**ORIGINAL PAPER** 



## Chromatographic fingerprint of the volatile fraction of rare *Hedera helix* honey and biomarkers identification

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#### Abstract

*Hedera helix* (Irish ivy) honey is a very rare food product used in Ireland. The composition of the volatile fraction of this unique honey was studied for the first time using three different extraction procedures (SPE, USE and HS–SPME) and analyzed with gas chromatography and mass spectrometry. As expected, the use of combined techniques resulted in the identification of the detailed composition of honey volatiles. Identified constitutes belongs to the different chemical classes. The presence of 4(1H)-quinolinone, myrtenal and phenylacetonitrile was proposed as biomarkers of the botanical origin of ivy honey. Moreover, they are not widely widespread among honeys of different botanical origins. Additional usefulness of the HPTLC studies was documented by showing that this method allows obtaining characteristic patterns of honey fractions enabling a simple visual determination of honey authenticity.

Keywords Ivy honey  $\cdot$  Honey volatiles  $\cdot$  HPTLC  $\cdot$  HS-SPME  $\cdot$  Honey authentication

#### Introduction

Honey, which is a complex natural food product with various physicochemical properties, is one of the most consumerpreferred, bee products in the world. The composition and properties of this cocktail largely depends on the melliferous plant species, but also on other agents such geographic area, season, mode of storage, and harvest technology and conditions [1, 2].

The honey made by bees from different botanical sources may have distinctly different organoleptic properties (color, aroma and taste). Particular differences are observed in its aroma, due to differences in volatile composition. Moreover, composition of volatile compounds strongly depends on varied factors, such as from botanical and geographical origin, climate, soil, age of honey, mode of storage, honey processing and bee species. Furthermore in case of isolation of volatiles from honey samples, the extraction procedure is crucial and significant differences are observed among the same honeys based on used method of extraction [3–5]. Monofloral honeys, with a defined botanical origin are considered as the highest quality product and are sold all over the world at higher prices than multifloral honey. However, all types of honey, like other food products, shall meet the requirements for organoleptic as well as physical and chemical properties.

Results of quality control and nutritional value of food products around the world clearly indicates that monofloral honey fall within the category of most frequently adulterated food products [6, 7]. Determination of these adulterations is not an easy task because commonly used, classical procedures of honey analysis and classification (pollen analysis) possess some limitations as a result of which they frequently fail. The identification of natural products, which are present in honey at low concentrations, offers a possibility to solve this problem. These small-molecular compounds are deciding about taste, dietary and therapeutic value of honeys. The knowledge of the structure and content of volatile compounds in various types of honey might result in a better understanding of honey's flavor and nutrient, as well as—even more important—their therapeutic value [8–13]. Investigation of volatile compounds of honey seem to be the right solution, which might help to standardize the quality and authenticity of the product [14]. English Ivy honey is a

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monofloral variety made from the flower nectar and pollen of the common ivy (Hedera helix). Ivy is an evergreen vine which we can observe on fences, houses, trees and even in such unexpected places as cliffs. Although it is known as an invasive species, the plant is widely used as an ornamental green facade for various buildings. In first months after harvesting the honey produced from its flowers has a strong and unpleasant taste. Commonly, ivy produces nectar-rich, small, yellow-green, and umbrella-like flowers. The nectar is particularly appealing to honey bees because it is sweet and found in generous amounts. Moreover it is available from the end of summer until the end of autumn, and this is the time when other food sources for honey bees are limited. It is difficult to remove *H. helix* honey from bee combs even if, it is harvested in time since it crystallizes in a short period of time (around 2 weeks). It is occurring mainly because of the high content of glucose. The ivy honey contain usually up to 80% of it [15].

This is an extremely rare brand of honey, and thus according to the best of our knowledge, the chemical composition of ivy honey so for was characterized based on one sample collected in Corsican *Arbutus unedo* habitat [16]. Therefore, the main objective of this study was to use different extraction procedures (ultrasound solvent extraction, solidphase extraction and headspace solid-phase microextraction) combined with chromatographic analysis to create a unique chemical fingerprint of the volatile fraction of *H. helix* honey which could be useful for future evaluate of its authenticity.

#### **Materials and methods**

#### **Reagents and materials**

All used chemicals were of analytical grade. Dichloromethane, toluene, ethanol, methanol, ethyl acetate, glacial acetic acid, 95% sulfuric acid and anhydrous magnesium sulfate were purchased from POCH S.A. (Gliwice, Poland). Anisaldehyde, the homologous series of *n*-alkanes C<sub>9</sub>–C<sub>25</sub>, and all compounds used as references substances were purchased from Sigma-Aldrich (Poznań, Poland). Strata SDB-L SPE cartridges were purchased from Phenomenex and silica gel 60 HPTLC aluminum plates (20 cm × 10 cm) were purchased from Merck.

#### Honey samples and melissopalynological analysis

It this study, we used a very rare Irish ivy honey (*H. helix*) collected from small domestic apiaries in the Republic of Ireland in 2016 and 2017 (for each year three honey samples were collected and analyzed). Honey samples were hermetically closed and kept at 4  $^{\circ}$ C in the dark before analysis. All honey samples were subjected to

pollen analysis, which was performed on an Olympus BX41 microscope under 400× magnification. It was performed according to the recommendation of the International Commission of Bee Botany and by the International Honey Commission [17].

