References


References

Byrne, N. 1996. ‘The Uneasy Relationship Between Feminism and Community’. In A. Smyth (ed.), *Feminism, Politics, Community.* University College Dublin: Women’s Education Research and Resource Centre.
References


Daly, M. 1985. ‘Original Reintroduction’. In *Beyond God the Father: Toward a Philosophy of Women’s Liberation. With an Original Reintroduction by the Author*. Boston, MA: Beacon Press.


References


References


Hull, G., Scott, P.B. and Smith, B. (eds), 1982. *All the Women are White, all the Blacks are Men, but Some of us are Brave: Black Women’s Studies*. Old Westbury: Feminist Press.


References


Kennedy, B. 1996. ‘The Relevance of Women’s Studies in North County Dublin’. In A. Smyth (ed.), *Feminism, Politics, Community.* University College Dublin: Women’s Education Research and Resource Centre.


References


References


References


References

Walkerdine, V. (ed.), 1996. ‘Social Class’: a special issue of Feminism and Psychology, 6(3).
References


Young, A. 1780. *A Tour of Ireland*. London.


### Index

<table>
<thead>
<tr>
<th>Term</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>abortion</td>
<td>31, 42, 47–8, 120, 176</td>
</tr>
<tr>
<td>action</td>
<td></td>
</tr>
<tr>
<td>and awareness</td>
<td>106–7</td>
</tr>
<tr>
<td>barriers to</td>
<td>87–8, 88, 162–4, 178–9</td>
</tr>
<tr>
<td>and change</td>
<td>177–9</td>
</tr>
<tr>
<td>direct and indirect</td>
<td>60</td>
</tr>
<tr>
<td>and groups</td>
<td>101</td>
</tr>
<tr>
<td>political</td>
<td>90, 100, 115–16, 160–79</td>
</tr>
<tr>
<td>addiction</td>
<td>61–3, 66, 68, 92, 136</td>
</tr>
<tr>
<td>and sexuality</td>
<td>126</td>
</tr>
<tr>
<td>and sexuality</td>
<td></td>
</tr>
<tr>
<td>training</td>
<td>118, 123</td>
</tr>
<tr>
<td>autonomy</td>
<td></td>
</tr>
<tr>
<td>see also</td>
<td></td>
</tr>
<tr>
<td>awareness</td>
<td>106–7, 119–22, 189</td>
</tr>
<tr>
<td>and anger</td>
<td>98</td>
</tr>
<tr>
<td>and internalized oppression</td>
<td>86, 92–3</td>
</tr>
<tr>
<td>and racism</td>
<td>66</td>
</tr>
<tr>
<td>agency</td>
<td>103, 111, 151, 161, 183</td>
</tr>
<tr>
<td>aggression</td>
<td>81</td>
</tr>
<tr>
<td>passive</td>
<td>79</td>
</tr>
<tr>
<td>aims of book</td>
<td>1, 21–3</td>
</tr>
<tr>
<td>alcoholism</td>
<td>58, 81, 86</td>
</tr>
<tr>
<td>and internalized oppression</td>
<td>86, 92–3</td>
</tr>
<tr>
<td>and racism</td>
<td>66</td>
</tr>
<tr>
<td>agency</td>
<td>103, 111, 151, 161, 183</td>
</tr>
<tr>
<td>aggression</td>
<td>81</td>
</tr>
<tr>
<td>passive</td>
<td>79</td>
</tr>
<tr>
<td>aims of book</td>
<td>1, 21–3</td>
</tr>
<tr>
<td>alcoholism</td>
<td>58, 81, 86</td>
</tr>
<tr>
<td>and internalized oppression</td>
<td>86, 92–3</td>
</tr>
<tr>
<td>and racism</td>
<td>66</td>
</tr>
<tr>
<td>Algeria</td>
<td>72–3</td>
</tr>
<tr>
<td>alienation</td>
<td>19, 43, 74, 161–2</td>
</tr>
<tr>
<td>and colonialism</td>
<td>74</td>
</tr>
<tr>
<td>and de-alienation</td>
<td>109</td>
</tr>
<tr>
<td>political</td>
<td>43, 161–2</td>
</tr>
<tr>
<td>ambivalence, and colonialism</td>
<td>74, 76–7, 80</td>
</tr>
<tr>
<td>analyses</td>
<td></td>
</tr>
<tr>
<td>feminist</td>
<td>3–4, 96–100, 112, 113, 122, 126, 127</td>
</tr>
<tr>
<td>and liberation psychology</td>
<td>182–3</td>
</tr>
<tr>
<td>of oppression</td>
<td>107–8, 117, 122</td>
</tr>
<tr>
<td>psychological</td>
<td>78–80, 104–6</td>
</tr>
<tr>
<td>social</td>
<td>151–2</td>
</tr>
<tr>
<td>structural</td>
<td>150</td>
</tr>
<tr>
<td>of women's movement</td>
<td>175–7</td>
</tr>
<tr>
<td>anger</td>
<td>58, 73, 91, 98, 105, 113</td>
</tr>
<tr>
<td>and awareness</td>
<td>98</td>
</tr>
<tr>
<td>horizontal</td>
<td>73, 86</td>
</tr>
<tr>
<td>repression of</td>
<td>60, 61–3, 85</td>
</tr>
<tr>
<td>anxiety</td>
<td>68, 83</td>
</tr>
<tr>
<td>AONTAS</td>
<td>172–4</td>
</tr>
<tr>
<td>archimage</td>
<td>99, 136</td>
</tr>
<tr>
<td>assertiveness</td>
<td>15, 80, 125, 162–3</td>
</tr>
</tbody>
</table>

