# Non-properly embedded $H$-planes in $\mathbb{H}^{2} \times \mathbb{R}$ 

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#### Abstract

For any $H \in\left(0, \frac{1}{2}\right)$, we construct complete, non-proper, stable, simplyconnected surfaces embedded in $\mathbb{H}^{2} \times \mathbb{R}$ with constant mean curvature $H$.


## 1 Introduction

In their ground breaking work [2], Colding and Minicozzi proved that complete minimal surfaces embedded in $\mathbb{R}^{3}$ with finite topology are proper. Based on the techniques in [2], Meeks and Rosenberg [5] then proved that complete minimal surfaces with positive injectivity embedded in $\mathbb{R}^{3}$ are proper. More recently, Meeks and Tinaglia [7]

[^0]proved that complete constant mean curvature surfaces embedded in $\mathbb{R}^{3}$ are proper if they have finite topology or have positive injectivity radius.

In contrast to the above results, in this paper we prove the following existence theorem for non-proper, complete, simply-connected surfaces embedded in $\mathbb{H}^{2} \times \mathbb{R}$ with constant mean curvature $H \in(0,1 / 2)$. The convention used here is that the mean curvature function of an oriented surface $M$ in an oriented Riemannian three-manifold $N$ is the pointwise average of its principal curvatures.

The catenoids in $\mathbb{H}^{2} \times \mathbb{R}$ mentioned in the next theorem are defined at the beginning of Sect. 2.1.

Theorem 1.1 For any $H \in(0,1 / 2)$ there exists a complete, stable, simply-connected surface $\Sigma_{H}$ embedded in $\mathbb{H}^{2} \times \mathbb{R}$ with constant mean curvature $H$ satisfying the following properties:
(1) The closure of $\Sigma_{H}$ is a lamination with three leaves, $\Sigma_{H}, C_{1}$ and $C_{2}$, where $C_{1}$ and $C_{2}$ are stable catenoids of constant mean curvature $H$ in $\mathbb{H}^{3}$ with the same axis of revolution L. In particular, $\Sigma_{H}$ is not properly embedded in $\mathbb{H}^{2} \times \mathbb{R}$.
(2) Let $K_{L}$ denote the Killing field generated by rotations around L. Every integral curve of $K_{L}$ that lies in the region between $C_{1}$ and $C_{2}$ intersects $\Sigma_{H}$ transversely in a single point. In particular, the closed region between $C_{1}$ and $C_{2}$ is foliated by surfaces of constant mean curvature $H$, where the leaves are $C_{1}$ and $C_{2}$ and the rotated images $\Sigma_{H}(\theta)$ of $\Sigma$ around $L$ by angle $\theta \in[0,2 \pi)$.

When $H=0$, Rodríguez and Tinaglia [10] constructed non-proper, complete minimal planes embedded in $\mathbb{H}^{2} \times \mathbb{R}$. However, their construction does not generalize to produce complete, non-proper planes embedded in $\mathbb{H}^{2} \times \mathbb{R}$ with non-zero constant mean curvature. Instead, the construction presented in this paper is related to the techniques developed by the authors in [3] to obtain examples of non-proper, stable, complete planes embedded in $\mathbb{H}^{3}$ with constant mean curvature $H$, for any $H \in[0,1)$.

There is a general conjecture related to Theorem 1.1 and the previously stated positive properness results. Given $X$ a Riemannian three-manifold, let $\operatorname{Ch}(X):=$ $\inf _{S \in \mathcal{S}} \frac{\operatorname{Area}(\partial S)}{\operatorname{Volume}(S)}$, where $\mathcal{S}$ is the set of all smooth compact domains in $X$. Note that when the volume of $X$ is infinite, $\operatorname{Ch}(X)$ is the Cheeger constant.

Conjecture 1.2 Let $X$ be a simply-connected, homogeneous three-manifold. Then for any $H \geq \frac{1}{2} C h(X)$, every complete, connected $H$-surface embedded in $X$ with positive injectivity radius or finite topology is proper. On the other hand, if $\operatorname{Ch}(X)>0$, then there exist non-proper complete $H$-planes in $X$ for every $H \in\left[0, \frac{1}{2} C h(X)\right)$.

By the work in [2], Conjecture 1.2 holds for $X=\mathbb{R}^{3}$ and it holds in $\mathbb{H}^{3}$ by work in progress in [6]. Since the Cheeger constant of $\mathbb{H}^{2} \times \mathbb{R}$ is 1 , Conjecture 1.2 would imply that Theorem 1.1 (together with the existence of complete non-proper minimal planes embedded in $\mathbb{H}^{2} \times \mathbb{R}$ found in [10]) is a sharp result.

## 2 Preliminaries

In this section, we will review the basic properties of $H$-surfaces, a concept that we next define. We will call a smooth oriented surface $\Sigma_{H}$ in $\mathbb{H}^{2} \times \mathbb{R}$ an $H$-surface if
it is embedded and its mean curvature is constant equal to $H$; we will assume that $\Sigma_{H}$ is appropriately oriented so that $H$ is non-negative. We will use the cylinder model of $\mathbb{H}^{2} \times \mathbb{R}$ with coordinates $(\rho, \theta, t)$; here $\rho$ is the hyperbolic distance from the origin (a chosen base point) in $\mathbb{H}_{0}^{2}$, where $\mathbb{H}_{t}^{2}$ denotes $\mathbb{H}^{2} \times\{t\}$. We next describe the $H$-catenoids mentioned in the Introduction.

The following $H$-catenoids family will play a particularly important role in our construction.

### 2.1 Rotationally invariant vertical $\boldsymbol{H}$-catenoids $\mathcal{C}_{d}{ }_{\boldsymbol{H}}$

We begin this section by recalling several results in [8,9]. Given $H \in\left(0, \frac{1}{2}\right)$ and $d \in[-2 H, \infty)$, let

$$
\eta_{d}=\cosh ^{-1}\left(\frac{2 d H+\sqrt{1-4 H^{2}+d^{2}}}{1-4 H^{2}}\right)
$$

and let $\lambda_{d}:\left[\eta_{d}, \infty\right) \rightarrow[0, \infty)$ be the function defined as follows.

$$
\begin{equation*}
\lambda_{d}(\rho)=\int_{\eta_{d}}^{\rho} \frac{d+2 H \cosh r}{\sqrt{\sinh ^{2} r-(d+2 H \cosh r)^{2}}} d r \tag{1}
\end{equation*}
$$

Note that $\lambda_{d}(\rho)$ is a strictly increasing function with $\lim _{\rho \rightarrow \infty} \lambda_{d}(\rho)=\infty$ and derivative $\lambda_{d}^{\prime}\left(\eta_{d}\right)=\infty$ when $d \in(-2 H, \infty)$.

In [8] Nelli, Sa Earp, Santos and Toubiana proved that there exists a 1-parameter family of embedded $H$-catenoids $\left\{\mathcal{C}_{d}^{H} \mid d \in(-2 H, \infty)\right\}$ obtained by rotating a generating curve $\lambda_{d}(\rho)$ about the $t$-axis. The generating curve $\widehat{\lambda}_{d}$ is obtained by doubling the curve $\left(\rho, 0, \lambda_{d}(\rho)\right), \rho \in\left[\eta_{d}, \infty\right)$, with its reflection $\left(\rho, 0,-\lambda_{d}(\rho)\right), \rho \in\left[\eta_{d}, \infty\right)$. Note that $\hat{\lambda}_{d}$ is a smooth curve and that the necksize, $\eta_{d}$, is a strictly increasing function in $d$ satisfying the properties that $\eta_{-2 H}=0$ and $\lim _{d \rightarrow \infty} \eta_{d}=\infty$.

If $d=-2 H$, then by rotating the curve $\left(\rho, 0, \lambda_{d}(\rho)\right)$ around the $t$-axis one obtains a simply-connected $H$-surface $E_{H}$ that is an entire graph over $\mathbb{H}_{0}^{2}$. We denote by $-E_{H}$ the reflection of $E_{H}$ across $\mathbb{H}_{0}^{2}$.

We next recall the definition of the mean curvature vector.
Definition 2.1 Let $M$ be an oriented surface in an oriented Riemannian three-manifold and suppose that $M$ has non-zero mean curvature $H(p)$ at $p$. The mean curvature vector at $p$ is $\mathbf{H}(p):=H(p) N(p)$, where $N(p)$ is its unit normal vector at $p$. The mean curvature vector $\mathbf{H}(p)$ is independent of the orientation on $M$.

Note that the mean curvature vector $\mathbf{H}$ of $\mathcal{C}_{d}^{H}$ points into the connected component of $\mathbb{H}^{2} \times \mathbb{R}-\mathcal{C}_{d}^{H}$ that contains the $t$-axis. The mean curvature vector of $E_{H}$ points upward while the mean curvature vector of $-E_{H}$ points downward.

In order to construct the examples described in Theorem 1.1, we first obtain certain geometric properties satisfied by $H$-catenoids. For example, in the following lemma, we show that for certain values of $d_{1}$ and $d_{2}$, the catenoids $\mathcal{C}_{d_{1}}^{H}$ and $\mathcal{C}_{d_{2}}^{H}$ are disjoint.

Given $d \in(-2 H, \infty)$, let $b_{d}(t):=\lambda_{d}^{-1}(t)$ for $t \geq 0$; note that $b_{d}(0)=\eta_{d}$. Abusing the notation let $b_{d}(t):=b_{d}(-t)$ for $t \leq 0$.

Lemma 2.1 (Disjoint $H$-catenoids) Given $d_{1}>2$, there exist $d_{0}>d_{1}$ and $\delta_{0}>0$ such that for any $d_{2} \in\left[d_{0}, \infty\right)$, then

$$
\inf _{t \in \mathbb{R}}\left(b_{d_{2}}(t)-b_{d_{1}}(t)\right) \geq \delta_{0} .
$$

In particular, the corresponding $H$-catenoids are disjoint, i.e. $\mathcal{C}_{d_{1}}^{H} \cap \mathcal{C}_{d_{2}}^{H}=\emptyset$.
Moreover, $b_{d_{2}}(t)-b_{d_{1}}(t)$ is decreasing for $t>0$ and increasing for $t<0$. In particular,

$$
\sup _{t \in \mathbb{R}}\left(b_{d_{2}}(t)-b_{d_{1}}(t)\right)=b_{d_{2}}(0)-b_{d_{1}}(0)=\eta_{d_{2}}-\eta_{d_{1}} .
$$

The proof of the above lemma requires a rather lengthy computation that is given in the Appendix.

We next recall the well-known mean curvature comparison principle.
Proposition 2.2 (Mean curvature comparison principle) Let $M_{1}$ and $M_{2}$ be two complete, connected embedded surfaces in a three-dimensional Riemannian manifold. Suppose that $p \in M_{1} \cap M_{2}$ satisfies that a neighborhood of $p$ in $M_{1}$ locally lies on the side of a neighborhood of $p$ in $M_{2}$ into which $\mathbf{H}_{2}(p)$ is pointing. Then $\left|H_{1}\right|(p) \geq\left|H_{2}\right|(p)$. Furthermore, if $M_{1}$ and $M_{2}$ are constant mean curvature surfaces with $\left|H_{1}\right|=\left|H_{2}\right|$, then $M_{1}=M_{2}$.