### Extraction and determination of volatile compounds

#### Ultrasound solvent extraction (USE)

Ultrasound solvent extraction was performed as described previously with some modification [18, 19]. Twenty grams of ivy honey was placed in a 100 ml flask and dissolved in 12 ml of distilled water followed by the addition of 0.80 g of anhydrous magnesium sulfate. The aqueous solutions were then extracted with 10 ml of dichloromethane using an ultrasonic cleaning bath (Cole-Parmer 8891) at 25 °C for 30 min. After sonication, the whole extract was centrifuged at 3000 rpm, and the organic layer was collected. Each sample was extracted three times with a new portion of the solvent. The organic layers were combined, dried over anhydrous magnesium sulfate and concentrated under a nitrogen gas stream. The procedure was performed in triplicate with the same amount of honey. The resulting oily residues were dissolved in 350 µl of dichloromethane and stored at 4 °C until HPTLC and GC-MS analysis.

#### Solid-phase extraction (SPE)

SPE was performed as described previously with some modification [18, 19]. The entire procedure was carried out in a Baker SPE-12G vacuum manifold (J. T. Baker®, Phillipsburg, NJ, USA) at a flow rate of 1.5 ml/min using 3 ml Strata SDB-L cartridges with 200 mg of styrene-divinylbenzene resin (Phenomenex). Prior to use, the cartridges were conditioned by rinsing with 6 ml of dichloromethane, 6 ml of water, and 6 ml of an ethanol-water mixture (12%, v/v). 10 g of ivy honey was dissolved in 25 ml of distilled water, filtered through a filter paper and passed through the cartridges. Then, the remaining sugars and other hydrophilic components were flushed out with 15 ml of water. Finally, elution of the desired components was performed with 10 ml of dichloromethane. The obtained organic extracts were dried over anhydrous magnesium sulfate and concentrated under a stream of nitrogen gas. The procedure was performed in triplicate with the same amount of honey. The resulting oily residues were dissolved in 350 µl of dichloromethane and stored at 4 °C until HPTLC and GC-MS analysis.

#### Headspace solid-phase microextraction (HS–SPME)

In this study, two types of SPME fibers purchased from Supelco (Bellefonte, PA, USA) were used: 65 µm PDMS/ DVB (polydimethylsiloxane/divinylbenzene) and 50/30 µm PDMS/CAR/DVB (divinylbenzene/carboxen/polydimethylsiloxane) with the needle size 24 ga in both cases. The HS-SPME experiments were performed using a manual holder. Before analysis, the fibers were conditioned according to the attached instruction. The optimal extraction parameters of H. helix honey volatiles were chosen as follows: 5 g of honey was dissolved with 5 ml of distilled water and 0.75 g of NaCl was added to the vial. Initially, the samples were conditioned in a thermostatic bath at  $70 \pm 1.0$  °C for 15 min under constant agitation. After this period, the septum was pierced with a needle and the fiber was exposed to the headspace for 30 min at  $70 \pm 1.0$  °C. The extracted analytes were thermally desorbed in the injection port of GC-MS at 250 °C for 5 min. All analyses were performed in triplicate for each honey sample and fiber.

#### **GC–MS** analysis

GC-MS analyses were carried out on an HP 6890 GC system (Hewlett Packard, Böblingen, Germany) equipped with a 30 m  $\times$  0.25 mm i.d. capillary column with an HP-5 MS [(5%-phenyl)-methylpolysiloxane, Agilent J and WGC column] with a coating thickness of 0.25 µm coupled to a 5973 Mass Selective Detector (Hewlett Packard, Böblingen, Germany). For the analysis of extracts obtained by USE, SPE and by HS-SPME, the mass detector was used in the electron impact ion-ionization mode at 70 eV, and the mass range was 35-500 Daltons. The ion source temperature was 230 °C, and the transfer line and injector temperature were kept at 250 °C. For USE and SPE extracts, the GC was fitted with a split injection liner and the operated split was 1:10. Moreover, 2 min solvent delay time was set. For HS-SPME, a splitless injection liner suitable for SPME was used. Helium, at a constant flow rate of 2 ml/min, was used as the carrier gas. The oven temperature was programed as follows: the initial oven temperature was held at 45 °C for 3 min, increased to 180 °C at a rate of 5 °C/min, and finally increased to 250 °C at a rate of 10 °C/min and held isothermally for 10 min for the extracts after USE and SPE, and for HS-SPME extract: 3 min at 40 °C, increased to 150 °C at a rate of 3 °C/min, and finally increased to 200 °C at a rate of 10 °C/min and held isothermally for 10 min. For all methods benzophenone as an internal standard was used (for USE and SPE extracts was added just before injection and for HS-SPME to the honey before extraction). Identification of the compounds was performed based on the comparison of their mass spectra with those present in the NIST 11 Library (National Institute of Standards and Technology,

Gaithersburg, MD, USA) and with the retention indices calculated for each peak relative to  $C_9-C_{25}$  *n*-alkanes for the HP-5 MS column. The obtained values were compared with those present in the literature (NIST Chemistry WebBook, NIST Standard Reference Database Number 69, http:// webbook.nist.gov/chemistry/) or with standard substances available from our laboratory. Each sample was analyzed three times, and average peak areas were calculated from the GC using the normalization method without a correction factor.

