



# A note on estimating eddy diffusivity for oceanic double-diffusive convection

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## Abstract

In this note, we provide an overview of the theoretical, numerical, and observational studies focused on oceanic eddy diffusivity, with an emphasis on double-diffusive convection (DDC). DDC, when calculated using the turbulent kinetic energy (TKE) equation, produces a negative diffusion of density. A second-moment closure model shows that DDC is effective within a narrow range. Other parameterizations can use in the actual sea, but improvements are still needed. Mixing coefficients referring to mixing efficiency are key factors when distinguishing DDC from conventional turbulence. Here, we show that measurements involving the gradient Richardson number, the buoyancy Reynolds number, and density ratio play a crucial role in determining eddy diffusivity in the presence of DDC. Therefore, deployment of a microstructure profiler together with either an acoustic Doppler current profiler (ADCP), lowered ADCP, or electromagnetic current meter is essential when measuring eddy diffusivity in the ocean's interior.

**Keywords** Double-diffusive convection · Mixing coefficient · Mixing · Turbulence · Eddy diffusivity · Kinetic energy dissipation rate · Density ratio · Gradient Richardson number · Parameterization

## 1 Introduction

Microstructures resulting from conventional turbulence (CT) and double-diffusive convection (DDC) are among the many noteworthy physical processes occurring in the ocean. Although the rates of microstructure occurrence and their effects are gradually being revealed, more complete information about the occurrence of microstructures remains unknown. A better understanding of oceanic microstructures will provide value to multiple fields and may help in answering some outstanding questions in climatic modeling, water mass modification, and oceanic nutrient distribution processes.

CT and DDC are related to large-scale oceanic processes. For example, internal wave (IW) breaking can

produce significant amounts of turbulence (e.g., Polzin et al. 1997). DDC occurring at  $\sim 400$  db generates North Pacific Intermediate Water (Talley and Yun 2001) and leads to intrusions in the subsurface layer off the Sanriku Coast of Japan (e.g., Nagata 1970; Nagasaka et al. 1999). Taken together, studies on microscale mixing [ $\sim O(10^{-2})$  m] are strongly correlated with large-scale processes (e.g., meridional circulation:  $\sim O(10^3)$  m, intrusion and IWs:  $\sim O(10^2)$  m; Munk 1966; Bryan 1987; Gargett and Holloway 1992; Karl 1999). Nonetheless, the effects of DDC have been historically ignored in scientific study.

One reason why DDC has been ignored is the shortage of empirical knowledge typically obtained through observation. The opportunity for observations is limited because DDC is known to occur in areas such as shallow regions with commercial usage or in polar regions (e.g., Hirano et al. 2010). Moreover, limited ship time for observation and high cost of the microstructure profiler interrupt microstructure observations. Difficulties in handling microstructure data also exist. In addition, the areas surveyed for the detection of microstructures have incomplete coverage because the spatiotemporal scales of microscale

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processes are smaller than those detected by routine observations.

In order to compensate for the difficulties mentioned above, parameterizations of eddy diffusivities and kinetic energy dissipation rates have been developed using the conductivity temperature depth (CTD) profiler, lowered ADCP (LADCP), and other common oceanic instruments for hydrographic data collection. However, at its current state, the parameterization is not completely developed, because the methods are based on certain limitations. Nearly all of the parameterization concerns deal with shear-driven turbulence (CT), which is due to IWs. When the velocity shear is superior (Kunze 1990), DDC coexists with CT; nevertheless, DDC has been ignored in the parameterization. Parameterizations of DDC are carried out using laboratory experiments and direct numerical simulations (DNS). This means that a comparison focusing on DDC with microstructure data is still required. Therefore, a more precise parameterization is required for future microstructure studies.

The rest of this overview is structured as follows. We summarize previous studies on eddy diffusivity and present the results of DDC parameterization in oceanic turbulent mixing. DDC in the turbulent kinetic energy (TKE) equation is discussed in Sect. 2. Parameterization of eddy diffusivity using a second-moment closure (SMC) model is described in Sect. 3. Other types of DDC parameterizations in numerical simulations are described in Sects. 4 and 5. Key points regarding the eddy diffusivity estimation with measurement data are described in Sect. 6. Finally, concluding remarks are presented in Sect. 7. Details regarding the turbulent kinetic energy (TKE) equation, laboratory flux laws, SMC model, and relevant terminologies are presented in Appendices A–D, respectively.

## 2 Eddy diffusivity with turbulent kinetic energy equation and flux laws

DDC has two forms of convection: salt finger convection (SF) and diffusive convection (DC). DDC is characterized by the density ratio  $R_\rho = \alpha \frac{\partial \bar{T}}{\partial z} / \beta \frac{\partial \bar{S}}{\partial z}$ , which is the ratio of the background density gradient due to temperature to that due to salt, where  $\alpha$  and  $\beta$  are the expansion and contraction coefficients for heat and salt, respectively (Eq. 77).  $\frac{\partial \bar{T}}{\partial z}$  and  $\frac{\partial \bar{S}}{\partial z}$  represent the background temperature and salt gradients, respectively. Generally, SF is considered active when  $1 < R_\rho < 2$ , and DC is considered active when  $0.5 < R_\rho < 1$  (e.g., Inoue et al. 2007). When CT is weak and DDC is active, the density is transported downward because of the difference in molecular diffusivity for heat and salt;

therefore, the eddy diffusivities for salt  $K_S$ , heat  $K_T$ , and density  $K_\rho$  are not equal to one another (see Appendices A and B). This characteristic is unique to DDC.

Consider the steady-state TKE equation for SF without background velocity shear (refer to Eq. 67). The balance equation between the dissipation rate of the TKE  $\varepsilon$  (refer to kinetic energy dissipation rates) and the energy production via buoyancy flux  $J_b$  is as follows:

$$0 = \varepsilon + g \frac{\overline{\rho'w'}}{\bar{\rho}} = \varepsilon + J_b. \tag{1}$$

Thus,  $J_b$  should be negative for DDC. From Eq. (82), and under the Boussinesq approximation ( $\bar{\rho} = \rho_0$ ),  $J_b$  can be written as

$$J_b = g \frac{\overline{\rho'w'}}{\rho_0} = g \frac{F_\rho}{\rho_0} = g(\beta F_S - \alpha F_T) = g\beta F_S \left(1 - \frac{\alpha F_T}{\beta F_S}\right), \tag{2}$$

Then, Eq. (1) can be rewritten as

$$\varepsilon = -g\beta F_S \left(1 - \frac{\alpha F_T}{\beta F_S}\right) = -g\beta F_S (1 - \gamma^{\text{SF}}), \tag{3}$$

where  $\gamma^{\text{SF}}$  is the density flux ratio due to SF (see Appendix B). Here, the square of buoyancy frequency  $N$  is described as

$$N^2 = -\frac{g}{\rho_0} \frac{\partial \bar{\rho}}{\partial z} = g\alpha \frac{\partial \bar{T}}{\partial z} - g\beta \frac{\partial \bar{S}}{\partial z} = -g\beta \frac{\partial \bar{S}}{\partial z} (1 - R_\rho). \tag{4}$$

From the definition of  $K_S$  and  $K_T$  in DDC (Eq. 101) with Eq. 4, we obtain an expression for the vertical eddy diffusivity of salt for SF  $K_S^{\text{SF}}$ :

$$K_S^{\text{SF}} = \frac{R_\rho - 1}{1 - \gamma^{\text{SF}}} \frac{\varepsilon}{N^2}. \tag{5}$$

From the definition of  $R_\rho$ , the vertical eddy diffusivity of heat for SF  $K_T^{\text{SF}}$  is given by:

$$K_T^{\text{SF}} = \frac{\gamma^{\text{SF}}}{R_\rho} K_S^{\text{SF}} = \frac{\gamma^{\text{SF}}(R_\rho - 1)}{R_\rho(1 - \gamma^{\text{SF}})} \frac{\varepsilon}{N^2}. \tag{6}$$

Rewriting Eq. (82) as Eq. (7), the vertical eddy diffusivity of the density of SF  $K_\rho^{\text{SF}}$  can be written as Eq. (8):

$$-K_\rho \frac{g}{\rho_0} \frac{\partial \bar{\rho}}{\partial z} = g\alpha K_T \frac{\partial \bar{T}}{\partial z} - g\beta K_S \frac{\partial \bar{S}}{\partial z} \tag{7}$$

$$K_\rho^{\text{SF}} = \frac{K_T^{\text{SF}} R_\rho - K_S^{\text{SF}}}{R_\rho - 1} \tag{8}$$

From Eqs. (5, 6, 7, and 8), we have

$$K_\rho^{\text{SF}} = -\frac{\varepsilon}{N^2} < 0. \tag{9}$$

Eddy diffusivities for DC ( $K_S^{\text{DC}}$ ,  $K_T^{\text{DC}}$ , and  $K_\rho^{\text{DC}}$ ) are obtained in the same way:

$$K_S^{DC} = \gamma^{DC} R_\rho K_T = \frac{\gamma^{DC} (1 - R_\rho) \varepsilon}{(1 - \gamma^{DC}) N^2} \tag{10}$$

$$K_T^{DC} = \frac{(1 - R_\rho) \varepsilon}{R_\rho (1 - \gamma^{DC}) N^2}, \tag{11}$$

$$K_\rho^{DC} = \frac{K_T^{DC} R_\rho - K_S^{DC}}{R_\rho - 1} = -\frac{\varepsilon}{N^2} < 0. \tag{12}$$

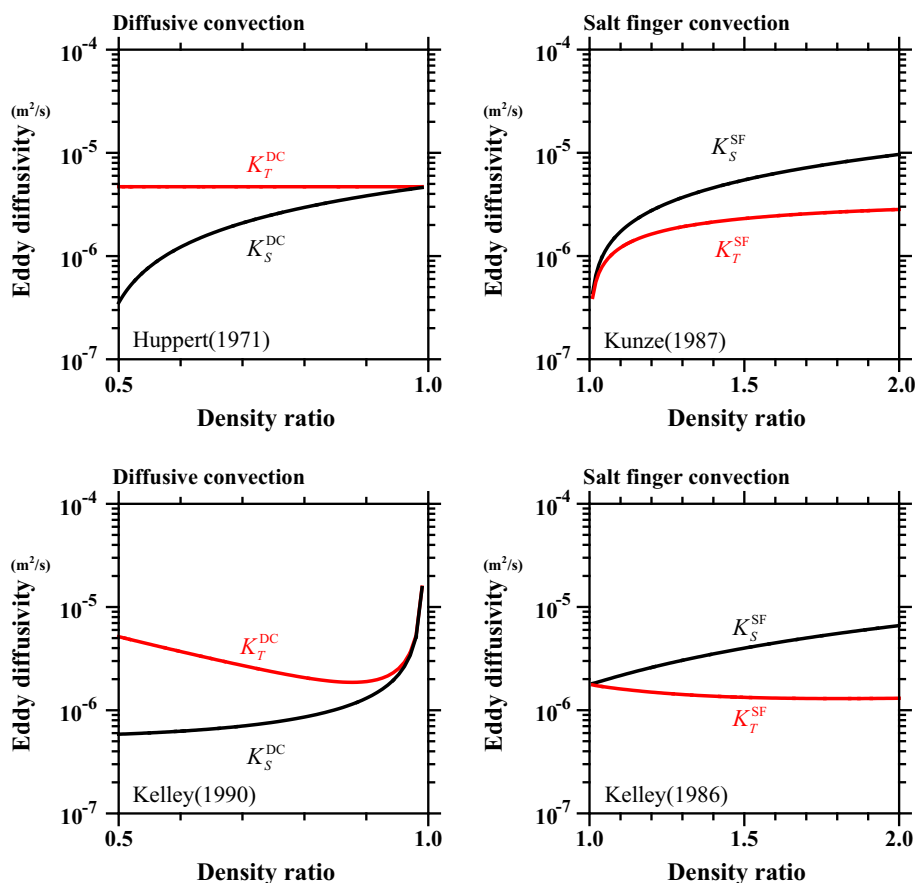
Note that  $K_\rho$  is negative in the presence of DDC, indicating that DDC reduces the potential energy of the system and intensifies density stratification. Using the flux laws created by Huppert (1971, Eq. 102), Kunze (1987, Eq. 93), and Kelley (1986, Eq. 94, Kelley 1990, Eq. 103), variations of the eddy diffusivity in DDC with inactive CT (taking  $\varepsilon = 10^{-10} \text{ W kg}^{-1}$  and  $N = 5.2 \times 10^{-3}$ ) are shown in Fig. 1.  $K_S^{SF}$  and  $K_T^{SF}$  take large values with active SF ( $1 < R_\rho < 2$ ).  $K_S^{DC}$  and  $K_T^{DC}$  take large values with active DC ( $0.5 < R_\rho < 1$ ). The validity of this range will be confirmed in the next section.

