### ORIGINAL RESEARCH



# Safety and Efficacy of Prefilled Liquid Etanercept-Biosimilar Yisaipu for Active Ankylosing Spondylitis: A Multi-Center Phase III Trial

Dongbao Zhao · Dongyi He · Liqi Bi · Huaxiang Wu · Yi Liu ·

Zhenbiao Wu · Yang Li · Guochun Wang · Xingfu Li ·

Chunde Bao · Lindi Jiang · Zhiyi Zhang · Weiguo Xiao ·

Gang Tong · Dong Wang · Feng Huang

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## ABSTRACT

*Introduction*: The aim of this work is to examine the efficacy and safety of prefilled liquid etanercept-biosimilar Yisaipu versus lyophilized Yisaipu in active ankylosing spondylitis (AS) patients.

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### D. Zhao

Department of Rheumatology and Immunology, Changhai Hospital, Naval Medical University, Shanghai, China

### D. He

Department of Rheumatology, Guanghua Hospital, Shanghai University of Traditional Chinese Medicine, Shanghai, China

### L. Bi

Department of Rheumatology and Immunology, China-Japan Union Hospital of Jilin University, Changchun, Jilin Province, China

### H. Wu

Department of Rheumatology, The Second Affiliated Hospital of Zhejiang University School of Medicine, Hangzhou, Zhejiang Province, China

#### Y. Liu

Department of Rheumatology, West China Hospital, Sichuan University, Chengdu, Sichuan Province, China *Methods*: This double-blind, phase III trial with non-inferiority design randomized adult patients with active AS in a 3:1:1 ratio to receive twice-weekly 25-mg prefilled liquid Yisaipu for a total of 48 injections (group I, n = 330), onceweekly 50-mg prefilled liquid Yisaipu for 24 injections (group II, n = 110), or twice-weekly 25-mg lyophilized Yisaipu for 48 injections (group III, n = 110). Both physicians and patients who received 25-mg twice-weekly lyophilized or liquid Yisaipu were blinded to treatment assignment while patients who received 50-mg once-weekly liquid Yisaipu

#### Z. Wu

Department of Rheumatology, The First Affiliated Hospital of Air Force Medical University of PLA, Xi'an, Shaanxi Province, China

#### Y. Li

Department of Rheumatology and Immunology, The Second Affiliated Hospital of Harbin Medical University, Harbin, Heilongjiang Province, China

### G. Wang

### Department of Rheumatology, China-Japan Friendship Hospital, Beijing, China

### X. Li

Department of Rheumatology, Qilu Hospital of Shandong University, Jinan, Shandong Province, China

#### C. Bao

Department of Rheumatology and Immunology, Renji Hospital Affiliated to Shanghai Jiaotong University School of Medicine, Shanghai, China received treatment in an open-label design. In addition, 90 patients in the PK/PD study were randomized in a 1:1:1 ratio to each group. The primary outcome was the proportion of patients who achieved ASAS20 at week 24.

Results: A total of 640 subjects were enrolled. The proportion of patients who attained ASAS20 at week 24 was 85.56% in group I, 85.71% in group II, and 83.45% in group III (group I vs. III, P = 0.545; group II vs. III, P = 0.605). The difference between group I and III was 2.10% (95% CI - 5.06%, 9.27%) and 2.26% (95% CI – 6.21%, 10.73%) between group II and III, meeting the non-inferiority threshold ( $\Delta = -15\%$ ) (P < 0.001). Except for a statistical difference between group I (75.83%) and group III at week 8 (64.75%, P = 0.011), there was no statistical difference in the ASAS20 attainment rate among the three groups at other time points. The incidence of serious adverse events was comparable among the three groups (group I, 2.50%, II, 2.86% and III, 1.43%; P > 0.05). No deaths were reported.

*Conclusions*: Once-weekly 50-mg or twice-weekly 25-mg prefilled liquid Yisaipu is safe and non-inferior to twice-weekly 25-mg lyophilized Yisaipu.

*Trial Registration*: CTR20130124 and NCT04345458.

Department of Rheumatology and Immunology, Zhongshan Hospital, Fudan University, Shanghai, China

### Z. Zhang

Department of Rheumatology, The First Affiliated Hospital of Harbin Medical University, Harbin, Heilongjiang Province, China

### W. Xiao

Department of Rheumatology, The First Hospital of China Medical University, Shenyang , Liaoning Province, China

### G. Tong · D. Wang Medical Department, R&D, Sunshine Guojian Pharmaceutical (Shanghai) Co., Ltd, Shanghai, China

F. Huang (🖂)

Department of Rheumatology and Immunology, Chinese PLA General Hospital, Beijing, China e-mail: fhuang@301hospital.com.cn Keywords: Biological therapies; Clinical trials and methods; Immunosuppressants; Pharmacology; Spondylitis

## Key Summary Points

### Why carry out this study?

Ankylosing spondylitis has an estimated prevalence of 0.9% worldwide and 0.29% in China.