#### High performance thin layer (HPTLC) separation

High performance thin layer analyses of the obtained H. helix extracts after USE and SPE were performed as described previously, with some modification [19], on precoated silica gel 60 HPTLC aluminum plates ( $20 \text{ cm} \times 10 \text{ cm}$ ). Ten microliters of each extract was applied to the plate in 13 mm bands 15 mm from the lower edge of the plate at a rate of 250 nl·s-1 using a semi-automated HPTLC application device (Linomat 5, CAMAG, Muttenz, Switzerland) under the flow of nitrogen gas. The chromatographic separation was performed in a chromatographic tank, which was saturated for 20 min with the mobile phase toluene-ethyl acetate [80:20 (v/v)] and developed to a distance of 95 mm. Then, the plates were derivatized with anisaldehyde reagent (prepared as follows: 10 ml of glacial acetic acid was added to 0.5 ml of anisaldehyde and diluted by 85 ml of methanol, followed by dropwise addition of 10 ml of concentrated sulfuric acid). After derivatization, the HPTLC plates were dried at 105 °C for 5 min. The results were documented both after and before derivatization using a HPTLC imaging device (TLC Visualizer, CAMAG) under white light, and by irradiation at 254 nm and at 366 nm using a software (visionCATS, CAMAG).

#### NMR measurements

<sup>1</sup>H NMR experiments were performed on a 400 MHz Bruker Ultrashield (Bruker, Rheinstetten, Germany). Measurements were done in  $CDCl_3$  (99.8 atom % D) solution at 297 K. All chemical shifts presented in the text are reported in parts per million relative to  $CDCl_3$ , which was used as an external standard.

#### **Results and discussion**

In this paper, samples of Irish honey collected in 2016 and 2017 were studied. The botanical origin of honey was confirmed by melissopalynological analysis. In the case of the samples from 2016, the lowest percentage of *H. helix* pollen was 87 with 13% of other undefined pollen grains, whereas for honey collected in 2017 the lowest percentage of *H. helix* pollen was also dominating (92%) over other undefined pollen grains. Ivy honey is characterized by a specific taste and unusual, strong *H. helix* aroma, which could be unpleasant in the first few months after harvesting [15].

To obtain more complete results and to isolate the volatiles, three different methods of extraction were applied: ultrasonic solvent extraction (USE), solid-phase extraction (SPE) and headspace solid-phase microextraction (HS-SPME) with two types of fibers (PDMS/DVB (polydimethylsiloxane/divinylbenzene) and PDMS/CAR/DVB [divinylbenzene/carboxen/polydimethylsiloxane)]. GC-MS analysis of the obtained extracts allowed the identification of 84 volatile compounds, which represent various chemical entities, such as terpenes, benzene derivatives, esters, aldehydes, ketones, saturated and unsaturated hydrocarbons and others. The detailed results of these analyses are presented in Table 1. It is not surprising that the obtained results indicated the influence of the isolation method on volatile fraction composition. Significant qualitative differences between the chemical profiles obtained by USE and SPE methods in comparison with HS-SPME were observed.

The headspace profile of Ivy honey obtained by HS–SPME revealed the presence of 62 compounds when using both fibers and only small differences in their composition were observed. The most abundant chemical constitutes are phenylacetonitrile (4.36%/15.25%), myrtenal (1.28%/1.47%), β-damascenone (2.55%/2.32%), phenylacetaldehyde (2.15%/4.71%), 2-methyl-5-(1,1,5-trimethyl-5-hexenyl)furan (9.49%/8.59%), α-isophorone (1.32%/1.79%) and 3,4,5-trimethylphenol (2.03%/3.23%). Additionally, higher aliphatic compounds, albeit in lower concentrations, were determined in the obtained extracts, such as *n*-hexadecanoic acid, pentadecane, nonadecane, ethyl heptanoate, ethyl heptanoate and (*Z*,*Z*)-9,12-octadecadienoic acid.

In contrast, only 33 of the compounds were identified using both USE and 34 using SPE. Among them, the most abundant are: 4(1H)-quinolinone/5(1H)-quinolinone/2(1H)quinolinone (15.52% for USE and 31.68% for SPE), isoquinoline (2.27% for USE and 1.15% for SPE), phenylacetonitrile (6.21% for USE and 5.97% for SPE), phenylacetic acid (1.47% for USE and 2.06% for SPE) and cis/trans-linalool oxide (furan type) (1.19%/1.97% for USE and 0.83%/1.62% for SPE). Moreover, as in the case of HS-SPME extracts, several higher nonpolar hydrocarbons, fatty acids and their esters were also identified in small concentrations. The most abundant are: 1-docosene, (Z)-octadec-9-enal, (Z,Z)-9,12-octadecadienoic acid, ethyl decanoate, n-hexadecanoic acid, nonadecane and tricosane. These compounds are, however, characteristic for various monofloral and polyfloral honey.