### 3 DDC in SMC

When estimating the eddy diffusivity in the presence of DDC, the effect of velocity shear has been traditionally ignored. Linden (1974) experimentally showed that three-dimensional SF in the steady shear flow aligned with the velocity shear to form two-dimensional sheets, and with the resultant vertical transports of salt and heat remaining unchanged. However, Kunze (1990) analyzed C-SALT data and confirmed that oceanic SF should take the form of two-dimensional sheets due to velocity shear, leading to a reduction in the vertical buoyancy flux of SF. Wells et al. (2001) numerically and experimentally investigated the structure of SF in the presence of periodic shear flow, with the results revealing a reduced vertical buoyancy flux of SF. Therefore, we cannot neglect the shear effects on DDC.

For investigating the effect of shear on both DDC and CT, SMC was employed by Canuto et al. (2008), Kantha and Carniel (2009), and Kantha (2012). In this review, we follow the approach used in Kantha et al. (2011) and Kantha (2012), including the variances of both temperature and salinity in the steady-state energy equation (Eq. 79). The turbulent timescale  $\tau$  is introduced as

**Fig. 1** Eddy diffusivities calculated from flux laws created by Huppert (1971); Kunze (1987) and Kelley (1986, 1990), taking  $\varepsilon = 10^{-10} \text{ W kg}^{-1}$  and  $N = 5.2 \times 10^{-3} \text{ s}^{-1}$  (mode values for both quantities obtained in NATRE, Gregg 1989)



$$\tau = B_1 \frac{\ell}{q} = \frac{q^2}{\varepsilon} = \frac{2K}{\varepsilon}, \tag{13}$$

where  $B_1$  is the coefficient for the turbulent timescale,  $q$  is the turbulence velocity scale,  $\ell$  is the turbulence length scale, and  $K$  is the TKE ( $= q^2/2$ ). The second-moment terms of transport for heat  $\overline{w'T'}$ , salt  $\overline{w'S'}$ , and momentum  $\overline{u'w'}$  are parameterized in Eqs. (80, 81 and 88) (the first-order closure), and the structure functions for the salt  $S_S$ , heat  $S_T$ , density  $S_\rho$ , and momentum  $S_v$  are introduced with the eddy diffusivity for salt  $K_S$ , temperature  $K_T$ , density  $K_\rho$ , and momentum  $K_v$ , defined as:

$$K_S = K\tau S_S \tag{14}$$

$$K_T = K\tau S_T \tag{15}$$

$$K_\rho = K\tau S_\rho \tag{16}$$

$$K_v = K\tau S_v \tag{17}$$

From Eq. (8) or Eq. (12), relations among  $S_S$ ,  $S_T$ , and  $S_\rho$  can be obtained:

$$S_\rho = \frac{R_\rho S_T - S_S}{R_\rho - 1}. \tag{18}$$

This model is described in Appendix C. After a series of manipulations involving Eqs. (52, 71, and 72) using Eqs. (105, 106, 107, 108, 109, 110, 111, and 112), one can obtain the relations between the structure functions in the DDC as functions of the gradient Richardson number  $R_i$ , defined as Eq. (90),  $R_\rho$  and  $N$ :

$$\tau^2 N^2 \frac{R_\rho}{(R_\rho - 1)} \left[ S_v \frac{(R_\rho - 1)}{R_\rho R_i} - \left( S_T - \frac{S_S}{R_\rho} \right) \right] = 2. \tag{19}$$

Introduce the non-dimensional numbers,  $G_T$  and  $G_v$  such that

$$G_T = \tau^2 N^2, \tag{20}$$

$$G_v = \tau^2 \left( \frac{\partial \bar{u}}{\partial z} \right)^2. \tag{21}$$

Using Eqs. (20 and 21), we have the ratio between  $G_T$  and  $G_v$  as follows

$$\frac{G_T}{G_v} = \frac{N^2}{\left( \frac{\partial \bar{u}}{\partial z} \right)^2} = R_i \tag{22}$$

Using Eq. (22), Eq. (19) can be written as

$$S_v G_v - \frac{G_T R_\rho}{(R_\rho - 1)} \left( S_T - \frac{S_S}{R_\rho} \right) = 2 \tag{23}$$

From Eqs. (13, 14, 15, 16, 17, 18, and 20), Eq. (23) becomes:

$$\frac{K_v}{R_i} - \frac{K_T R_\rho - K_S}{R_\rho - 1} = \frac{\varepsilon}{N^2}. \tag{24}$$

When shear is ignored ( $R_i \gg 1$ , DDC only), Eq. (23) is reduced to

$$S_S G_T - R_\rho S_T G_T = 2(R_\rho - 1). \tag{25}$$

In this case, Eq. (24) becomes equivalent to Eqs. (8 and 12). Thus, negative diffusion of density is obtained.

Kantha (2012) obtained the density flux ratio as a function of  $R_\rho$  such that

$$\gamma = \frac{R_\rho \left\{ \lambda_9 + \left[ \lambda_{11} \left( \frac{1}{R_\rho} + 1 \right) - \lambda_{10} \frac{1}{R_\rho} \right] C_{SMC} \right\}}{\left\{ \lambda_5 + \left[ \lambda_8 - \lambda_{11} \left( \frac{1}{R_\rho} + 1 \right) \right] C_{SMC} \right\}}, \tag{26}$$

and obtained relations among the structure functions for DDC without shear for SF:

$$S_T = \frac{2\gamma^{SF}}{C_{SMC}(1 - \gamma^{SF})}, \tag{27}$$

$$S_S = \frac{R_\rho}{\gamma^{SF}} S_T, \tag{28}$$

$$S_\rho = -\frac{R_\rho(1 - \gamma^{SF})}{\gamma^{SF}(R_\rho - 1)} S_T, \tag{29}$$

and for DC:

$$S_T = -\frac{2}{C_{SMC}(1 - \gamma^{DC})}, \tag{30}$$

$$S_S = R_\rho \gamma^{DC} S_T, \tag{31}$$

$$S_\rho = -\frac{R_\rho(1 - \gamma^{DC})}{1 - R_\rho} S_T. \tag{32}$$

$C_{SMC}$  is a parameter to be determined. Here, we have used  $\gamma$  obtained by Kelley (1986, Eq. 94 for SF and Eq. 103 for DC) on the left-hand side of Eq. 26 to calculate  $C_{SMC}$ , and then to calculate the structure functions (Eqs. 27, 28, 29, 30, 31, 32, Fig. 2).  $S_S$  and  $S_T$  steeply increased as  $R_\rho$  approached unity, which means that mixing due to DDC was intensified. Negative  $S_\rho$  for both SF and DC implies negative diffusion of density. These functions indicate that the effect of DDC is certainly important but is restricted to a narrow range of  $R_\rho$  (0.8 ~ 1.2). This point should be investigated in greater detail in future modeling studies.

SMC theories continue to be developed; however, there is difficulty when it comes to observational usage. Therefore, other parameterizations, which are mentioned in Sects. 3 and 4, have been proposed.

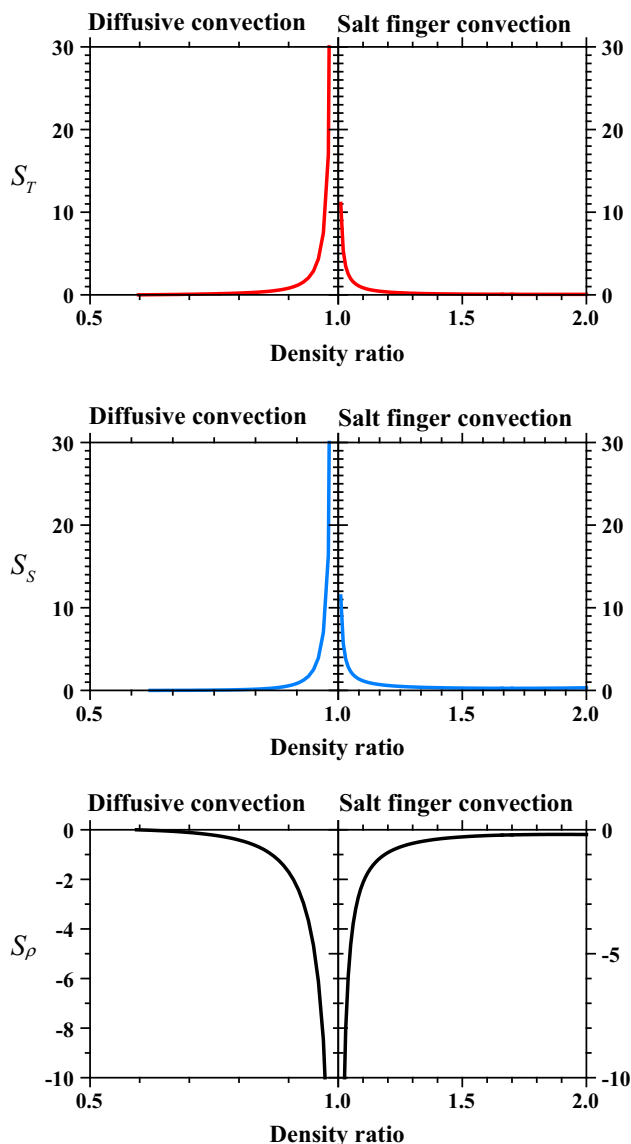


Fig. 2 Dependence of structure functions for (top) heat  $S_T$ , (middle) salt  $S_S$ , and (bottom) density  $S_\rho$  on  $R_\rho$

### 4 K-profile parameterization with DDC

Large et al. (1994) simulated meridional ocean circulation (MOC) using K-profile parameterization (KPP) and considered three different mechanisms that contribute to eddy diffusivity, namely vertical shear instability, IW breaking, and DDC, providing a linear combination for eddy diffusivity:  $K_\rho = K_\rho^{\text{Shear}} + K_\rho^{\text{IW}} + K_\rho^{\text{DDC}}$ . When active SF occurred ( $1 < R_\rho < 1.9$ ), they used a constant value of 0.7 for  $\gamma^{\text{SF}}$ , describing  $K_S^{\text{SF}}$  and  $K_T^{\text{SF}}$  as

$$K_S^{\text{SF}} = \left[ 1 - \left( \frac{R_\rho - 1}{0.9} \right)^2 \right]^3 \times 10^{-3}, \tag{33}$$

$$K_T^{\text{SF}} = \frac{\gamma^{\text{SF}}}{R_\rho} K_S^{\text{SF}}. \tag{34}$$

When  $R_\rho$  was greater than 1.9,  $K_S^{\text{SF}} = 0$ . In the case of active DC ( $0.5 < R_\rho < 1$ ),  $K_T^{\text{DC}}$  is calculated using  $\gamma^{\text{DC}}$  as proposed by Marmorino and Caldwell (1976) and  $K_S^{\text{DC}}$  as proposed by Huppert (1971, Eq. 102):

$$K_T^{\text{DC}} = 0.909 \times 1.5 \times 10^{-6} \exp \left[ 4.6 \exp \left( -0.54 \left( R_\rho^{-1} - 1 \right) \right) \right], \tag{35}$$

$$K_S^{\text{DC}} = (1.85 - 0.85 R_\rho^{-1}) R_\rho K_T^{\text{DC}}. \tag{36}$$

If  $R_\rho$  was less than 0.5,

$$K_S^{\text{DC}} = 0.15 R_\rho K_T^{\text{DC}}. \tag{37}$$

Zhang et al. (1998) also simulated the MOC using a parameterization considering DDC effects. They defined the background diffusivity as  $K_b = 3 \times 10^{-5} \text{ m}^2/\text{s}$  and parameterized SF and DC eddy diffusivity. When SF occurred, they used a constant value of 0.7 for  $\gamma^{\text{SF}}$  and described  $K_S^{\text{SF}}$  and  $K_T^{\text{SF}}$  as

$$K_S^{\text{SF}} = \frac{1 \times 10^{-4}}{1 + \left( \frac{R_\rho}{1.6} \right)^6} + K_b, \tag{38}$$

$$K_T^{\text{SF}} = \frac{\gamma^{\text{SF}}}{R_\rho} (K_S^{\text{SF}} - K_b) + K_b. \tag{39}$$

When DC occurred, they used the  $\gamma^{\text{DC}}$  presented by Kelley (1984), wherein the molecular heat diffusivity  $k_T = 1.5 \times 10^{-7} \text{ m}^2 \text{ s}^{-1}$ , and they described  $K_S^{\text{DC}}$  and  $K_T^{\text{DC}}$  as

$$K_S^{\text{DC}} = R_\rho \gamma^{\text{DC}} (K_T^{\text{DC}} - K_b) + K_b, \tag{40}$$

$$K_T^{\text{DC}} = 0.0032 \exp \left( 4.8 R_\rho^{0.72} \right) \cdot \left( 0.25 \times 10^9 R_\rho^{-1.1} \right)^{1/3} \cdot k_T + K_b. \tag{41}$$

