Behavioral Approaches to Chronic Disease in Adolescence
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A Guide to Integrative Care

Editors
William T. O’Donohue
University of Nevada, Reno, NV, USA
Lauren Woodward Tolle
University of Nevada, Reno, NV, USA
Preface

This book fills a gap in the literature on evidence-based approaches for treating adolescents with chronic illness in an integrated care setting. It is comprehensive in accurately addressing specific considerations inherent in adolescent psychology (therapist burnout, ethical considerations, bringing in the family, cultural considerations, etc.) and in outlining evidence-based practice guidelines for common chronic conditions in adolescence (type I diabetes, asthma, juvenile rheumatoid arthritis, chronic pain, etc.). There are very difficult problems that need to be sorted out and we hope this book, while reflecting the current state of knowledge, will encourage research and intellectual work in this area.

We owe deep gratitude to all our contributing authors who took part in making this a high-quality, integrated resource. We greatly appreciate Ian Marvinney and Janice Stern, our editors at Springer, for their assistance and patience in completing this project. We would also like to thank the wonderful individuals who helped us finish this book, especially Linda Goddard. Finally, we thank our family members Jane Fisher, Katie and Anna, Dennis and Barbara Woodward and Nate Tolle for their unyielding support.

William T. O’Donohue
Lauren Woodward Tolle
Reno, Nevada
Contents

Part I  Basic Issues

Introduction: Adolescents with Chronic Illnesses: Issues and Answers ........................................ 3
William O’Donohue and Lauren Woodward Tolle

An Introduction to Adolescent Development ................................................................. 7
Angela J. Huebner

Unique Considerations when Treating Adolescents with Chronic Illness ........................................... 15
Dorothy E. Warner and Stuart T. Hauser

Adolescent Physiology .................................................................................................. 29
Kathryn L. Eckert, Vincent A. Loffredo, and Kathleen O’Connor

Family Influence on Adolescent Treatment Outcomes ............................................... 47
Clint Field and Rachel Duchoslav

Ethics and the Teen Patients .......................................................................................... 55
Michael Lavin

Overextending the Overextended: Burnout Potential in Health-Care Professionals, Psychologists, Patients, and Family Members .......... 65
Lauren Woodward Tolle and Steve Graybar

Part II  Integrated Care Practice Guidelines

Type 1 Diabetes Mellitus ................................................................................................. 85
Annette M. La Greca and Eleanor R. Mackey

Type 2 Diabetes in Youth ............................................................................................... 101
Alan M. Delamater, Farrah Jacquez, and Anna Maria Patino-Fernandez

Integrated Care Practice Guidelines for Adolescents with Asthma .......................... 111
Anthony R. Cordaro, Jr. and Marianne Z. Wamboldt