Among the obtained fraction, few compounds belonging to the terpenes were identified with *cis/trans* linalool oxide (furan type), p-cymene, eugenol, myrtenal and *p*-cymenene being the most abundant. Additionally, some examples of compounds, which represent a class of degraded carotenoids C<sub>0</sub>-norisoprenoids, namely, 4-oxoisophorone, 4-hydroxyisophorone,  $\beta$ -isophorone,  $\alpha$ -isophorone as well as  $\beta$ -damascene, a C<sub>15</sub>-norisoprenoid, were identified. It is worth mentioning that in contrast to the HS-SPME method, only 4-ketoisophorone and  $\beta$ -damascene were identified when using USE and SPE. In all of the extracts' compounds, 3,4,5-trimethylphenol, benzoic acid, phenylacetaldehyde, 3-hydroxy-4-methoxybenzaldehyde, benzaldehyde, acetophenone, 4-hydroxyacetophenone, o-methoxyacetophenon and the most abundant phenylacetonitrile were identified belonging to benzene derivatives. Even though they individually are present in rather minor concentrations, taking all together they are important contributors to the H. helix honey aroma creation. Moreover, they are widespread among different honey varieties [20]. As seen from Table 1, all of these compounds are present as minor constituents of the obtained fractions. Furthermore, some of these compounds such as benzaldehyde, phenylacetaldehyde, nonanal, isophorone or benzyl nitrile were also previously identified in one *H. helix* honey from Corsica [16].

Additionally, compounds such as benzenacetic acid or cis/ trans-linalool oxide (furan type) benzenacetaldehye, compounds belong to  $C_{13}$ - and  $C_{9}$ - norisoprenoids (products of carotenoids degradation), or benzene derivatives, which are native to honey are widespread in various brands of honey [1, 2, 14, 20–22] and cannot be considered as potential markers for the determination of honey's botanical origin.

The presence of quinoline derivatives together with quite high contents of phenylacetonitrile and myrtenal seems to be a characteristic combination, which could distinguish Ivy honey from other unifloral honey types, since there is limited information on the presence of these compounds in other monofloral honey.

Quinoline and isoquinoline alkaloids are derivatives of tryptophan and tyrosine, respectively, and they are widely distributed in nature. Initially, they were extracted from different natural resources, mostly from flowered plants. They exhibit variable biological functions such as antimalarial, anti-inflammatory, antimicrobial, or [23-25] analgesic functions. They are scarcely seen in the volatile fractions of honey. Previously, they were isolated and identified in chestnut honey in significant concentrations [26–28]. Isolated 2-quinolinol, 4-quinolinol and quinazolinone were proposed as its markers [26, 27]. In this study, only the presence of quinoline was undoubtedly confirmed based on the comparison of MS spectra obtained for this compound with the spectrum of the pure substance. The differentiation between 2(1H)-quinolinone, 4(1H)-quinolinone and 5(1H)quinolinone was impossible by this technique even using standards, because these compounds are structural isomers

