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Correction to: S11 Experiences with a nurse-led self-management support intervention for people with chronic conditions; a mixed-methods approach

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After publication of this supplement [1], it was brought to our attention that in abstract S11, the author affiliation No. 1 is incorrect. It should be 'Rotterdam University of Applied Sciences, Research Centre Innovations in Care, Rotterdam, The Netherlands', but not 'Department of Healthcare & Welfare, NHL University of Applied Sciences, Leeuwarden, the Netherlands'.

S11 Experiences with a nurse-led self-management support intervention for people with chronic conditions; a mixed-methods approach

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Background

Self-management support is a core task for nurses, but it is unclear what it entails. Using Intervention Mapping, a nurse-led intervention was developed: people with kidney transplant (KT) and head-neck cancer (HNC) indicated their support needs. The intervention combines the assessment of self-management challenges using a conversational tool (Self-Management Web) with solution-focused communication techniques, including goalsetting, action-planning and monitoring progress. This pilot-study aimed to evaluate the feasibility and first effects of the intervention.

Methods

A controlled before-after evaluation study was conducted in 2 outpatient clinics of a Dutch University Hospital. To gain insight into fidelity, feasibility, and acceptability, we did interviews and observations. Quantitative methods consisted of pre-post surveys within-group comparison; and intervention ($n = 23$ KT; $n = 27$ HNC) versus historic control ($n = 43$ KT; $n = 28$ HNC) between-group comparison.

Results

The intervention was highly valued because of the open, holistic focus. It helped patients to build a relationship of trust with the nurse and made them more competent in problem-solving skills. Quantitative analyses indicated a significant change in self-efficacy (HNC) and in patient-centredness of nursing care (KT) but not in self-management skills.



Conclusions

This holistic self-management support intervention seems a promising tool to help chronic patients deal with daily life challenges.

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