## 3 The examples

For a fixed $H \in(0,1 / 2)$, the outline of construction is as follows. First, we will take two disjoint $H$-catenoids $\mathcal{C}_{1}$ and $\mathcal{C}_{2}$ whose existence is given in Lemma 2.1. These catenoids $\mathcal{C}_{1}, \mathcal{C}_{2}$ bound a region $\Omega$ in $\mathbb{H}^{2} \times \mathbb{R}$ with fundamental group $\mathbb{Z}$. In the universal cover $\widetilde{\Omega}$ of $\Omega$, we define a piecewise smooth compact exhaustion $\Delta_{1} \subset \Delta_{2} \subset \cdots \subset \Delta_{n} \subset \cdots$ of $\widetilde{\Omega}$. Then, by solving the $H$-Plateau problem for special curves $\Gamma_{n} \subset \partial \Delta_{n}$, we obtain minimizing $H$-surfaces $\Sigma_{n}$ in $\Delta_{n}$ with $\partial \Sigma_{n}=\Gamma_{n}$. In the limit set of these surfaces, we find an $H$-plane $\mathcal{P}$ whose projection to $\Omega$ is the desired non-proper $H$-plane $\Sigma_{H} \subset \mathbb{H}^{2} \times \mathbb{R}$.

### 3.1 Construction of $\tilde{\boldsymbol{\Omega}}$

Fix $H \in\left(0, \frac{1}{2}\right)$ and $d_{1}, d_{2} \in(2, \infty), d_{1}<d_{2}$, such that by Lemma 2.1, the related $H$-catenoids $\mathcal{C}_{d_{1}}^{H}$ and $\mathcal{C}_{d_{2}}^{H}$ are disjoint; note that in this case, $\mathcal{C}_{d_{1}}^{H}$ lies in the interior of the simply-connected component of $\mathbb{H}^{2} \times \mathbb{R}-\mathcal{C}_{d_{2}}^{H}$. We will use the notation $\mathcal{C}_{i}:=$ $\mathcal{C}_{d_{i}}^{H}$. Recall that both catenoids have the same rotational axis, namely the $t$-axis, and recall that the mean curvature vector $\mathbf{H}_{i}$ of $\mathcal{C}_{i}$ points into the connected component of


Fig. 1 The induced coordinates $(\rho, \widetilde{\theta}, t)$ in $\widetilde{\Omega}$
$\mathbb{H}^{2} \times \mathbb{R}-\mathcal{C}_{i}$ that contains the $t$-axis. We emphasize here that $H$ is fixed and so we will omit describing it in future notations.

Let $\Omega$ be the closed region in $\mathbb{H}^{2} \times \mathbb{R}$ between $\mathcal{C}_{1}$ and $\mathcal{C}_{2}$, i.e., $\partial \Omega=\mathcal{C}_{1} \cup \mathcal{C}_{2}$ (Fig. 1left). Notice that the set of boundary points at infinity $\partial_{\infty} \Omega$ is equal to $S_{\infty}^{1} \times\{-\infty\} \cup$ $S_{\infty}^{1} \times\{\infty\}$, i.e., the corner circles in $\partial_{\infty} \mathbb{H}^{2} \times \mathbb{R}$ in the product compactification, where we view $\mathbb{H}^{2}$ to be the open unit disk $\left\{(x, y) \in \mathbb{R}^{2} \mid x^{2}+y^{2}<1\right\}$ with base point the origin $\overrightarrow{0}$.

By construction, $\Omega$ is topologically a solid torus. Let $\widetilde{\Omega}$ be the universal cover of $\Omega$. Then, $\partial \widetilde{\Omega}=\widetilde{\mathcal{C}_{1}} \cup \widetilde{\mathcal{C}_{2}}$ (Fig. 1-right), where $\widetilde{\mathcal{C}_{1}}, \widetilde{\mathcal{C}_{2}}$ are the respective lifts to $\widetilde{\Omega}$ of $\mathcal{C}_{1}, \mathcal{C}_{2}$. Notice that $\widetilde{\mathcal{C}}_{1}$ and $\widetilde{\mathcal{C}}_{2}$ are both $H$-planes, and the mean curvature vector $\mathbf{H}$ points outside of $\widetilde{\Omega}$ along $\widetilde{\mathcal{C}}_{1}$ while $\mathbf{H}$ points inside of $\widetilde{\Omega}$ along $\widetilde{\mathcal{C}}_{2}$. We will use the induced coordinates $(\rho, \widetilde{\theta}, t)$ on $\widetilde{\Omega}$ where $\widetilde{\theta} \in(-\infty, \infty)$. In particular, if

$$
\begin{equation*}
\Pi: \widetilde{\Omega} \rightarrow \Omega \tag{2}
\end{equation*}
$$

is the covering map, then $\Pi\left(\rho_{o}, \widetilde{\theta}_{o}, t_{o}\right)=\left(\rho_{o}, \theta_{o}, t_{o}\right)$ where $\theta_{o} \equiv \widetilde{\theta_{o}} \bmod 2 \pi$.
Recalling the definition of $b_{i}(t), i=1,2$, note that a point $(\rho, \theta, t)$ belongs to $\Omega$ if and only if $\rho \in\left[b_{1}(t), b_{2}(t)\right]$ and we can write

$$
\widetilde{\Omega}=\left\{(\rho, \widetilde{\theta}, t) \mid \rho \in\left[b_{1}(t), b_{2}(t)\right], \widetilde{\theta} \in \mathbb{R}, t \in \mathbb{R}\right\}
$$

### 3.2 Infinite bumps in $\tilde{\boldsymbol{\Omega}}$

Let $\gamma$ be the geodesic through the origin in $\mathbb{H}_{0}^{2}$ obtained by intersecting $\mathbb{H}_{0}^{2}$ with the vertical plane $\{\theta=0\} \cup\{\theta=\pi\}$. For $s \in[0, \infty)$, let $\varphi_{s}$ be the orientation preserving hyperbolic isometry of $\mathbb{H}_{0}^{2}$ that is the hyperbolic translation along the geodesic $\gamma$ with $\varphi_{s}(0,0)=(s, 0)$. Let

$$
\begin{equation*}
\widehat{\varphi}_{s}: \mathbb{H}^{2} \times \mathbb{R} \rightarrow \mathbb{H}^{2} \times \mathbb{R}, \quad \widehat{\varphi}_{s}(\rho, \theta, t)=\left(\varphi_{s}(\rho, \theta), t\right) \tag{3}
\end{equation*}
$$

be the related extended isometry of $\mathbb{H}^{2} \times \mathbb{R}$.

Let $\mathcal{C}_{d}$ be an embedded $H$-catenoid as defined in Sect. 2.1. Notice that the rotation axis of the $H$-catenoid $\widehat{\varphi}_{s_{0}}\left(\mathcal{C}_{d}\right)$ is the vertical line $\left\{\left(s_{0}, 0, t\right) \mid t \in \mathbb{R}\right\}$.

Let $\delta:=\inf _{t \in \mathbb{R}}\left(b_{2}(t)-b_{1}(t)\right)$, which gives an upper bound estimate for the asymptotic distance between the catenoids; recall that by our choices of $\mathcal{C}_{1}, \mathcal{C}_{2}$ given in Lemma 2.1, we have $\delta>0$. Let $\delta_{1}=\frac{1}{2} \min \left\{\delta, \eta_{1}\right\}$ and let $\delta_{2}=\delta-\frac{\delta_{1}}{2}$. Let $\widehat{\mathcal{C}_{1}}:=\widehat{\varphi}_{\delta_{1}}\left(\mathcal{C}_{1}\right)$ and $\widehat{\mathcal{C}_{2}}:=\widehat{\varphi}-\delta_{2}\left(\mathcal{C}_{2}\right)$. Note that $\delta_{1}+\delta_{2}>\delta$.

Claim 3.1 The intersection $\Omega \cap \widehat{\mathcal{C}_{i}}, i=1,2$, is an infinite strip.
Proof Given $t \in \mathbb{R}$, let $\mathbb{H}_{t}^{2}$ denote $\mathbb{H}^{2} \times\{t\}$. Let $\tau_{t}^{i}:=\mathcal{C}_{i} \cap \mathbb{H}_{t}^{2}$ and $\widehat{\tau}_{t}^{i}:=\widehat{\mathcal{C}_{i}} \cap \mathbb{H}_{t}^{2}$. Note that for $i=1,2, \tau_{t}^{i}$ is a circle in $\mathbb{H}_{t}^{2}$ of radius $b_{i}(t)$ centered at $(0,0, t)$ while $\widehat{\tau}_{t}^{1}$ is a circle in $\mathbb{H}_{t}^{2}$ of radius $b_{1}(t)$ centered at $p_{1, t}:=\left(\delta_{1}, 0, t\right)$ and $\widehat{\tau}_{t}^{2}$ is a circle in $\mathbb{H}_{t}^{2}$ of radius $b_{2}(t)$ centered at $p_{2, t}:=\left(-\delta_{2}, 0, t\right)$. We claim that for any $t \in \mathbb{R}$, the intersection $\widehat{\tau}_{t}^{i} \cap \Omega$ is an arc with end points in $\tau_{t}^{i}, i=1,2$. This result would give that $\Omega \cap \widehat{\mathcal{C}_{i}}$ is an infinite strip. We next prove this claim.

Consider the case $i=1$ first. Since $\delta_{1}<\eta_{1} \leq b_{1}(t)$, the center $p_{1, t}$ is inside the disk in $\mathbb{H}_{t}^{2}$ bounded by $\tau_{t}^{1}$. Since the radii of $\tau_{t}^{1}$ and $\widehat{\tau}_{t}^{1}$ are both equal to $b_{1}(t)$, then the intersection $\tau_{t}^{1} \cap \widehat{\tau}_{t}^{1}$ is nonempty. It remains to show that $\widehat{\tau}_{t}^{1} \cap \tau_{t}^{2}=\emptyset$, namely that $b_{1}(t)+\delta_{1}<b_{2}(t)$. This follows because

$$
\delta_{1}<\delta=\inf _{t \in \mathbb{R}}\left(b_{2}(t)-b_{1}(t)\right)
$$

This argument shows that $\Omega \cap \widehat{\mathcal{C}}_{1}$ is an infinite strip.
Consider now the case $i=2$. Since $\delta_{2}<\delta<b_{2}(t)$, the center $p_{2, t}$ is inside the disk in $\mathbb{H}_{t}^{2}$ bounded by $\tau_{t}^{2}$. Since the radii of $\tau_{t}^{2}$ and $\widehat{\tau}_{t}^{2}$ are both equal to $b_{2}(t)$, then the intersection $\tau_{t}^{2} \cap \widehat{\tau}_{t}^{2}$ is nonempty. It remains to show that $\tau_{t}^{1} \cap \widehat{\tau}_{t}^{2}=\emptyset$, namely that $b_{2}(t)-\delta_{2}>b_{1}(t)$. This follows because

$$
b_{2}(t)-b_{1}(t) \geq \inf _{t \in \mathbb{R}}\left(b_{2}(t)-b_{1}(t)\right)=\delta>\delta_{2}
$$

This completes the proof that $\Omega \cap \widehat{\mathcal{C}_{2}}$ is an infinite strip and finishes the proof of the claim.