Nos.	Compounds	RI <sup>exp</sup>	RI <sup>lit</sup>	A		В		C			
				Av.	SD	Av.	SD	PDMS/	/DVB	PDMS/ DVB	CAR/
								Av.	SD	Av.	SD
	Benzaldehyde <sup>a</sup>	965	965	0.03	± 0.09	I	I	0.19	±0.11	1.99	±0.22
7	p-Cymene <sup>a</sup>	1018	1018	0.14	$\pm 0.08$	I	I	0.12	$\pm 0.09$	0.09	$\pm 0.12$
б	Acetophenone <sup>a</sup>	1029	1029	0.33	$\pm 0.09$	Ι	I	0.14	$\pm 0.08$	0.68	$\pm 0.12$
4	Benzyl alcohol <sup>a</sup>	1037	1037	0.25	$\pm 0.11$	0.82	$\pm 0.17$	0.11	±0.06	0.21	$\pm 0.12$
5	2-Methylbenzaldehyde	1044	1041	I	I	0.19	$\pm 0.11$	I	I	I	I
9	3,5,5-Trimethyl-3-cyclohexen-1-one (β-isophorone)	1044	1043	0.34	$\pm 0.19$	2.44	$\pm 0.72$	2.02	$\pm 0.41$	2.32	$\pm 0.21$
L	Benzeneacetaldehyde <sup>a</sup>	1048	1048	0.20	$\pm 0.08$	0.40	$\pm 0.02$	2.15	±0.94	4.71	$\pm 1.09$
8	1-Methyl-4-(1-methylethenyl)-benzene (p-cymenene)	1061	1058	I	I	I	I	0.45	$\pm 0.26$	0.96	$\pm 0.36$
6	<i>cis</i> -Linalol oxide (furan type) <sup>a</sup>	1076	1076	1.19	$\pm 0.36$	0.83	$\pm 0.48$	I	I	I	I
10	Ethyl heptanoate	1081	1079	I	I	I	I	0.07	$\pm 0.03$	0.14	$\pm 0.16$
11	<i>trans</i> -Linalool oxide (furan type) <sup>a</sup>	1091	1091	1.97	$\pm 0.34$	1.62	$\pm 0.21$	0.38	$\pm 0.10$	1.02	$\pm 0.19$
12	Nonanal	1109	1109	I	I	I	I	1.82	$\pm 0.92$	2.3	$\pm 0.96$
13	$3.5.5$ -Trimethyl-2-cyclohexen-1-one ( $\alpha$ -isophorone)	1124	1125	0.54	$\pm 0.29$	1.44	$\pm 0.80$	1.32	$\pm 0.41$	1.79	$\pm 0.71$
14	Phenylethyl alcohol <sup>a</sup>	1136	1136	0.59	$\pm 0.29$	Ι	I	0.24	$\pm 0.12$	0.38	$\pm 0.09$
15	Phenylacetonitrile <sup>a</sup>	1142	1142	6.21	$\pm 1.71$	5.97	$\pm 1.09$	4.36	$\pm 1.26$	15.25	±4.63
16	2,6,6-Trimethyl-2-cyclohexene-1,4-dione (4-oxoisophorone) <sup>a</sup>	1152	1152	0.33	$\pm 0.12$	2.39	$\pm 1.09$	1.11	$\pm 0.36$	3.21	$\pm 0.91$
17	1-(1,4-Dimethyl-3-cyclohexen-1-yl)-ethanone	1153	1159	I	I	Ι	I	0.25	$\pm 0.17$	Ι	I
18	1-(2-Hydroxyphenyl)ethanone ( <i>o</i> -methoxyacetophenon) <sup>a</sup>	1167	1164	I	I	0.13	$\pm 0.09$	0.23	±0.06	0.18	$\pm 0.06$
19	Ethyl benzoate <sup>a</sup>	1170	1170	Ι	I	Ι	I	0.37	$\pm 0.13$	0.67	$\pm 0.12$
20	Benzoic acid <sup>a</sup>	1182	1182	0.13	$\pm 0.04$	0.06	$\pm 0.1$	Ι	I	1.14	$\pm 0.14$
21	$\alpha, \alpha$ -4-Trimethyl-benzenemethanol ( <i>p</i> -Cymen-8-ol) <sup>a</sup>	1183	1184	I	I	Ι	I	0.36	$\pm 0.12$	0.91	$\pm 0.65$
22	Octanoic acid	1184	1185	I	I	Ι	I	0.74	$\pm 0.13$	0.69	$\pm 0.36$
23	Nonanenitrile	1186	1191	Ι	I	Ι	I	0.66	$\pm 0.17$	0.79	$\pm 0.36$
24	(1R)-6,6-Dimethylbicyclo $[3.1.1]$ hept-2-en-2-carboxaldehyde (myrtenal) <sup>a</sup>	1190	1190	I	I	Ι	I	1.28	$\pm 0.28$	1.47	$\pm 0.31$
25	2,2,6-Trimethyl-1,4-cyclohexanedione	1195	1193	0.15	$\pm 0.03$	0.15	$\pm 0.08$	0.16	$\pm 0.08$	0.23	$\pm 0.11$
26	2,3-Dihydrobenzofuran (Coumaran) <sup>a</sup>	1219	1221	I	I	0.3	$\pm 0.12$	I	I	I	I
27	3-Phenylfuran	1224	1222	Ι	Ι	Ι	I	0.52	$\pm 0.31$	0.71	$\pm 0.34$
28	Isoquinoline <sup>a</sup>	1224	1224	2.27	$\pm 0.12$	1.15	$\pm 0.03$	0.21	$\pm 0.12$	Ι	I
29	Methyl nonanoate	1225	1227	I	I	Ι	I	5.51	$\pm 1.09$	4.46	$\pm 1.92$
30	2,4,6-Trimethylphenol (mesityl alcohol) <sup>a</sup>	1231	1234	Ι	I	Ι	I	Ι	I	0.28	$\pm 0.12$
31	2,3-Dihydro-1,1,3-trimethyl-1 <i>H</i> -indene	1239	1235	I	I	Ι	I	0.51	$\pm 0.20$	Ι	Ι
32	2,4-Cycloheptadien-1-one, 2,6,6-trimethyl-(eucarvone) <sup>a</sup>	1248	1248	Ι	I	Ι	I	0.1	$\pm 0.08$	I	I
33	Ethyl phenylacetate <sup>a</sup>	1253	1251	I	I	I	I	3.76	$\pm 0.98$	3.42	$\pm 0.78$
34	2-Phenylethyl acetate <sup>a</sup>	1256	1254	Ι	I	Ι	I	0.89	$\pm 0.31$	96.0	$\pm 0.23$