Etanercept targets tumor necrosis factor  $\alpha$  (TNF- $\alpha$ ), which is elevated in the serum, synovium, and sacroiliac joints of ankylosing spondylitis patients.

This non-inferiority trial compares the efficacy and safety of prefilled liquid Yisaipu, an etanercept biosimilar, versus lyophilized Yisaipu in active ankylosing spondylitis patients.

### What was learned from the study?

Once-weekly 50-mg or twice-weekly 25-mg prefilled liquid Yisaipu is safe and non-inferior to twice-weekly 25-mg lyophilized Yisaipu.

Prefilled liquid Yisaipu provides rapid, significant, and sustained improvement in Chinese active ankylosing spondylitis patients.

# DIGITAL FEATURES

This article is published with digital features, including a summary slide, to facilitate understanding of the article. To view digital features for this article go to https://doi.org/10.6084/m9.figshare.13469847.

# INTRODUCTION

Ankylosing spondylitis is a chronic inflammatory disease characterized by axial skeletal ankylosis and enthesitis [1]. The estimated

L. Jiang

prevalence is 0.9% worldwide [2], and 0.29% in China [3], with a 3:1 male-to-female ratio. Major symptoms include back pain, alternating buttock pain and morning stiffness [4]. Anky-losing spondylitis may be associated with progressive irreversible structural damage due to syndesmophyte formation and ankylosis of the vertebral column.

Immune-mediated mechanisms involving human leucocyte antigen (HLA)-B27, inflammatory cellular infiltrates, cytokines such as IL-10 and TGF- $\beta$  and genetic and environmental factors may play key roles in ankylosing spondylitis pathogenesis. Tumor necrosis factor  $\alpha$  (TNF- $\alpha$ ) has been found to be elevated in the serum, synovium, and sacroiliac joints in ankylosing spondylitis patients [5, 6]. The American College of Rheumatology, and the Spondyloarthritis Research and Treatment Network treatment guidelines recommend anti-TNF therapy for patients with active ankylosing spondylitis [7]. Etanercept is a fusion protein consisting of a Fc portion of immunoglobulin G linked to human TNF- $\alpha$  receptor with potent anti-inflammatory activities [8]. Etanercept could rapidly improve ankylosing spondylitis in a sustained manner [9–11].

Lyophilized etanercept is available as solution injection, prefilled syringe, and prefilled pens. Lyophilized Yisaipu, an etanercept biosimilar, was approved in 2005 by China Food and Drug Administration (CFDA) for rheumatoid arthritis and subsequently for ankylosing spondylitis. Prefilled syringe with liquid Yisaipu was later approved in China. In this multi-center phase III non-inferiority trial, we compared the efficacy and safety of prefilled liquid Yisaipu versus lyophilized Yisaipu in active ankylosing spondylitis patients.

# **METHODS**

## **Study Design and Patients**

This is a multi-center double-blind, phase III parallel-group trial with non-inferiority design. The trial was conducted between March 6, 2014 and July 13, 2015. Adult patients with active ankylosing spondylitis (18–65 years of age) were

eligible. Ankylosing spondylitis was diagnosed using the 1966 New York clinical criteria. Active ankylosing spondylitis was defined by the Bath Ankylosing Spondylitis Disease Activity Index  $(BASDAI) \ge 4$  on the visual analogue scale (VAS) and a VAS score > 4 for nocturnal back pain [12, 13]. Main inclusion criteria were (1) inadequate control despite treatment with NSAIDs and oral corticosteroids for > 4 weeks prior to randomization; (2) treatment with NSAIDs at stable doses for  $\geq 2$  weeks before randomization; (3) discontinuation of oral glucocorticoids for > 4 weeks and local glucocorticoids for > 12 weeks prior to randomization, or prednisone  $\leq 10 \text{ mg/day}$ or equivalent for > 4 weeks prior to randomization; (4) discontinuation of synthetic disease-modifying anti-rheumatic drugs (DMARDs) for  $\geq$  4 weeks before randomization, or DMARDs treatment at stable doses for  $\geq$  4 weeks before randomization. Main exclusion criteria were (1) clinical or radiographic evidence of complete spinal ankylosis (2) known allergy to human immunoglobulin or Yisaipu or its excipient; (3) inadequate control despite receipt of TNF antagonist therapy for  $\geq 3$  months; (4) current or a history of recurrent infections, or a serious liver, renal, hematologic, or neurologic disorder; (5) receipt of organ transplant within 6 months; (6) presence of other autoimmune disease; (7) receipt of herbal medicine, physiotherapy, inactivated or attenuated viral/bacterial vaccines, or intravenous immunoglobulins within 4 weeks; (7) receipt of other biological products or participation in other study drugs within 3 months; (8) pregnant or lactating women.