Now, let $Y^{+}:=\Omega \cap \widehat{\mathcal{C}_{2}}$ and let $Y^{-}:=\Omega \cap \widehat{\mathcal{C}_{1}}$. In light of Claim 3.1 and its proof, we know that $Y^{+} \cap \mathcal{C}_{1}=\emptyset$ and $Y^{-} \cap \mathcal{C}_{2}=\emptyset$.


Fig. 2 The position of the bumps $\mathcal{B}^{ \pm}$in $\widetilde{\Omega}$ is shown in the picture. The small arrows show the mean curvature vector direction. The $H$-surfaces $\Sigma_{n}$ are disjoint from the infinite strips $\mathcal{B}^{ \pm}$by construction

Remark 3.2 Note that by construction, any rotational surface contained in $\Omega$ must intersect $\widehat{\mathcal{C}_{1}} \cup \widehat{\mathcal{C}_{2}}$. In particular, $Y^{+} \cup Y^{-}$intersects all $H$-catenoids $\mathcal{C}_{d}$ for $d \in\left(d_{1}, d_{2}\right)$ as the circles $\mathcal{C}_{d} \cap \mathbb{H}_{t}^{2}$ intersect either the circle $\widehat{\tau}_{t}^{2}$ or the circle $\widehat{\tau}_{t}^{1}$ for some $t>0$ since $\delta_{1}+\delta_{2}>\delta$.

In $\widetilde{\Omega}$, let $\mathcal{B}^{+}$be the lift of $Y^{+}$in $\widetilde{\Omega}$ which intersects the slice $\{\widetilde{\theta}=-10 \pi\}$. Similarly, let $\mathcal{B}^{-}$be the lift of $Y^{-}$in $\widetilde{\Omega}$ which intersects the slice $\{\widetilde{\theta}=10 \pi\}$. Note that each lift of $Y^{+}$or $Y^{-}$is contained in a region where the $\widetilde{\theta}$ values of their points lie in ranges of the form $\left(\theta_{0}-\pi, \theta_{0}+\pi\right)$ and so $\mathcal{B}^{+} \cap \mathcal{B}^{-}=\emptyset$. See Fig. 2.

The $H$-surfaces $\mathcal{B}^{ \pm}$near the top and bottom of $\widetilde{\Omega}$ will act as barriers (infinite bumps) in the next section, ensuring that the limit $H$-plane of a certain sequence of compact $H$-surfaces does not collapse to an $H$-lamination of $\widetilde{\Omega}$ all of whose leaves are invariant under translations in the $\widetilde{\theta}$-direction.

Next we modify $\widetilde{\Omega}$ as follows. Consider the component of $\widetilde{\Omega}-\left(\mathcal{B}^{+} \cup \mathcal{B}^{-}\right)$containing the slice $\{\widetilde{\theta}=0\}$. From now on we will call the closure of this region $\widetilde{\Omega}^{*}$.

### 3.3 The compact exhaustion of $\tilde{\Omega}^{*}$

Consider the rotationally invariant $H$-planes $E_{H},-E_{H}$ described in Sect. 2. Recall that $E_{H}$ is a graph over the horizontal slice $\mathbb{H}_{0}^{2}$ and it is also tangent to $\mathbb{H}_{0}^{2}$ at the origin. Given $t \in \mathbb{R}$, let $E_{H}^{t}=-E_{H}+(0,0, t)$ and $-E_{H}^{t}=E_{H}-(0,0, t)$. Both families $\left\{E_{H}^{t}\right\}_{t \in \mathbb{R}}$ and $\left\{-E_{H}^{t}\right\}_{t \in \mathbb{R}}$ foliate $\mathbb{H}^{2} \times \mathbb{R}$. Moreover, there exists $n_{0} \in \mathbb{N}$ such that for any $n>n_{0}, n \in \mathbb{N}$, the following holds. The highest (lowest) component of the intersection $S_{n}^{+}:=E_{H}^{n} \cap \Omega\left(S_{n}^{-}:=-E_{H}^{n} \cap \Omega\right)$ is a rotationally invariant annulus with boundary components contained in $\mathcal{C}_{1}$ and $\mathcal{C}_{2}$. The annulus $S_{n}^{+}$lies "above" $S_{n}^{-}$ and their intersection is empty. The region $\mathcal{U}_{n}$ in $\Omega$ between $S_{n}^{+}$and $S_{n}^{-}$is a solid torus, see Fig. 3-left, and the mean curvature vectors of $S_{n}^{+}$and $S_{n}^{-}$point into $\mathcal{U}_{n}$.

Let $\widetilde{\mathcal{U}}_{n} \subset \widetilde{\Omega}$ be the universal cover of $\mathcal{U}_{n}$, see Fig. 3-right. Then, $\partial \widetilde{\mathcal{U}}_{n}-\partial \widetilde{\Omega}=\widetilde{S}_{n}^{+} \cup \widetilde{S}_{n}^{-}$ where can view $\widetilde{S}_{n}^{ \pm}$as a lift to $\widetilde{\mathcal{U}}_{n}$ of the universal cover of the annulus $S_{n}^{ \pm}$. Hence,


Fig. $3 \mathcal{U}_{n}=\Omega \cap \widehat{\mathcal{U}}_{n}$ and $\tilde{\mathcal{U}}_{n}$ denotes its universal cover. Note that $\partial \widetilde{\mathcal{U}}_{n} \subset \widetilde{\mathcal{C}}_{1} \cup \widetilde{\mathcal{C}}_{2} \cup \widetilde{S}_{n}^{+} \cup \widetilde{S}_{n}^{-}$


Fig. $4 \tau_{t}^{i}=\mathcal{C}_{i} \cap \mathbb{H}_{t}^{2}$ is a round circle of radius $b_{i}(t)$ with center $O . \widehat{\tau}_{t}^{3}=\widehat{\mathcal{C}}_{3} \cap \mathbb{H}_{t}^{2}$ is a round circle of radius $b_{2}(t)$ with center $C=\left(\eta_{2}, 0, t\right)$
$\widetilde{S}_{n}^{ \pm}$is an infinite $H$-strip in $\widetilde{\Omega}$, and the mean curvature vectors of the surfaces $\widetilde{S}_{n}^{+}, \widetilde{S}_{n}^{-}$ point into $\widetilde{\mathcal{U}}_{n}$ along $\widetilde{S}_{n}^{ \pm}$. Note that each $\widetilde{\mathcal{U}}_{n}$ has bounded $t$-coordinate. Furthermore, we can view $\widetilde{\mathcal{U}}_{n}$ as $\left(\mathcal{U}_{n} \cap \mathcal{P}_{0}\right) \times \mathbb{R}$, where $\mathcal{P}_{0}$ is the half-plane $\{\theta=0\}$ and the second coordinate is $\widetilde{\theta}$. Abusing the notation, we redefine $\widetilde{\mathcal{U}}_{n}$ to be $\widetilde{\mathcal{U}}_{n} \cap \widetilde{\Omega}^{*}$, that is we have removed the infinite bumps $\mathcal{B}^{ \pm}$from $\widetilde{\mathcal{U}}_{n}$.

Now, we will perform a sequence of modifications of $\tilde{\mathcal{U}}_{n}$ so that for each of these modifications, the $\widetilde{\theta}$-coordinate in $\widetilde{\mathcal{U}}_{n}$ is bounded and so that we obtain a compact exhaustion of $\widetilde{\Omega}^{*}$. In order to do this, we will use arguments that are similar to those in Claim 3.1. Recall that the necksize of $\mathcal{C}_{2}$ is $\eta_{2}=b_{2}(0)$. Let $\widehat{\mathcal{C}_{3}}=\widehat{\varphi}_{\eta_{2}}\left(\mathcal{C}_{2}\right)$, see equation (3) for the definition of $\widehat{\varphi}_{\eta_{2}}$. Then, $\widehat{\mathcal{C}}_{3}$ is a rotationally invariant catenoid whose rotational axis is the line $\left(\eta_{2}, 0\right) \times \mathbb{R}$ (Fig. 4-left).
Lemma 3.3 The intersection $\widehat{\mathcal{C}_{3}} \cap \Omega$ is a pair of infinite strips.
Proof It suffices to show that $\widehat{\mathcal{C}_{3}} \cap \mathcal{C}_{1}$ and $\widehat{\mathcal{C}_{3}} \cap \mathcal{C}_{2}$ each consists of a pair of infinite lines. Now, consider the horizontal circles $\tau_{t}^{1}, \tau_{t}^{2}$, and $\widehat{\tau}_{t}^{3}$ in the intersection of $\mathbb{H}_{t}^{2}$ and $\mathcal{C}_{1}, \mathcal{C}_{2}$, and $\widehat{\mathcal{C}}_{3}$ respectively, where $\mathbb{H}_{t}^{2}=\mathbb{H}^{2} \times\{t\}$. For any $t \in \mathbb{R}, \tau_{t}^{i}$ is a circle of radius $b_{i}(t)$ in $\mathbb{H}_{t}^{2}$ with center $(0,0, t)$. Similarly, $\widehat{\tau}_{t}^{3}$ is a circle of radius $b_{2}(t)$ in $\mathbb{H}_{t}^{2}$ with center $\left(\eta_{2}, 0, t\right)$, see Fig. 4-right. Hence, it suffices to show that for any $t \in \mathbb{R}$ each of the intersection $\tau_{t}^{1} \cap \widehat{\tau}_{t}^{3}$ and $\tau_{t}^{2} \cap \widehat{\tau}_{t}^{3}$ consists of two points.

By construction, it is easy to see $\tau_{t}^{2} \cap \widehat{\tau}_{t}^{3}$ consists of two points. This is because $\tau_{t}^{2}$ and $\widehat{\tau}_{t}^{3}$ have the same radius, $b_{2}(t)$ and $\eta_{2}+b_{2}(t)>b_{2}(t)$ and $\eta_{2}-b_{2}(t)>-b_{2}(t)$. Therefore, it remains to show that $\tau_{t}^{1} \cap \widehat{\tau}_{t}^{3}$ consists of two points. By construction, this would be the case if $\eta_{2}-b_{2}(t)<b_{1}(t)$ and $\eta_{2}-b_{2}(t)>-b_{1}(t)$. The first inequality follows because $\eta_{2}=\inf _{t \in \mathbb{R}} b_{2}(t)$. The second inequality follows from Lemma 2.1 because

$$
\eta_{2}>\eta_{2}-\eta_{1}=\sup _{t \in \mathbb{R}}\left(b_{2}(t)-b_{1}(t)\right)
$$

Now, let $\widehat{\mathcal{C}_{3}} \cap \Omega=T^{+} \cup T^{-}$, where $T^{+}$is the infinite strip with $\theta \in(0, \pi)$, and $T^{-}$is the infinite strip with $\theta \in(-\pi, 0)$. Note that $T^{ \pm}$is a $\theta$-graph over the infinite strip $\widehat{\mathcal{P}}_{0}=\Omega \cap \mathcal{P}_{0}$ where $\mathcal{P}_{0}$ is the half plane $\{\theta=0\}$. Let $\mathcal{V}$ be the component of $\Omega-\widehat{C}_{3}$ containing $\widehat{\mathcal{P}}_{0}$. Notice that the mean curvature vector $\mathbf{H}$ of $\partial \mathcal{V}$ points into $\mathcal{V}$ on both $T^{+}$and $T^{-}$.

