Suggested Reading


Modified Inferior Turbinoplasty

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House HP (1951) Submucous resection of the interior turbinal bone. Laryngoscope 61:637-648


About the Author

Academic Activities

Born in Bologna in 1952, Paolo Gottarelli graduated in 1978 in Medicine and Surgery with honors in the same city. Later on, he specialized in plastic surgery and dentistry. From 1980 to 1996 he was hospital assistant and primary aid at the Division of Plastic Surgery at the Rizzoli Orthopedic Institute in Bologna. Subsequently, he obtained further post-graduate diplomas in biomaterials, cosmetic surgery and nasal surgery. From 1992 to 2007 he worked with a fixed-term contract as Professor of Aesthetic and Functional Corrective Surgical Techniques of the nasal pyramid at the University of Ferrara Department of Otolaryngology directed by Charles Calearo. From 1992 to 1995 he worked with a fixed-term contract as Professor of Plastic Surgery principles at the School of Specialization in Physical Medicine and Rehabilitation – University of Bologna. From 1992 to 1994 he worked with a fixed-term contract as Professor of Surgery of oral pre-cancer at the School of Dentistry and specialization in Dental Prosthesis at the University of Bologna. From 1992 to 1993 he worked with a fixed-term contract as Professor at the Higher Institute of Holistic Medicine and Ecology at the University of Urbino.

Professional Activities

In 1989, he introduced for the first time in Italy the innovative Septorhinoplasty technique by John B. Tebbetts, Dallas. Since 1991 he was interested in Plastic Surgery computer application, with particular respect for the informed consent. From 1992 to 2008, in addition to the ordinary academic activities, he held CME accredited lectures on Septorhinoplasty, Outpatient Surgery and Lip Surgery. In 1994 he won the 1st prize for best performance at the National Congress of Videoplasty Surgery of the Italian Hospital Surgeons Association (ACOI, Associazione Chirurghi Opedalieri Italiani) with a multimedia video about Tebbetts’ Rhinoplasty technique. In 1996, at the 45th National Congress of Plastic Surgery, he organized the “Plastic surgeon and computer” workshop.
In 1997, he was the Chairman of debates about the peculiarities of patients who undergo plastic surgery at the Informatics Fair “Future Show 2997”. In June, he ran the first multimedia video lecture on Open Septorhinoplasty according to Tebbetts’ method.

In 1997 he developed the modified inferior turbinoplasty (MIT), an innovative method of reshaping the inferior turbinates with 4,000 case reports.

In 1998 he was invited to hold a magisterial lesson about Force Vector Tip Rhinoplasty (FVTR) at the 13th training course of Cosmetic Surgery (monothematic course of Primary and Secondary Rhinoplasty) in Trieste.

In 2002 he was invited for two lectures at the International Conference of Rhinoplasty, Dubrovnik.

In 2003 he participated in the 5th Symposium on Aesthetic Plastic Surgery in Barcelona, where he performed some Rhinoplasty surgeries at the Teknon Medical Center. In this occasion he showed for the first time his MIT technique.

In 2004 he attended the 14th International Course on Plastic and Aesthetic Surgery, Barcelona, chaired by Jaime Planas, where he presented four reports on nasal correction techniques he developed and performed some live interventions at the Clinica Planas.

In 2005 he participated in the 23rd International Annual Symposium of Plastic Surgery-Aesthetics of Guadalajara in Mexico, chaired by José Guerrero Santos, where he illustrated his innovative method on Global Rhinoplasty and modified inferior turbinoplasty.

To date, he is Director and Lecturer of numerous workshops in different Plastic Surgery fields. In 2010 he also had a video made about MIT. The number of patients operated with this technique has nowadays reached 5,000.