This study was funded by Sunshine Guojian Pharmaceutical Co., Shanghai, China, and approved by the State Food and Drug Administration of China (Permit No. 2013L01518). The study protocol adhered to the SPIRIT statement [14] and was approved by the ethics committee of all participating institutions (Appendix I). All study subjects provided written informed consent prior to enrollment. The trial is registered with Chinadrugtrials.org.cn (CTR20130124) and ClinicalTrials.gov (NCT04345458). The trial was conducted in accordance with the Declaration of Helsinki and the reporting of the study adhered to the CONSORT statement [15].

## Randomization

The study used block randomization. Patients were randomized in a 3:1:1 ratio in a block of five to receive twice-weekly 25-mg prefilled liquid Yisaipu for a total of 48 injections (group I, n = 330) or once-weekly 50-mg prefilled liquid Yisaipu for a total of 24 injections (group II. n = 110), or twice-weekly 25-mg lyophilized Yisaipu for a total of 48 injections (group III, n = 110). In addition, 90 patients in the PK/PD study were randomized in a 1:1:1 ratio in a block of three to each group. Both physicians and patients who received 25-mg twice-weekly lyophilized or liquid Yisaipu were blinded to treatment assignment while patients who received 5- mg once-weekly liquid Yisaipu received treatment in an open-label design.

## **Patient Assessment**

Assessment was made using the criteria by the Axial SpondyloArthritis international Society (ASAS) Ankylosing Spondylitis Working Group. ASAS20 was defined as an improvement of > 20% in at least three of the following four domains: (1) global VAS, (2) nocturnal back pain and total back pain VAS, (3) Bath AS Functional Index (BASFI) VAS, and (4) inflammation (intensity and duration of morning stiffness components from the BASDAI); an absolute improvement of at least one unit relative to baseline VAS score; no worsening in the remaining domain [16]. ASAS40 was defined as improvement of  $\geq 40\%$  in at least three of the four domains and an absolute improvement of  $\geq$  2 points versus baseline VAS scores and no worsening versus the baseline in the fourth domain. Partial remission was defined as VAS scores < 2 in each of the four domains. ASAS 5/ 6 was defined as an improvement of  $\geq 20\%$  in at least five of the following six domains: (1) Creactive protein (CRP), and (2) spinal mobility (scoliosis) in addition to the four above-mentioned domains. The Ankylosing Spondylitis Disease Activity Score (ASDAS)-CRP was calculated by using VAS scores from three BAS-DAI components, patient global assessment VAS, and CRP (mg/l) with the following equation:

ASDAS - CRP = 0.121 \* Back Pain $+ 0.06 \times Duration of Moring stiffness$  $+ 0.11 \times Patient Global$  $+ 0.073 \times Peripheral Pain/Swelling$  $+ 0.579 \times Ln(CRP + 1)$ 

change  $\geq 1.1$  units was considered А clinically important improvement and a change  $\geq 2.0$  units was deemed clinically major improvement. BASDAI 50 was defined as  $\geq 50\%$  improvement versus the baseline BASDAI. Poor efficacy was defined as active ankylosing spondylitis or failure to attain ASAS20 despite compliance strict with > 12 weeks of treatment as specified in the study protocol. Limitation of movement was assessed using Bath Ankylosing Spondylitis Metrology Index (BASMI), with higher BASMI scores indicating more severe limitation. The Maastricht Ankylosing Spondylitis Enthesitis Score (MASES) was used to assess enthesitis [17].

### **Outcome Measures**

Efficacy was evaluated at weeks 2, 4, 8, 12, 16, 20, and 24. Primary efficacy outcome was the proportion of patients achieving ASAS20 at week 24. Secondary efficacy outcomes included the proportion of patients achieving ASAS40, ASAS partial remission, ASAS 5/6, the ASDAS clinically important and major improvement and inactive disease, BASDAI 50, improvement in BASDAI, BASFI, and BASMI scores, MASES, nocturnal back pain and total back pain VAS, patient global assessment and physician global assessment, number of swollen joints and number of tender joints, and improvement in ESR and CRP at weeks 12 and 24.

### Safety Assessment

Routine laboratory tests (blood routine, urine routine, liver function, and kidney function) were conducted at weeks 2, 4, 8, 12, 16, 20, and

24. Chest radiograph and 12-lead ECG were recorded upon enrollment and at week 24. Adverse events (AEs), adverse reactions and changes in laboratory values were recorded at weeks 2, 4, 8, 12, 16, 20, and 24 and coded to a preferred term using the Medical Dictionary for Regulatory Activities (MedDRA). AEs were reviewed and determined from the medical history and laboratory findings or from telephone follow-up and graded on a scale derived from the Common Toxicity Criteria of the National Cancer Institute [18]. Safety events included AEs and severe adverse events (SAEs) from the first dose of the study drug. SAEs were defined according to ICH-GCP guidelines and included any untoward medical occurrence that resulted in death, was life-threatening, required hospitalization or prolongation of hospitalization, or caused significant or persistent disability or incapacity, or birth defects [19].

