

CARING AND COMMUNICATING: FACILITATORS' MANUAL

The Interpersonal Relationship in Nursing

Paul Morrison
Philip Burnard

Lecturers in Nursing Studies
University of Wales College of Medicine, Cardiff

M
MACMILLAN

© Paul Morrison and Philip Burnard 1991

No paragraph of this publication may be reproduced, copied or transmitted save with written permission or in accordance with the provisions of the Copyright, Designs and Patents Act 1988, or under the terms of any licence permitting limited copying issued by the Copyright Licensing Agency, 90 Tottenham Court Road, London W1P 9HE.

This publication is copyright, but handouts may be reproduced without fee or prior permission provided that the number of copies made does not exceed the amount required for individual use or in the copier's institution. For copying these pages in any other circumstances (e.g. by an external resource centre), prior written permission must be obtained from the publishers and a fee may be payable.

Any person who does any unauthorised act in relation to this publication may be liable to criminal prosecution and civil claims for damages.

First published 1991 by
THE MACMILLAN PRESS LTD
Houndmills, Basingstoke, Hampshire RG21 2XS
and London
Companies and representatives
throughout the world

ISBN 978-0-333-56352-6 ISBN 978-1-349-21443-3 (eBook)
DOI 10.1007/978-1-349-21443-3

A catalogue record for this book is available
from the British Library.

10 9 8 7 6 5 4 3 2
03 02 01 00 99 98 97 96 95 94

Contents

Introduction	1
Workshop One: What is Caring?	6
Workshop Two: Perceptions of Caring	20
Workshop Three: The Caring Attitude	34
Workshop Four: What is an Interpersonally Skilled Nurse?	49
Workshop Five: Client–Centred Counselling	59
Workshop Six: Six Category Intervention Analysis	78
Workshop Seven: Experiential Learning	106
Workshop Eight: Self–Awareness	122
<i>Bibliography</i>	<i>133</i>
<i>Index</i>	<i>152</i>

The companion textbook for students, by the same authors:

Caring and Communicating: The Interpersonal Relationship in Nursing

This student textbook of communicating and caring is ideal for Project 2000 and other basic nursing courses, including midwifery, health visiting, nurse tutor and management courses. It should also interest students in related professions such as occupational therapy, physiotherapy, radiography and social work, and it gives practical guidance for everyday use.

Caring and Communicating is unique in addressing the interpersonal relationship from both the 'caring' and 'interpersonal skills' aspects, which the authors believe to be complementary and inseparable. It does this in three distinct but interrelated parts. 'Caring and Nursing' examines what it means to care for another and how care is experienced by the recipient. 'Communicating' covers the role of communicating skills in the practice of nursing care. 'Learning to Care and Communicating' focuses on nurse education and advances experiential learning. Three strands run through each of these parts: theory; a review of recent research, including the authors' own, with insights into the research process in this field; and practical activities to aid learning and to enhance skills.

The book's other strengths are its range and depth, its clarity and readability, worked examples and exercises, references and further reading. Furthermore, its research and experiential base is highly congruent with modern educational approaches in nursing and health. Coupled with a high standard of academic references, it offers a wealth of good material for the advanced student to follow up, and so can extend to degree and diploma level.

Caring and Communicating is published by Macmillan Education

ISBN 978-0-333-52721-4 200 pages