

# Glossary

**Abreaction** The release of emotion that is linked to previous, unresolved traumatic events, typically as a result of some form of intervention. In some circumstances, this can be experienced as reliving the emotions of the experience.

**Adaptive Information Processing (AIP)** A process that underlies Eye Movement and Desensitization and Reprocessing (EMDR). Considered to be a system that allows new information to become integrated with other experiences in memory, allowing people to adapt to new situations. When it does not function correctly, it is considered to be the basis of pathology.

**All Party Parliamentary Group for Children** A group comprising of members of parliament and members of the House of Lords who aim to improve policy affecting children and young people. The group is also informed by the views and experiences of children and young people invited to speak in Parliament alongside ministers, parliamentarians and the children's voluntary sector.

**Chair Work** A method used in Schema Therapy to communicate with the different parts (or modes) of the individual, separating the various modes onto different chairs.

**Child Sexual Abuse** The act of committing a sexual offence against a child.

**Child Sexual Exploitation** A form of child sexual abuse. It occurs where an individual or group takes advantage of an imbalance of power to coerce, manipulate or deceive a child or young person under the age of 18 into sexual activity (a) in exchange for something the victim needs or wants, and/or (b) for the financial advantage or increased status of the perpetrator or facilitator. The victim may have been sexually exploited even if the sexual activity appears consensual. Child sexual exploitation does not always involve physical contact; it can also occur through the use of technology (Department for Education, 2017).

**Children Act of 1989** The act apportions duties to local authorities, courts, parents and other agencies in the United Kingdom, to ensure children are safeguarded. It centres on the idea that children are best cared for within their own families. However, it also makes specifications for instances when parents and families fail to co-operate with statutory bodies.

**Cognitive Behavioural Therapy (CBT)** A psychosocial intervention that aims to help people alter thoughts, beliefs and attitudes that are causing emotional distress and problematic behaviours.

**Coolidge Effect** Suggests that when sexual interest begins to diminish, it can be increased by the novelty of a new sexual partner.

**Dehumanisation** The process by which an individual is linguistically and/or metaphorically stripped of their personhood in order to justify and encourage stigmatisation.

**Disclosure Scheme** A procedure designed for the public to ask the Police for information on child protection issues regarding an individual they are concerned about who has contact with children.

**Ephhebophilia** A sexual interest towards adolescents (post-pubescent).

**Eye Movement and Desensitization and Reprocessing (EMDR)** A psychological therapy used to change the impact of past traumatic events on current functioning.

**Habituation** The diminishing of an innate response to a frequently repeated stimulus.

**Healthy Adult Mode** Used in Schema Therapy to describe the mode of an individual that can experience and express emotions and get needs met in a non-problematic way.

**Hebephilia** A sexual interest towards pubescent children, typically those entering puberty.

**High Deviance** Refers to offenders with high levels of offence-supportive beliefs and socioaffective difficulties as identified by psychometric tests.

- Imagery Re-scripting** An experiential method used in Schema Therapy to change the maladaptive feelings, beliefs and expectations that have originated in childhood needs being left unmet.
- Implicit Theories** Core beliefs about the nature of a particular trait or behaviour, typically broken down as ‘entity’ (behaviour cannot change) or ‘incremental’ (behaviour can change) in nature.
- Modes** Emotional and cognitive states of an individual that dominate functioning. Maladaptive modes of functioning are an attempt to deal with the activation of schemas and have developed from childhood coping response to the unmet childhood needs.
- Multi Agency Public Protection Arrangements (MAPPA)** The process through which the Police, Probation and Prison Services work together with other agencies to manage the risks posed by violent and sexual offenders living in the community in order to protect the public.
- Narrative Humanisation** The process of overcoming dehumanised stereotypes by humanising a target group through the presentation of personal life stories.
- Offending Trajectory** The idea that for some people and/or some kinds of offences there is an identifiable pattern of escalation, stability or de-escalation.
- Paedophilia** A sexual interest towards prepubescent children.
- Pesso Boyden System Psychomotor Therapy** A therapeutic intervention utilised specifically for education around emotions and emotional regulation. It employs many techniques founded in neuroscience surrounding mirror neurons, empathy and the impact of language on theory of mind.
- Primary Prevention** Broad-scale societal initiatives designed to reduce the incidence of a particular problem behaviour (e.g., sexual abuse).
- Reprocessing** To change the perspective, understanding and meaning of stored memories, ideally to be more adaptive.
- Schema Therapy** A psychological therapy used to alter chronic and deeply entrenched maladaptive feelings, cognitions and behaviours. Designed for personality disorders and other complex or difficult to change problems.
- Schemas** A combination of feelings, physical sensations, memories, beliefs, expectations and attitudes that have developed from unmet childhood emotional needs and that continue to influence adult functioning.
- Secondary Prevention** Targeted initiatives designed to attract engagement from those who are at risk of engaging in sexual abuse before a crime is committed.
- Sex Industry** Describes any area of sexual behaviour that has been commodified, such as prostitution, pornography, live video-sex and stripping.

**Sex Offender Treatment Programmes (SOTP)** Typically refers to manualised prison programmes aimed at reducing the recidivism of sex offenders but is an umbrella term for a wide range of approaches seeing this outcome.

**Stigmatisation** The process of negative evaluation and discrimination based on some arbitrary personal characteristic.

**Tertiary Prevention** Focused initiatives that work with those who have engaged in a particular behaviour (e.g., sexual abuse) to prevent the repetition of this behaviour.

**Victim Empathy** The capacity to recognise the possible thoughts, feelings and experiences of one's victims or potential victims.

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