  
this book is affectionately dedicated*

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## Preface

Orofacial disorders are common in the general population causing chewing dysfunction, dental pain, intraoral pain, facial pain, jaw pain, earaches, and/or headache. Orofacial disorders including oral cancer and lesions, oral candidiasis, salivary gland dysfunctions, temporomandibular disorders, occlusal dysfunction and dysesthesia, orofacial pain disorders, oral neurosensory disturbances, malodor, orofacial dystonias and dyskinesias, burning mouth syndrome, oral parafunctions, sleep apnea and snoring disturbances, and others are very common in all dental and medical practices with a collective prevalence of over 40% of the population. Management of these disorders differs from traditional dental practice because the dentist spends significant clinic time providing medically based evaluation and treatment for these patients. Services are usually reimbursed by time for consultation and procedures through the patient's medical insurance plans similar to physicians.

This guide is a quick reference for practicing clinicians. Its purpose is to provide a concise evidence-based clinical summary of diagnosis, etiology, and management of the most common orofacial disorders. Each chapter includes succinct bullet points, tables, and illustrations that summarize important points in understanding each orofacial disorder. In addition, interdisciplinary and multidisciplinary orofacial pain management recommendations are presented to improve effectiveness while providing patient care. Integrative therapies for pain management such as biofeedback and hypnotherapy are also presented. The last section/chapter offers a comprehensive strategy on how to conduct a structured history taking and physical exam for orofacial disorders. The guide includes the following sections: Pearls of Wisdom, Introduction and Diagnostic Subtypes, Clinical Presentation, Etiology, Epidemiology, Pathophysiology and Mechanisms, Diagnosis and Diagnostic Criteria, Rationale for Treatment, Treatment Options, Treatment Goals and Sequencing of Care, and References.

We hope this guide is helpful to your daily care of patients with these disorders.

Sincerely,  
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## In Memoriam

To Dr. Sol Silverman, Dr. Jonathan Ship, and Dr. Steven Graff-Radford our compassionate colleagues and enthusiastic educators.

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# Contents

## Part I Oral Cancer and Premalignant Lesions

- 1 **Leukoplakia** . . . . . 3  
Isaac van der Waal
- 2 **Oral Cancer** . . . . . 15  
Douglas E. Peterson and Nelson L. Rhodus
- 3 **Orofacial Pain in Cancer** . . . . . 21  
Gary D. Klasser and Joel Epstein

## Part II Oral Mucosal Diseases

- 4 **Herpes Simplex** . . . . . 35  
Andres Pinto
- 5 **Oral Vesiculobullous Diseases** . . . . . 41  
Francina Lozada-Nur and Chelsia Sim
- 6 **Oral Candidiasis** . . . . . 53  
Scott S. De Rossi and Katharine Ciarrocca

## Part III Oral Diseases of the Senses

- 7 **Chem sensory Disorders** . . . . . 63  
Joseph A. D'Ambrosio
- 8 **Oral Malodor** . . . . . 71  
Patricia Lenton

## Part IV Salivary Gland Dysfunctions

- 9 **Salivary Gland Dysfunction and Xerostomia** . . . . . 89  
Mahvash Navazesh
- 10 **Gene Therapy for Radiation-Induced Salivary Hypofunction** . . . . . 95  
Bruce J. Baum

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|   |     |
|---|-----|
| <b>11 Salivary Hypofunction in Aging Adults</b> . . . . . | 105 |
| Catherine Hong and João N.A.R. Ferreira                   |     |

**Part V Oral Parafunctions and Sleep Disorders**

|   |     |
|---|-----|
| <b>12 Oral Parafunctional Behaviors</b> . . . . .       | 115 |
| Alan G. Glaros and James Fricton                        |     |
| <b>13 Obstructive Sleep Apnea and Snoring</b> . . . . . | 127 |
| Antonio G. Romero and João N.A.R. Ferreira              |     |

**Part VI Temporomandibular Disorders and Occlusal Dysfunction**

|   |     |
|---|-----|
| <b>14 Temporomandibular Joint Disorders</b> . . . . .         | 145 |
| Jeffrey P. Okeson, Cristina Perez, and James R. Fricton       |     |
| <b>15 Temporomandibular Muscle Disorders</b> . . . . .        | 159 |
| Edward F. Wright  |     |
| <b>16 Orofacial Dystonias and Dyskinesias</b> . . . . .       | 171 |
| Gary M. Heir and José L. de la Hoz                            |     |
| <b>17 Occlusal Dysesthesia and Dysfunction</b> . . . . .      | 189 |
| Somsak Mitrirattanakul, Tan Hee Hon, and João N.A.R. Ferreira |     |

**Part VII Orofacial Pain Disorders**

|   |     |
|---|-----|
| <b>18 Non-odontogenic “Tooth” Pain</b> . . . . .                        | 197 |
| Flavia P. Kapos and Donald R. Nixdorf                                   |     |
| <b>19 Trigeminal Neuropathic Pain and Orofacial Neuralgias.</b> . . . . | 213 |
| David A. Sirois and Teekayu P. Jorns                                    |     |
| <b>20 Burning Mouth Syndrome</b> . . . . .                              | 223 |
| Miriam Grushka and Nan Su   |     |

**Part VIII Headaches**

|  |     |
|--|-----|
| <b>21 Chronic Daily Headache.</b> . . . .      | 235 |
| Roger K. Cady and Kathleen Farmer              |     |
| <b>22 Migraine.</b> . . . .                    | 245 |
| Steven B. Graff-Radford                        |     |
| <b>23 Cluster and Facial Headache.</b> . . . . | 257 |
| Robert G. Kaniecki                             |     |
| <b>24 Migraine Variants</b> . . . . .          | 269 |
| Robert L. Merrill                              |     |



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**Part IX Health Care Approaches in Orofacial and Widespread Pains**

**25 Interdisciplinary and Multidisciplinary Approaches to Orofacial Pain Care** ..... 283  
Shawn McMahon

**26 Transformative Care for Orofacial Disorders** ..... 301  
James R. Friction

**27 Integrative Approaches to Orofacial Pain: Role of Biofeedback and Hypnosis** ..... 317  
Gabriel Tan, Alan Glaros, Richard Sherman, and Chin Yi Wong

**Part X A Comprehensive Approach to Orofacial Disorders**

**28 History Taking and Physical Examination for Orofacial Disorders** ..... 327  
David Ojeda Díaz and Thomas P. Sollecito