Consider the lifts of $T^{+}$and $T^{-}$in $\widetilde{\Omega}$. For $n \in \mathbb{Z}$, let $\widetilde{T}_{n}^{+}$be the lift of $T^{+}$which belongs to the region $\widetilde{\theta} \in(2 n \pi,(2 n+1) \pi)$. Similarly, let $\widetilde{T}_{n}^{-}$be the lift of $T^{-}$which belongs to the region $\widetilde{\theta} \in((2 n-1) \pi, 2 n \pi)$. Let $\mathcal{V}_{n}$ be the closed region in $\widetilde{\Omega}$ between the infinite strips $\widetilde{T}_{-n}^{-}$and $\widetilde{T}_{n}^{+}$. Notice that for $n$ sufficiently large, $\mathcal{B}^{ \pm} \subset \mathcal{V}_{n}$.

Next we define the compact exhaustion $\Delta_{n}$ of $\widetilde{\Omega}^{*}$ as follows: $\Delta_{n}:=\widetilde{\mathcal{U}}_{n} \cap \mathcal{V}_{n}$. Furthermore, the absolute value of the mean curvature of $\partial \Delta_{n}$ is equal to $H$ and the mean curvature vector $\mathbf{H}$ of $\partial \Delta_{n}$ points into $\Delta_{n}$ on $\partial \Delta_{n}-\left[\left(\partial \Delta_{n} \cap \widetilde{\mathcal{C}_{1}}\right) \cup \mathcal{B}^{-}\right]$.

### 3.4 The sequence of $\boldsymbol{H}$-surfaces

We next define a sequence of compact $H$-surfaces $\left\{\Sigma_{n}\right\}_{n \in \mathbb{N}}$ where $\Sigma_{n} \subset \Delta_{n}$. For each $n$ sufficiently large, we define a simple closed curve $\Gamma_{n}$ in $\partial \Delta_{n}$, and then we solve the $H$-Plateau problem for $\Gamma_{n}$ in $\Delta_{n}$. This will provide an embedded $H$-surface $\Sigma_{n}$ in $\Delta_{n}$ with $\partial \Sigma_{n}=\Gamma_{n}$ for each $n$.

The Construction of $\Gamma_{n}$ in $\partial \Delta_{n}$ :
First, consider the annulus $\mathcal{A}_{n}=\partial \Delta_{n}-\left(\widetilde{\mathcal{C}_{1}} \cup \widetilde{\mathcal{C}_{2}} \cup \mathcal{B}^{+} \cup{\underset{\sim}{\mathcal{R}}}^{-}\right)$in $\partial \Delta_{n}$. Let $\widehat{l_{n}^{+}}=$ $\widetilde{\mathcal{C}}_{1} \cap \widetilde{T}_{n}^{+}$, and $\widehat{l}_{n}^{-}=\widetilde{\mathcal{C}}_{2} \cap \widetilde{T}_{-n}^{-}$be the pair of infinite lines in $\widetilde{\Omega}$. Let $l_{n}^{ \pm}=\widehat{l}_{n}^{ \pm} \cap \mathcal{A}_{n}$. Let $\mu_{n}^{+}$be an arc in $\widetilde{S}_{n}^{+} \cap \mathcal{A}_{n}$, whose $\widetilde{\theta}$ and $\rho$ coordinates are strictly increasing as a function of the parameter and whose endpoints are $l_{n}^{+} \cap \widetilde{S}_{n}^{+}$and $l_{n}^{-} \cap \widetilde{S}_{n}^{+}$(Fig. 5-left). Similarly, define $\mu_{n}^{-}$to be a monotone arc in $\widetilde{S}_{n}^{-} \cap \mathcal{A}_{n}$ whose endpoints are $l_{n}^{+} \cap \widetilde{S}_{n}^{-}$and $l_{n}^{-} \cap \widetilde{S}_{n}^{-}$. Note that these arcs $\mu_{n}^{+}$and $\mu_{n}^{-}$are by construction disjoint from the infinite bumps $\mathcal{B}^{ \pm}$. Then, $\Gamma_{n}=\mu_{n}^{+} \cup l_{n}^{+} \cup \mu_{n}^{-} \cup l_{n}^{-}$is a simple closed curve in $\mathcal{A}_{n} \subset \partial \Delta_{n}$ (Fig. 5-right).

Next, consider the following variational problem ( $H$-Plateau problem): Given the simple closed curve $\Gamma_{n}$ in $\mathcal{A}_{n}$, let $M$ be a smooth compact embedded surface in $\Delta_{n}$ with $\partial M=\Gamma_{n}$. Since $\Delta_{n}$ is simply-connected, $M$ separates $\Delta_{n}$ into two regions. Let $Q$ be the region in $\Delta_{n}-\Sigma$ with $Q \cap \widetilde{\mathcal{C}_{2}} \neq \emptyset$, the "upper" region. Then define the functional $\mathcal{I}_{H}=\operatorname{Area}(M)+2 H \operatorname{Volume}(Q)$.


Fig. 5 In the left, $\mu_{+}^{n}$ is pictured in $\widetilde{S}_{n}^{+}$. On the right, the curve $\Gamma_{n}$ is described in $\partial \Delta_{n}$

By working with integral currents, it is known that there exists a smooth (except at the 4 corners of $\Gamma_{n}$ ), compact, embedded $H$-surface $\Sigma_{n} \subset \Delta_{n}$ with $\operatorname{Int}\left(\Sigma_{n}\right) \subset$ $\operatorname{Int}\left(\Delta_{n}\right)$ and $\partial \Sigma_{n}=\Gamma_{n}$. Note that in our setting, $\Delta_{n}$ is not $H$-mean convex along $\Delta_{n} \cap \widetilde{\mathcal{C}}_{1}$. However, the mean curvature vector along $\Sigma_{n}$ points outside $Q$ because of the construction of the variational problem. Therefore $\Delta_{n} \cap \widetilde{\mathcal{C}_{1}}$ is still a good barrier for solving the $H$-Plateau problem. In fact, $\Sigma_{n}$ can be chosen to be, and we will assume it is, a minimizer for this variational problem, i.e., $I\left(\Sigma_{n}\right) \leq I(M)$ for any $M \subset \Delta_{n}$ with $\partial M=\Gamma_{n}$; see for instance [12, Theorem 2.1] and [1, Theorem 1]. In particular, the fact that $\operatorname{Int}\left(\Sigma_{n}\right) \subset \operatorname{Int}\left(\Delta_{n}\right)$ is proven in Lemma 3 of [4]. Moreover, $\Sigma_{n}$ separates $\Delta_{n}$ into two regions.

Similarly to Lemma 4.1 in [3], in the following lemma we show that for any such $\Gamma_{n}$, the minimizer surface $\Sigma_{n}$ is a $\widetilde{\theta}$-graph.

Lemma 3.4 Let $E_{n}:=\mathcal{A}_{n} \cap \widetilde{T}_{n}^{+}$. The minimizer surface $\Sigma_{n}$ is a $\widetilde{\theta}$-graph over the compact disk $E_{n}$. In particular, the related Jacobi function $J_{n}$ on $\Sigma_{n}$ induced by the inner product of the unit normal field to $\Sigma_{n}$ with the Killing field $\partial_{\widetilde{\theta}}$ is positive in the interior of $\Sigma_{n}$.

Proof The proof is almost identical to the proof of Lemma 4.1 in [3], and for the sake of completeness, we give it here. Let $T_{\alpha}$ be the isometry of $\widetilde{\Omega}$ which is a translation by $\alpha$ in the $\widetilde{\theta}$ direction, i.e.,

$$
\begin{equation*}
T_{\alpha}(\rho, \widetilde{\theta}, t)=(\rho, \widetilde{\theta}+\alpha, t) \tag{4}
\end{equation*}
$$

Let $T_{\alpha}\left(\Sigma_{n}\right)=\Sigma_{n}^{\alpha}$ and $T_{\alpha}\left(\Gamma_{n}\right)=\Gamma_{n}^{\alpha}$. We claim that $\Sigma_{n}^{\alpha} \cap \Sigma_{n}=\emptyset$ for any $\alpha \in \mathbb{R} \backslash\{0\}$ which implies that $\Sigma_{n}$ is a $\widetilde{\theta}$-graph; we will use that $\Gamma_{n}^{\alpha}$ is disjoint from $\Sigma_{n}$ for any $\alpha \in \mathbb{R} \backslash\{0\}$.

Arguing by contradiction, suppose that $\Sigma_{n}^{\alpha} \cap \Sigma_{n} \neq \emptyset$ for a certain $\alpha \neq 0$. By compactness of $\Sigma_{n}$, there exists a largest positive number $\alpha^{\prime}$ such that $\Sigma_{n}^{\alpha^{\prime}} \cap \Sigma_{n} \neq \emptyset$. Let $p \in \Sigma_{n}^{\alpha^{\prime}} \cap \Sigma_{n}$. Since $\partial \Sigma_{n}^{\alpha^{\prime}} \cap \partial \Sigma_{n}=\emptyset$ and the interior of $\Sigma_{n}$, respectively $\Sigma_{n}^{\alpha^{\prime}}$, lie in the interior of $\Delta_{n}$, respectively $T_{\alpha^{\prime}}\left(\Delta_{n}\right)$, then $p \in \operatorname{Int}\left(\Sigma_{n}^{\alpha^{\prime}}\right) \cap \operatorname{Int}\left(\Sigma_{n}\right)$. Since the surfaces $\operatorname{Int}\left(\Sigma_{n}^{\alpha^{\prime}}\right), \operatorname{Int}\left(\Sigma_{n}\right)$ lie on one side of each other and intersect tangentially at the point $p$ with the same mean curvature vector, then we obtain a contradiction to the mean curvature comparison principle for constant mean curvature surfaces, see Proposition 2.2. This proves that $\Sigma_{n}$ is graphical over its $\widetilde{\theta}$-projection to $E_{n}$.