Barry, Kathleen                        | 23, 46 |
Barry, U.                             | 43–4  |
beauty                               | 51–2  |
and black women                      | 66–7  |
Beauvoir, Simone de                   | 27–8  |
Belenkey, M.F.                        | 127   |
biological determinism                | 5, 196 |
black liberation movements           | 130   |
*Black Skin, White Masks*             | 73–4  |
blame                                |       |
of mother                            | 53    |
of victim                            | 53, 140 |
body image                           | 126, 134–5 |
and racism                           | 95–6  |
Boland, Eavan                        | 49–50 |
boycotts                             | 175   |
Brazil                               | 81–2  |
Bronfenbrenner, U.                   | 5–6, 164, 185 |
Bulhan, H.A.                          | 19–20 |
Bunch, C.                             | 198   |
Butega, F.                            | 198   |
Butler, S.                            | 140, 149–52 |
Byrne, N.                             | 104–5 |
Cameron, J.                           | 127–8 |
Canada                               | 156   |
Cantillon, S.                         | 45    |
capitalism                           | 136   |
and patriarchy                       | 33–4  |
and Western colonization              | 33–4  |
caring                               | 45–6, 129, 141–2 |
see also work, unpaid ideology        | 151   |
Catholic Church                      | 47, 163 |
Celtic mythology                     | 104–5, 131 |
Index