### **Statistical Analysis**

Assuming one-sided  $\alpha = 2.5\%$ ,  $\beta = 20\%$  and a dropout rate of at least 10%, 330 in group I, and 110 each in group II and III are needed.

Statistical analyses were performed using SAS version 9.1.3 (SAS Institute Inc., Cary, NC, USA). Analysis of efficacy followed the intention-to-treat (ITT) principle. For missing data, we used the last observation carried forward method for analysis. All patients with a baseline assessment and at least one post-baseline assessment were included in the full analysis set (FAS). The per protocol set (PPS) included patients who had completed the study follow up and efficacy assessment and without major protocol violations. Patients who received at least one treatment and were assessed for safety were included in the safety set. Categorical variables were described in frequency and percentage and compared with Chi-square test, Fisher's exact test. or Cochran-Mantel-Haenszel (CMH) test. Continuous variables were described in mean and standard deviation (SD), or median and quartiles (Q1, Q3) and compared with Student's t test or Wilcoxon signed sum test. The primary efficacy outcome was analyzed using CMH test that was controlled for baseline variables and center effects to establish 95% confidence interval (95% CI). The non-inferiority threshold ( $\Delta$ ) was set at -15% and non-inferiority was established if the lower limit of 95% CI was greater than the non-inferiority threshold.  $P \leq 0.025$  was considered statistically significant. In addition, the binary logistics regression analysis was also used to compare the difference of ASAS20 attainment at week 24 between groups controlled for center effects.

# RESULTS

## **Demographic and Baseline Characteristics**

A total of 792 patients were screened for eligibility (Fig. 1); 152 were excluded due to the following reasons: not meeting diagnostic criteria for active ankylosing spondylitis (n = 14), tuberculosis (n = 44), hepatitis B (n = 43), laboratory abnormalities (n = 25), lack of informed consent (n = 23), and others (n = 3). Finally, 640 patients (including 90 patients from the PK/ PD study) were randomized to receive twiceweekly 25-mg prefilled liquid Yisaipu (n = 360; group I), once-weekly 50-mg prefilled liquid Yisaipu (n = 140; group II), or twice-weekly 25-mg lyophilized Yisaipu (n = 140; group III). The FAS included 360 patients in group I, 140 patients in group II and 139 patients in group III. Thirty-seven patients dropped out of the study and were excluded from the PPS. The PPS included 336 patients in group I, 136 patients in group II, and 131 in group III. Majority of the patients (84.8%) were men and 85.0% of the patients were HLA-B27-positive (Table 1). All patients received medication for ankylosing spondylitis and 52.58% of the patients received combination therapy. The three groups were comparable in demographic and baseline variables.

## **Primary Efficacy Outcome**

At week 24, the proportion of patients who attained ASAS20 was 85.56% in group I, 85.71% in group II, and 83.45% in group III (group I vs. III, P = 0.545; group II vs. III, P = 0.605)



Fig. 1 The study flowchart

(Table 2). The difference in the rate of achieving ASAS20 between groups I and III was 2.10% (95% CI – 5.06%, 9.27%), meeting the non-inferiority threshold (P < 0.001). The difference in the ASAS20 attainment rate between groups II and III was 2.26% (95% CI – 6.21%, 10.73%) and the lower limit of 95% CI was greater than the non-inferiority threshold ( $\Delta = -15\%$ ). Logistic regression analysis also suggested no difference between groups II and III, and between groups II and III (Supplementary Table 1, 2). There was no significant center effect.

## Secondary Efficacy Outcomes

The ASAS40 attainment rate was 62.22% in group I, 60.00% in group II, and 60.43% in group III at week 12 (P > 0.05) and increased to 72.50% in group I, 72.86% in group II, and 71.94% in group III at week 24 (P > 0.05). The difference in the ASAS40 attainment rate between groups I and III was 1.79% (95% CI – 7.76%, 11.34%) at week 12 and 0.56% (95%CI – 8.22%, 9.34%) at week 24. The difference in the ASAS40 attainment rate between groups II and III was - 0.43% (95% CI – 11.92%,

11.05%) at week 12 and 0.91% (95% CI - 9.58%, 11.41%) at week 24. With an exception at week 8 (56.94% in group I vs. 46.76% in group III, P = 0.028), there was no difference between groups I and III (Fig. 2a). ASAS40 attainment rate at week 24 did not differ between groups II and III.

The ASAS partial remission rate was 32.22, 29.29, and 30.94% at week 12 in groups I, II, and III, respectively, and increased to 50.83, 45.00, and 49.64% at week 24, with no difference among the three groups (Fig. 2b). The ASAS 5/6 rate was 65.00% in group I, 66.43% in group II, and 57.55% in group III at week 12 and increased to 71.67% in group I, 77.86% in group II, and 67.63% in group III at week 24, with no difference among the three groups (Supplementary Fig. 1a). The ASAS clinically important improvement and major improvement also did not differ among the three groups (Figs. 1b, 2c).