Since by construction every integral curve, $(\bar{\rho}, s, \bar{t})$ with $\bar{\rho}, \bar{t}$ fixed and $\left(\bar{\rho}, s_{0}, \bar{t}\right) \in$ $E_{n}$ for a certain $s_{0}$, of the Killing field $\partial_{\overparen{\theta}}$ has non-zero intersection number with any compact surface bounded by $\Gamma_{n}$, we conclude that every such integral curve intersects both the disk $E_{n}$ and $\Sigma_{n}$ in single points. This means that $\Sigma_{n}$ is a $\widetilde{\theta}$-graph over $E_{n}$ and thus the related Jacobi function $J_{n}$ on $\Sigma_{n}$ induced by the inner product of the unit normal field to $\Sigma_{n}$ with the Killing field $\partial_{\tilde{\theta}}$ is non-negative in the interior of $\Sigma_{n}$. Since $J_{n}$ is a non-negative Jacobi function, then either $J_{n} \equiv 0$ or $J_{n}>0$. Since by construction $J_{n}$ is positive somewhere in the interior, then $J_{n}$ is positive everywhere in the interior. This finishes the proof of the lemma.

## 4 The proof of Theorem 1.1

With $\Gamma_{n}$ as previously described, we have so far constructed a sequence of compact stable $H$-disks $\Sigma_{n}$ with $\partial \Sigma_{n}=\Gamma_{n} \subset \partial \Delta_{n}$. Let $J_{n}$ be the related non-negative Jacobi function described in Lemma 3.4.

By the curvature estimates for stable $H$-surfaces given in [11], the norms of the second fundamental forms of the $\Sigma_{n}$ are uniformly bounded from above at points which are at intrinsic distance at least one from their boundaries. Since the boundaries of the $\Sigma_{n}$ leave every compact subset of $\widetilde{\Omega}^{*}$, for each compact set of $\widetilde{\Omega}^{*}$, the norms of the second fundamental forms of the $\Sigma_{n}$ are uniformly bounded for values $n$ sufficiently large and such a bound does not depend on the chosen compact set. Standard compactness arguments give that, after passing to a subsequence, $\Sigma_{n}$ converges to a (weak) $H$-lamination $\widetilde{\mathcal{L}}$ of $\widetilde{\Omega}^{*}$ and the leaves of $\widetilde{\mathcal{L}}$ are complete and have uniformly bounded norm of their second fundamental forms, see for instance [5].

Let $\beta$ be a compact embedded arc contained in $\widetilde{\Omega}^{*}$ such that its end points $p_{+}$and $p_{-}$are contained respectively in $\mathcal{B}^{+}$and $\mathcal{B}^{-}$, and such that these are the only points in the intersection $\left[\mathcal{B}^{+} \cup \mathcal{B}^{-}\right] \cap \beta$. Then, for $n$-sufficiently large, the linking number between $\Gamma_{n}$ and $\beta$ is one, which gives that, for $n$ sufficiently large, $\Sigma_{n}$ intersects $\beta$ in $\underset{\sim}{\sim}$ odd number of points. In particular $\Sigma_{n} \cap \beta \neq \emptyset$ which implies that the lamination $\widetilde{\mathcal{L}}$ is not empty.

Remark 4.1 By Remark 3.2, a leaf of $\widetilde{\mathcal{L}}$ that is invariant with respect to $\widetilde{\theta}$-translations cannot be contained in $\widetilde{\Omega}^{*}$. Therefore none of the leaves of $\widetilde{\mathcal{L}}$ are invariant with respect to $\widetilde{\theta}$-translations.

Let $\widetilde{L}$ be a leaf of $\widetilde{\mathcal{L}}$ and let $J_{\widetilde{L}}$ be the Jacobi function induced by taking the inner product of $\partial_{\widetilde{\theta}}$ with the unit normal of $\widetilde{L}$. Then, by the nature of the convergence, $J_{\tilde{L}} \geq 0$ and therefore since it is a Jacobi field, it is either positive or identically zero. In the latter case, $\widetilde{\mathcal{L}}$ would be invariant with respect to $\widetilde{\theta}$-translations, contradicting Remark 4.1. Thus, by Remark 4.1, we have that $J_{\tilde{L}}$ is positive and therefore $\widetilde{L}$ is a Killing graph with respect to $\partial_{\widetilde{\theta}}$.

Claim 4.2 Each leaf $\widetilde{L}$ of $\widetilde{\mathcal{L}}$ is properly embedded in $\widetilde{\Omega}^{*}$.
Proof Arguing by contradiction, suppose there exists a leaf $\widetilde{L}$ of $\widetilde{\mathcal{L}}$ that is NOT proper in $\widetilde{\Omega}^{*}$. Then, since the leaf $\widetilde{L}$ has uniformly bounded norm of its second fundamental form, the closure of $\widetilde{L}$ in $\widetilde{\Omega}^{*}$ is a lamination of $\widetilde{\Omega}^{*}$ with a limit leaf $\Lambda$, namely $\Lambda \subset$ $\widetilde{L}-\widetilde{L}$. Let $J_{\Lambda}$ be the Jacobi function induced by taking the inner product of $\partial_{\widetilde{\theta}}$ with the unit normal of $\Lambda$.

Just like in the previous discussion, by the nature of the convergence, $J_{\Lambda} \geq 0$ and therefore, since it is a Jacobi field, it is either positive or identically zero. In the latter case, $\Lambda$ would be invariant with respect to $\widetilde{\theta}$-translations and thus, by Remark 4.1, $\Lambda$ cannot be contained in $\widetilde{\Omega}^{*}$. However, since $\Lambda$ is contained in the closure of $\widetilde{L}$, this would imply that $\widetilde{L}$ is not contained in $\widetilde{\Omega}^{*}$, giving a contradiction. Thus, $J_{\Lambda}$ must be positive and therefore, $\Lambda$ is a Killing graph with respect to $\partial_{\tilde{\theta}}$. However, this implies that $\widetilde{L}$ cannot be a Killing graph with respect to $\partial_{\widetilde{\theta}}$. This follows because if we fix a point $p$ in $\Lambda$ and let $U_{p} \subset \Lambda$ be neighborhood of such point, then by the nature of
the convergence, $U_{p}$ is the limit of a sequence of disjoint domains $U_{p_{n}}$ in $\widetilde{L}$ where $p_{n} \in \widetilde{L}$ is a sequence of points converging to $p$ and $U_{p_{n}} \subset \widetilde{L}$ is a neighborhood of $p_{n}$. While each domain $U_{p_{n}}$ is a Killing graph with respect to $\partial_{\widetilde{\theta}}$, the convergence to $U_{p}$ implies that their union is not. This gives a contradiction and proves that $\Lambda$ cannot be a Killing graph with respect to $\partial_{\widetilde{\theta}}$. Since we have already shown that $\Lambda$ must be a Killing graph with respect to $\partial_{\widetilde{\theta}}$, this gives a contradiction. Thus $\Lambda$ cannot exist and each leaf $\widetilde{L}$ of $\widetilde{\mathcal{L}}$ is properly embedded in $\widetilde{\Omega}^{*}$.

Arguing similarly to the proof of the previous claim, it follows that a small perturbation of $\beta$, which we still denote by $\beta$ intersects $\Sigma_{n}$ and $\widetilde{\mathcal{L}}$ transversally in a finite number of points. Note that $\widetilde{\mathcal{L}}$ is obtained as the limit of $\Sigma_{n}$. Indeed, since $\Sigma_{n}$ separates $\mathcal{B}^{+}$and $\mathcal{B}^{-}$in $\widetilde{\Omega}^{*}$, the algebraic intersection number of $\beta$ and $\Sigma_{n}$ must be one, which implies that $\beta$ intersects $\Sigma_{n}$ in an odd number of points. Then $\beta$ intersects $\widetilde{\mathcal{L}}$ in an odd number of points and the claim below follows.
Claim 4.3 The curve $\beta$ intersects $\widetilde{\mathcal{L}}$ in an odd number of points.
In particular $\beta$ intersects only a finite collection of leaves in $\widetilde{\mathcal{L}}$ and we let $\mathcal{F}$ denote the non-empty finite collection of leaves that intersect $\beta$.
Definition 4.1 Let $\left(\rho_{1}, \widetilde{\theta}_{0}, t_{0}\right)$ be a fixed point in $\widetilde{\mathcal{C}_{1}}$ and let $\rho_{2}\left(\widetilde{\theta}_{0}, t_{0}\right)>\rho_{1}$ such that $\left(\rho_{2}\left(\widetilde{\theta}_{0}, t_{0}\right), \widetilde{\theta}_{0}, t_{0}\right)$ is in $\widetilde{\mathcal{C}_{2}}$. Then we call the arc in $\widetilde{\Omega}$ given by

$$
\begin{equation*}
\left(\rho_{1}+s\left(\rho_{2}-\rho_{1}\right), \widetilde{\theta}_{0}, t_{0}\right), \quad s \in[0,1] . \tag{5}
\end{equation*}
$$

the vertical line segment based at $\left(\rho_{1}, \widetilde{\theta}_{0}, t_{0}\right)$.
Claim 4.4 There exists at least one leaf $\widetilde{L}_{\beta}$ in $\mathcal{F}$ that intersects $\beta$ in an odd number of points and the leaf $\widetilde{L}_{\beta}$ must intersect each vertical line segment at least once.

Proof The existence of $\widetilde{L}_{\beta}$ follows because otherwise, if all the leaves in $\mathcal{F}$ intersected $\beta$ in an even number of points, then the number of points in the intersection $\beta \cap \mathcal{F}$ would be even. Given $\widetilde{L}_{\beta}$ a leaf in $\mathcal{F}$ that intersects $\beta$ in an odd number of points, suppose there exists a vertical line segment which does not intersect $\widetilde{L}_{\beta}$. Then since by Claim $4.2 \widetilde{L}_{\beta}$ is properly embedded, using elementary separation arguments would give that the number of points of intersection in $\beta \cap \widetilde{L}_{\beta}$ must be zero mod 2 , that is even, contradicting the previous statement.

Let $\Pi$ be the covering map defined in equation (2) and let $\mathcal{P}_{H}:=\Pi\left(\widetilde{L}_{\beta}\right)$. The previous discussion and the fact that $\Pi$ is a local diffeomorphism, implies that $\mathcal{P}_{H}$ is a stable complete $H$-surface embedded in $\Omega$. Indeed, $\mathcal{P}_{H}$ is a graph over its $\theta$ projection to $\operatorname{Int}(\Omega) \cap\{(\rho, 0, t) \mid \rho>0, t \in \mathbb{R}\}$, which we denote by $\theta\left(\mathcal{P}_{H}\right)$. Abusing the notation, let $J_{\mathcal{P}_{H}}$ be the Jacobi function induced by taking the inner product of $\partial_{\theta}$ with the unit normal of $\mathcal{P}_{H}$, then $J_{\mathcal{P}_{H}}$ is positive. Finally, since the norm of the second fundamental form of $\mathcal{P}_{H}$ is uniformly bounded, standard compactness arguments imply that its closure $\overline{\mathcal{P}}_{H}$ is an $H$-lamination $\mathcal{L}$ of $\Omega$, see for instance [5].

Claim 4.5 The closure of $\mathcal{P}_{H}$ is an H-lamination of $\Omega$ consisting of itself and two $H$-catenoids $L_{1}, L_{2} \subset \Omega$ that form the limit set of $\mathcal{P}_{H}$.

Remark 4.6 Note that these two $H$-catenoids are not necessarily the ones which determine $\partial \Omega$.