change
action for 177–9, 186
barriers to 89, 159, 187
as developmental process 183
interconnections between personal
and social 180–99
interpersonal 15, 112, 151–2, 189
male resistance to 153–4
personal 4, 15, 22, 86–7, 111–12,
183, 188
political 4, 15, 65, 96, 103, 111,
160–79, 189
psychological 14, 115
social 14, 86–7, 90, 103, 115, 138,
139, 163, 184, 188–9
three levels of 116, 181
in Western societies 42–3
within family 162, 170
Chesler, Phyllis 17, 56
child abuse 62
childcare 44–5, 52, 67–8, 162, 178
childrearing 66–7, 104, 129
alone 153–4
children, and social change 163
choice
individual 54
and social conditions 141
and social status 7
class 7, 20, 31, 36–7, 178
and colonialism 36–7
differences between women 51,
133, 177
and groups 149
cloning 5
codependency see internalized
oppression syndrome
collective 14–15, 120, 180
see also community; groups
collusion 38, 53, 54, 162
colonialism 10–12, 21
see also decolonization
and alienation 74
and ambivalence 74, 76–7, 80
British 10–11
and capitalism 33–4
and class 36–7
and concept of 'Other' 27–8, 74
and culture 11, 35, 57
and dehumanization 76, 77–8
and domination-
subordination 10, 184
and economic exploitation 35
and economy 11
and education 23
and fragmentation 36, 57
French 72–7
and gender polarization 77–8
and guilt 76
and hierarchy 24–54
and identity 77–8, 103
in Ireland 11–12, 34–5, 78–9
and land 35, 37
and language 36, 49, 57
and Native Americans 57–8, 80–1
and patriarchy 12, 33–4, 38, 41–2,
49–50, 54, 185–6
and political exclusion 35
psychology of 2, 55–88
and racism 73–5, 103–4
and religion 34
resistance to 37–8, 57, 192–3
and sexual exploitation 35
and soul wound 80–1
and superiority-inferiority 73–4
as system of domination 32–8
and violence 11, 34–5
and women 23, 192–3
writings on 71–88
Colonizer and the Colonized,
The 75–7
Commission on the Status of
Women 176
commonality 190–3
communication 79, 163
community 19, 96, 140, 152–8
see also collective; groups
contribution of women 129
employment scheme 156
and friendship 143
groups 42, 69, 165–6, 173
lesbian 152
and liberation 90, 92, 95–6, 110,
115
and neighbourliness 69
and solidarity 69, 102, 152
competition 61
between women 51–3
Index

compliance, superficial 79
concupinage 31
conditioning 33, 56, 63, 106, 109, 113–14
Condren, Mary 131
conflict 91–2
inner 61–4
within groups 145, 146–7, 150–1, 156
Connolly, B. 171
Connolly, L. 172, 175–7
consciousness, dual 84
consciousness-raising 3, 98, 100, 121–2
see also awareness; feminism; women’s liberation movement
Constitution, Irish 47, 128
contraception 42, 47–8, 133
control
of culture 27, 32–6, 48–51, 57–8, 130
of education 82
mechanisms of 32–7, 41–53, 62, 178, 181, 185, 191–2
military 76
of reproduction 29
sexual 31, 69–71
convents 143
Coulter, C. 132, 133, 193
counselling 15
critiques of 19
ever-evaluation 79–80
courses
assertiveness 123
health care 124
personal development 120–1, 123
women’s studies 121–2
writing 127
Crawley, M. 171
creativity 16, 58, 86, 91
drama 128
and liberation 97, 99, 114, 127–8
writing 127
Cullen, M. 155
culture
black 95–6, 103
and colonialism 11, 35, 57
control of 27, 32, 36, 48–51, 57–8, 130
erasure of 115
Daly, Mary ix–x, 19, 49, 111, 135–6, 195
analysis of liberation 97–100, 113, 122, 127
analysis of patriarchy 96–7
Davies, M. 191–2
decision-making 145–6, 153–4
decolonization 11–12, 102–10, 161, 193
see also colonialism; liberation and conflict 103–4
dehumanization, and colonialism 76, 77–8
demystification 97–8
denial
of injustice 76–7
of trauma 63–4
of vulnerability 27, 59–61, 78, 87, 111
dependency 33, 52, 85
see also independence
economic 40–1, 42, 68, 148–9, 178
emotional 59
overcoming 92–3
depression 4, 16, 56, 60, 83
and lack of self-worth 86
in minority groups 83
and poverty 68
development
economy 5–8
political 112, 170–2, 178
of women’s liberation movement 175–7
dialogue 105, 107–8, 111
differences
see also diversity; status
individual 22, 54, 183
disability 7, 10, 192
dissimulation
and racism 65
and sexual orientation 70
dissociation 62, 63–4
distress
psychological 22–3
see also mental illness
index

diversity  20, 146, 177
  see also  differences; status

divisiveness  80

Dolphin, Emer  174
domination  12, 21, 24, 58–61
  male  25, 28–32
  psychological aspects of  53–4, 55, 187
  systems of  53–4, 88, 184–6
domination-subordination  30, 54, 58–61, 145, 184
  and addiction  61–3
  and colonialism  10, 184
  and constriction  78–9
  counteracting  145
  and emotional repression  62–3
  and gender  184
  interdependency  37
  and parenting styles  104
  psychological impact  54
  and relationships  61, 86, 87, 196
  and sexuality  61, 126
double standards  31