The BASDAI 50 improvement rate was 57.31% in group I, 57.55% in group II, and 55.80% in group III at week 12 (P > 0.05) and increased to 76.01% in group I, 74.64% in group II, and 69.12% in group III at week 24 (P > 0.05). With the exception of higher rate in group I vs. group III (70.32 vs. 61.48%,

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	IIA	Group I	Group II	Group III	P (group I vs. III)	P (group II vs. III)
Age, years		$32.13 \pm 9.89$	$34.10 \pm 10.96$	$32.93 \pm 10.87$	0.4295*	0.3706*
Gender, $\varkappa$ (%)	542 (84.82)	$310 \ (86.11)$	120 (85.71)	112 (80.58)		
Male	542 (84.82)	310 (86.11)	120 (85.71)	112 (80.58)		
Female	97 (15.18)	50 (13.89)	20 (14.29)	27 (19.42)		
Ethnicities, $\varkappa$ (%)						
Han Chinese	621 (97.18)	352 (97.78)	136 (97.14)	133 (95.68)		
Minorities	18 (2.82)	8 (2.22)	4 (2.86)	6 (4.32)		
Body weight, kg		$66.69 \pm 12.79$	$66.88 \pm 11.57$	$66.18 \pm 12.05$	$0.6848^*$	0.6230*
Body height, cm		$170.32 \pm 7.30$	$169.74 \pm 7.64$	$170.49 \pm 7.28$	$0.8159^{*}$	0.4044*
HLA-B27, $n$ (%)						
Positive	543 (84.98)	313 (86.94)	118 (84.29)	112 (80.58)		
Negative	92 (14.40)	47 (13.06)	21 (15.00)	24 (17.27)		
Unknown	4 (0.63)	0 (0.00)	1 (0.71)	3 (2.16)		
Median duration of disease (Q1,Q3), months		60.00 (20.00, 108.00)	(68.00) (24.00, 108.00)	53.50 (23.00, 113.00)	0.6149*	0.5067#
AP radiograph of the sacroiliac joint, $n \ (\%$	()					
Normal	4 (0.63)	1 (0.28)	2(1.43)	1 (0.72)		
Abnormal	634 (99.22)	359 (99.72)	138 (98.57)	137 (98.56)		
Not done	1 (0.16)	0 (0.00)	0 (0.00)	1 (0.72)		
VAS score, median (Q1, Q3)		6.00 (5.00,7.00)	6.00 (5.00,7.25)	6.00 (5.00,7.00)	0.3657#	$0.0817^{\#}$
ASDAS, median (Q1, Q3)		3.53 $(3.00, 4.15)$	3.49 (3.07,4.15)	3.71 (3.05,4.13)	$0.3550^{*}$	$0.3947^{*}$
ASAS components						
PGA of disease activity, median (Q1,Q3)		6.00 (5.00,7.00)	6.00 (5.00,7.25)	6.00 (5.00,7.00)	$0.5713^{#}$	$0.1950^{*}$

Table 1 continued						
	All	Group I	Group II	Group III	P (group I vs. III)	P (group II vs. III)
PhGA of disease activity, median (Q1, Q3)		6.00 (5.00,7.00)	6.00 (5.00,7.00)	6.00 (5.00,7.00)	0.4311#	0.4412#
BASFI, median (Q1, Q3)		4.80 (2.90,6.18)	4.85 $(3.10, 6.10)$	4.70 $(1.90, 6.00)$	$0.2222^{\#}$	0.2714#
Inflammation, median (Q1, Q3)		5.50 (4.25,6.50)	5.50 (4.50,7.50)	5.50 (4.50,7.00)	0.5172#	$0.1611^{#}$
BASDAI, median (Q1, Q3)		5.60(4.80, 6.40)	5.80 (5.00,6.75)	5.60 (4.88,6.60)	$0.8516^{*}$	0.1973#
MASES, median (Q1, Q2)		$1.00\ (0.00, 3.00)$	$1.00\ (0.00, 4.00)$	1.00(0.00, 3.00)	$0.3230^{\#}$	0.1295*
Scoliosis score, median (Q1, Q3)		$1.00\ (0.00, 1.00)$	$1.00\ (0.00, 1.00)$	1.00(0.00, 1.00)	0.6672#	$0.1387^{\#}$
Number of swollen joints, median (Q1, Q3)		0.00 (0.00,0.00)	0.00 (0.00,0.00)	0.00 (0.00,0.00)	0.1524*	0.2982#
Number of tender joints, median (Q1, Q3)		0.00 (0.00,2.00)	0.00 (0.00,2.00)	0.00 (0.00,2.00)	0.3568#	0.2216#
BASMI		2.00(1.00,4.00)	3.00(1.00, 4.00)	2.00(1.00, 4.00)	0.7790*	0.5797#
CRP (mg/L), median (Q1, Q3)		12.43 (5.20,25.65)	11.45 (5.00,21.40)	15.30 (5.00,26.25)	0.2909#	0.0769#
ESR (m/h), median (Q1, Q3)		19.00(9.00, 44.00)	$16.00 \ (7.00, 34.00)$	23.00 (11.00, 44.00)	0.2546#	$0.0463^{*}$
Ankylosing spondylitis medication, $\varkappa$ (%)						
Ycs	640 (100.00)	360 (100.00)	140 (100.00)	140 (100.00)		
Combination therapy^						
NSAIDS		$360 \ (100.00)$	$140 \ (100.00)$	$140 \ (100.00)$		
Glucocorticoids		6 (1.67)	1 (0.71)	3 (2.14)		
DMARDS		153 (42.5)	54 (38.57)	71 (50.71)		
Others		36~(10)	16 (11.43)	12 (8.57)		
Comorbidities, $n$ (%)						
Yes	115 (18.00)	61 (16.94)	25 (17.86)	29 (20.86)		