Proof Given $\left(\rho_{1}, \widetilde{\theta}_{0}, t_{0}\right) \in \widetilde{\mathcal{C}_{1}}$, let $\tilde{\gamma}$ be the fixed vertical line segment in $\widetilde{\Omega}$ based at ( $\rho_{1}, \widetilde{\theta}_{0}, t_{0}$ ), let $\widetilde{p}_{0}$ be a point in the intersection $\widetilde{L}_{\beta} \cap \widetilde{\gamma}$ (recall that by Claim 4.4 such intersection is not empty) and let $p_{0}=\Pi\left(\widetilde{p}_{0}\right) \in \Pi(\widetilde{\gamma}) \cap \mathcal{P}_{H}$. Then, by Claim 4.4, for any $i \in \mathbb{N}$, the vertical line segment $T_{2 \pi i}(\widetilde{\gamma})$ intersects $\widetilde{L}_{\beta}$ in at least a point $\widetilde{p}_{i}$, and $\widetilde{p}_{i+1}$ is above $\widetilde{p}_{i}$, where $T$ is the translation defined in equation (4). Namely, $\widetilde{p}_{0}=\left(r_{0}, \widetilde{\theta}_{0}, t_{0}\right), \widetilde{p}_{i}=\left(r_{i}, \widetilde{\theta}_{0}+2 \pi i, t_{0}\right)$ and $r_{i}<r_{i+1}<\rho_{2}\left(\widetilde{\theta}_{0}, t_{0}\right)$. The point $\widetilde{p}_{i} \in \widetilde{L}_{\beta}$ corresponds to the point $p_{i}=\Pi\left(\widetilde{p}_{i}\right)=\left(r_{i}, \widetilde{\theta}_{0} \bmod 2 \pi, t_{0}\right) \in \mathcal{P}_{H}$. Let $r(2):=\lim _{i \rightarrow \infty} r_{i}$ then $r(2) \leq \rho_{2}\left(\widetilde{\theta}_{0}, t_{0}\right)$ and note that since $\lim _{i \rightarrow \infty}\left(r_{i+1}-r_{i}\right)=0$, then the value of the Jacobi function $J_{\mathcal{P}_{H}}$ at $p_{i}$ must be going to zero as $i$ goes to infinity. Clearly, the point $Q:=\left(r(2), \widetilde{\theta}_{0} \bmod 2 \pi, t_{0}\right) \in \Omega$ is in the closure of $\mathcal{P}_{H}$, that is $\mathcal{L}$. Let $L_{2}$ be the leaf of $\mathcal{L}$ containing $Q$. By the previous discussion $J_{L_{2}}(Q)=0$. Since by the nature of the convergence, either $J_{L_{2}}$ is positive or $L_{2}$ is rotational, then $L_{2}$ is rotational, namely an $H$-catenoid.

Arguing similarly but considering the intersection of $\widetilde{L}_{\beta}$ with the vertical line segments $T_{-2 \pi i}(\widetilde{\gamma}), i \in \mathbb{N}$, one obtains another $H$-catenoid $L_{1}$, different from $L_{2}$, in the lamination $\mathcal{L}$. This shows that the closure of $\mathcal{P}_{H}$ contains the two $H$-catenoids $L_{1}$ and $L_{2}$.

Let $\Omega_{g}$ be the rotationally invariant, connected region of $\Omega-\left[L_{1} \cup L_{2}\right]$ whose boundary contains $L_{1} \cup L_{2}$. Note that since $\mathcal{P}_{H}$ is connected and $L_{1} \cup L_{2}$ is contained in its closure, then $\mathcal{P}_{H} \subset \Omega_{g}$. It remains to show that $\mathcal{L}=\mathcal{P}_{H} \cup L_{1} \cup L_{2}$, i.e. $\overline{\mathcal{P}}_{H}-\mathcal{P}_{H}=L_{1} \cup L_{2}$. If $\overline{\mathcal{P}}_{H}-\mathcal{P}_{H} \neq L_{1} \cup L_{2}$ then there would be another leaf $L_{3} \in \mathcal{L} \cap \Omega_{g}$ and by previous argument, $L_{3}$ would be an $H$-catenoid. Thus $L_{3}$ would separate $\Omega_{g}$ into two regions, contradicting that fact that $\mathcal{P}_{H}$ is connected and $L_{1} \cup L_{2}$ are contained in its closure. This finishes the proof of the claim.

Note that by the previous claim, $\mathcal{P}_{H}$ is properly embedded in $\Omega_{g}$.
Claim 4.7 The $H$-surface $\mathcal{P}_{H}$ is simply-connected and every integral curve of $\partial_{\theta}$ that lies in $\Omega_{g}$ intersects $\mathcal{P}_{H}$ in exactly one point.

Proof Let $D_{g}:=\operatorname{Int}\left(\Omega_{g}\right) \cap\{(\rho, 0, t) \mid \rho>0, t \in \mathbb{R}\}$, then $\mathcal{P}_{H}$ is a graph over its $\theta$-projection to $D_{g}$, that is $\theta\left(\mathcal{P}_{H}\right)$. Since $\theta: \Omega_{g} \rightarrow D_{g}$ is a proper submersion and $\mathcal{P}_{H}$ is properly embedded in $\Omega_{g}$, then $\theta\left(\mathcal{P}_{H}\right)=D_{g}$, which implies that every integral curve of $\partial_{\theta}$ that lies in $\Omega_{g}$ intersects $\mathcal{P}_{H}$ in exactly one point. Moreover, since $D_{g}$ is simply-connected, this gives that $\mathcal{P}_{H}$ is also simply-connected. This finishes the proof of the claim.

From this claim, it clearly follows that $\Omega_{g}$ is foliated by $H$-surfaces, where the leaves of this foliation are $L_{1}, L_{2}$ and the rotated images $\mathcal{P}_{H}(\theta)$ of $\mathcal{P}_{H}$ around the $t$-axis by angles $\theta \in[0,2 \pi)$. The existence of the examples $\Sigma_{H}$ in the statement of Theorem 1.1 can easily be proven by using $\mathcal{P}_{H}$. We set $\Sigma_{H}=\mathcal{P}_{H}$, and $C_{i}=L_{i}$ for $i=1,2$. This finishes the proof of Theorem 1.1.

## Appendix: Disjoint $\boldsymbol{H}$-catenoids

In this section, we will show the existence of disjoint $H$-catenoids in $\mathbb{H}^{2} \times \mathbb{R}$. In particular, we will prove Lemma 2.1. Given $H \in\left(0, \frac{1}{2}\right)$ and $d \in[-2 H, \infty)$, recall that $\eta_{d}=\cosh ^{-1}\left(\frac{2 d H+\sqrt{1-4 H^{2}+d^{2}}}{1-4 H^{2}}\right)$ and that $\lambda_{d}:\left[\eta_{d}, \infty\right) \rightarrow[0, \infty)$ is the function defined as follows.

$$
\begin{equation*}
\lambda_{d}(\rho)=\int_{\eta_{d}}^{\rho} \frac{d+2 H \cosh r}{\sqrt{\sinh ^{2} r-(d+2 H \cosh r)^{2}}} d r . \tag{6}
\end{equation*}
$$

Recall that $\lambda_{d}(\rho)$ is a monotone increasing function with $\lim _{\rho \rightarrow \infty} \lambda_{d}(\rho)=\infty$ and that $\lambda_{d}^{\prime}\left(\eta_{d}\right)=\infty$ when $d \in(-2 H, \infty)$. The $H$-catenoid $\mathcal{C}_{d}^{H}, d \in(-2 H, \infty)$, is obtained by rotating a generating curve $\widehat{\lambda}_{d}(\rho)$ about the $t$-axis. The generating curve $\widehat{\lambda}_{d}$ is obtained by doubling the curve $\left(\rho, 0, \lambda_{d}(\rho)\right), \rho \in\left[\eta_{d}, \infty\right)$, with its reflection $\left(\rho, 0,-\lambda_{d}(\rho)\right), \rho \in\left[\eta_{d}, \infty\right)$.

Finally, recall that $b_{d}(t):=\lambda_{d}^{-1}(t)$ for $t \geq 0$, hence $b_{d}(0)=\eta_{d}$, and that abusing the notation $b_{d}(t):=b_{d}(-t)$ for $t \leq 0$.

Lemma 2.1 (Disjoint $H$-catenoids) Given $d_{1}>2$ there exist $d_{0}>d_{1}$ and $\delta_{0}>0$ such that for any $d_{2} \in\left[d_{0}, \infty\right)$ and $t>0$ then

$$
\inf _{t \in \mathbb{R}}\left(b_{d_{2}}(t)-b_{d_{1}}(t)\right) \geq \delta_{0} .
$$

In particular, the corresponding $H$-catenoids are disjoint, i.e., $\mathcal{C}_{d_{1}}^{H} \cap \mathcal{C}_{d_{2}}^{H}=\emptyset$.
Moreover, $b_{d_{2}}(t)-b_{d_{1}}(t)$ is decreasing for $t>0$ and increasing for $t<0$. In particular,

$$
\sup _{t \in \mathbb{R}}\left(b_{d_{2}}(t)-b_{d_{1}}(t)\right)=b_{d_{2}}(0)-b_{d_{1}}(0)=\eta_{d_{2}}-\eta_{d_{1}} .
$$

Proof We begin by introducing the following notations that will be used for the computations in the proof of this lemma,

$$
c:=\cosh r=\frac{e^{r}+e^{-r}}{2}, s:=\sinh r=\frac{e^{r}-e^{-r}}{2} .
$$

Recall that $c^{2}-s^{2}=1$ and $c-s=e^{-r}$. Using these notations,

$$
\begin{equation*}
\lambda_{d}(\rho)=\int_{\eta_{d}}^{\rho} \frac{d+2 H \cosh r}{\sqrt{\sinh ^{2} r-(d+2 H \cosh r)^{2}}} d r \tag{7}
\end{equation*}
$$

can be rewritten as

$$
\begin{equation*}
\lambda_{d}(\rho)=\int_{\eta_{d}}^{\rho} \frac{d+2 H\left(s+e^{-r}\right)}{\sqrt{s^{2}-(d+2 H c)^{2}}} d r=f_{d}(\rho)+J_{d}(\rho) \tag{8}
\end{equation*}
$$

where

$$
f_{d}(\rho)=\int_{\eta_{d}}^{\rho} \frac{2 H s}{\sqrt{s^{2}-(d+2 H c)^{2}}} d r \text { and } J_{d}(\rho)=\int_{\eta_{d}}^{\rho} \frac{d+2 H e^{-r}}{\sqrt{s^{2}-(d+2 H c)^{2}}} d r
$$

First, by using a series of substitutions, we will get an explicit description of $f_{d}(\rho)$. Then, we will show that for $d>2, J_{d}(\rho)$ is bounded independently of $\rho$ and $d$.

## Claim 4.8

$$
\begin{equation*}
f_{d}(\rho)=\frac{2 H}{\sqrt{1-4 H^{2}}} \cosh ^{-1}\left(\frac{\left(1-4 H^{2}\right) \cosh \rho-2 d H}{\sqrt{d^{2}+1-4 H^{2}}}\right) . \tag{9}
\end{equation*}
$$

Remark 4.9 After finding $f_{d}(\rho)$, we used Wolfram Alpha to compute the derivative of $f_{d}(\rho)$ and verify our claim. For the sake of completeness, we give a proof.