Dublin Lesbian Line
  Collective  155–6, 157

Duran, Eduardo and Duran, Bonnie  80–1
dyadic relationships  140–3
dearth-mother symbolism  29

Ecology of Human Development, The  5–6
economic dependency  40–1, 42, 68, 148–9, 178
economic exploitation  35–6, 43–6
  see also  work
  and colonialism  35
  and land  35
  as mechanism of control  32
  prostitution  35–6
  unpaid labour  45–6

economic opportunities, restriction of  33

education  6, 35, 82, 119, 163, 171
  see also  training
  and employment  148, 151–2
  and liberation  97, 107–8, 122, 171
  and poverty  68–9
egalitarian society  180–99

Eisler, Rianne  196

El Salvador  108–10, 166–8
elderly, care of  45–6
emotional needs  61, 66, 86, 92, 129
emotions
  expression of  144–5
  and men  92
  and oppression  113
  repression of  66, 81, 85, 87
  and sensitivity  59
employment  42, 44, 52
  and education  148, 151–2
empowerment  111, 112, 139–40, 158, 164–5
  within groups  145–6

Equal Pay Act (Britain)  43–4
equality  19, 22, 180–99
  and inequality  26–7
  principles of  194
  within groups  146–7
exclusion from power  32, 35, 41–3, 153–4
exhaustion  62
exosystem  6

exploitation
  economic  32, 35–6, 43–6
  sexual  31, 32, 35–6, 46–8
facilitation  146–7, 150
family  7, 25, 129
  and change  170
  roles of women  162, 179
famine  11, 35, 36, 50
Fanon, Frantz  2, 27–8, 72–5, 102–3, 161, 190

fear
  of admitting weakness  60–1
  confronting  94
  and domination  60–1
  of freedom  82
  homophobia  70
  of loss of status  87
  and subordination  60, 61–3
  of violence  40–1, 63, 85

Female Fear, The  41

Female Sexual Slavery  23

feminism
  see also  awareness; consciousness-raising; women’s liberation
movement; women's studies
and concept of patriarchy 9–10, 130
and human rights 196–9
in Ireland 123–4, 146–7, 147–9
liberal 9
postmodernist 9
poststructuralist 9
and psychological oppression 2–3
and unpaid work of women 45–6
Feminism and Psychology 20
feminist analyses 3–4, 96–100, 112, 122, 127
of exclusion from power 43
of heterosexuality 126
feminist critique of psychology 17–21
feminist psychology see psychology, feminist
Feminist Social Psychologies 20
feminist visions 193–9
feminist writers 49, 56–71, 89–102, 135
fragmentation 32, 36–7, 51–3, 62, 93, 136–7
and colonialism 36, 57
Freeman, Jo 3, 121
Freire, Paulo 81–2, 106–8, 111–12, 115–16, 170–2
Freud, Sigmund 16
friendship 19, 140–3, 148
and community 143
fund-raising 155–6
Gadon, E.W. 135
gay men 155
gender
and choice 7
and development 7
and domination-subordination 184
and inequality 9–10, 24–6, 38–54, 180, 182
polarization and colonialism 77–8
Gilligan, Carol 194–5
Gimbutas, Marija 131
global perspective 191
goddesses 31, 99, 131, 135
see also spirituality
groups 93, 121–2
and action 101
benefits of 159
and building strengths 117–18
and class 149
community 42, 165–6, 173
and conflict 146–7
and decision-making 145–6
in England 149–50
equality within 146–7
facilitation of 146–7
independence of 157
and interpersonal relationships 114–15
in Ireland 147–9
lesbian 96, 155–8
negative patterns in 115
political 95
self-help 65
and solidarity 144–5
structures and processes of 143–52
therapy 93–5
women’s 123–5, 140, 143–51, 163
guilt 4
and colonialism 76
hatred 73, 190
health
mental 17–18, 65, 123–4
and poverty 68, 123–4
Healy, G. 155
Herman, J.B. 63–4, 89–90, 93–5, 111–13, 124, 144–5, 171
heterosexism 69–71
see also homophobia
heterosexuality
see also sexuality
feminist analysis of 126
institution of 52
hierarchy 1, 9–10, 21
and addiction 63, 92
and colonialism 24–54
and domination-subordination 26–8
dynamics of 62
and families 25
Index