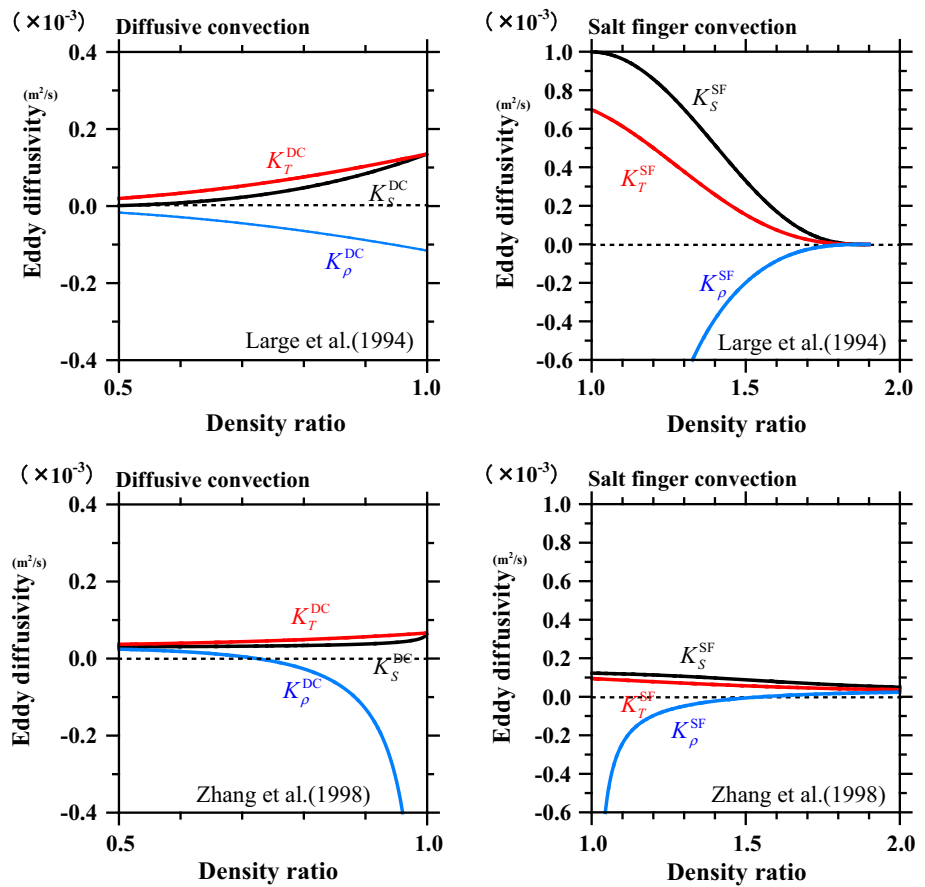
For both treatments,  $K_\rho^{\text{DDC}}$  is taken as

$$K_\rho^{\text{DDC}} = \frac{K_T^{\text{DDC}} R_\rho - K_S^{\text{DDC}}}{R_\rho - 1}. \tag{42}$$

A calculation of the eddy diffusivities in the range of  $0.5 < R_\rho < 2$  is shown in Fig. 3.

The parameterization set by Zhang et al. (1998) has smaller values than that of Large et al. (1994). However, the absolute diffusivity values in both parameterizations increase as  $R_\rho$  approaches unity. When  $R_\rho$  becomes smaller than 1.7,  $K_\rho^{\text{SF}}$  becomes negative. The notable difference between Zhang et al. (1998) and Large et al. (1994) is the behavior around  $R_\rho = 1$ . Both  $K_\rho^{\text{SF}}$  diverge negatively, but Large et al. (1994)'s  $K_\rho^{\text{SF}}$  rapidly diverges because of the relatively large differences between  $K_S^{\text{SF}}$  and  $K_T^{\text{SF}}$ . As for

**Fig. 3** Eddy diffusivities employed for numerical simulations by Large et al. (1994) and Zhang et al. (1998)



$K_\rho^{DC}$ , when we take the limit of  $K_\rho^{DC}$  as  $R_\rho$  approaches unity,  $K_\rho^{DC}$  diverges negatively for Zhang et al. (1998) while becoming nearly constant for Large et al. (1994).

Merryfield et al. (1999) used parameterization similar to that of Zhang et al. (1998), which changed the background diffusivity. Following studies by following Gargett (1984) and Gargett and Holloway (1984), they defined the background diffusivity as proportional to  $N^{-1}$ , and found that relatively minor changes occurred in the global circulation (mass transport) even when DDC was present. Nevertheless, there were substantial changes in the local temperature and salt distributions: the lower layer became saltier because of the efficient salt transport resulting from SF. Inoue et al. (2007) analyzed turbulence data observed in a perturbed region off Sanriku Coast, Japan, and compared their observed diffusivity values with those of Zhang et al. (1998, Eqs. 38, 39, and 40). This comparison showed a fairly good agreement for SF, but not for DC.

### 5 Direct numerical simulation of DDC

Recent developments in computer power have enabled us to conduct DNS of DDC. Such studies have the advantage of directly estimating the vertical fluxes and diffusivities. Kimura et al. (2011) conducted DNS at low  $R_\rho$  ( $< 2.0$ , active SF). The study showed that when SF develops, both  $K_S^{SF}$  and  $K_T^{SF}$  increase as  $R_i$  increases, which is an unexpected result. In typical cases, a shear instability (energy source) should be inactive as  $R_i$  increases, with both  $K_S^{SF}$  and  $K_T^{SF}$  increasing as  $R_\rho$  decreases. This result agrees with previous theoretical, observational, and situational estimations. The result follows the functional dependency of diffusivity on  $R_i$  and  $R_\rho$ :

$$K_S^{SF} = 4.38 \times 10^{-5} R_\rho^{-2.7} R_i^{0.17}, \tag{43}$$

$$K_T^{SF} = 3.07 \times 10^{-5} R_\rho^{-4.0} R_i^{0.17}. \tag{44}$$

This parameterization was verified and improved by Nakano et al. (2014), who analyzed the microstructure and CTD/LADCP results in the perturbed region off the Sanriku Coast, Japan, and western North Pacific Ocean. They also employed the buoyancy Reynolds number  $R_{eb}$  and  $R_i$  (both at 10 m scale) as the distinguishing parameters

between CT and DDC. They obtained the following new relationship between  $R_{eb}$  and  $R_i$ :

$$R_{eb} = 19.5R_i^{-1.03}. \tag{45}$$

From this relation, we can obtain critical values for  $R_{eb}$  from  $R_i$  such that:

$$(R_{eb}, R_i) = (80, 0.25), (20, 1).$$

The value of  $R_i = 1$  is the stability criterion of the water column, and if  $R_i < 0.25$ , the water column can become unstable and turbulent. Therefore, values of  $R_{eb} = 20$  and  $80$  corresponding to  $R_i$ , which indicate that  $R_{eb} < 80$  and  $R_i > 0.25$ , are suitable as criteria for the onset of DDC. Taking into account this criteria, Nakano et al. (2014) applied a DNS parameterization of diffusivity as the functions of  $R_i$  and  $R_\rho$  (Kimura et al. 2011, Eqs. 43 and 44), improving their functional dependency using the following equations:

$$\left. \begin{aligned} K_S^{SF} &= 9.35 \times 10^{-5} R_\rho^{-2.7} R_i^{0.17} \\ K_T^{SF} &= 7.61 \times 10^{-5} R_\rho^{-2.7} R_i^{0.17} \end{aligned} \right\}, R_i > 0.25 (R_{eb} < 80). \tag{46}$$

The estimated average diffusivities of salt and heat are  $2.2 \times 10^{-5} \text{ m}^2/\text{s}$  and  $3.5 \times 10^{-5} \text{ m}^2/\text{s}$  ( $R_\rho = 1.25$ ), and  $3.5 \times 10^{-5} \text{ m}^2/\text{s}$  and  $1.1 \times 10^{-4} \text{ m}^2/\text{s}$  ( $R_\rho = 1.75$ ), respectively. It was considered that the difference in coefficients between DNS (Eqs. 43, 44) and observation (Eq. 46) was caused by vertical scale difference.

Radko and Smith (2012) conducted fine-grid simulations and non-dimensional analyses of typical SF width and length scales at  $R_\rho = 1.9$ . They produced vertically aligned fingers disturbed by a secondary instability. In their calculations, fluxes become almost constant after a secondary instability became comparable to the elevator mode. They obtained  $\gamma$  as a function of  $R_\rho$ , which agrees fairly well with the laboratory prediction:

$$F_S^{SF} = \frac{135.7}{\sqrt{R_\rho - 1}} - 62.75, \tag{47}$$

$$\gamma^{SF} = 2.709 \exp(-2.513R_\rho) + 0.5128, \tag{48}$$

$$F_T^{SF} = \gamma^{SF} F_S^{SF}. \tag{49}$$

As mentioned above, although parameterizations will continue to be refined with increasing computer machine power, verification of parameterization with observational data is still required.

## 6 Key points of eddy diffusivity estimation with measurement data

### 6.1 Mixing coefficients and distinguishing DDC from CT

Most microstructure observations aimed at evaluating eddy diffusivity in the presence of DDC have been based on observations of the dissipation rate of temperature variance  $\chi_T$  (and thus,  $K_T$  estimation by Eq. 86) and mixing efficiency  $\Gamma$ .

To elucidate the effects of microstructures, eddy diffusivity of density for CT generated by shear  $K_\rho^{CT}$  is parameterized as follows:

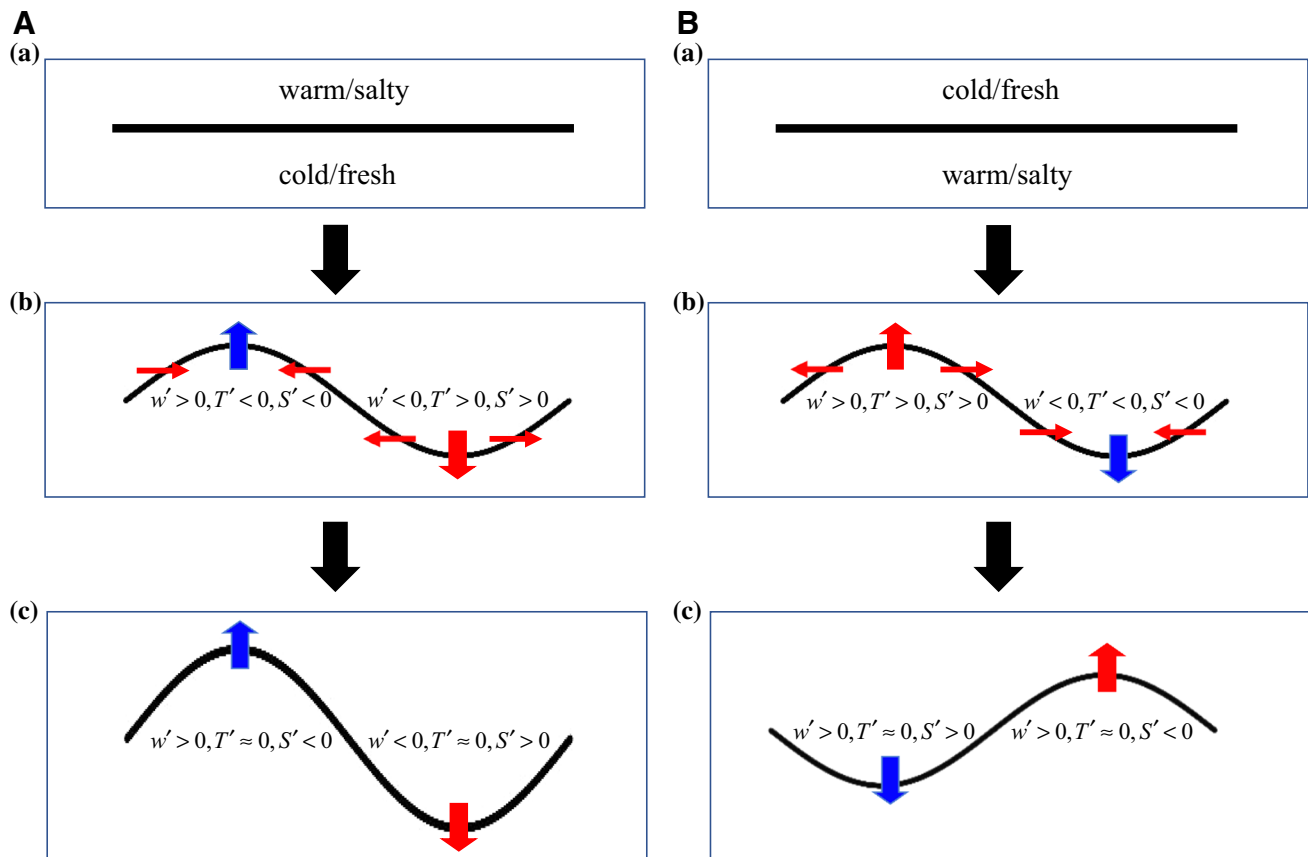
$$K_\rho^{CT} = \Gamma^{CT} \frac{\varepsilon}{N^2}, \tag{50}$$

where  $\Gamma^{CT}$  is the mixing coefficient for CT, which can be regarded as the mixing efficiency. A detailed derivation of Eq. (50) is presented in Appendix A.  $\Gamma^{CT}$  is the result of the observed values of  $\varepsilon$ ,  $\chi_T$ , density stratification, and temperature stratification (see Eq. 86), but  $\Gamma^{CT}$  has been considered to have a constant value of 0.2 or 0.25 (e.g., Osborn 1980; Oakey 1982). Thus,  $K_\rho^{CT}$  is calculated using  $\varepsilon$  and  $N$ . However, the results discussed in the previous studies cast doubt on the validity of using a constant value for  $\Gamma^{CT}$  ( $= 0.2$ ) when estimating the eddy diffusivity in the presence of DDC.