Table	1 (continued)										
Nos.	Compounds	RI <sup>exp</sup>	RI <sup>lit</sup>	A		в		C			
				Av.	SD	Av.	SD	PDMS	/DVB	PDMS/ DVB	CAR/
								Av.	SD	Av.	SD
35	1,2,3,4-Tetrahydro-1,1,6-trimethyl-naphtalene ( $\alpha$ -ionene)	1257	1257	I	I	I	I	0.11	$\pm 0.05$	0.21	±0.14
36	2-Phenyl-2-butenal <sup>a</sup>	1267	1269	I	I	I	I	0.42	$\pm 0.15$	0.49	$\pm 0.11$
37	Benzeneacetic acid <sup>a</sup>	1283	1282	1.47	$\pm 0.23$	2.06	$\pm 1.31$	I	I	0.4	$\pm 0.16$
38	4-Hydroxy-3,5,5-trimethylcyclohex-2-enone (4-hydroxyisophorone)	1293	1293	0.83	$\pm 0.41$	I	I	I	I	I	I
39	Thymol	1293	1294	I	I	I	I	I	I	7.18	$\pm 1.25$
40	3,5,5-Trimethyl-4-hydroxy-1-cyclohexanone-2-ene	1294	1292	I	I	0.49	$\pm 0.21$	I	I	I	I
41	1 <i>H</i> -Indole <sup>a</sup>	1298	1296	I	I	I	I	0.23	$\pm 0.13$	I	I
42	2-Methoxy-4-vinyIphenol <sup>a</sup>	1318	1317	I	I	0.16	$\pm 0.04$	I	I	I	I
43	1,2,3,4-Tetrahydro-1,5-dimethyl-naphtalene	1345	1342	I	I	I	I	0.13	$\pm 0.09$	0.41	$\pm 0.09$
4	3,4,5-Trimethylphenol	1349	1351	0.94	$\pm 0.41$	0.81	$\pm 0.24$	2.03	$\pm 0.63$	3.23	$\pm 1.08$
45	Eugenol <sup>a</sup>	1353	1353	I	I	I	I	I	I	0.15	$\pm 0.09$
46	<i>n</i> -Decanoic acid	1371	1371	I	I	I	I	I	I	0.63	$\pm 0.31$
47	Ethyl decanoate <sup>a</sup>	1379	1384	I	I	I	I	0.7	$\pm 0.26$	0.37	$\pm 0.41$
48	$(E)$ -1-(2,6,6-Trimethyl- 1,3-cyclohexadien-1-yl)-2-buten-1-one ( $\beta$ -damascenone) <sup>a</sup>	1380	1380	0.17	$\pm 0.06$	I	I	2.55	$\pm 1.08$	2.32	$\pm 0.36$
49	2-Methoxy-4-(1-propenyl)-phenol (isoeugenol) <sup>a</sup>	1407	1407	I	I	I	I	0.50	$\pm 0.17$	0.67	$\pm 0.15$
50	α-Gurjuene <sup>a</sup>	1411	1411	I	Ι	I	I	0.78	$\pm 0.36$	Ι	Ι
51	3-Hydroxy-4-methoxybenzaldehyde (isovanillin) <sup>a</sup>	1423	1425	0.11	$\pm 0.02$	0.36	$\pm 0.17$	I	I	I	I
52	4-Quinolinol/5-quinolinol/2(1H)-quinolinone <sup>a,b</sup>	1440	-	15.52	$\pm 3.29$	31.68	$\pm 6.21$	I	I	I	I
53	2-Methyl-5-(1,1,5-trimethyl-5-hexenyl)-furan	1440	1440	I	Ι	I	I	9.49	±2.39	8.59	$\pm 3.12$
54	4-Hydroxyacetophenone <sup>a</sup>	1442	1442	0.18	$\pm 0.06$	0.25	$\pm 0.11$	0.38	$\pm 0.12$	0.42	$\pm 0.16$
55	1,2,3,4-Tetrahydro-2,5,8-trimethyl-nphtalene	1469	1461	I	I	I	I	0.11	$\pm 0.10$	0.18	$\pm 0.10$
56	3-Phenylopyridine	1469	1462	I	Ι	I	I	0.26	$\pm 0.09$	0.08	$\pm 0.13$
57	Pentadecane	1500	1500	I	I	I	I	0.35	$\pm 0.05$	1.91	$\pm 0.69$
58	(3-(4-Tertbutyl-phenyl)-2-methyl-propionaldehyde) (lilial) <sup>a</sup>	1532	1535	I	I	I	I	I	I	0.86	$\pm 0.13$
59	Dodecanoic acid <sup>a</sup>	1565	1567	I	I	I	I	I	I	0.45	$\pm 0.14$
60	Hexadecane	1600	1600	I	I	I	I	0.21	$\pm 0.6$	0.39	$\pm 0.21$
61	1,6-Dimethyl-4-(1-methylethyl) naphthalene (cadalene)	1676	1672	I	I	I	I	0.73	$\pm 0.63$	0.55	$\pm 0.23$
62	4-[(1E)-3-Hydroxy-1-propeny]]-2-methoxyphenol (coniferyl alcohol)a	1742	1740	0.45	$\pm 0.09$	I	I	I	I	I	I
63	Tetradecanoic acid	1772	1772	I	I	I	I	0.31	$\pm 0.21$	0.2	±0.06
64	Isopropyl myristate	1835	1835	I	I	I	I	0.14	$\pm 0.08$	I	I
65	Pentadecanoic acid	1868	1869	I	I	I	I	0.21	$\pm 0.15$	0.03	$\pm 0.10$
99	Nonadecane	1900	1900	0.26	$\pm 0.13$	I	I	I	I	I	I

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# Table 1 (continued)