hierarchy (Contd.)

I am Woman 57–8 identity 74–5, 85, 158 and colonialism 77–8, 103, 106 development of 113 images 133–5 imagination 104–5 imperialism see colonialism income, inequalities in household 45 income discrepancy 8, 43–4 independence 90, 111, 141–2, 153 economic 92–3, 118 of groups 153, 157 Irish 132 personal 163

India 77–8 individualism 14 infanticide 47 inferiority myths of 37, 59–60 sense of 80, 103, 106 internalized oppression see oppression internalized oppression syndrome 61–3 interpersonal relations 139–59, 159, 194–6 Ireland see also Lesbians Organising Together; Parents Alone Resource Centre; Robinson, Mary and Celtic mythology 104–5, 131 colonization of 11–12, 34–5, 78–9 feminist group work 146–7 local women’s groups 123–4, 147–9 National Women’s Council of 172–7 poverty 67–9 resistance 131–2 status of women 38–53 women’s liberation movement 42–3, 48, 137, 175–7 women’s studies 121 X case 120 Irish Countrywomen’s Association 132 Irish Housewives Association 132 Irish psychological analyses 78–80, 104–6 isolation 51–3, 121–2 intellectual 30–1 of lesbians 70–1 of married women 52 overcoming 149, 153

Jayawardena, K. 192–3 Jews, in Tunisia 75–7

Index

Kellegher, M. 50
Kelleher, P. 153–5
Kenny, Vincent 78–9, 104
Kitzinger, C. 19–21, 139–40

labour see work
land 37
and colonialism 35, 37
language
and colonialism 36, 49, 57, 73
Irish 49
and liberation 97, 100, 191
non-sexist 4
and representations of women 51
leadership 107–8, 123, 134
Lerner, Gerda 28–32, 130–1
Lesbian Organization of Ontario 156–7
lesbians 19, 67, 69–71
annual events 158
coming out 155–6
communities of 96, 152
and homophobia 69–71, 96
and sexuality 126
and social exclusion 70–1
Lesbians Organising Together 155
liberation 21–2, 86–7
see also decolonization
analysis of 54, 97–100, 110–16
black 130
and creativity 97, 99, 114
cycle of 188–9
feminist visions of 193–9
interpersonal 159, 194–5
and language 97, 100
and men 92
obstacles to 89
personal 117–38, 137–8, 194
and power 91
and praxis 106–7
processes of 89–116
and self-definition 91–2
and sexuality 114
and solidarity 99
and spirituality 95–6, 114
three categories 110
three stages 105–6
liberation psychology 13–15, 21–3, 89, 108–10, 180–4
and analysis 182–3
orienting assumptions 181–4
liberation theology 108
links
between local and national issues 173
between oppressions 189–93
between personal and political 2–5, 15, 139–59, 161, 172–5, 174, 199
between psychology and society 181–4
lobbying 168, 173, 175
Lorde, Audre 67, 83, 126–7
LOT see Lesbians Organising Together
love 90, 140–1
as source of liberation 90–1
Lynch, K. 129
McAllister, P. 169
McCarthy, I.C. 104–5
McLaughlin, E. 129
macrosystem 6
madness 56
male domination
in economic system 25
history of 28–32
individual 178
patterns of 8
in politics 25, 193
in religion 25
and reproduction 29
Mannoni, O. 72
Maracle, Lee 57–8, 90–1, 116, 140–1
Martín-Baró, Ignacio 106–10, 166–8, 171
Maslow, Abraham 17
mass media
and individuals 7
white domination of 66–7
maternity hospitals 47
matrilineal societies 29
mechanisms of control
control of culture 32–6, 48–51
economic exploitation 32–5, 43–6
exclusion from power 32–5, 41–3
fragmentation 32, 36–7, 51–3, 62
mechanisms of control (Contd.)
sexual exploitation 32, 46–8
violence 32–5, 39–41
Memmi, Albert 75–7, 102–4
men, and liberation 92
mental illness 17–18, 56
see also distress, psychological
Mesopotamia 28–32
women’s status in 29–30
mesosystem 6
microsystem 6
Mies, M. 33–4
migration, enforced 35, 51–2
Miller, Jean Baker 2, 26–7,
58–61, 90–1, 110–11, 113,
114
Millett, Kate 9
misogyny 18, 57–8
monotheism 31
Morgan, Robin 23
Morrison, Toni 134
motherhood 18, 118, 128–9
enforced 47, 120
and ideology 3, 47, 128–9
single 47
Mulvey, C. 124, 128, 140, 147–9
Murphy-Lawless, J. 47
mystification 111, 113
see also demystification
mythology 31, 99, 136–7
Celtic 104–5, 131
myths see stereotypes