When estimating eddy diffusivity in the presence of DDC, non-dimensional parameters, such as  $R_\rho$ , and  $R_i$  measured by the vertical velocity shear  $\frac{\partial \bar{u}}{\partial z}$ ,  $N$  and  $R_{eb}$  (see Eq. 92) have been used to distinguish between CT and DDC. Also, the value of  $\Gamma$  for DDC ( $\Gamma^{DDC}$ ) is a key factor in distinguishing DDC from CT. The definition of  $\Gamma^{DDC}$  is the same as  $\Gamma^{CT}$  via observation (right-hand side of Eq. 86):

$$\Gamma^{DDC} = \frac{\chi_T N^2}{2\varepsilon \left(\frac{\partial \bar{T}}{\partial z}\right)^2}. \tag{51}$$

Historically,  $\Gamma^{DDC}$  has been investigated separately from SF ( $\Gamma^{SF}$ ) or DC ( $\Gamma^{DC}$ ). St. Laurent and Schmitt (1999) surveyed the distributions of  $\Gamma^{SF}$  and  $\Gamma^{DC}$  with  $R_\rho$  and  $R_i$  and found that  $\Gamma^{SF}$  and  $\Gamma^{DC}$  increased substantially because of DDC. This is one of the current key issues in microstructure studies (e.g., de Lavergne et al. 2016). This is readily understood because DDC can efficiently diffuse temperature fluctuations and create a large diffusion of temperature (Fig. 4). Inoue et al. (2007) proposed that DDC is effective in mixing when  $R_{eb} < 20$  in the perturbed region. Inoue et al. (2008) revisited North Atlantic Tracer Release Experiment (NATRE) data, adding the  $R_i$  criterion to restrict their attention to cases when CT was not active



**Fig. 4** **a** Occurrence of diffusive convection. (a) Initially warm/salty layer is above, and the cold/fresh layer is below. The separating interface is initially at rest. (b) The interface becomes unstable because of differences in molecular diffusivity of heat and salt ( $k_T \approx 100k_S$ ). The upward portion of the lower layer ( $w' > 0$ , vertical blue arrow) has both negative temperature and salt anomalies due to a surrounding warm and salty layer ( $T' < 0$  and  $S' < 0$ ). The downward portion ( $w' < 0$ , vertical red arrow) has positive temperature and salt anomalies due to a surrounding cold fresh layer ( $T' > 0$  and  $S' > 0$ ). Lateral molecular diffusion of heat is greater than that of salt. Therefore, the upward portion is warmed and the downward portion is cooled. (c) Consequently, the upward portion attains a positive buoyancy force and keeps ascending upward (vertical blue arrow), whereas the downward portion attains a negative buoyancy force, causing its descent downward (vertical red arrow). The motions are aligned horizontally to form a salt finger cell. **b** Occurrence of diffusive convection. (a) Initially, cold/fresh layer is above, and the

warm/salty layer is below. The separating interface is initially at rest. (b) The interface becomes unstable to be wavy because of differences in molecular diffusivity of heat and salt ( $k_T \approx 100k_S$ ). The upward portion from the lower layer ( $w' > 0$ , vertical red arrow) has positive temperature and salt anomalies from a surrounding cold and fresh layer ( $T' > 0$  and  $S' > 0$ ). The negative portion from the lower layer ( $w' < 0$ , vertical blue arrow) has negative temperature and salt anomalies from a surrounding warm and salty layer ( $T' < 0$  and  $S' < 0$ ). Lateral molecular diffusion of heat is greater than that of salt. Therefore, the upward portion is cooled and the downward portion is warmed. (c) Consequently, the upward portion receives negative buoyancy force and descends downward (vertical blue arrow), whereas the downward portion obtains positive buoyancy force and ascends upward (vertical red arrow). These upward and downward portions lose or gain heat repeatedly from the surrounding water. These upward and downward motions repeat to produce mixed layers separated by the interface to form a clear diffusive interface

( $R_i > 0.25$  and  $R_{eb} < 20$ ). They found that  $\Gamma^{\text{SF}}$  decreased when  $R_p$  increased:

$$(\Gamma^{\text{SF}}, R_p) = (1.0, 1.3), (0.6, 1.9),$$

$$(\Gamma^{\text{SF}}, R_i) = (0.6, 0.4), (0.9, 1.0), (1.3, 10).$$

Nakano (2016) analyzed the TurboMAP and CTD/LADCP data at 10 m scale and surveyed  $\Gamma^{\text{DDC}}$  for wide ranges in  $R_i$  and  $R_{eb}$  values, showing that  $\Gamma^{\text{DDC}}$  became large as  $R_i$  increased and  $R_{eb}$  decreased (Fig. 5, also see Eq. 45). Large values of  $\Gamma^{\text{DDC}}$  apparently stem from the large values of  $\chi_T$  (Eq. 75) in DDC. Previous investigations

cited above also showed low  $\varepsilon$  and high  $\chi_T$  values in DDC layers, resulting in large values of  $\Gamma^{\text{DDC}}$ . The observed values of  $\Gamma$  are summarized in Table 1. Taken together, it is certain that  $\Gamma^{\text{DDC}}$  takes a large value. Thus, in evaluating the eddy diffusivity in the presence of DDC, the use of  $\Gamma^{\text{CT}}$  ( $\sim 0.2$ ) should be avoided.

## 6.2 Practical eddy diffusivity estimation

St. Laurent and Schmitt (1999) calculated  $K_T$  (as shown in Table 2 together with other estimations). They separated



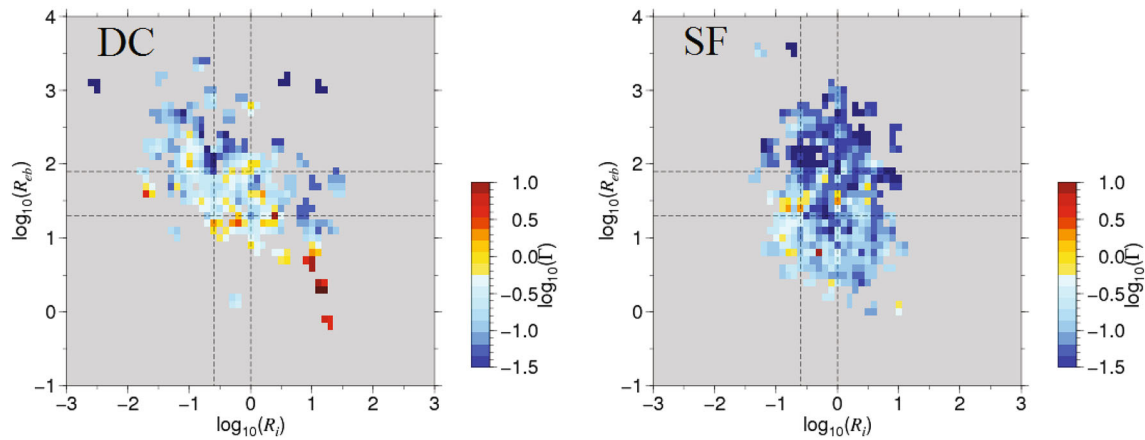


Fig. 5  $\Gamma$  plots on  $\text{Log}(R_{eb}) - \text{Log}(R_i)$  plane. Data were obtained from the western North Pacific Ocean (Nakano et al. 2014)

Table 1 Examples of direct estimation of  $\Gamma$  in the presence of DDC

References	Location	Microstructure instrument	Resolution of microstructure data (m)	SF or DC	$R_p$	Other limitations	$\Gamma$
Oakey (1988)	Atlantic Ocean, Meddy	EPSONDE	1.5–2	SF	unknown	–	> 1
St. Laurent and Schmitt (1999)	NATRE	HRP	5	SF	~ 2	$1 < R_i < 100$ (not turbulent)	> 0.6
Inoue et al. (2007)	Perturbed region off the Sanriku Coast, Japan	TurboMAP	2	SF	1–3	–	0.46
Inoue et al. (2008)	NATRE	HRP	10	DC	1/3–1	–	1.20
Ishizu et al. (2012)	Soya Current	TurboMAP	1	SF	1.3	–	1.0
Nakano et al. (2014)	Western North Pacific Ocean	TurboMAP with CTD + LADCP	10	SF	1.9	–	0.6
Nagai et al. (2015)	Kuroshio Extension	MicroRider	1.7–4.2	DC	unknown	–	>1
		EM-APEX		DC	$45^\circ < Tu < 90^\circ$	–	1.2
				DC	$90^\circ < Tu < 45^\circ$	–	4.0

EPSONDE Epsilon SONDE, HRP high-resolution profiler, TurboMAP turbulence ocean microstructure acquisition profiler, EM-APEX electromagnetic autonomous profiling explorer, NATRE North Atlantic Tracer Release Experiment

the observed layers as favorable to either DDC or CT in order to calculate the percentages of DDC and CT layers. In addition, they obtained weighted averages of diffusivities at almost 100 m depth intervals. Relatively high values ( $\sim 10^{-4} \text{ m}^2/\text{s}$ ) were obtained at 90 m depth, but values were generally lower below the thermocline. Inoue et al. (2007) presented four scenarios for estimating diffusivity and vertical buoyancy flux: (1) CT (2), DDC, (3) a simple average of CT and DDC, and (4) weighted average of CT and DDC. They concluded that scenario (4) provided the best estimation for diffusivity due to DDC and CT ( $1.56 \times 10^{-5} \text{ m}^2/\text{s}$  for heat,  $1.85 \times 10^{-5} \text{ m}^2/\text{s}$  for salt). Nakano et al. (2014) also obtained a relatively small

diffusivity value ( $10^{-5} \text{ m}^2/\text{s}$ ). Schmitt et al. (2005) estimated a relatively high diffusivity value for salt ( $> 10^{-4} \text{ m}^2/\text{s}$ ) in the western Tropical Atlantic Ocean using Eq. (5). Ishizu et al. (2012) and Nagai et al. (2015) obtained a high diffusivity value ( $> 10^{-4} \text{ m}^2/\text{s}$ ) under the Soya Current and the Kuroshio Extension, respectively.

### 7 Concluding remarks

In oceanic regions susceptible to DDC, parameterizations of  $K_S^{\text{DDC}}$  and  $K_T^{\text{DDC}}$  have been carried out under the assumption that velocity shear is negligible. However, CT

**Table 2** Examples of direct estimation of eddy diffusivity in the presence of DDC

References	Location	Microstructure instrument	SF or DC and	Observed parameters	Diffusivity
St. Laurent and Schmitt (1999)	NATRE	HRP	SF ( $R_\rho = 1.5\text{--}2.0$ )	$\varepsilon, R_\rho, \chi_T, R_i$	$K_T: 0.08 \times 10^{-4} \text{ m}^2/\text{s}$ $K_S: 0.13 \times 10^{-4} \text{ m}^2/\text{s}$
Schmitt et al. (2005)	Western Tropical Atlantic Ocean	HRP	SF ( $R_\rho = 1.71$ )	$\varepsilon, R_\rho, \chi_T$	$K_T: 1.07 \times 10^{-4} \text{ m}^2/\text{s}$ $K_S: 2.40 \times 10^{-4} \text{ m}^2/\text{s}$
Inoue et al. (2007)	Perturbed region off the Sanriku Coast, Japan	TurboMAP	SF ( $R_\rho = 1\text{--}3$ ) DC ( $R_\rho = 1/3\text{--}1$ )	$\varepsilon, R_\rho, \chi_T$	$K_T: 1.56 \times 10^{-5} \text{ m}^2/\text{s}$ $K_S: 1.85 \times 10^{-5} \text{ m}^2/\text{s}$
Ishizu et al. (2012)	Soya Current	TurboMAP	DC ( $R_\rho$ : unknown)	$\varepsilon, R_\rho, \chi_T$	$K_{T,S}: > 10^{-4} \text{ m}^2/\text{s}$
Nakano et al. (2014)	Western North Pacific Ocean	TurboMAP with CTD + LADCP	SF ( $R_\rho = 1.25\text{--}1.75$ )	$\varepsilon, R_\rho, R_{eb}$	$K_T:$ $(2.2\text{--}3.5) \times 10^{-5} \text{ m}^2/\text{s}$ $K_S:$ $(3.5\text{--}11) \times 10^{-5} \text{ m}^2/\text{s}$
Nagai et al. (2015)	Kuroshio Extension	MicroRider EM-APEX	SF ( $R_\rho > 1$ ) DC ( $0 < R_\rho < 1$ )	$\varepsilon, R_\rho, \chi_T, R_{eb}$	$K_T: O(10^{-3} \text{ m}^2/\text{s})$

HRP high-resolution profiler, TurboMAP turbulence ocean microstructure acquisition profiler

is a common feature in the Global Ocean and can coexist with DDC. Therefore, in this note, parameterizations of DDC in oceanic mixing processes are reviewed and their applicability assessed.