Nos.	Compounds	RI <sup>exp</sup>	RI <sup>lit</sup>	A		В		C			
				Av.	SD	Av.	SD	PDMS/	/DVB	PDMS/ DVB	CAR/
								Av.	SD	Av.	SD
67	Methyl hexadecanoate	1926	1931	I	1	I	I	0.09	±0.03	0.14	±0.09
68	(4-Hydroxy-3-methoxybenzaldehyde) vanillin <sup>a</sup>	1934	1934	0.31	$\pm 0.05$	0.42	$\pm 0.14$	0.32	$\pm 0.15$	0.12	$\pm 0.09$
69	<i>n</i> -Hexadecanoic acid	1963	1963	0.12	$\pm 0.09$	Ι	I	0.36	$\pm 0.15$	0.21	$\pm 0.12$
70	Eicosane	2000	2000	0.93	$\pm 0.14$	1.21	$\pm 0.60$	0.16	$\pm 0.09$	0.20	$\pm 0.16$
71	Isopropyl palmitate	2027	2029	I	I	I	I	0.29	$\pm 0.12$	0.09	$\pm 0.10$
72	(Z)-9-Octadecenal	2035	2035	I	I	Ι	I	0.11	$\pm 0.03$	I	I
73	Heneicosane	2100	2100	I	I	0.24	$\pm 0.12$	I	I	I	I
74	Ethyl octadecanoate	2112	2112	I	I	I	I	0.18	$\pm 0.10$	I	I
75	(Z,Z)-9,12-Octadecadienoic acid	2135	2135	I	I	Ι	I	0.2	$\pm 0.12$	0.09	$\pm 0.10$
76	Ethyl oleate	2167	2169	I	I	I	I	1.02	$\pm 0.34$	0.28	$\pm 0.36$
LL	1-Docosene <sup>a</sup>	2200	2200	1.01	$\pm 0.41$	0.3	$\pm 0.11$	0.14	$\pm 0.09$	I	I
78	(Z)-9-Tricosane	2227	2231	0.34	$\pm 0.12$	I	I	I	I	I	I
79	(Z)-9-Octadecenamide	2395	2398	0.33	$\pm 0.15$	0.35	$\pm 0.15$	0.19	$\pm 0.09$	I	I
80	(E)-1-(2,6-dihydroxy-4-methoxyphenyl)-3-phenyl-2-propen-1-one (pinostrobin chalcone)	> 2400	/	I	I	0.15	$\pm 0.09$	I	I	I	I
81	4',5-Dihydroxy-7-methoxyflavanone (genkwanin) <sup>a</sup>	> 2400	/	0.36	$\pm 0.21$	0.59	$\pm 0.34$	I	I	I	I
82	4H-1-Benzopyran-4-one, 2,3-dihydro-5,7-dihydroxy-2-phenyl-,(S)-(pinocembrin) <sup>a</sup>	> 2400	/	0.24	$\pm 0.13$	0.24	$\pm 0.09$	I	I	I	I
83	5-Hydroxy-7-methoxy-2-phenyl-4H-1-benzopyran-4-one (techtochrysin)	> 2400	/	I	I	0.15	$\pm 0.10$	I	I	Ι	I
84	5,7-Dihydroxy-2-phenyl-4 <i>H</i> -chromen-4-one (chrysin) <sup>a</sup>	> 2400	/	I	I	0.23	$\pm 0.12$	I	I	I	I
85	Squalene	> 2400	2833	0.97	$\pm 0.67$	0.32	$\pm 0.12$	I	I	I	I
A US from	E extracts, <i>B</i> SPE extract, <i>C</i> HS–SPME extracts, <i>RI</i> experimental retention indices on an HP-three repetition (honey samples = 3 for each year 2016 and 2017), <i>SD</i> standard deviation	5MS colu	mn, <i>Rl<sup>lit</sup></i>	literatur	e retention	indices o	on an HP-5	MS colu	1mn, Av. 2	werage p	eak area
<sup>a</sup> Con:	firmed with reference substance										
<sup>b</sup> Cort	ect isomer not identified										



Fig. 1 Indicative fragments of <sup>1</sup>H NMR spectra of USE extract (black line) and the same extract enriched with 4(1*H*)-quinolinone (blue line)

 

 Table 2
 <sup>1</sup>H NMR data for pure 4(1*H*)-quinolinone and in enriched *Hedera helix* honey extracts

Position	А	В
	$\boldsymbol{\delta}_{H}$	$\boldsymbol{\delta}_{H}$
1	10.15 s	nd
2	7.70 d	7.70 d
3	6.3 d	6.35 d
5	8.38 dd	8.33 dd
6	7.38 t	nd
7	7.49 d	nd
8	7.62 t	7.59 t

Chemical shifts are given in parts per million

A data for pure 4(1H)-quinolinone standard, B data for 4(1H)-quinolinone enriched extract

with the molecular formula  $C_9H_7NO$  and thus have identical molecular mass. Thus, <sup>1</sup>H NMR experiments of SPE fractions spiked with appropriate standards were conducted. As seen from Fig. 1, the obtained results confirmed the presence of 4(1*H*)-quinolinone, while 2(1*H*)-quinolinone and 5(1*H*)-quinolinone were not detected in this manner. The comparisons of <sup>1</sup>H NMR chemical shifts recorded for pure 4(1*H*)-quinolinone and in extracts enriched with this compound are reported in Table 2.