Nandy, Ashis 77–8
nation, represented as woman
49–50
National Women’s Council of
Ireland 172–7
nationalist movements 192–3
Native Americans 57–8, 80–1
neighbourliness 69
networks 155, 173
global 198
New Opportunities for
Women 154–5
Ni Dhomhnaill, Nuala 49
nonviolent tactics 169–70
NOW see New Opportunities for
Women

NWCI see National Women’s Council
of Ireland

Oakley, Ann 52
O’Neill, Cathleen 67–9, 89–90, 96,
152, 174, 190
O’Neill, M. 41
oppression 1, 3, 22–3
analysis of 54, 107–8, 117, 189–93
cycle of 88, 180, 186–7
different experience of 22–3
effects of 55–88, 81–2, 106
emotional reactions to 58, 145
five faces of 32–3
internalized 1, 20–1, 55–88, 61–3,
69–71, 80, 82, 92–3
of lesbians 69–71
psychological aspects of 3, 12–13,
14, 82–8, 186–7
resistance to 13
orientation towards others 59–60
Other, concept of 27–8, 74

PARC see Parents Alone Resource
Centre
parenting practices 66–7
Parents Alone Resource
Centre 153–5
particularization 98
partnership model 196
patriarchy 8–10, 136
analysis of 96–100
and class 8, 9
and colonialism 12, 33–4, 38,
41–2, 49–50, 54, 132, 185–6
and control ix
dynamics of 38–53
and hierarchy 24–54
history of 28–32, 53–4, 130–1
and Native Americans 57–8
and power 8–10
and psychological
development 10
and race 8, 9
and religion 9
and sexual orientation 9
and violence 97
and wealth 9–10
in western society 38–53
Index