The notion of representing DDC in TKE with an inactive CT variable was introduced. The applicability of DDC was investigated using an SMC model. In cases where DDC and CT coexist, the effect of DDC is certainly important but is restricted to a narrow range of  $R_\rho$  (0.8–1.2). Some DDC parameterizations used in numerical simulations were reviewed in terms of physical empirical validity and applicability. An approximation can be made by combining  $R_\rho$  and  $R_i$  to roughly estimate the eddy diffusivity for SF, but these parameterizations are currently being verified. A mixing coefficient is required to distinguish DDC from CT and is related to  $R_\rho$  and  $R_i$ . The details of this relationship require further scientific study.

Therefore, measurements of  $R_i$ ,  $R_{eb}$ , and  $R_\rho$  are essential for determining the intensity of mixing due to DDC. When measuring the eddy diffusivity in the ocean interior, it is thus necessary to deploy an ADCP/LADCP or electromagnetic current meter, along with a microstructure profiler. The accumulation of observations gained by these instruments will improve the ability to map eddy diffusivity in the Global Ocean, potentially leading to better

parameterization of eddy diffusivity in numerical modeling.

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## Appendix A Parameterization of eddy diffusivity in a turbulent, non-double-diffusive system

### A.1 TKE equation

To parameterize eddy diffusivity in a CT system without DDC, we use the TKE equation derived from the momentum equation (e.g., Kantha 2012), as follows:

$$\begin{aligned} & \bar{\rho} \frac{\partial}{\partial t} \left( \frac{1}{2} \overline{u'_i u'_i} \right) + \bar{\rho} \bar{u}_j \frac{\partial}{\partial x_j} \left( \frac{1}{2} \overline{u'_i u'_i} \right) \\ &= - \frac{\partial}{\partial x_j} \left( \overline{p' u'_j} + \frac{1}{2} \overline{\rho u'_i u'_i u'_j} - \bar{\rho} v \frac{\partial}{\partial x_j} \left( \overline{u'_i \left( \frac{\partial u'_i}{\partial x_j} + \frac{\partial u'_j}{\partial x_i} \right)} \right) \right) \\ & \quad - \frac{1}{2} \overline{\rho u'_i u'_j} \left( \frac{\partial \bar{u}_i}{\partial x_j} + \frac{\partial \bar{u}_j}{\partial x_i} \right) - \overline{u'_i \rho' g \delta_{i3}} - \frac{\bar{\rho} v}{2} \overline{\left( \frac{\partial u'_i}{\partial x_j} + \frac{\partial u'_j}{\partial x_i} \right)^2}, \end{aligned} \tag{52}$$

$$\begin{aligned} \frac{d}{dt} \left( \frac{1}{2} \overline{u'_i u'_i} \right) &= - \frac{\partial}{\partial x_j} (D_{ij}) - \frac{1}{2} \overline{u'_i u'_j} \left( \frac{\partial \bar{u}_i}{\partial x_j} + \frac{\partial \bar{u}_j}{\partial x_i} \right) \\ & \quad - \frac{\overline{u'_i \rho' g \delta_{i3}}}{\bar{\rho}} - \frac{1}{2} v \overline{\left( \frac{\partial u'_i}{\partial x_j} + \frac{\partial u'_j}{\partial x_i} \right)^2} \end{aligned} \tag{53}$$

Here, variables ( $u$ : velocity,  $p$ : pressure,  $T$ : temperature,  $S$ : salinity and  $\rho$ : density) are divided into mean and fluctuation (turbulence) components as  $u_i = \bar{u}_i + u'_i$ ,  $p = \bar{p} + p'$ ,  $T = \bar{T} + T'$ ,  $S = \bar{S} + S'$ , and  $\rho = \bar{\rho} + \rho'$ . Indices ( $i, j$ ) take the values 1, 2, and 3, which correspond to the  $x$ -,  $y$ -, and  $z$ -direction;  $g$  is the gravitational acceleration. Einstein's law of summation is applied, in which a summation is made over three values repeated in the expression for the general term (Hinze 1975, p. 774).  $\delta_{ij}$  is the Kronecker delta. Overbars denote the ensemble averages.  $\nu$  is the kinematic molecular viscosity ( $\sim 1.05 \times 10^{-6}$  m<sup>2</sup>/s at 20 °C and 34 PSU). Note that  $\nu$  varies with temperature and salinity. The TKE  $K$  (in the blanket on the left-hand side of Eq. 53) is

$$K = \frac{1}{2} q^2 = \frac{1}{2} (\overline{u'^2} + \overline{v'^2} + \overline{w'^2}), \tag{54}$$

where  $q$  is the turbulence velocity scale, and  $u'$ ,  $v'$ , and  $w'$  are  $x$ ,  $y$ , and  $z$  components of turbulence velocity (fluctuation components in Eq. 53).

Here,  $D_{ij}$  indicates the energy transport via the fluctuation components.  $\overline{p' u'_j}$  is due to the correlation between pressure and velocity fluctuation.  $\frac{1}{2} \overline{\rho u'_i u'_i u'_j}$  is produced by the triple correlation of the velocity fluctuation.  $-\bar{\rho} v \frac{\partial}{\partial x_j} \left( \overline{u'_i \left( \frac{\partial u'_i}{\partial x_j} + \frac{\partial u'_j}{\partial x_i} \right)} \right)$  is viscous dissipation. The term  $-\frac{\partial}{\partial x_j} (D_{ij})$  represents the diffusion of energy transport; this is considered to be small and is traditionally neglected.

Considering the isotropy of turbulence in three dimensions, mean velocity (also called the background velocity) in the  $x$ -direction  $\bar{u}$ , and its vertical variation, components of the second term on the right-hand side in Eq. (53) are described as

$$\begin{aligned} i \neq j: & - \frac{1}{2} \left\{ \overline{u' v'} \left( \frac{\partial \bar{u}}{\partial y} + \frac{\partial \bar{v}}{\partial x} \right) + \overline{u' w'} \left( \frac{\partial \bar{u}}{\partial z} + \frac{\partial \bar{w}}{\partial x} \right) \right\} \\ & - \frac{1}{2} \left\{ \overline{v' u'} \left( \frac{\partial \bar{v}}{\partial x} + \frac{\partial \bar{u}}{\partial y} \right) + \overline{v' w'} \left( \frac{\partial \bar{v}}{\partial z} + \frac{\partial \bar{w}}{\partial y} \right) \right\} \\ & - \frac{1}{2} \left\{ \overline{w' u'} \left( \frac{\partial \bar{w}}{\partial x} + \frac{\partial \bar{u}}{\partial z} \right) + \overline{w' v'} \left( \frac{\partial \bar{w}}{\partial y} + \frac{\partial \bar{v}}{\partial z} \right) \right\}, \end{aligned} \tag{55}$$

$$i = j: - \frac{1}{2} \left\{ \overline{u' u'} \left( 2 \frac{\partial \bar{u}}{\partial x} \right) + \overline{v' v'} \left( 2 \frac{\partial \bar{v}}{\partial y} \right) + \overline{w' w'} \left( 2 \frac{\partial \bar{w}}{\partial z} \right) \right\}. \tag{56}$$

Therefore, the second term on the right-hand side of Eq. (53) is

$$- \frac{1}{2} \overline{u'_i u'_j} \left( \frac{\partial \bar{u}_i}{\partial x_j} + \frac{\partial \bar{u}_j}{\partial x_i} \right) = - \overline{u' w'} \frac{\partial \bar{u}}{\partial z} = P. \tag{57}$$

The third term on the right-hand side of Eq. (53) is

$$- \frac{\overline{u'_i \rho' g \delta_{i3}}}{\bar{\rho}} = - \frac{\overline{\rho' w'}}{\bar{\rho}} g = -J_b \quad (i = 3). \tag{58}$$

The details of the fourth term on the right-hand side of Eq. (53) are described as

$$\begin{aligned} i \neq j: & - \frac{1}{2} v \left[ \overline{\left( \frac{\partial u'}{\partial y} + \frac{\partial v'}{\partial x} \right)^2} + \overline{\left( \frac{\partial v'}{\partial z} + \frac{\partial w'}{\partial y} \right)^2} + \overline{\left( \frac{\partial w'}{\partial x} + \frac{\partial u'}{\partial z} \right)^2} \right] \\ &= - \frac{1}{2} v \left[ \overline{\left( \frac{\partial u'}{\partial y} \right)^2} + \overline{\left( \frac{\partial v'}{\partial x} \right)^2} + \overline{\left( \frac{\partial v'}{\partial z} \right)^2} + \overline{\left( \frac{\partial w'}{\partial y} \right)^2} \right. \\ & \quad + \overline{\left( \frac{\partial w'}{\partial z} \right)^2} + \overline{\left( \frac{\partial u'}{\partial z} \right)^2} + 2 \overline{\left( \frac{\partial u'}{\partial y} \cdot \frac{\partial v'}{\partial x} \right)} \\ & \quad \left. + 2 \overline{\left( \frac{\partial v'}{\partial z} \cdot \frac{\partial w'}{\partial y} \right)} + 2 \overline{\left( \frac{\partial w'}{\partial x} \cdot \frac{\partial u'}{\partial z} \right)} \right] \end{aligned} \tag{59}$$

$$i = j: - \frac{1}{2} v \left[ 4 \left\{ \overline{\left( \frac{\partial u'}{\partial x} \right)^2} + \overline{\left( \frac{\partial v'}{\partial y} \right)^2} + \overline{\left( \frac{\partial w'}{\partial z} \right)^2} \right\} \right] \tag{60}$$

Assuming the isotropic turbulence (e.g., Yih 1979, Eqs. 61, 62 and 63), we obtain Eq. (64).

$$\overline{\left( \frac{\partial u'}{\partial x} \right)^2} = \overline{\left( \frac{\partial v'}{\partial y} \right)^2} = \overline{\left( \frac{\partial w'}{\partial z} \right)^2} = \frac{1}{2} \overline{\left( \frac{\partial u'}{\partial z} \right)^2} \tag{61}$$

$$\begin{aligned} \overline{\left(\frac{\partial u'}{\partial y}\right)^2} &= \overline{\left(\frac{\partial u'}{\partial z}\right)^2} = \overline{\left(\frac{\partial v'}{\partial x}\right)^2} = \overline{\left(\frac{\partial v'}{\partial z}\right)^2} = \overline{\left(\frac{\partial w'}{\partial x}\right)^2} \\ &= \overline{\left(\frac{\partial w'}{\partial y}\right)^2} \end{aligned} \quad (62)$$

$$\overline{\left(\frac{\partial u'}{\partial y} \cdot \frac{\partial v'}{\partial x}\right)} = \overline{\left(\frac{\partial v'}{\partial z} \cdot \frac{\partial w'}{\partial y}\right)} = \overline{\left(\frac{\partial w'}{\partial x} \cdot \frac{\partial u'}{\partial z}\right)} = \frac{1}{2} \overline{\left(\frac{\partial u'}{\partial z}\right)^2} \quad (63)$$

$$-\frac{1}{2}v \overline{\left(\frac{\partial u'_i}{\partial x_j} + \frac{\partial u'_j}{\partial x_i}\right)^2} = -\frac{15}{2}v \overline{\left(\frac{\partial u'}{\partial z}\right)^2} = -\varepsilon \quad (64)$$

Therefore, we can sum Eqs. (54, 57, 58, and 64) into Eq. (65).

$$\frac{dK}{dt} = -\overline{u'w'} \frac{\partial \bar{u}}{\partial z} - g \frac{\overline{\rho'w'}}{\bar{\rho}} - \varepsilon = P - J_b - \varepsilon, \quad (65)$$

The  $z$ -axis is taken to be positive upward. The left term of Eq. (65) is the time variation of TKE ( $K$ ). The term  $P$  is the energy production of the Reynolds stress  $\overline{u'w'}$  against background velocity shear  $\left(\frac{\partial \bar{u}}{\partial z}\right)$ .  $\overline{u'w'}$  is the turbulence momentum transport created by the correlation (via eddy motion) between  $u'$  and  $w'$ . It is negative if  $\frac{\partial \bar{u}}{\partial z} > 0$ , and positive if  $\frac{\partial \bar{u}}{\partial z} < 0$ . Thus, the term  $P$  is always positive, and acts as a source of TKE. The term  $J_b$  is the energy production or dissipation by the turbulent density flux  $\overline{\rho'w'}$ , which is created by the correlation (and also by the eddy motion) between  $\rho'$  and  $w'$ . If the density stratification is stable,  $\overline{\rho'w'}$  is positive and the term  $J_b$  acts as a sink for TKE. If the density stratification is unstable,  $\overline{\rho'w'}$  is negative and acts as a source for TKE. The last term  $\varepsilon$  is the TKE dissipation rate defined from the isotropic turbulence and is presented as follows (e.g., Osborn 1980):

$$\varepsilon = \frac{15}{2}v \overline{\left(\frac{\partial \bar{u}}{\partial z}\right)^2} \quad (66)$$