Juvenile Rheumatoid Arthritis ....................................................................................... 129
Michael A. Rapoff and Carol B. Lindsley
<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Epilepsy</td>
<td>143</td>
</tr>
<tr>
<td>Deirdre A. Caplin, Joan K. Austin, and David Dunn</td>
<td></td>
</tr>
<tr>
<td>Migraines/Chronic Headaches</td>
<td>155</td>
</tr>
<tr>
<td>Joyce Engel</td>
<td></td>
</tr>
<tr>
<td>The Assessment and Management of Chronic and Recurrent Pain in Adolescents</td>
<td>163</td>
</tr>
<tr>
<td>Gary A. Walco, Helen Rozelman, and David Aaron Maroof</td>
<td></td>
</tr>
<tr>
<td>Adolescent Depression</td>
<td>177</td>
</tr>
<tr>
<td>Brandyn M. Street and Judy Garber</td>
<td></td>
</tr>
<tr>
<td>Cancer</td>
<td>197</td>
</tr>
<tr>
<td>Lisa A. Schwartz, Anne E. Kazak, and Ifigenia Mougianis</td>
<td></td>
</tr>
<tr>
<td>Cystic Fibrosis in Adolescents</td>
<td>219</td>
</tr>
<tr>
<td>Anthony A. Hains, W. Hobart Davies, Diana Quintero, and Julie A. Biller</td>
<td></td>
</tr>
<tr>
<td>Chronic and End-Stage Renal Disease</td>
<td>233</td>
</tr>
<tr>
<td>Michelle A. Meade, Sarah Tornichio, and John D. Mahan</td>
<td></td>
</tr>
<tr>
<td>Sickle Cell Disease</td>
<td>253</td>
</tr>
<tr>
<td>Lamia P. Barakat, D. Colette Nicolaou, Emily A. O’Hara, and Sarah Levin Allen</td>
<td></td>
</tr>
<tr>
<td>Inflammatory Bowel Disease</td>
<td>269</td>
</tr>
<tr>
<td>Carin Cunningham and Rachel Neff Greenley</td>
<td></td>
</tr>
<tr>
<td>Chronic Fatigue Syndrome</td>
<td>285</td>
</tr>
<tr>
<td>M. Elena Garralda</td>
<td></td>
</tr>
<tr>
<td>Adolescents Living with HIV/AIDS</td>
<td>297</td>
</tr>
<tr>
<td>Maureen E. Lyon and Lawrence J. D’Angelo</td>
<td></td>
</tr>
<tr>
<td>Health-Related Quality of Life Instruments for Adolescents with Chronic Diseases</td>
<td>311</td>
</tr>
<tr>
<td>Alexandra L. Quittner, Ivette Cruz, Avani C. Modi, and Kristen K. Marciel</td>
<td></td>
</tr>
<tr>
<td>Index</td>
<td>329</td>
</tr>
</tbody>
</table>
Contributors

Sarah Levin Allen  Clinical Psychology Program, Drexel University, Philadelphia, PA, USA

Joan Austin, DNS, RN, FAAN  Center for Enhancing Quality of Life in Chronic Illness, Indiana University School of Nursing, Indianapolis, IN, USA

Lamia P. Barakat, Ph.D.  Children’s Hospital of Philadelphia and University of Pennsylvania School of Medicine, Drexel University, Philadelphia, PA, USA

Julie A. Biller, M.D.  Medical College of Wisconsin, Milwaukee, WI, USA

Dedee Caplin, Ph.D.  Department of Pediatrics, University of Utah Health Sciences Center, Salt Lake City, UT, USA

Anthony R. Cordaro, Jr., M.D.  Department of Psychiatry, The Children’s Hospital, University of Colorado at Denver and Health Sciences Center, Aurora, CO, USA

Ivette Cruz, M.S.  Department of Psychology, University of Miami, Miami, FL, USA

Carin Cunningham, Ph.D.  Case Western Reserve School of Medicine, Cleveland, OH, USA

Lawrence J. D’Angelo, M.D., MPH  Division of Adolescent and Young, Adult Medicine, Children’s National Medical Center, Washington, DC, USA

W. Hobart Davies, Ph.D.  Department of Psychology, University of Wisconsin – Milwaukee, Milwaukee, WI, USA

Alan Delamater, Ph.D.  Department of Pediatrics, University of Miami Leonard M. Miller School of Medicine, Miami, FL, USA

Rachel Duchoslav, Ph.D.  Department of Psychology, Utah State University, Logan, UT, USA

David W. Dunn, M.D.  Department of Psychiatry, Indiana University School of Medicine, Indianapolis, IN, USA

Kathryn Eckert, M.D.  Department of Pediatrics, University of Nevada School of Medicine, Reno, NV, USA
Joyce Engel, Ph.D., O.T.  Department of Rehabilitation Medicine, University of Washington School of Medicine, Seattle, WA, USA

Clint Field, Ph.D.  Department of Psychology, Utah State University, Logan, UT, USA

Judy Garber, Ph.D.  Department of Psychology and Human Development, Vanderbilt University, Nashville, TN, USA