Proof of Claim 4.8 The proof is a computation with requires several integrations by substitution. Consider

$$
\int \frac{2 H s}{\sqrt{s^{2}-(d+2 H c)^{2}}} d r
$$

By using the fact that $s^{2}=c^{2}-1$ and applying the substitution $\left\{u=c, d u=\frac{d c}{d r} d r=\right.$ $s d r\}$ we obtain that

$$
\int \frac{2 H s}{\sqrt{s^{2}-(d+2 H c)^{2}}} d r=\int \frac{2 H}{\sqrt{u^{2}-1-(d+2 H u)^{2}}} d u
$$

Note that

$$
\begin{aligned}
& u^{2}-1-(d+2 H u)^{2}=u^{2}-1-\left(d^{2}+4 d H u+4 H^{2} u^{2}\right) \\
& =\left(1-4 H^{2}\right) u^{2}-4 d H u-d^{2}-1 \\
& =\left(1-4 H^{2}\right)\left(u^{2}-\frac{4 d H}{1-4 H^{2}} u+\frac{4 d^{2} H^{2}}{\left(1-4 H^{2}\right)^{2}}\right)-\frac{4 d^{2} H^{2}}{1-4 H^{2}}-d^{2}-1 \\
& =\left(1-4 H^{2}\right)\left[\left(u-\frac{2 d H}{\left(1-4 H^{2}\right)}\right)^{2}-\left(\frac{4 d^{2} H^{2}}{\left(1-4 H^{2}\right)^{2}}+\frac{d^{2}+1}{1-4 H^{2}}\right)\right] \\
& =\left(1-4 H^{2}\right)\left[\left(u-\frac{2 d H}{\left(1-4 H^{2}\right)}\right)^{2}-\left(\frac{4 d^{2} H^{2}+\left(1-4 H^{2}\right)\left(d^{2}+1\right)}{\left(1-4 H^{2}\right)^{2}}\right)\right] \\
& =\left(1-4 H^{2}\right)\left[\left(u-\frac{2 d H}{\left(1-4 H^{2}\right)}\right)^{2}-\left(\frac{d^{2}+1-4 H^{2}}{\left(1-4 H^{2}\right)^{2}}\right)\right]
\end{aligned}
$$

Therefore, by applying a second substitution, $\left\{w=u-\frac{2 d H}{\left(1-4 H^{2}\right)}, d w=d u\right\}$, and letting $a^{2}=\left(\frac{d^{2}+1-4 H^{2}}{\left(1-4 H^{2}\right)^{2}}\right)$ we get that

$$
\int \frac{2 H}{\sqrt{u^{2}-1-(d+2 H u)^{2}}} d u=\int \frac{2 H}{\sqrt{1-4 H^{2}} \sqrt{w^{2}-a^{2}}} d w
$$

By using the fact that $\sec ^{2} x-1=\tan ^{2} x$ and applying a third substitution, $\{w=$ $a \sec t, d w=a \sec t \tan t d t\}$, we obtain that

$$
\begin{aligned}
\int \frac{2 H a \sec t \tan t}{\sqrt{1-4 H^{2}} \sqrt{a^{2} \sec ^{2} t-a^{2}}} d t & =\int \frac{2 H \sec t}{\sqrt{1-4 H^{2}}} d t \\
& =\frac{2 H}{\sqrt{1-4 H^{2}}} \ln |\sec t+\tan t|
\end{aligned}
$$

Therefore

$$
\begin{aligned}
\int \frac{2 H}{\sqrt{1-4 H^{2}} \sqrt{w^{2}-a^{2}}} d w & =\frac{2 H}{\sqrt{1-4 H^{2}}} \ln \left\lvert\, \frac{w}{a}+\sqrt{\left.\frac{w^{2}}{a^{2}}-1 \right\rvert\,}\right. \\
& =\frac{2 H}{\sqrt{1-4 H^{2}}} \cosh ^{-1}\left(\frac{w}{a}\right)
\end{aligned}
$$

Since $w=u-\frac{2 d H}{\left(1-4 H^{2}\right)}$ then

$$
\begin{aligned}
\int \frac{2 H}{\sqrt{u^{2}-1-(d+2 H u)^{2}}} d u & =\frac{2 H}{\sqrt{1-4 H^{2}}} \cosh ^{-1}\left(\frac{u-\frac{2 d H}{\left(1-4 H^{2}\right)}}{a}\right) \\
& =\frac{2 H}{\sqrt{1-4 H^{2}}} \cosh ^{-1}\left(\frac{u-\frac{2 d H}{\left(1-4 H^{2}\right)}}{\frac{\sqrt{d^{2}+1-4 H^{2}}}{\left(1-4 H^{2}\right)}}\right) \\
& =\frac{2 H}{\sqrt{1-4 H^{2}}} \cosh ^{-1}\left(\frac{\left(1-4 H^{2}\right) u-2 d H}{\sqrt{d^{2}+1-4 H^{2}}}\right)
\end{aligned}
$$

Finally, since $u=\cosh r$

$$
\begin{aligned}
\int_{\eta_{d}}^{\rho} \frac{2 H s}{\sqrt{s^{2}-(d+2 H c)^{2}}} & =\left.\frac{2 H}{\sqrt{1-4 H^{2}}} \cosh ^{-1}\left(\frac{\left(1-4 H^{2}\right) \cosh r-2 d H}{\sqrt{d^{2}+1-4 H^{2}}}\right)\right|_{\eta_{d}} ^{\rho} \\
& =\frac{2 H}{\sqrt{1-4 H^{2}}}\left(\cosh ^{-1}\left(\frac{\left(1-4 H^{2}\right) \cosh \rho-2 d H}{\sqrt{d^{2}+1-4 H^{2}}}\right)\right. \\
& \left.-\cosh ^{-1}\left(\frac{\left(1-4 H^{2}\right) \cosh \eta_{d}-2 d H}{\sqrt{d^{2}+1-4 H^{2}}}\right)\right)
\end{aligned}
$$

Recall that $\eta_{d}=\cosh ^{-1}\left(\frac{2 d H+\sqrt{1-4 H^{2}+d^{2}}}{1-4 H^{2}}\right)$ and thus

$$
\frac{\left(1-4 H^{2}\right) \cosh \eta_{d}-2 d H}{\sqrt{d^{2}+1-4 H^{2}}}=\frac{\left(1-4 H^{2}\right)\left(\frac{2 d H+\sqrt{1-4 H^{2}+d^{2}}}{1-4 H^{2}}\right)-2 d H}{\sqrt{d^{2}+1-4 H^{2}}}=1
$$

This implies that

$$
f_{d}(\rho)=\frac{2 H}{\sqrt{1-4 H^{2}}} \cosh ^{-1}\left(\frac{\left(1-4 H^{2}\right) \cosh \rho-2 d H}{\sqrt{d^{2}+1-4 H^{2}}}\right) .
$$

By Claim 4.8 we have that

$$
\begin{aligned}
f_{d}(\rho) & =\frac{2 H}{\sqrt{1-4 H^{2}}}\left(\cosh ^{-1} \frac{\left(1-4 H^{2}\right) \cosh \rho-2 d H}{\sqrt{d^{2}+1-4 H^{2}}}\right) \\
& =\frac{2 H}{\sqrt{1-4 H^{2}}}\left(\rho+\ln \frac{1-4 H^{2}}{\sqrt{d^{2}+1-4 H^{2}}}\right)+g_{d}(\rho),
\end{aligned}
$$

where $\lim _{\rho \rightarrow \infty} g_{d}(\rho)=0$.
Recall that $\lambda_{d}(\rho)=f_{d}(\rho)+J_{d}(\rho)$ where

$$
J_{d}(\rho)=\int_{\eta_{d}}^{\rho} \frac{d+2 H e^{-r}}{\sqrt{s^{2}-(d+2 H c)^{2}}} d r=\int_{\eta_{d}}^{\rho} \frac{d+2 H e^{-r}}{\sqrt{c^{2}-1-(d+2 H c)^{2}}} d r
$$

## Claim 4.10

$$
\sup _{d \in(2, \infty), \rho \in\left(\eta_{d}, \infty\right)} J_{d}(\rho) \leq \pi \sqrt{1-2 H} .
$$

Proof of Claim 4.10 Let

$$
\alpha=\frac{2 d H+\sqrt{1-4 H^{2}+d^{2}}}{1-4 H^{2}} \text { and } \beta=\frac{2 d H-\sqrt{1-4 H^{2}+d^{2}}}{1-4 H^{2}}
$$

be the roots of $c^{2}-1-(d+2 H c)^{2}$, i.e.

$$
\begin{aligned}
c^{2}-1-(d+2 H c)^{2} & =\left(1-4 H^{2}\right)\left(c^{2}-\frac{4 d H}{1-4 H^{2}} c-\frac{1+d^{2}}{1-4 H^{2}}\right) \\
& =\left(1-4 H^{2}\right)(c-\alpha)(c-\beta)
\end{aligned}
$$

Note that $\alpha=\cosh \eta_{d}$ and that as $H \in\left(0, \frac{1}{2}\right), \beta<0<\alpha$. Furthermore, $2 H e^{-r}<$ $2 H<1<d$. Thus we have,

$$
\begin{aligned}
J_{d}(\rho) & =\int_{\eta_{d}}^{\rho} \frac{d+2 H e^{-r}}{\sqrt{1-4 H^{2}} \sqrt{(c-\alpha)(c-\beta)}} d r \\
& <\frac{2 d}{\sqrt{1-4 H^{2}}} \int_{\eta_{d}}^{\infty} \frac{d r}{\sqrt{(c-\alpha)(c-\beta)}} \\
& <\frac{2 d}{\sqrt{1-4 H^{2}} \sqrt{\alpha-\beta}} \int_{\eta_{d}}^{\infty} \frac{d r}{\sqrt{c-\alpha}}
\end{aligned}
$$

where the last inequality holds because for $r>\eta_{d}, \cosh r>\alpha$ and thus $\sqrt{\alpha-\beta}<$ $\sqrt{c-\alpha}$. Notice that $\alpha-\beta=\frac{2 \sqrt{1-4 H^{2}+d^{2}}}{1-4 H^{2}}>\frac{2 d}{1-4 H^{2}}$. Therefore

$$
\frac{2 d}{\sqrt{1-4 H^{2}} \sqrt{\alpha-\beta}}<\frac{2 d}{\sqrt{1-4 H^{2}}} \frac{\sqrt{1-4 H^{2}}}{\sqrt{2 d}}=\sqrt{2 d}
$$

and

$$
J_{d}(\rho)<\sqrt{2 d} \int_{\eta_{d}}^{\infty} \frac{d r}{\sqrt{c-\alpha}}
$$