$\overline{\left(\frac{\partial u'}{\partial z}\right)^2}$  is the variance of turbulent velocity shear. If the turbulent field is not isotropic,  $\varepsilon = \frac{15}{4}v \left[ \overline{\left(\frac{\partial u'}{\partial z}\right)^2} + \overline{\left(\frac{\partial v'}{\partial z}\right)^2} \right]$  is defined as the dissipation rate (e.g., Lozovatsky and Fernando 2012). The dissipation term acts as a sink for TKE. Taken together, the terms on the right side of Eq. (65) determine whether the total TKE increases ( $\frac{dK}{dt} > 0$ ) or decreases ( $\frac{dK}{dt} < 0$ ). Traditionally, to obtain turbulent diffusivity, a steady state of turbulence ( $\frac{dK}{dt} \approx 0$ , the tendency and advection terms are neglected) is assumed to exist. In steady state, the production term  $P$  is divided into  $J_b$  and  $\varepsilon$ ; thus, the TKE equation can be presented as

$$0 = -\overline{u'w'} \frac{\partial \bar{u}}{\partial z} - g \frac{\overline{\rho'w'}}{\bar{\rho}} - \varepsilon = P - J_b - \varepsilon. \quad (67)$$

The ratio between  $P$  and  $J_b$  is the flux Richardson number:

$$R_f = \frac{\left(\frac{g}{\bar{\rho}}\right) \overline{\rho'w'}}{-\overline{u'w'} \frac{\partial \bar{u}}{\partial z}} = \frac{J_b}{P}. \quad (68)$$

In stably stratified fluids ( $\frac{\partial \bar{\rho}}{\partial z} < 0$ ),  $R_f$  indicates how much TKE ( $K$ ) is consumed to mix the stably stratified fluid ( $J_b$ ). The remainder of the term  $P$  is dissipated by viscosity.

## A.2 Eddy diffusivity

Vertical eddy diffusivity of density  $K_\rho$  is used in the calculation of vertical density flux  $F_\rho$ .

$$F_\rho = \overline{\rho'w'} = -K_\rho \frac{\partial \bar{\rho}}{\partial z}, \quad (69)$$

where  $\frac{\partial \bar{\rho}}{\partial z}$  is the background density gradient. Using Eqs. (67, 68, and 69), we can obtain an expression for  $K_\rho$  under a steady-state condition as follows (Osborn 1980):

$$\begin{aligned} K_\rho &= \Gamma^{\text{CT}} \frac{\varepsilon}{N^2}, \text{ where } \Gamma^{\text{CT}} = \frac{R_f}{1 - R_f} = \frac{J_b}{P - J_b} = \frac{J_b}{\varepsilon}, N \\ &= \sqrt{-\frac{g}{\rho_0} \left(\frac{\partial \bar{\rho}}{\partial z}\right)}. \end{aligned} \quad (70)$$

$\varepsilon$  can be measured by microstructure profilers such as the TurboMAP (e.g., Nakano et al. 2014), and  $N$  can be estimated using CTD measurements. If we know  $R_f$ , we can estimate  $K_\rho$  accurately. However, it is difficult to measure  $R_f$ . Osborn (1980) proposed 0.2 as a value for  $\Gamma^{\text{CT}}$  on the grounds that the critical value of  $R_f$  is about 0.15 in the Kelvin–Helmholtz billow.

$\Gamma^{\text{CT}}$  is traditionally called the mixing efficiency for CT (e.g., Oakey 1985), but it is actually a mixing coefficient (Gregg et al. 2018; Kantha and Luce 2018). From Eqs. (68 and 67), it is determined that  $R_f$  is the rate of conversion of turbulent energy produced (from various energy sources) to buoyancy energy needed to mix stratification layers, and  $\Gamma^{\text{CT}}$  is simply the ratio of consumed buoyancy energy to energy dissipation by viscosity. Hereafter,  $\Gamma^{\text{CT}}$  is called the mixing coefficient (Gregg et al. 2018; Kantha and Luce 2018).

Temperature and salinity variance equations are given by

$$\frac{d}{dt}(\overline{T'^2}) = -\frac{\partial}{\partial x_j} \left[ \overline{(u'_j T_j'^2)} - \left( k_T \frac{\partial \overline{T'^2}}{\partial x_j} \right) \right] - 2\overline{u'_j T'} \frac{\partial \overline{T}}{\partial x_j} - 2k_T \frac{\partial T'}{\partial x_j} \frac{\partial \overline{T}}{\partial x_j}, \tag{71}$$

$$\frac{d}{dt}(\overline{T'^2}) = -\frac{\partial}{\partial x_j} (D_T) - 2\overline{u'_j T'} \frac{\partial \overline{T}}{\partial x_j} - 2k_T \frac{\partial T'}{\partial x_j} \frac{\partial \overline{T}}{\partial x_j}.$$

$$\frac{d}{dt}(\overline{S'^2}) = -\frac{\partial}{\partial x_j} \left[ \overline{(u'_j S_j'^2)} - \left( k_S \frac{\partial \overline{S'^2}}{\partial x_j} \right) \right] - 2\overline{u'_j S'} \frac{\partial \overline{S}}{\partial x_j} - 2k_S \frac{\partial S'}{\partial x_j} \frac{\partial \overline{S}}{\partial x_j}, \tag{72}$$

$$\frac{d}{dt}(\overline{S'^2}) = -\frac{\partial}{\partial x_j} (D_S) - 2\overline{u'_j S'} \frac{\partial \overline{S}}{\partial x_j} - 2k_S \frac{\partial S'}{\partial x_j} \frac{\partial \overline{S}}{\partial x_j}.$$

Here,  $k_T$  is the molecular diffusivity of heat ( $= 1.5 \times 10^{-7} \text{ m}^2/\text{s}$  at 20 °C and 34 PSU), and  $k_S$  is the molecular diffusivity of salt ( $= 1.5 \times 10^{-9} \text{ m}^2/\text{s}$  at 20 °C and 34 PSU). Note that  $k_T$  and  $k_S$  vary with temperature and salinity. The terms  $D_T$  and  $D_S$  are defined as

$$D_T = \overline{(u'_j T_j'^2)} \quad \text{Transport of temperature variance} \quad -k_T \frac{\partial \overline{T'^2}}{\partial x_j} \quad \text{Molecular diffusion of temperature variance.} \tag{73}$$

$$D_S = \overline{(u'_j S_j'^2)} \quad \text{Transport of salinity variance} \quad -k_S \frac{\partial \overline{S'^2}}{\partial x_j} \quad \text{Molecular diffusion of salinity variance.} \tag{74}$$

The terms  $-\frac{\partial}{\partial x_j}(D_T)$  and  $-\frac{\partial}{\partial x_j}(D_S)$  are also the diffusion of temperature and salinity variances and are considered to be small and negligible in a steady-state condition. Under the isotropic condition, we sum Eqs. (71 and 72), and obtain

$$0 = -\overline{w'T'} \frac{\partial \overline{T}}{\partial z} - \frac{1}{2} \chi_T \cdot \chi_T = 6k_T \overline{\left( \frac{\partial T'}{\partial z} \right)^2} \text{ [}^\circ\text{C}^2/\text{s}], \tag{75}$$

$$0 = -\overline{w'S'} \frac{\partial \overline{S}}{\partial z} - \frac{1}{2} \chi_S \cdot \chi_S = 6k_S \overline{\left( \frac{\partial S'}{\partial z} \right)^2} \text{ [PSU}^2/\text{s]}. \tag{76}$$

Here,  $\frac{\partial \overline{T}}{\partial z}$  and  $\frac{\partial \overline{S}}{\partial z}$  are the background temperature and salt gradients, respectively, and  $\chi_T$  and  $\chi_S$  are the dissipation rate of variances of turbulence temperature and salt gradients diffused by the molecular process, respectively. From the equation of state, we define

$$\rho = \rho_0 \{ 1 - \alpha(\overline{T} - T_0 + T') + \beta(\overline{S} - S_0 + S') \}, \tag{77}$$

where a subscript 0 indicates a reference value.  $\alpha$  and  $\beta$  take values as  $\alpha = 2.62 \times 10^{-4} / ^\circ\text{C}$  and  $\beta = 7.62 \times 10^{-4} / \text{PSU}$ , 20 °C, and 34PSU. Note that  $\alpha$  and  $\beta$  vary with temperature and salinity. The density flux  $\overline{\rho'w'}$  can then be written as

$$\rho' = \rho - \bar{\rho} = -\rho_0 \alpha T' + \rho_0 \beta S' \therefore \overline{\rho'w'} = \rho_0 (-\alpha \overline{w'T'} + \beta \overline{w'S'}). \tag{78}$$

Putting Eq. (78) into Eq. (67), we obtain

$$0 = -\overline{u'w'} \frac{\partial \overline{u}}{\partial z} + g(\alpha \overline{w'T'} - \beta \overline{w'S'}) - \varepsilon. \tag{79}$$

The vertical fluxes of heat and salt ( $F_T$  and  $F_S$ ) can then be written as

$$F_T = \overline{w'T'} = -K_T \frac{\partial \overline{T}}{\partial z}, \tag{80}$$

$$F_S = \overline{w'S'} = -K_S \frac{\partial \overline{S}}{\partial z}, \tag{81}$$

where  $K_S$  and  $K_T$  are the eddy diffusivity of salt and heat, respectively. From Eqs. (69, 78, 80, and 81),  $F_\rho$  is

$$F_\rho = -\rho_0 \alpha F_T + \rho_0 \beta F_S. \tag{82}$$

For a fully developed CT,  $K_T$ ,  $K_S$ , and  $K_\rho$  must be equal to one another:

$$K_T = K_S = K_\rho. \tag{83}$$

$K_T$  is derived using Eqs. (75 and 80) such that

$$K_T = \frac{\chi_T}{2 \left( \frac{\partial \overline{T}}{\partial z} \right)^2} = \frac{3k_T \left( \frac{\partial T'}{\partial z} \right)^2}{\left( \frac{\partial \overline{T}}{\partial z} \right)^2} \therefore K_T = k_T C_x = K_\rho, \tag{84}$$

where

$$C_x = 3 \frac{\overline{\left( \frac{\partial T'}{\partial z} \right)^2}}{\left( \frac{\partial \overline{T}}{\partial z} \right)^2} \tag{85}$$

is the Cox number (Osborn and Cox 1972), which represents the ratio of the variance of temperature gradient fluctuations to the square of the mean temperature gradient. The method by which one estimates  $K_T$  is known as the Osborn-Cox method.

Under the assumption of equality among all eddy diffusivities (Eq. 83),  $\Gamma^{\text{CT}}$  can be expressed using Eqs. (70 and 84) as follows:

$$\Gamma^{\text{CT}} = \frac{R_f}{1 - R_f} = \frac{\chi_T N^2}{2\varepsilon \left( \frac{\partial \overline{T}}{\partial z} \right)^2}. \tag{86}$$

The quantities on the right-hand side of Eq. (86) can be measured by a microstructure profiler. Therefore, it is possible to estimate  $\Gamma^{\text{CT}}$ , with its estimated value being

0.265 (Oakey 1982, 1985). Moum (1996) obtained a value for  $\Gamma^{CT}$  in the range of 0.25–0.33. Thus,  $R_f$  is found to range between 0.2 and 0.25 when using these specified values. Using these values, one-fifth to one-fourth of TKE is converted into potential energy of the system. Also, CT changes the prevailing stratification. From Eq. (86),  $R_f$  can be written as

$$R_f = \frac{\chi_T N^2}{2\varepsilon \left(\frac{\partial \bar{T}}{\partial z}\right)^2 + \chi_T N^2} \tag{87}$$

Thus,  $R_f$  can be estimated from microstructure measurements. Eddy diffusivity of momentum  $K_v$  is defined as

$$-\overline{u'w'} = K_v \frac{\partial \bar{u}}{\partial z} \tag{88}$$

Using Eq. (88),  $R_f$  can also be written as (St. Laurent and Schmitt 1999)

$$R_f = \frac{g \overline{\rho'w'}}{-\rho_0 \overline{u'w'} \frac{\partial \bar{u}}{\partial z}} = \frac{-K_v \frac{g}{\rho_0} \frac{\partial \bar{\rho}}{\partial z}}{K_v \left(\frac{\partial \bar{u}}{\partial z}\right)^2} = \frac{K_\rho}{K_v} \frac{N^2}{\left(\frac{\partial \bar{u}}{\partial z}\right)^2} = \frac{K_\rho}{K_v} R_i, \tag{89}$$

where  $R_i$  is the gradient Richardson number:

$$R_i = N^2 \left/ \left(\frac{\partial \bar{u}}{\partial z}\right)^2 \right. \tag{90}$$

Note that when  $R_i < 0.25$ , the fluid layer can become turbulent. Equation 89 can be rewritten as

$$\frac{R_i}{R_f} = \frac{K_v}{K_\rho} = Pr_t \tag{91}$$

where  $Pr_t$  is the turbulent Prandtl number. If  $R_f$  is determined from Eq. (87) and  $R_i$  is measured from background shear and stratification, from the diffusivity of momentum,  $K_v$  can be estimated if  $K_\rho$  is known. In any case, it is important to recognize that  $R_f$  and the resultant  $\Gamma$  are not constants but depend on the prevailing stratification, more specifically as a function of  $R_i$ .