M. Elena Garralda, M.D.  Division of Neurosciences and Mental Health, Imperial College London, London, UK

Steve Graybar, Ph.D.  University of Nevada School of Medicine, Reno, NV, USA

Anthony Hains, Ph.D.  Department of Educational Psychology, University of Wisconsin – Milwaukee, Milwaukee, WI, USA

Stuart Hauser, M.D., Ph.D.  Harvard Medical School, Judge Baker Children’s Center, Boston, MA, USA

Angela Huebner, Ph.D.  Department of Human Development, Virginia Tech University, Falls Church, VA, USA

Anne E. Kazak, Ph.D., ABPP  Department of Psychology; Department of Pediatrics, University of Pennsylvania School of Medicine, Children’s Hospital of Philadelphia, Philadelphia, PA, USA

Annette La Greca, Ph.D.  Psychology Department, University of Miami, Coral Gables, FL, USA

Michael Lavin, Ph.D.  Psychologist – private practice, Washington, DC, USA

Carol B. Lindsley, M.D.  Department of Pediatrics, University of Kansas Medical Center, Kansas City, KS, USA

Vincent A. Loffredo, M.D.  Department of Pediatrics, University of Nevada School of Medicine, Reno, NV, USA

Maureen Lyon, Ph.D.  Children’s National Medical Center, Washington, DC, USA

Eleanor Mackey, Ph.D.  Children’s National Medical Center, Washington, DC, USA

John D. Mahan, M.D.  Nationwide Children’s Hospital, The Ohio State University, Columbus, OH, USA

Kristin K. Marcie1, Ph.D.  Psychology Department, University of Miami, Miami, FL, USA

David A. Maroon, M.A.  Ferkauf Graduate School of Psychology, Yeshiva University, Bronx, NY, USA

Michelle A. Meade, Ph.D.  Department of Physical Medicine and Rehabilitation, University of Michigan, Ann Arbor, MI, USA
Avani C. Modi, Ph.D.  Division of Behavioral Medicine and Clinical Psychology, Cincinnati Children’s Hospital, Cincinnati, OH, USA

Ifigenia Mougianis, B.A.  Children’s Hospital of Philadelphia, Philadelphia, PA, USA

D. Colette Nicolaou, Ph.D.  Children’s Hospital Los Angeles, Los Angeles, CA, USA

Kathleen O’Connor M.D.  Department of Pediatrics, University of Nevada School of Medicine, Reno, NV, USA

William T. O’Donohue, Ph.D.  Department of Psychology, University of Nevada, Reno, Reno, NV, USA

Emily A. O’Hara  Psychology Department, Drexel University, Philadelphia, PA, USA

Diana Quintero, M.D.  Medical College of Wisconsin, Milwaukee, WI, USA

Alexandra L. Quittner, Ph.D.  Department of Psychology & Pediatrics, University of Miami, Miami, FL, USA

Michael A. Rapoff, Ph.D.  Department of Pediatrics, University of Kansas Medical Center, Kansas City, KS, USA

Helen Rozelman, Ph.D., LMSW  Stern College for Women, Yeshiva University, New York, NY, USA; Department of Pediatrics, New York University, School of Medicine, New York, NY, USA

Lisa Schwartz, Ph.D.  Children’s Hospital of Philadelphia, Philadelphia, PA, USA

Brandyn M. Street  Department of Psychology and Human Development, Vanderbilt University, Nashville, TN, USA

Lauren Woodward Tolle, M.A.  Department of Psychology, University of Nevada, Reno, NV, USA

Sarah Tornichio MSW, LSW  Nationwide Children’s Hospital, Columbus, OH, USA

Gary A. Walco, Ph.D.  The David Center for Children’s Pain and Palliative Care, Hackensack University Medical Center, Hackensack, NJ, USA; Department of Pediatrics, University of Medicine and Dentistry of New Jersey, New Jersey Medical School, Newark, NJ, USA

Marianne Z. Wamboldt, M.D.  University of Colorado at Denver and Health Sciences Center, Aurora, CO, USA

Dorothy Warner, Ph.D.  Harvard Medical School, Judge Baker Children’s Center, Boston, MA, USA