

## **Managing diabetes**

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# Contents

<b>Author biographies</b>	<b>vii</b>
<b>1 Introduction</b>	<b>1</b>
Terminology	1
Etiologic classification of diabetes	4
Epidemiology	4
Diagnosis	9
Screening for diabetes mellitus	14
References	16
<b>2 Management strategies for diabetes</b>	<b>19</b>
Glycemic goals of treatment	20
Importance of lifestyle issues and patient education	20
What determines treatment choice?	22
Current guidelines for treatment	23
References	31
<b>3 Insulin therapies</b>	<b>35</b>
Mode of action	35
Types of insulin preparations	35
Pharmacokinetics of insulin	41
Types of insulin regimens	42
Determining whether insulin is needed	44
Insulin initiation: choosing a regimen	47
Recommendations	51
Revisiting hypoglycemia	52
Revisiting continuous glucose monitoring	56
References	57

<b>4 Non-insulin agents for diabetes</b>	<b>61</b>
Metformin	61
Sulfonylureas	66
Thiazolidinediones	68
Prandial glucose regulators (meglitinides)	72
Alpha-glucosidase inhibitors	73
Incretin-based therapies	74
Diabetes treatments: cancer risk and prognosis	81
References	85
<b>5 New and future therapies</b>	<b>91</b>
Inhaled insulins	91
Oral hypoglycemic agents	93
Horizon scanning	100
Conclusions	103
References	104
<b>6 Managing the complications of diabetes</b>	<b>105</b>
Pathogenesis	105
Microvascular complications of diabetes	106
Macrovascular complications of diabetes	116
Glycemic goals and complications of diabetes	122
References	123

# Author biographies

**Marc Evans** has been a consultant diabetologist at Llandough Hospital and the University Hospital of Wales since the beginning of 2003. He was previously a lecturer in diabetes and endocrinology at the University of Wales College of Medicine. Dr Evans has multiple ongoing academic and clinical interests, including the health economics of diabetes care and health outcomes in people with type 2 diabetes. He has published over 200 articles, book chapters and abstracts and is currently Editor-in-Chief of *Diabetes Therapy*.

**Jiten Vora** is a consultant physician and honorary professor at the Royal Liverpool University Hospital and the University of Liverpool. He qualified from the University of Cambridge and undertook substantive training in diabetes and endocrinology as a research fellow and then lecturer at the University of Wales College of Medicine. He then undertook a period as a Fulbright senior fellow at Oregon Health Sciences University. He has been a consultant physician and endocrinologist at the Royal Liverpool University Hospital since 1993. He has served on many advisory panels including the National Institute for Clinical Excellence (NICE) and the Diabetes and Renal National Service Frameworks. He has been actively involved in the district-wide delivery of diabetes care.

Professor Vora has ongoing research interests in the development, screening, and treatment of diabetic retinopathy, renal hemodynamics and function, hypertension in type 2 diabetes, renal disease prevention, and the physiological aspects of type 2 diabetes treatment. He has published extensively in these fields.

**Rupa Ahluwalia** has been a clinical research fellow at the Royal Liverpool & Broadgreen University Hospitals NHS Trust since 2011. She is studying racial differences in the incretin system, which will contribute towards study for an MD at the University of Liverpool. She also holds

a Specialist Registrar training number in diabetes and endocrinology in the Mersey Deanery.

**Frank Joseph** is a consultant physician in endocrinology and diabetes at the Countess of Chester Hospital. He is clinical lead for endocrine services at the Countess of Chester and has a special interest in pituitary disease and metabolic bone disease. He is also clinical lead for diabetes in pregnancy and chair of the North West pre-gestational diabetes audit group. He has an active and diverse research portfolio and publishes on a regular basis.

Dr Joseph is also a member of the Mersey and Cheshire Endocrine Group and is responsible for the nonclinical teaching program for Mersey diabetes and endocrinology trainees and was convener of the first ever Society for Endocrinology Clinical Cases Day in Liverpool, 2011. In addition to his specialty and research interests, he is also Chairman of the New Consultant Committee at the Royal College of Physicians, London and is founder of the Mersey New Consultant Forum.

**Nagaraj Malipatil** has been a Specialist Registrar in the Mersey Deanery since June 2009. He qualified from Karnataka University Dharwad in India and is currently working and undergoing specialist training in diabetes and endocrinology at the Royal Liverpool University Hospital. Dr Malipatil has special interest in young people with diabetes, obesity, and pituitary disorders.

**Santosh Shankarnarayan** is enrolled in a medical doctorate program with the University of Liverpool where he is part of a research team studying sclerostin circadian rhythms and its effects on bone mineral metabolism. He is also currently a specialist trainee on the All Wales Diabetes and Endocrinology specialist training program. Dr Shankarnarayan obtained a medical degree in India and has pursued a career in diabetes and endocrinology, including becoming a clinical research fellow at the Royal Liverpool and Broadgreen University Hospitals NHS Trust.

**Gayatri Sreemantula** graduated with her medical degree in India and attained Higher Specialist training in diabetes, endocrinology, and internal medicine at the Mersey Deanery. Dr Sreemantula currently works as a locum consultant physician at Glan Clwyd Hospital in North Wales.