$R_{eb}$  is defined as

$$R_{eb} = \frac{\varepsilon}{vN^2} \tag{92}$$

From Eq. 66,  $R_{eb}$  represents the ratio of the variance of velocity gradient fluctuation to the stabilizing stratification. It is derived from the typical length and velocity scales based on  $\varepsilon$  and  $N$  as  $L_B = (\varepsilon/N^3)^{1/2}$ ,  $U_B = (\varepsilon/N)^{1/2}$ .  $R_{eb}$  can be defined as  $R_{eb} = \frac{U_B L_B}{v} = \frac{\varepsilon}{vN^2}$  (Gregg and Sanford 1988). Inoue et al. (2007) used  $R_{eb}$  for discriminating DDC from turbulence ( $R_{eb} < 20$ , CT is depressed, and DDC prevails, from Yamazaki, 1990). See Kantha and Luce (2018) for the significance of  $R_{eb}$ .

## Appendix B Laboratory flux law

### B.1 Salt finger convection (SF)

Salt finger convection (SF) can effectively transport salt and heat downward. The net downward density flux due to salt  $\beta F_S$  is larger than the net downward density flux due to the heat  $\alpha F_T$  ( $F_S$ : vertical salt flux,  $F_T$ : vertical heat flux). The results show a decrease in total potential energy in the SF layer. This is in contrast to CT, in which the total potential energy increased. A threshold in the existence of SF is defined as  $1 < R_\rho < 100$  (Turner 1967; Baines and Gill 1969).

From the linear stability treatment of SF, Stern (1975) and Kunze (1987) obtained the density flux ratio  $\gamma^{SF} = \alpha F_T / \beta F_S (< 1)$  for the fastest-growing SF as

$$\gamma^{SF} = \sqrt{R_\rho} (\sqrt{R_\rho} - \sqrt{R_\rho - 1}) \tag{93}$$

Kelley (1986) compiled  $\gamma^{SF}$  as a function of  $R_\rho$  from laboratory data on SF:

$$\gamma^{SF} = 0.35 \exp[1.05 \exp(-2.16(R_\rho - 1))] \tag{94}$$

The laboratory flux ratios and the numerically and theoretically determined ratios are shown in Fig. 6;  $\gamma^{SF}$  asymptotes to a constant value as  $R_\rho$  becomes large ( $\sim 0.5$ : Eq. 93,  $\sim 0.35$ : Eq. 94) (together with Polzin et al. 1995; Shen 1993, 1995; Taylor and Buscens 1989).

Buoyancy fluxes of salt and heat for SF are summarized by Kelley (1986):

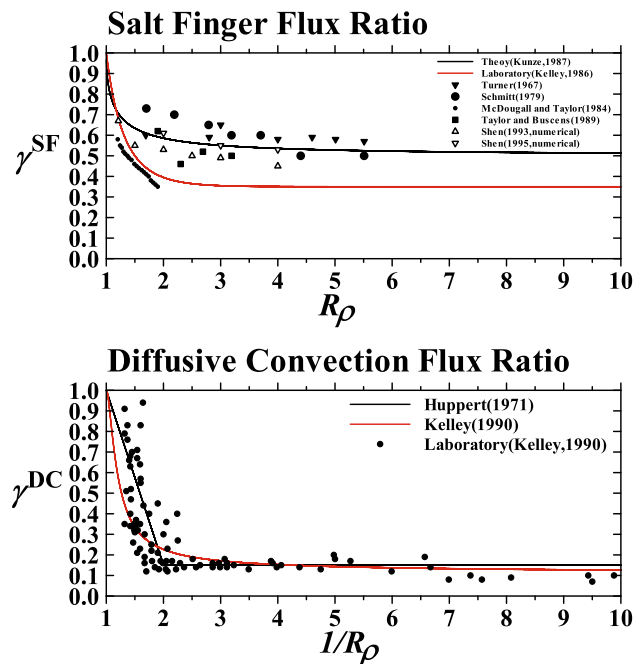


Fig. 6 DDC flux ratio dependence on  $R_\rho$  in which solid lines are theoretically or laboratory determined flux laws. Some laboratory and experimental numerical data are also shown for comparison

$$g\beta F_S = C_1 k_T^{1/3} (g\beta\Delta S)^{2/3}, C_1 = 0.04 + 0.327R_\rho^{-1.91}, \quad (95)$$

$$g\beta F_T = \gamma^{SF} g\beta F_S, \quad (96)$$

where  $\Delta S$  is the salinity difference across the SF interface. Equations (95 and 96) are called Turner’s 4/3 flux law. Kunze (1987) presented another set of flux laws for SF which depend on whether SF developed in thick or thin interfaces; for thick interfaces ( $> 1$  m):

$$g\beta F_S = 2v g\beta \frac{\partial \bar{S}}{\partial z} \left[ R_\rho^{1/2} + (R_\rho - 1)^{1/2} \right]^2, \quad (97)$$

$$g\beta F_T = \gamma^{SF} g\beta F_S,$$

and for thin interfaces ( $< 1$  m):

$$g\beta F_S = \frac{1}{8} k_T^{1/3} (g\beta\Delta S)^{2/3}, \quad (98)$$

$$g\alpha F_T = \gamma^{SF} g\beta F_S.$$

Another estimate of buoyancy flux comes from the “collective instability of SF” argued by Stern (1969). The author considered the interaction of SF with a large-scale IW that resulted in the tilting of SF due to vertical velocity shear. As a result, vertical fluxes change their direction, causing a divergence or convergence of fluxes, changes in density and velocity fields, and a collapse of SF. The critical condition of collapse is presented by the non-dimensional Stern number,  $S_t$ :

$$S_t = \frac{(\beta F_S - \alpha F_T)}{v(\alpha \partial \bar{T} / \partial z - \beta \partial \bar{S} / \partial z)} = \frac{g(\beta F_S - \alpha F_T)}{vN^2}$$

$$= \frac{\beta F_S(1 - \gamma^{SF})}{v\beta \bar{S}_z(R_\rho - 1)} \approx 1. \quad (99)$$

$\frac{\partial \bar{T}}{\partial z}$  is the vertical salt gradient. If  $S_t$  becomes larger than unity, the transport of energy to large-scale IW overcomes viscous dissipation, and the SF collapses. From this equation, the vertical transport of salt is estimated as:

$$\beta F_S = \frac{S_t v (R_\rho - 1)}{(1 - \gamma^{SF})} \beta \frac{\partial \bar{S}}{\partial z}. \quad (100)$$

As determined in the laboratory, the value of  $S_t$  varies from 1 (Schmitt 1979) to 4 (McDougall and Taylor 1984). Based on flux estimation,  $K_S^{SF}$  and  $K_T^{SF}$  for SF can be obtained as:

$$F_S = -K_S^{SF} \frac{\partial \bar{S}}{\partial z} : K_S^{SF} = -\frac{F_S}{\partial \bar{S} / \partial z}, \quad (101)$$

$$F_T = -K_T^{SF} \frac{\partial \bar{T}}{\partial z} : K_T^{SF} = -\frac{F_T}{\partial \bar{T} / \partial z}.$$

### B.2 Diffusive convection (DC)

For diffusive convection (DC), salt and heat are transported upward. Moreover, the net downward density flux due to  $\alpha F_T$  is larger than that due to  $\beta F_S$ . The density flux ratio for DC is defined as  $\gamma^{DC} = \beta F_S / \alpha F_T (< 1)$  (Turner, 1965). For DC, net density transport is downward and increases the density in the lower layer. The threshold of existence for DC is  $0 < R_\rho < 1$ . Huppert (1971) and Kelley (1990) obtained the following relations for  $\gamma^{DC}$  as a function of  $R_\rho$  for DC using laboratory data: Huppert (1971) introduced

$$\gamma^{DC} = \begin{cases} 1.85 - 0.85R_\rho^{-1} & \text{for } 0.5 < R_\rho < 1 \\ 0.15 & \text{for } R_\rho < 0.5 \end{cases}, \quad (102)$$

and Kelley (1990) introduced

$$\gamma^{DC} = \frac{R_\rho^{-1} + 1.4(R_\rho^{-1} - 1)^{3/2}}{1 + 14(R_\rho^{-1} - 1)^{3/2}}. \quad (103)$$

Thus,  $\gamma^{DC}$  becomes 1 for  $R_\rho = 1$ , and becomes a constant ( $\sim 0.15$ : Eq. 102,  $\sim 0.13$ : Eq. 103, see Fig. 6) as  $R_\rho$  decreases. Individual fluxes of salt and heat for DC were summarized by Kelley (1986, 1990) as the following:

$$g\beta F_S = \gamma^{DC} g\alpha F_T,$$

$$g\alpha F_T = C_2 \left( k_T / v \right)^{1/3} (g\alpha \Delta T)^{2/3}, C_2 = 0.0032 \exp(4.8R_\rho^{0.72}). \quad (104)$$

$\Delta T$  is the temperature difference across the DC interface. Eddy diffusivities for salt and heat for DC ( $K_S^{DC}$  and  $K_T^{DC}$ ) are formulated in the same way as Eq. (101).

### Appendix C SMC model (Kantha 2012)

Kantha (2012) and Kantha et al. (2011) introduced conservation equations for the TKE, temperature, and salinity variances  $\overline{u'v'} = 0, \overline{v'w'} = 0, \overline{v'T'} = 0, \overline{v'S'} = 0$  as follows:

$$\overline{u'w'} + \lambda_4 \tau g \alpha \overline{u'T'} - \lambda_4 \tau g \beta \overline{u'S'}, \quad (105)$$

$$\overline{u'T'} = -\frac{\tau}{\lambda_5} \left( \overline{u'w'} \frac{\partial \bar{T}}{\partial z} + \frac{1}{2} (\lambda_6 + \lambda_7) \overline{w'T'} \frac{\partial \bar{u}}{\partial z} \right) \quad (106)$$

$$\overline{u'S'} = -\frac{\tau}{\lambda_9} \left( \overline{u'w'} \frac{\partial \bar{S}}{\partial z} + \frac{1}{2} (\lambda_6 + \lambda_7) \overline{w'S'} \frac{\partial \bar{u}}{\partial z} \right) \quad (107)$$

$$\overline{w'T'} = -\frac{\tau}{\lambda_5} \left\{ \overline{w'w'} \frac{\partial \bar{T}}{\partial z} - g \left[ -\lambda_8 \tau \overline{w'T'} \alpha \frac{\partial \bar{T}}{\partial z} + \lambda_{11} \tau \left( \overline{w'T'} \beta \frac{\partial \bar{S}}{\partial z} + \overline{w'S'} \beta \frac{\partial \bar{T}}{\partial z} \right) \right] \right\} \quad (108)$$

$$\overline{w'S'} = -\frac{\tau}{\lambda_9} \left\{ \overline{w'^2} \frac{\partial \bar{S}}{\partial z} - g \left[ -\lambda_{11} \tau \left( \overline{w'T'} \alpha \frac{\partial \bar{S}}{\partial z} + \overline{w'S'} \alpha \frac{\partial \bar{T}}{\partial z} \right) + \lambda_{10} \tau \overline{w'S'} \beta \frac{\partial \bar{S}}{\partial z} \right] \right\} \quad (109)$$

Using closure modeling developed by Galperin et al. (1988), one can obtain estimates for variances of temperature and salinity as well as covariance between temperature and salinity as follows:

$$\overline{T'^2} = -\frac{\lambda_8 \tau}{\lambda_0} \overline{w'T'} \frac{\partial \bar{T}}{\partial z}, \quad (110)$$

$$\overline{S'^2} = -\frac{\lambda_{10} \tau}{\lambda_0} \overline{w'S'} \frac{\partial \bar{S}}{\partial z}, \quad (111)$$

$$\overline{T'S'} = -\frac{\lambda_{10} \tau}{\lambda_0} \left[ \overline{w'T'} \frac{\partial \bar{S}}{\partial z} + \overline{w'S'} \frac{\partial \bar{T}}{\partial z} \right]. \quad (112)$$

where  $\lambda_s$  are closure constants  $\lambda_1 = 0.1239$ ,  $\lambda_2 = \lambda_3 = \lambda_4 = 0.1050$ ,  $\lambda_5 = \lambda_9 = 8.9209$ ,  $\lambda_6 = \lambda_7 = 0.5709$ ,  $\lambda_8 = \lambda_{10} = 0.5801$ , and  $\lambda_{11} = 0.27$ . Closure constants for CT are

$$\begin{aligned} \tilde{\lambda}_5 &= \lambda_5 [1 + R_i], \\ \tilde{\lambda}_9 &= 0.02 \lambda_9 [1 + R_i]. \end{aligned} \quad (113)$$