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	IIV	Group I	Group II	Group III	P (group I vs. III)	P (group II vs. III)
History of surgery						
Yes	44 (6.89)	22 (6.11)	10 (7.14)	12 (8.63)		
<i>AP</i> anteroposterior; <i>ASAS</i> ax Spondylitis Disease Activity In protein; <i>DMARDS</i> disease mo	ial SpondyloArthritis in dex, <i>BASFI</i> Bath Ankylo difying anti-rheumatic d	ternational Society; ssing Spondylitis Fun rugs; ESR erythrocyt	ASDAS Ankylosing ctional Index; BASM. e sedimentation rate;	Spondylitis Disease . I Bath Ankylosing Sp HLA human leucocy	Activity Score; <i>BASD</i> , ondylitis Metrology In te antigen; <i>MASES</i> M.	<i>41</i> Bath Ankylosing dex; <i>CRP</i> C-reactive aastricht Ankylosing

Group I: twice weekly 25 mg prefilled liquid Yisaipu for totally 48 injections; group II: once weekly 50 mg prefilled liquid Yisaipu for totally 24 injections; group III: 25 mg twice weekly lyophilized Yisaipu for totally 48 injections Assessment of Disease Activity

Spondylitis Enthesitis Score; NSAIDS nonsteroidal anti-inflammatory drugs; PGA Patient Global Assessment of Disease Activity; PhGA Physician's Global

^Combination therapy was defined as the receipt of more than one medication for the treatment of ankylosing spondylitis

test 'Student t test; # rank sum

among the three groups (Fig. 2d). The median improvement in physical function (BASFI) at week 12 from baseline was significant in group I (2.10 (Q1, Q3 0.95, 3.40)), II (2.00 (Q1, Q3 0.95, 3.65)), and III (1.40 (Q1, Q3 0.40, 3.30)) (P < 0.001); the difference was significant between groups I and III (P = 0.018), but not between groups II and III (P > 0.05). The median improvement in BASFI at week 24 from baseline was significant in group I (2.79 (Q1, Q3) 1.50, 4.10)), II (2.63 (Q1, Q3 1.50, 4.00)) and III (2.20 (Q1, Q3 0.50, 4.00)) (P < 0.001); the difference was significant between the groups I and III (P = 0.023), but not between groups II and III (P > 0.05) (Fig. 2e). The median improvement in BASMI scores at week 12 from baseline was significant in group I (1.00 (Q1, Q3 0.00, 2.00)), II (1.00 (Q1, Q3 0.00, 2.00)), and III (1.00 (Q1, Q3 0.00, 2.00)) (P < 0.001), with no significant difference among the three groups (P > 0.05) (Fig. 2f). The median improvement in BASMI scores at week 24 from baseline was significant in group I (1.00 (Q1, Q3 0.00, 2.00), II (1.00 (Q1, Q3 0.00, 2.00)), and III (1.00 (Q1, Q3 (0.00, 2.00)) (*P* < 0.001) with no significant difference among the three groups (P > 0.05). There was a significant improvement in the patients' global assessments of disease activity at week 12 versus baseline in group I (median 3.00 (Q1, Q3 2.00, 5.00), II (median 3.00 (Q1, Q3 2.00, 5.00)), and III (median3.00 (Q1, Q3 2.00, 4.00)) (P < 0.001). A significant improvement was also observed in the patients' global assessments of disease activity at week 24 versus baseline for groups I, II, and III (P < 0.001). There was a steady improvement in the patients' as well as physicians' global assessments of disease activity throughout the study period (Supplementary Fig. 1c, d). Other secondary efficacy outcomes at week 24 are provided in Supplementary Table 3.