patrilineage 8–9
penal laws 11, 35
Perkins, R. 19–21, 139–40
personal development 7, 17, 19, 120–1, 165, 170–1
and political analysis 170–1
and social conditions 124, 182
‘personal is political’ 1–5, 15, 139–59, 161, 172–5, 174, 199
Pharr, Suzanne 69–71, 89–90, 96
poetry 49–50
political action
see also action
development of 170–2
varieties of 168–70
women’s views 161–4
politicians, perception of 162
polities
alienation from 166
definitions of 4, 160
exclusion from 35, 41–3, 43, 132, 166–7, 172
and the vote 167–8
pornography 47, 58, 67
education pack 174–5
poverty 67–9, 119, 148–9, 153
and depression 68
and disrespect 119
and education 68–9
and health 68
influence on choices 7
in Ireland 67–9
and Native Americans 57–8
psychological dimensions of 67–9
and relationships 69
and stress 68–9
of women 44–6
power
see also empowerment; powerlessness
differentials 8, 180, 183–4
exclusion from 41–3
and hierarchies 100–1
in household 45
and liberation 91, 134
and patriarchy 8–10
and social categories 8–10
structures 2, 15
three types 100–1
and wealth 9–10
powerlessness 13, 14, 20, 21, 33, 57–8, 60, 139–40, 180
see also empowerment; power
and prostitution 36
and racism 65
and subordination 60
praxis 106–7, 171
Prendiville, P. 146–7
priestesses 31
privilege 7, 184
see also status
prostitution 31, 35–6, 46–7, 67
and economic exploitation 36
and powerlessness 36
and racism 67
and violence 36
psyche, and society 5–8
psychiatry 16–18, 56, 63–4
psychoanalysis 16, 17
critiques of 17
psychology
of colonialism 2, 55–88
community 15
critiques of 2, 15–21, 18
feminist 2, 15, 18–19, 20–1, 55–88, 56–71
humanist 17
liberation 13–15, 21–3, 89, 100, 108–10, 180–4
oppressive use of 14, 18, 19
political context 16
positions of power in 18
and racism 19–20
of women 2, 4, 56
psychopathology, critiques of 19, 20
psychotherapy 7, 15, 16, 19, 56
public life, and women 29–30, 31
Pure Lust 195
race 7, 20, 191–2
and patriarchy 8, 9
racism 65–7
and black women 65–7
and body image 95–6
in Britain 83
and colonialism 73–5, 103–4
counteracting 95–6
institutionalized 73
Index

racism (Contd.)
  internalized 66-7
  and Native Americans 57-8
  and powerlessness 65
  and prostitution 67
  and psychology 19-20
  and violence 65-7
rage 58, 74, 98
rape 30, 31, 39-40, 120
  and enforced pregnancy 35-6, 120
  prevalence of 39-40
Raymond, Janice 142
re-evaluation counselling 79-80
recovery, key elements of 93-4
Reilly, N. 197
relationships
  dominant-subordinate 61, 87
  dyadic 140-3
  interpersonal 114, 139-59, 162-3, 177-8, 182
  intraracial 74
  lesbian 70-1
  and poverty 69
  and recovery from trauma 93
religion 31
  see also Catholic Church
  and colonialism 34-6
  institutionalized 135-6
  and patriarchy 9
  priests and priestesses 31
reproduction, and male
  domination, and male 29
resistance
  armed 38
  black 96
  cultural 38
  hidden 169-70
  history of 113, 116, 130-2, 188-9
  lesbian 71
  Native American 57
  to colonialism 37-8, 57, 192-3
  women’s 42, 101-2, 130-2, 168-9
restriction 84-5
Rich, Adrienne 126
Robinson, Mary 42, 43, 133, 164-6, 176-7
Rogers, Carl 17
role models 113, 133-5

in fiction 134
lesbian 134
Ruth, Sean 79-80, 105-6
scope of book 21-3
Scott, J.C. 169-70
self-confidence 15, 87, 122-5, 148, 149
  and work 148
self-defence 124
self-definition 89, 91-2, 102, 105-6, 153
self-determination 90, 102, 151
self-division 73-4
self-esteem 3, 80, 123, 149
self-hatred 79, 101
self-help 65, 188
self-sacrifice 141-2
self-worth 59-60, 63, 83, 86, 103, 122-5
separatism 98-9, 158
sexism
  and concept of ‘Other’ 27-8
  and Native Americans 57-8
sexual abuse 16, 17
sexual exploitation 30, 31, 32, 35-6, 46-8
  and colonialism 35
sexual harassment 40-1, 43, 120
sexuality 7, 9, 114, 118, 125-7
  see also gay men; heterosexuality; homosexuality; lesbians and assertiveness 126
  bisexual 67
  and domination-subordination 61, 126
  and exploitation 31, 35-6, 46-8
  and institutions of society 3
  lesbian 126
  and liberation 114
  and racism 67
  and women 125-7
shame 58, 62
Sisters of the Yam: Black Women and Self-Recovery 65-7
slavery 30-1, 66
  and black culture 65
  sexual 30
sleeping pills 68
Index