Those for DDC are defined as

$$\begin{aligned} \hat{\lambda}_5 &= 0.02 \lambda_5 \left[ 1 + 6.5 (R_\rho^{-1})^{5/4} \right], \\ \hat{\lambda}_9 &= 0.02 \lambda_9 \left[ 1 + 6.5 (R_\rho)^{5/4} \right], \\ \hat{\lambda}_{11} &= \lambda_{11} \left( \frac{2}{R_\rho + R_\rho^{-1}} \right). \end{aligned} \quad (114)$$

Those for the combination of CT and DDC are defined as

$$\begin{aligned} \bar{\lambda}_5 &= \tilde{\lambda}_5 [1 - f(R_i)] + \hat{\lambda}_5 [f(R_i)], \\ \bar{\lambda}_9 &= \tilde{\lambda}_9 [1 - f(R_i)] + \hat{\lambda}_9 [f(R_i)], \\ \bar{\lambda}_{11} &= \tilde{\lambda}_{11} [1 - f(R_i)] + \hat{\lambda}_{11} [f(R_i)]. \end{aligned} \quad (115)$$

## Appendix D Terminology

### D.1 Acronyms and abbreviations

ADCP	Acoustic Doppler current profiler
C-SALT	Caribbean sheets and layers transect
CT	Conventional turbulence
CTD	Conductivity temperature depth profiler
DC	Diffusive convection
DDC	Double-diffusive convection
DNS	Direct numerical simulations

EM-APEX	Electromagnetic autonomous profiling explorer
HRP	High-resolution profiler
IW	Internal wave
KPP	K-profile parameterization
LADCP	Lowered ADCP
Meddy	Mediterranean eddy
MOC	Meridional overturning circulation
NATRE	North Atlantic Tracer Release Experiment
PSU	Practical salinity unit
SF	Salt finger
SMC	Second-moment closure
TKE	Turbulent kinetic energy
TurboMAP	Turbulence ocean microstructure acquisition profiler

### D.2 Symbols

#### Greek symbols

$\alpha$	Expansion coefficient due to heat [= $2.62 \times 10^{-4}/^\circ\text{C}$ , $20^\circ\text{C}$ and $34\text{ PSU}$ ]
$\alpha F_T$	Density flux of heat [m/s]
$\alpha \frac{\partial \bar{T}}{\partial z}$	Background density gradient due to temperature
$\beta$	Contraction coefficient due to salinity [= $7.62 \times 10^{-4}/\text{PSU}$ , $20^\circ\text{C}$ , $34\text{ PSU}$ ]
$\beta F_S$	Density flux of salt [m/s]
$\beta \frac{\partial \bar{S}}{\partial z}$	Background vertical density gradient due to salt [1/m]
$\Gamma^{\text{CT}}$	Mixing coefficient for CT [non-dimensional]
$\Gamma^{\text{DDC}}$	Mixing coefficient for DDC [non-dimensional]
$\Gamma^{\text{SF}}$	Mixing coefficient for SF [non-dimensional]
$\Gamma^{\text{DC}}$	Mixing coefficient for DC [non-dimensional]
$\gamma^{\text{SF}}$	Density flux ratio of SF [non-dimensional]
$\gamma^{\text{DC}}$	Density flux ratio of DC [non-dimensional]
$\Delta S$	Salinity difference across SF interface [PSU]
$\Delta T$	Temperature difference across DC interface [ $^\circ\text{C}$ ]
$\varepsilon$	Kinetic energy dissipation rate [W/kg]
$\lambda_1 \sim \lambda_{11}$	Closure constants
$\nu$	Kinematic molecular viscosity [ $\sim 1.05 \times 10^{-6}\text{ m}^2/\text{s}$ at $20^\circ\text{C}$ and $34\text{ PSU}$ ]
$\rho$	Density [ $\text{kg}/\text{m}^3$ ]
$\rho'$	Fluctuation density [ $\text{kg}/\text{m}^3$ ]
$\bar{\rho}$	Mean density [ $\text{kg}/\text{m}^3$ ]
$\rho_0$	Reference density [ $\text{kg}/\text{m}^3$ ]
$\tau$	Timescale of turbulence dissipation [s]
$\lambda_S$	Dissipation rate of salt variance [ $\text{PSU}^2/\text{s}$ ]
$\lambda_T$	Dissipation rate of temperature variance [ $^\circ\text{C}^2/\text{s}$ ]



**English symbols**

$B_1$	Coefficient for turbulent timescale [non-dimensional]	$L_B$	Typical length scale of turbulence [m]
$C_1$	Coefficient of Turner's 4/3 flux law [non-dimensional]	$\ell$	Turbulence length scale [m]
$C_{SMC}$	Parameter used in second closure constants	$N$	Buoyancy frequency [1/s]
$C_x$	Cox number $\left[ = 3 \frac{(\overline{\partial T' / \partial z})^2}{(\overline{\partial \bar{T} / \partial z})^2} \right]$ , non-dimensional	$P$	Energy production of Reynolds stress against mean shear [W/kg]
$D_{ij}$	Energy transport by triple-correlation components [ $m^3/s^3$ ]	$Pr_t$	Turbulent Prandtl number $\left[ = \frac{K_t}{K_p}$ , non-dimensional
$D_S$	Diffusion of salt by triple-correlation components [ $PSU^2m/s$ ]	$p$	Pressure [ $kg/(m s^2)$ ]
$D_T$	Diffusion of temperature by triple-correlation components [ $^{\circ}C^2 m/s$ ]	$\bar{p}$	Mean pressure [ $kg/(m s^2)$ ]
$F_S$	Vertical salt flux [ $PSU \cdot m/s$ ]	$p'$	Fluctuation pressure [ $kg/(m s^2)$ ]
$F_T$	Vertical heat flux [ $^{\circ}C m/s$ ]	$q$	Turbulence velocity scale [m/s]
$F_{\rho}$	Vertical density flux [ $kg m^2/s$ ]	$R_{eb}$	Buoyancy Reynolds number $\left[ = \frac{\epsilon}{\nu N^2}$ , non-dimensional
$G_T$	Square of the ratio of the turbulent timescale to the buoyancy timescale [non-dimensional]	$R_f$	Flux Richardson number $\left[ = \frac{(\frac{\epsilon}{\bar{p}}) \rho' w'}{-u' w' \frac{\partial \bar{u}}{\partial z}} \right]$ , non-dimensional
$G_0$	Square of the ratio of the turbulent timescale to the shear timescale [non-dimensional]	$R_i$	Gradient Richardson number $\left[ = N^2 \left/ \left( \frac{\partial \bar{u}}{\partial z} \right)^2 \right. \right]$ , non-dimensional
$g$	Gravitational acceleration [ $m/s^2$ ]	$R_{\rho}$	Density ratio, the ratio of the background density gradient due to temperature to that of salt $\left[ = \alpha \bar{T}_z / \beta \bar{S}_z \right]$ non-dimensional
$i, j$	Indices take the values 1, 2, and 3, which correspond to the $x$ -, $y$ -, and $z$ -direction	$S$	Salinity [PSU]
$J_b$	Energy production or dissipation via the turbulent density flux [W/kg]	$\bar{S}$	Mean salinity [PSU]
$K$	Turbulent kinetic energy $\left( = q^2/2 \right)$ [ $m^2/s^2$ ]	$S'$	Salinity fluctuation [PSU]
$K_b$	Background eddy diffusivity [ $m^2/s$ ]	$\overline{S'^2}$	Variance of salt fluctuation [ $PSU^2$ ]
$K_S$	Vertical eddy diffusivity of salt [ $m^2/s$ ]	$S_t$	Stern number $\left[ = \frac{(\beta F_S - \alpha F_T)}{\nu(\alpha \partial \bar{T} / \partial z - \beta \partial \bar{S} / \partial z)} \right]$ , non-dimensional
$K_S^{DC}$	Vertical eddy diffusivity of salt for DC [ $m^2/s$ ]	$S_S$	Structure function for salt diffusivities [non-dimensional]
$K_S^{SF}$	Vertical eddy diffusivity of salt for SF [ $m^2/s$ ]	$S_T$	Structure function for heat diffusivities [non-dimensional]
$K_T$	Vertical eddy diffusivity of heat [ $m^2/s$ ]	$S_0$	Structure function for the momentum diffusivities [non-dimensional]
$K_T^{SF}$	Vertical eddy diffusivity of heat for SF [ $m^2/s$ ]	$S_{\rho}$	Structure function for density diffusivities [non-dimensional]
$K_T^{DC}$	Vertical eddy diffusivity of heat for DC [ $m^2/s$ ]	$T$	Temperature [ $^{\circ}C$ ]
$K_{\nu}$	Vertical eddy diffusivity of momentum [ $m^2/s$ ]	$T'$	Temperature fluctuation [ $^{\circ}C$ ]
$K_{\rho}$	Vertical eddy diffusivity of density [ $m^2/s$ ]	$\bar{T}$	Mean temperature [ $^{\circ}C$ ]
$K_{\rho}^{CT}$	Vertical eddy diffusivity of density for CT [ $m^2/s$ ]	$\overline{T'^2}$	Variance of temperature fluctuation [ $^{\circ}C^2$ ]
$K_{\rho}^{DC}$	Vertical eddy diffusivity of density for DC [ $m^2/s$ ]	$\overline{T'S'}$	Covariance between temperature and salinity fluctuations [ $^{\circ}C PSU$ ]
$K_{\rho}^{DDC}$	Vertical eddy diffusivity of density for DDC (indicates both $K_{\rho}^{SF}$ and $K_{\rho}^{DC}$ ) [ $m^2/s$ ]	$t$	Time [s]
$K_{\rho}^{IW}$	Eddy diffusivities due to internal wave breaking [ $m^2/s$ ]	$U_B$	Typical turbulence velocity scale [m/s]
$K_{\rho}^{SF}$	Vertical eddy diffusivity of density for SF [ $m^2/s$ ]	$u_i$	Velocity [m/s]. $i$ takes the vales 1, 2, and 3, which correspond to the $x$ -, $y$ -, and $z$ -direction. $(u_1, u_2, u_3) = (u, v, w)$
$K_{\rho}^{Shear}$	Eddy diffusivities due to vertical shear instability [ $m^2/s$ ]	$\bar{u}$	Mean velocity in $x$ -direction [m/s]
$k_S$	Molecular diffusivity of salt $\left( = 1.5 \times 10^{-9} m^2/s \right)$ at 20 $^{\circ}C$ and 34 PSU)	$u'$	Turbulence velocity in $x$ -direction [m/s]
$k_T$	Molecular diffusivity of temperature $\left( = 1.5 \times 10^{-7} m^2/s \right)$ at 20 $^{\circ}C$ and 34 PSU)	$\overline{u'w'}$	Turbulence momentum transport [ $m^2/s^2$ ]
		$\bar{v}$	Mean velocity in $y$ -direction [m/s]

$v'$	Turbulence velocity in $y$ -direction [m/s]
$\bar{w}$	Mean velocity in $z$ -direction [m/s]
$w'$	Turbulence velocity in $z$ -direction [m/s]
$\overline{w'S'}$	Turbulence salt transport [PSU m/s]
$\overline{w'T'}$	Turbulence heat transport [ $^{\circ}\text{C}$ m/s]
$x$	Horizontal coordinate positive eastward
$y$	Horizontal coordinate positive northward
$z$	Vertical coordinate positive upward

### Mathematical symbols

$\delta_{ij}$	Kronecker delta ( $\delta_{ij} = 1$ when $i = j$ , $\delta_{ij} = 0$ when $i \neq j$ )
$\frac{\partial \bar{S}}{\partial z}$	Background salt gradient [PSU/m]
$\frac{\partial \bar{T}}{\partial z}$	Background temperature gradient [ $^{\circ}\text{C}/\text{m}$ ]
$\frac{\partial \bar{u}}{\partial z}$	Background velocity shear [1/s]
$\left(\frac{\partial u'}{\partial z}\right)^2$	Variance of turbulence velocity shear [ $1/\text{s}^2$ ]
$\left(\frac{\partial T'}{\partial z}\right)^2$	Variance of turbulence temperature gradient [ $(^{\circ}\text{C}/\text{m})^2$ ]
$\left(\frac{\partial S'}{\partial z}\right)^2$	Variance of turbulence salt gradient [ $(\text{PSU}/\text{m})^2$ ]
$\frac{\partial \bar{\rho}}{\partial z}$	Background vertical density gradient [ $\text{kg}/\text{m}^4$ ]
$\frac{\partial^2 \bar{\rho}}{\partial z^2}$	The second derivative of density [ $\text{kg}/\text{m}^5$ ]
[-]	Denotes ensemble average of turbulence component

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