

The Palgrave Handbook of Feminism and Sport,  
Leisure and Physical Education

Louise Mansfield • Jayne Caudwell  
Belinda Wheaton • Beccy Watson  
Editors

# The Palgrave Handbook of Feminism and Sport, Leisure and Physical Education

palgrave  
macmillan

*Editors*

Louise Mansfield  
Brunel University  
London, UK

Jayne Caudwell  
Bournemouth University  
Poole, UK

Belinda Wheaton  
University of Waikato  
Hamilton, New Zealand

Becky Watson  
Leeds Beckett University  
Leeds, UK

ISBN 978-1-137-53317-3      ISBN 978-1-137-53318-0 (eBook)  
<https://doi.org/10.1057/978-1-137-53318-0>

Library of Congress Control Number: 2017954583

© The Editor(s) (if applicable) and The Author(s) 2018

The author(s) has/have asserted their right(s) to be identified as the author(s) of this work in accordance with the Copyright, Designs and Patents Act 1988.

This work is subject to copyright. All rights are solely and exclusively licensed by the Publisher, whether the whole or part of the material is concerned, specifically the rights of translation, reprinting, reuse of illustrations, recitation, broadcasting, reproduction on microfilms or in any other physical way, and transmission or information storage and retrieval, electronic adaptation, computer software, or by similar or dissimilar methodology now known or hereafter developed.

The use of general descriptive names, registered names, trademarks, service marks, etc. in this publication does not imply, even in the absence of a specific statement, that such names are exempt from the relevant protective laws and regulations and therefore free for general use.

The publisher, the authors and the editors are safe to assume that the advice and information in this book are believed to be true and accurate at the date of publication. Neither the publisher nor the authors or the editors give a warranty, express or implied, with respect to the material contained herein or for any errors or omissions that may have been made. The publisher remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Cover Illustration: wundervisuals/Getty.

Printed on acid-free paper

This Palgrave Macmillan imprint is published by Springer Nature

The registered company is Macmillan Publishers Ltd.

The registered company address is: The Campus, 4 Crinan Street, London, N1 9XW, United Kingdom

# Contents

<b>Introduction: Feminist Thinking, Politics and Practice in Sport, Leisure and Physical Education</b>	1
<i>Louise Mansfield, Jayne Caudwell, Belinda Wheaton, and Beccy Watson</i>	
<b>Theme 1 Challenges and Transformations in Women's Leisure, Sport and Physical Education Movements</b>	17
<b>Challenges and Transformations in Women's Leisure, Sport and Physical Education Movements</b>	19
<i>Beccy Watson, Louise Mansfield, Jayne Caudwell, and Belinda Wheaton</i>	
<b>Feminism and PE: Does Gender Still Matter?</b>	25
<i>Sheila Scraton</i>	
<b>Sporting Females: Power, Diversity and the Body</b>	43
<i>Jessica Francombe-Webb and Kim Toffoletti</i>	
<b>Patricia Vertinsky on Becoming and Being a Feminist Sport Historian: A Dialogue with Beccy Watson</b>	57
<i>Beccy Watson and Patricia Vertinsky</i>	

<b>On the Development of Sport and Masculinities Research: Feminism as a Discourse of Inspiration and Theoretical Legitimation</b>	73
<i>Richard Pringle</i>	
<b>Gender and the Body in Leisure and Tourism</b>	95
<i>Stephen Wearing, Jennie Small, and Carmel Foley</i>	
<b>‘And Still Serena Rises’: Celebrating the Cross-Generational Continuities of Black Feminisms and Black Female Excellence in Sport</b>	111
<i>Jayne O. Ifekwunigwe</i>	
<b>Gender, Sport and Media Between the Mid-1980s and Early 2000s: Developments, Trajectories and Transformations</b>	133
<i>Cheryl Cooky</i>	
<b>Women and Sports Coaching</b>	149
<i>Nicole M. LaVoi and Anna Baeth</i>	
<b>Reflecting on the Use of Feminist Theories in Sport Management Research</b>	163
<i>Annelies Knoppers and Fiona McLachlan</i>	
<b>Tensions and Future Directions for the Women and Sport Movement</b>	181
<i>Jordan J.K. Matthews</i>	
<b>Theme 2 Feminist Epistemologies, Methodologies and Method</b>	201
<b>Feminist Epistemologies, Methodologies and Method</b>	203
<i>Belinda Wheaton, Beccy Watson, Louise Mansfield, and Jayne Caudwell</i>	
<b>Embodied Ways of Knowing: Revisiting Feminist Epistemology</b>	209
<i>Karen Barbour</i>	

<b>Feminist Ethnographies in Sport and Leisure</b>	227
<i>Becky Beal</i>	
<b>Autoethnography, Women and Sport</b>	243
<i>Karen Throsby</i>	
<b>Gender, Media and New Media Methods</b>	257
<i>Toni Bruce and Dunja Antunovic</i>	
<b>Blogging and Feminist Participatory Research Online</b>	275
<i>Andrea Bundon</i>	
<b>Utilizing Sporting Autobiographies for Feminist Research: The Case of Cyclist Nicole Cooke</b>	293
<i>Carly Stewart</i>	
<b>Thinking Intersectionally and Why Difference (Still) Matters in Feminist Leisure and Sport Research</b>	313
<i>Beccy Watson</i>	
<b>Un/Intentional Pedagogies: Impacts of Feminist Ethics and Methods in Practice</b>	335
<i>Rebecca Olive</i>	
<b>Theme 3 Feminist Theories of Sport, Leisure and Physical Education</b>	351
<b>Feminist Theories of Sport, Leisure and Physical Education</b>	353
<i>Jayne Caudwell, Belinda Wheaton, Beccy Watson, and Louise Mansfield</i>	
<b>Norbert Elias, Figurational Sociology and Feminisms</b>	357
<i>Katie Liston</i>	
<b>Feminist Cultural Studies</b>	375
<i>Samantha King</i>	
<b>Poststructuralist Feminism in Sport and Leisure Studies</b>	393
<i>Pirkko Markula</i>	

