

# Diagnostic Interviewing

Daniel L. Segal • Michel Hersen  
Editors

# Diagnostic Interviewing

Fourth Edition

 Springer

*Editors*

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*Michel Hersen: To Vicki*  
*Daniel L. Segal: To my mother Anne*  
*and late grandmother Harriet who always*  
*supported me and my education.*

# Preface

The first three editions of this book had Michel Hersen and Samuel M. Turner as its editors. A fourth edition had been talked about by the two original editors, but the untimely death of Dr. Turner intervened. Subsequently, Daniel L. Segal, a long time colleague of Michel Hersen, graciously offered to be involved in the project, and this is the result of his participation.

As stated in the first edition of this book, one of the most difficult milestones in a new clinician's career is the completion of the first interview with a real live client (as opposed to role playing with other students). Generally, such endeavor is fraught with much apprehension. However, if the interview goes well there is much rejoicing. On the other hand, if the interview falls flat, there will be considerable consternation and concurrent negative feedback from the supervisor. Irrespective of the amount of preparation that has taken place before the interview, the beginning clinician will justifiably remain apprehensive about this endeavor. Thus, the first three editions of *Diagnostic Interviewing* were devoted to providing a clear outline for the student in tackling a large variety of clients in the interview setting.

In consideration of the positive response to the first three editions of this book, we, and our editor at Springer, Sharon Panulla, decided that it was time to update the material. However, the basic premise that a book of this nature needs to encompass theoretical rationale, clinical description, and the pragmatics of "how to" once again has been followed. Thus, the reader will find consistencies between this fourth edition and the prior ones that have been published. We still believe that our students definitely need to read the material covered herein with consummate care. We are particularly concerned that in the clinical education of our graduate students, interviewing unfortunately continues to be given insufficient attention. Considering that good interviewing leads to appropriate clinical and research targets, we can only underscore the critical importance of this area of training.

Twenty-six years have elapsed since publication of the first edition, and many developments in the field have occurred, including repeated revisions of the DSM system of classification and diagnosis. However, the basic structure of our new edition remains identical to those of the prior ones, in that Part I deals with general Issues, Part II with Specific Disorders, and Part III with Special Populations. In some instances, the contributors are identical; in others, co-authors have been changed; in still others, we have entirely new contributors. However, all the material

is either updated or completely new. Of the 21 chapters in our book, three are completely new (Chaps. 3, 5, and 21) and seven have been updated (Chaps. 2, 4, 11, 14, 17, 18, and 20). Eleven chapters that originally appeared in the third edition have been written by different authors (Chaps. 1, 6, 7, 8, 9, 10, 12, 13, 15, 16, and 19).

Chapters in Parts II and III generally follow the outline below:

1. Description of the Disorder, Problem, or Special Population
2. Procedures for Gathering Information
3. Case Illustration
4. Standardized Interview Formats
5. Impact of Race, Culture, Diversity, and Age
6. Information Critical to Make a Diagnosis
7. Dos and Don'ts
8. Summary
9. References

Many individuals have contributed to the development and production of this new edition. First, we thank our contributors for sharing with us their clinical and research experience. Second, we thank Carole Londeree, Terri Draper, and Blake Kirschner for their technical assistance and help with the preparation of the index. Finally, we once again thank Sharon Panulla for her appreciation of the need for this fourth edition of our text.

Forest Grove, OR  
Colorado Springs, CO

Michel Hersen  
Daniel L. Segal

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