P = 0.029) at week 20, there was no difference

# Safety

The safety data set included 640 patients. No death occurred during the study period and no cancer cases were reported. The three groups did not differ in AEs, SAEs, adverse reactions and

Post treatment	Group I	Group II	Group III	P* (group I vs. III)	P* (group II vs. III)	Difference in ASAS 20 attainment rate [% (95% CI)] (group I vs. III)	Difference in ASAS 20 attainment rate [% (95% CI)] (group II vs. III)
Week 2	50.28	50.00	51.08	0.952	0.853	- 0.80 (- 10.59, 8.98)	- 1.08 (- 12.81, 10.65)
Week 4	66.94	65.71	60.43	0.186	0.328	6.51 (- 2.96, 15.98)	5.28 (- 6.03, 16.59)
Week 8	75.83	75.00	64.75	0.011*	0.056	11.09 (1.99, 20.18)	10.25 (- 0.45, 20.95)
Week 12	78.89	77.14	72.66	0.135	0.353	6.23 (- 2.30, 14.75)	4.48 (- 5.68, 14.64)
Week 16	82.50	78.57	78.42	0.294	0.981	4.08 (- 3.80, 11.97)	0.15 (- 9.49, 9.80)
Week 20	83.89	80.71	80.58	0.359	0.981	3.31 (- 4.28, 10.91)	0.14 (- 9.13, 9.41)
Week 24	85.56	85.71	83.45	0.545	0.605	2.10 (- 5.06, 9.27)	2.26 (- 6.21, 10.73)

Table 2 The ASAS 20 attainment rate of liquid Yisaipu versus lyophilized Yisaipu for active ankylosing spondylitis-FAS

Group I: twice-weekly 25 mg prefilled liquid Yisaipu for totally 48 injections; group II: once-weekly 50 mg prefilled liquid Yisaipu for totally 24 injections; group III: 25 mg twice-weekly lyophilized Yisaipu for totally 48 injections \*CMH test



**Fig. 2 a** ASAS40 attainment rate at weeks 2–24. **b** ASAS partial remission rate at weeks 2–24. **c** ASAS clinically important improvement rate at weeks 2–24. **d** BASDAI 50 improvement rate. **e** Improvement in BASFI scores at weeks 2–24 versus baseline. **f** Improvement in BASMI scores at weeks 2–24 versus baseline. *ASAS* Axial

SpondyloArthritis international Society; *BASDAI* Bath Ankylosing Spondylitis Disease Activity Index; *BASFI* Bath AS Functional Index; *BASMI* Bath Ankylosing Spondylitis Metrology Index

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	Group I			Group II			Group III		
	No. of incidences	No. of cases	Incidence rate (%)	No. of incidences	No. of cases	Incidence rate (%)	No. of incidences	No. of cases	Incidence rate (%)
AEs	427	208	57.78	185	77	55.00	151	74	52.86
Adverse reactions	334	182	50.56	129	71	50.71	109	60	42.86
SAEs	9	9	2.50	7	4	2.86	2	2	1.43
Serious adverse reactions	5	5	1.39	5	2	1.43	0	0	0.00
Important AEs	270	155	43.06	112	52	37.14	102	54	38.57
AEs causing termination	4	4	1.11	4	2	1.43	3	3	2.14
Adverse reactions causing termination	2	2	0.56	4	2	1.43	2	2	1.43

Table 3 Incidence of safety events in the study population

AE adverse event; SAE serious adverse event

Table 4	Adverse events	(AEs)	with a	n inciden.	ce of at	least
5%						

AEs	Group I	Group II	Group III
Upper respiratory tract infections	21.11	19.29	14.29
Elevated hepatic enzymes	15.56	14.29	12.86
Elevated alanine aminotransferase	6.11	7.86	3.57
Injection site reactions	6.11	5.71	2.86
Decreased leucocyte counts	5.00	5.00	5.00

serious adverse reactions, and AEs and adverse reactions that caused termination of treatment (Table 3). AEs with an incidence rate of  $\geq 5\%$  are shown in Table 4. The rate of upper respiratory tract infections was 21.11% in group I, 19.29% in group II, and 14.29% in group III. Elevations in hepatic enzymes occurred in 15.56% in group I, 14.29% in group II, and 12.86% in group III. Decreased leucocyte count

was seen in 5% of the patients in each group. Elevated alanine aminotransferase was seen in 6.11, 7.86, and 3.57% in groups I, II and III, respectively. Injection site reaction occurred in 6.11% in group I, 5.71% in group II, and 2.86% in group III. SAEs are described in Supplementary Table 4. Three cases of infections (one each for tuberculosis, infectious pneumonia, and anal abscess) were reported in group I; no infection was seen in groups II and III. Hemangioma was detected in one case in group II and myelodysplastic syndrome was observed in one case in group II. In addition, uveitis was reported in one (0.71%) patient in group III and none in the other two groups (P = 0.280). No cases of inflammatory bowel disease occurred.