Smyth, Ailbhe 120
social welfare, dependency on 68
socialization, political 166–7
society, and psyche 5–8
solidarity 3, 15, 85–6, 153
and community 102, 153
in El Salvador 109–10
in groups 144–5
and liberation 99, 101, 190
speaking out 162–3, 168, 175
specificity 190–1
spirituality 58, 62, 67, 80, 92, 131, 152
see also goddesses
and liberation 95–6, 114, 135–7
Wiccan 136
spiritualization 98
Spivak, G.C. 49
Starhawk 14–15, 100–2, 113, 136, 145–6, 147
status, social 7, 10, 54, 183
see also class; disability; gender;
privilege; race; sexuality
stereotypes 18, 27, 59–61, 112–13, 150
of blacks 65–7
of colonized 75–6
of femininity 50–1, 59–60, 77, 99
of inferiority 18, 27, 55, 59–60,
73–4, 75–6
of the Irish 36
of lesbians 70–1
of masculinity 50–1, 77
of Native Americans 58
rast 74
of superiority 73–4, 87
stigma 30–1
stoicism 66
strengths, building 117–38, 145
stress 123–4
strikes 169
structures, political 164–8
subordination 12, 21, 24, 54, 58–61
and powerlessness 60
superiority-inferiority 73–4, 74–5,
106, 141–2, 185
support 138, 141, 142–3, 149, 163–4

Times, The 36

Toward a New Psychology of
Women 58–61

trade unions 52
training 154–5
see also education
tranquillizers 68
trauma
denial of 63–4
and disconnection 64
and recovery 63–4, 93–5
and violence 63–4
trivialization 98
Truth or Dare 100
Tunisia 75–7
Tweedy, Hilda 132
twelve-step programmes 19, 92

unemployment 67–9
United Nations 43
United States 158
universalization 98, 190

values 165–6

violence
against women 3, 39–41, 119–20, 191–2
and colonialism 34–5, 73, 81, 103
horizontal 58, 81, 82
institutionalized 40, 53, 73, 192
Irish study 40
as mechanism of control 32–5,
39–41
and patriarchy 97
and pornography 41
and prostitution 36
psychological aspects of 192
and racism 65–7
and trauma 63–4
visions 91, 111–12, 113
feminist 193–9
voting 167–8
vulnerability 27, 59–61, 78, 87, 92, 111
wage gap 43–4
Walby, S. 8, 9, 43–4
Walker, Alice 134
wealth, and power 9–10
whiteness 184
Wilkinson, S. 20
Wintram, C. 140, 150–2
witchcraft 100
withdrawal
personal 79
social 78–9
women
erasure from history 52, 130
as nurturers 60
and political action 161–4
and public life 29–30, 31
as scapegoats 53
as symbols of nation 49–50
as tokens 53
Women and Madness 17–18, 56
women’s liberation movement 1–5,
22, 38, 42–3, 48, 118–29, 134, 170
see also feminism; women’s studies
activities 170
and colonialism 192–3
consciousness-raising 3
development of 175–7
in Ireland 42–3, 48, 137, 175–7
links between personal and
political 139–59, 161
and positive images 134
trends 177
women’s music festivals 158
women’s studies xii, 118, 130
see also feminism; women’s
liberation movement
in Ireland 121
work 66, 108
see also economic exploitation;
employment
and liberation 114
and self-confidence 148
unpaid 45–6, 114, 118, 1, 28–9
Wretched of the Earth, The 103
writers
on decolonization 102–10
feminist 56–71, 89–102
X case 120
Zappone, K. 137