<b>Judith Butler, Feminism, and the Sociology of Sport</b> <i>Kristi Tredway</i>	409
<b>HPE: Pedagogy, Feminism, Sexualities and Queer Theory</b> <i>lisahunter</i>	427
<b>Feminist Theories of Emotion and Affect in Sport</b> <i>Simone Fullagar and Adele Paulidis</i>	447
<b>Third-Wave Feminism and Representation</b> <i>Leslie Heywood</i>	463
<b>Post-colonial Feminism, Black Feminism and Sport</b> <i>Letisha Engracia Cardoso Brown</i>	479
<b>Feminism, Intersectionality and the Problem of Whiteness in Leisure and Sport Practices and Scholarship</b> <i>Mary G. McDonald and Renee Shelby</i>	497
<b>Theme 4 Contemporary Feminist Issues in Sport, Leisure and Physical Education</b>	515
<b>Contemporary Feminist Issues in Sport, Leisure and Physical Education</b> <i>Louise Mansfield, Jayne Caudwell, Belinda Wheaton, and Beccy Watson</i>	517
<b>Healthism, Girls' Embodiment, and Contemporary Health and Physical Education: From Weight Management to Digital Practices of Optimization</b> <i>Emma Rich</i>	523
<b>Sporting Events, the Trafficking of Women for Sexual Exploitation and Human Rights</b> <i>Jayne Caudwell</i>	537
<b>Feminism and Its Places: Women, Leisure and the Night-Time Economy</b> <i>Deborah Stevenson</i>	557

<b>Some of Us Are Still Brave: Sport and the Social Production of Black Femaleness</b>	571
<i>Delia D. Douglas</i>	
<b>Post-colonial Feminist International Relations Theory and Sport for Development and Peace</b>	589
<i>Lyndsay M.C. Hayhurst, Lisa McIntosh Sundstrom, and Devra Waldman</i>	
<b>Faith, Religion and Feminist Thought in Sport, Leisure and Physical Education</b>	609
<i>Tansin Benn and Gertrud Pfister</i>	
<b>Learning Lessons from the Feminisms of Ethnic “Others”</b>	627
<i>Aarti Ratna, Sumaya Farooq Samie, Katherine Jamieson, and Stanley Thangaraj</i>	
<b>Transgender Issues in Sport and Leisure</b>	649
<i>Ann Travers</i>	
<b>Representations of the Sporting Female: Queering Paralympic Barbie</b>	667
<i>Hayley Fitzgerald, Scarlett Drury, and Annette Stride</i>	
<b>Sport Tourism and Feminism</b>	681
<i>Heather J. Gibson and Mona Mirehie</i>	
<b>Feminist Views of Action Sports</b>	699
<i>Holly Thorpe</i>	
<b>Theme 5 Feminist Praxis in Sport, Leisure and Physical Education</b>	721
<b>Feminist Praxis in Sport, Leisure and Physical Education</b>	723
<i>Jayne Caudwell, Louise Mansfield, Beccy Watson, and Belinda Wheaton</i>	
<b>Pride Sports and Lou Englefield. Interview Date: 31 March 2016</b>	729
<i>Jayne Caudwell and Louise Englefield</i>	



<b>Global Girl Project</b> <i>Julia Lynch</i>	739
<b>Feminist Interventions in Physical Activity and Sport Science in Turkey</b> <i>Pinar Öztürk</i>	747
<b>Can Girls Play Sport? Gender Performativity in Online Responses to Sport England's This Girl Can Campaign</b> <i>Laura Richards</i>	757
<b>Feminism, Dietetics and Realistic Fitness: Can They Be Team Players?</b> <i>Lucy Aphramor</i>	769
<b>'Be Like Water': Reflections on Strategies Developing Cross-Cultural Programmes for Women, Surfing and Social Good</b> <i>Easkey Britton</i>	793
<b>Women and Sport Leadership: A Case Study of a Development Programme</b> <i>Elizabeth Pike, Anita White, Jordan Matthews, Samuel Southon, and Lucy Piggott</i>	809
<b>The UK House of Commons Women and Sport Report 2014–2015: Policy, Evidence and Impact</b> <i>Philippa Velija and Louise Mansfield</i>	825
<b>Media Coverage of Women's Sport: Personal Reflections</b> <i>Carrie Dunn</i>	841
<b>Girls, Physical Education and Feminist Praxis</b> <i>Annette Stride and Anne Flintoff</i>	855
<b>Index</b>	871

# List of Figures

Fig. 1	Rethinking the role of the dietitian in public health	776
Fig. 2	Well Now realistic fitness	783
Fig. 3	Waymarkers of Well Now	784
Fig. 4	Well Now connected-eating flowchart	787

# List of Table

Table 1	Scholarly inquiry trends by decade for women in sports coaching	152
---------	--	-----