## DISCUSSION

Current treatment guidelines recommend anti-TNF therapy for patients with active ankylosing spondylitis despite therapy with nonsteroidal anti-inflammatory drugs (NSAIDs) [7]. Etanercept has been shown to be safe and effective in Chinese ankylosing spondylitis patients [11].

Results from the current trial demonstrated that prefilled liquid etanercept-Yisaipu has a rapid onset of action with half of the patients achieving ASAS20 at week 2 and approximately 86% of the patients achieving ASAS20 at week 24 and twice-weekly 25-mg prefilled liquid Yisaipu for a total of 48 injections or onceweekly 50-mg prefilled liquid Yisaipu for a total of 24 injections are noninferior to twice-weekly 25-mg lyophilized Yisaipu for a total of 48 injections. Similar improvements were also observed with the secondary efficacy outcome ASAS40. Furthermore, approximately 86% of our patients achieved ASAS clinically important improvement and slightly more than half of the patients achieved ASAS clinically major improvement at week 24, suggesting that improvement in ASAS20 or ASAS40 is associated with clinical improvement in ankylosing spondylitis patients. Our ASAS20 attainment rate at week 24 (86%) is higher than that (57%) reported in a study of Caucasian ankylosing spondylitis patients who were treated with twice-weekly 25-mg prefilled liquid etanercept [20]. Chou et al. showed that Chinese ankylosing spondylitis patients showed a better shortterm response to etanercept compared to Caucasian ankylosing spondylitis patients [11].

The current study met all the secondary efficacy measures, showing that twice-weekly 25-mg prefilled liquid Yisaipu and once-weekly 50-mg prefilled liquid Yisaipu are noninferior to twice-weekly 25-mg lyophilized Yisaipu. We observed a rapid, robust, and sustained improvement in the patients' and physicians' global assessments of disease activity with approximately 70% improvement at week 24 in over the baseline in patients receiving twiceweekly 25-mg prefilled liquid Yisaipu, onceweekly 50-mg prefilled liquid Yisaipu, or twiceweekly 25-mg lyophilized Yisaipu, demonstrating that both prefilled liquid Yisaipu and lyophilized etanercept Yisaipu are beneficial in improving the overall health of active ankylosing spondylitis patients, which is consistent with previous findings [9]. Treatment with either prefilled liquid Yisaipu or lyophilized Yisaipu also significantly improved night back pain and total back pain in ankylosing spondylitis patients. Consistently, all the patients exhibited improvement in the number of swollen or tender joints. Significant improvement was also observed in BASMI, MASES, and inflammation (ESR and CRP), indicating that prefilled liquid Yisaipu and lyophilized Yisaipu could lessen disease activity, improve somatic function and spinal mobility of ankylosing spondylitis patients. Our earlier multi-center randomized clinical trial showed an ASAS20 attainment rate of 78% at week 12. which is comparable to the current 12-week rate of 78.89% for twice-weekly 25-mg prefilled liquid etanercept, 77.14% for once-weekly 50-mg prefilled liquid etanercept and 72.66% for twiceweekly 25-mg lyophilized etanercept [21]. Similar improvements were also noted in BASDAI, BASFI, and BASMI in the two studies.

The study also showed that both prefilled liquid Yisaipu and lyophilized Yisaipu were safe and well tolerated by Chinese ankylosing spondylitis patients. No death or malignancy was reported. Common AEs included upper respiratory infections, elevations in hepatic enzymes, injection site reaction, and decreased leucocyte counts, which is similar to earlier studies [22]; these AEs were mild or moderate and disappeared without treatment or after symptomatic treatment. Furthermore, there was no difference in the incidence of AEs between patients treated with prefilled liquid Yisaipu and those with lyophilized Yisaipu. Apart from the benign safety profile, it has been shown that prefilled syringes could also lead to significant annual cost savings in treatment of chronic diseases.

The study also has some limitations. First, the study enrolled Chinese patients and no other ethnicities were included; therefore, the findings may not be completely applicable to other ethnicities. In addition, the study was carried out in tertiary care centers across China and the findings may not be applicable to primary care settings.

# CONCLUSIONS

In conclusion, this randomized, double-blind, phase III parallel-group non-inferiority study demonstrates that once-weekly 50-mg or twice-

weekly 25-mg prefilled liquid etanerceptbiosimilar Yisaipu is safe and leads to rapid, significant, and sustained improvement in Chinese active ankylosing spondylitis patients and is noninferior to twice-weekly 25-mg lyophilized Yisaipu.

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*Compliance with Ethics Guidelines.* The study protocol adhered to the SPIRIT statement and was approved by the ethics committee of all participating institutions (Appendix I). All study subjects provided written informed consent prior to enrollment. The trial was conducted in accordance with the Declaration of

Helsinki and the reporting of the study adhered to the CONSORT statement.

*Data Availability.* The datasets generated during and/or analyzed during the current study are available from the corresponding author on reasonable request.

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