Phenylacetonitrile belongs to the class of nitrile compounds, which is detected in some unifloral honey [29–32]. It was previously found in *Taraxacum officinale* honey in quite significant amounts (up to 20% in headspace) [29], in Satsuma Mandarin [32] and in thyme honey [30] for which it was proposed as a chemical marker if combined with other compounds. Benzyl nitrile also was reported in high amount in one analyzed Ivy honey sample from Corsica [16].

Myrtenal belongs to the class of terpenes found in a low number of honey examples. So far, it was detected (at a



Fig. 2 Structure of compounds which could be treated as a biomarkers for Ivy honey a 4(1H)-quinolinone, b phenylacetonitrile, c myrtenal

significant level) only in Polish *Salix* spp. honey [33] and in lower amounts in manuka, clover and pohutukawa honey [34]. Structures of mentioned potential markers for *H. helix* honey are presented on Fig. 2.

Extracts obtained by USE and SPE extraction were also subject to the HPTLC analysis. As it was described previously, the obtained bands on HPTLC plates create unique patterns. Figure 3a, b represents such fingerprint patterns for Ivy honeys obtained by both methods. As we observed in our unpublished research, honey of different botanical origins create their own unique fingerprint. For comparison, data for phacelia (Phacelia tanacetifolia Benth) honey (pollen analysis: 85% of phacelia pollen with 15% of other one) are presented in Fig. 3c. It seems that the most important characteristic of *H. helix* honey, after derivatization, is the presence of bands at  $R_f = 0.30$  of a deep brown color and  $R_f = 0.39$  of an intense blue color (seen only under irradiation at 254 nm). Before derivatization, the most diagnostic part is the presence of bands at  $R_f = 0.35$  and  $R_f = 0.50$ , which also gave strong signals in the profile generated based on the HPTLC image (Fig. 3b). The characteristic bands with their color description for the samples after derivatization are collected in Table 3. Moreover, it is noticeable that in extracts obtained by the USE method, more bands between values of 0.5–1.0 are observed than in the SPE extracts.



Fig. 3 a Exemplary HPTLC chromatograms represented unique fingerprint of Ivy honey after USE and SPE, **b** exemplary profile of Ivy honey generated based on the chromatogram picture obtained before

derivatization under at 366 nm,  ${\bf c}$  exemplary HPTLC chromatograms represented unique fingerprint of phacelia honey after USE and SPE

#### Conclusions

*Hedera helix* (Irish ivy) honey is a very rare brand on the market and is offered nearly exclusively in Ireland as a prized therapeutic food. In this paper, the volatile components of

this honey were analyzed for the first time. Various methods for the isolation of these volatiles were used to comprehensively characterize the chemical fingerprint of this honey. The most representative profile of the chemicals was obtained by HS–SPME analysis when using two different

SPE						USE					
366 nr	n	254 m	m	White	light	366 m	n	254 m	m	White	light
R <sub>f</sub>	Color	$\overline{R_{\mathrm{f}}}$	Color	$\overline{R_{\mathrm{f}}}$	Color	$\overline{R_{\mathrm{f}}}$	Color	$\overline{R_{\mathrm{f}}}$	Color	$\overline{R_{\rm f}}$	Color
0.49	Light blue	0.39	Blue	0.30	Deep brown	0.49	Light blue	0.58	Weak orange	0.58	Violet
0.30	Deep brown	0.30	Deep brown	0.16	Orange	0.31	deep brown	0.49	Deep orange	0.49	Violet
0.18	Light brown	0.18	Deep orange	0.12	Green	0.28	light orange	0.39	Blue	0.31	Deep brown
0.12	Blue	0.12	Blue	0.07	Deep pink	0.18	light brown	0.31	Deep brown		
						0.12	blue	0.18	Deep orange		
								0.10	Blue		

**Table 3** Characteristic  $R_f$  values in HPTLC analysis of H. helix honey

USE ultrasound solvent extraction, SPE solid-phase extraction,  $R_f$  values are average from three plates for each extract, SD standard deviation was less than 0.02 for each band

types of fibers. On the other hand, the identification of 4(1H)-quinolinone was possible thanks to USE and SPE. A comparison of the obtained results showed that only a few compounds were identified in all extracts, which once more documented that the use of only one extraction method is not enough for creating a detailed chemical fingerprint of certain honey samples and the presence of several compounds rather than a specific one is characteristic of its botanical identification. Thus, 4(1H)-quinolinone, myrtenal and phenylacetonitrile were proposed as chemical markers of Irish honey. Moreover, the obtained results confirmed that the usage of HPTLC method is a precise approach for honey differentiation both as a single method and as a complementary method for GC-MS analysis. This is because the bands obtained on the HPTLC plate create a unique pattern, which enables simple visual authentication of honey. This visual identification could be automatized since it is reminiscent of a simple bar code system.

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#### **Compliance with ethical standards**

**Conflict of interest** All authors declare that they have no conflict of interest.

**Compliance with ethics requirements** This article does not contain any studies with human or animal subjects.

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