Applying the substitution $\left\{u=c-\alpha, d u=s d r=\sqrt{(u+\alpha)^{2}-1} d r\right\}$, we obtain that

$$
\begin{equation*}
\int_{\eta_{d}}^{\infty} \frac{d r}{\sqrt{c-\alpha}}=\int_{0}^{\infty} \frac{d u}{\sqrt{u} \sqrt{(u+\alpha)^{2}-1}} \tag{10}
\end{equation*}
$$

Let $\omega=\alpha-1$. Note that since $d \geq 1$ then $\alpha>1$ and we have that $(u+\alpha)^{2}-1>$ $(u+\omega)^{2}$ as $u>0$. This gives that

$$
\int_{0}^{\infty} \frac{d u}{\sqrt{u} \sqrt{(u+\alpha)^{2}-1}}<\int_{0}^{\infty} \frac{d u}{\sqrt{u}(u+\omega)}
$$

Applying the substitution $\left\{v=\sqrt{u}, d v=\frac{d u}{2 \sqrt{u}}\right\}$ we get

$$
\int_{0}^{\infty} \frac{d u}{\sqrt{u}(u+\omega)}=\int_{0}^{\infty} \frac{2 d v}{v^{2}+\omega}=\left.\frac{2}{\sqrt{\omega}} \arctan \frac{w}{\sqrt{\omega}}\right|_{0} ^{\infty}<\frac{\pi}{\sqrt{\omega}}
$$

and thus

$$
J_{d}(\rho)<\sqrt{\frac{2 d}{\omega}} \pi
$$

Note that

$$
\begin{aligned}
\omega=\alpha-1 & =\frac{2 d H+\sqrt{1-4 H^{2}+d^{2}}}{1-4 H^{2}}-1 \\
& >\frac{(1+2 H) d}{1-4 H^{2}}-1=\frac{d}{1-2 H}-1 .
\end{aligned}
$$

Since $d>2$, we have $2 \omega>\frac{d}{1-2 H}$ and $\frac{d}{\omega}<2(1-2 H)$. Then $\sqrt{\frac{2 d}{\omega}}<2 \sqrt{1-2 H}$.
Finally, this gives that

$$
J_{d}(\rho)<2 \pi \sqrt{1-2 H}
$$

independently on $d>2$ and $\rho>\eta_{d}$. This finishes the proof of the claim.
Using Claims 4.8 and 4.10, we can now prove the next claim.
Claim 4.11 Given $d_{2}>d_{1}>2$ there exists $T \in \mathbb{R}$ such for any $t>T$, we have that

$$
\begin{aligned}
& \frac{2 H}{\sqrt{1-4 H^{2}}} \\
& \quad\left(\lambda_{d_{2}}^{-1}(t)-\lambda_{d_{1}}^{-1}(t)\right) \\
& \quad>\frac{1}{2} \ln \sqrt{\frac{d_{2}^{2}+1-4 H^{2}}{d_{1}^{2}+1-4 H^{2}}}-2 \pi \sqrt{1-2 H}
\end{aligned}
$$

Proof of Claim 4.11 Recall that $\lambda_{d}(\rho)=f_{d}(\rho)+J_{d}(\rho)$ and that by Claims 4.8 and 4.10 we have that

$$
\begin{equation*}
f_{d}(\rho)=\frac{2 H}{\sqrt{1-4 H^{2}}}\left(\rho+\ln \frac{1-4 H^{2}}{\sqrt{d^{2}+1-4 H^{2}}}\right)+g_{d}(\rho) \tag{11}
\end{equation*}
$$

where $\lim _{\rho \rightarrow \infty} g_{d}(\rho)=0$, and that

$$
\begin{equation*}
\sup _{d \in(2, \infty), \rho \in\left(\eta_{d}, \infty\right)} J_{d}(\rho) \leq 2 \pi \sqrt{1-2 H} . \tag{12}
\end{equation*}
$$

Let $\rho_{i}(t):=\lambda_{d_{i}}^{-1}(t), i=1,2$. Using this notation, since $t=\lambda_{1}\left(\rho_{1}(t)\right)=\lambda_{2}\left(\rho_{2}(t)\right)$ we obtain that

$$
\begin{aligned}
0 & =\lambda_{2}\left(\rho_{2}(t)\right)-\lambda_{1}\left(\rho_{1}(t)\right) \\
& =f_{d_{2}}\left(\rho_{2}(t)\right)+J_{d_{2}}\left(\rho_{2}(t)\right)-f_{d_{1}}\left(\rho_{1}(t)\right)-J_{d_{1}}\left(\rho_{1}(t)\right) \\
& =\frac{2 H}{\sqrt{1-4 H^{2}}}\left(\rho_{2}(t)+\ln \frac{1-4 H^{2}}{\sqrt{d_{2}^{2}+1-4 H^{2}}}\right)+g_{d_{2}}\left(\rho_{2}(t)\right)+J_{d_{2}}\left(\rho_{2}(t)\right) \\
& -\frac{2 H}{\sqrt{1-4 H^{2}}}\left(\rho_{1}(t)-\ln \frac{1-4 H^{2}}{\sqrt{d_{1}^{2}+1-4 H^{2}}}\right)-g_{d_{1}}\left(\rho_{1}(t)\right)-J_{d_{1}}\left(\rho_{1}(t)\right)
\end{aligned}
$$

Recall that $\lim _{t \rightarrow \infty} \rho_{i}(t)=\infty, i=1,2$, therefore given $\varepsilon>0$ there exists $T_{\varepsilon} \in \mathbb{R}$ such that for any $t>T_{\varepsilon},\left|g_{d_{i}}\left(\rho_{i}(t)\right)\right| \leq \varepsilon$. Taking

$$
4 \varepsilon<\ln \sqrt{\frac{d_{2}^{2}+1-4 H^{2}}{d_{1}^{2}+1-4 H^{2}}}
$$

for $t>T_{\varepsilon}$ we get that

$$
\begin{aligned}
\frac{2 H}{\sqrt{1-4 H^{2}}} & \left(\rho_{2}(t)-\rho_{1}(t)\right) \\
& >\ln \sqrt{\frac{d_{2}^{2}+1-4 H^{2}}{d_{1}^{2}+1-4 H^{2}}}+J_{d_{1}}\left(\rho_{1}(t)\right)-J_{d_{2}}\left(\rho_{2}(t)\right)-2 \varepsilon \\
& >\frac{1}{2} \ln \sqrt{\frac{d_{2}^{2}+1-4 H^{2}}{d_{1}^{2}+1-4 H^{2}}}+J_{d_{1}}\left(\rho_{1}(t)\right)-J_{d_{2}}\left(\rho_{2}(t)\right)
\end{aligned}
$$

Notice that $J_{d_{1}}\left(\rho_{1}(t)\right)>0$ and that Claim 4.10 gives that

$$
\sup _{\rho \in\left(\eta_{d_{2}}, \infty\right)} J_{d_{2}}(\rho) \leq 2 \pi \sqrt{1-2 H} .
$$

Therefore

$$
\begin{aligned}
\frac{2 H}{\sqrt{1-4 H^{2}}} & \left(\rho_{2}(t)-\rho_{1}(t)\right) \\
& \quad>\frac{1}{2} \ln \sqrt{\frac{d_{2}^{2}+1-4 H^{2}}{d_{1}^{2}+1-4 H^{2}}}-2 \pi \sqrt{1-2 H}
\end{aligned}
$$

This finishes the proof of the claim.
We can now use Claim 4.11 to finish the proof of the lemma. Given $d_{1}>2$ fix $d_{0}>d_{1}$ such that

$$
\frac{\sqrt{1-4 H^{2}}}{4 H}\left(\ln \sqrt{\frac{d_{0}^{2}+1-4 H^{2}}{d_{1}^{2}+1-4 H^{2}}}-4 \pi \sqrt{1-2 H}\right)=1
$$

Then, by Claim 4.11, given $d_{2} \geq d_{0}$ there exists $T>0$ such that $\lambda_{d_{2}}{ }^{-1}(t)-\lambda_{d_{1}}^{-1}(t)>1$ for any $t>T$. Notice that since for any $\rho \in\left(\eta_{2}, \infty\right), \lambda_{d_{2}}^{\prime}(\rho)>\lambda_{d_{1}}^{\prime}(\rho)$, then there exists at most one $t_{0}>0$ such that $\lambda_{d_{2}}^{-1}\left(t_{0}\right)-\lambda_{d_{1}}^{-1}\left(t_{0}\right)=0$. Therefore, since there exists $T>0$ such that $\lambda_{d_{2}}^{-1}(t)-\lambda_{d_{1}}^{-1}(t)>1$ for any $t>T$ and $\lambda_{d_{2}}^{-1}(0)-\lambda_{d_{1}}^{-1}(0)=$ $\eta_{d_{2}}-\eta_{d_{1}}>0$, this implies that there exists a constant $\delta\left(d_{2}\right)>0$ such that for any $t>0$,

$$
\lambda_{d_{2}}^{-1}(t)-\lambda_{d_{1}}^{-1}(t)>\delta\left(d_{2}\right)
$$

A priori it could happen that $\lim _{d_{2} \rightarrow \infty} \delta\left(d_{2}\right)=0$. The fact that $\lim _{d_{2} \rightarrow \infty} \delta\left(d_{2}\right)>0$ follows easy by noticing that by applying Claim 4.11 and using the same arguments as in the previous paragraph there exists $d_{3}>d_{0}$ such that for any $d \geq d_{3}$ and $t>0$,

$$
\lambda_{d}^{-1}(t)-\lambda_{d_{0}}^{-1}(t)>0
$$

Therefore, for any $d \geq d_{3}$ and $t>0$,

$$
\lambda_{d}^{-1}(t)-\lambda_{d_{1}}^{-1}(t)>\lambda_{d_{0}}^{-1}(t)-\lambda_{d_{1}}^{-1}(t)>\delta\left(d_{0}\right)
$$

which implies that

$$
\lim _{d_{2} \rightarrow \infty} \delta\left(d_{2}\right) \geq \delta\left(d_{0}\right)>0
$$

Setting $\delta_{0}=\inf _{d \in\left[d_{0}, \infty\right)} \delta\left(d_{2}\right)>0$ gives that

$$
\inf _{t \in \mathbb{R}_{\geq 0}}\left(\lambda_{d_{2}}^{-1}(t)-\lambda_{d_{1}}^{-1}(t)\right) \geq \delta_{0} .
$$

By definition of $b_{d}(t)$ then

$$
\inf _{t \in \mathbb{R}}\left(b_{d_{2}}(t)-b_{d_{1}}(t)\right)=\inf _{t \in \mathbb{R}_{\geq 0}}\left(\lambda_{d_{2}}^{-1}(t)-\lambda_{d_{1}}^{-1}(t)\right) \geq \delta_{0} .
$$

It remains to prove that $b_{2}(t)-b_{1}(t)$ is decreasing for $t>0$ and increasing for $t<0$. By definition of $b_{d}(t)$, it suffices to show that $b_{2}(t)-b_{1}(t)$ is decreasing for $t>0$. We are going to show $\frac{d}{d t}\left(b_{2}(t)-b_{1}(t)\right)<0$ when $t>0$.

By definition of $b_{i}$, for $t>0$ we have that $\lambda_{i}\left(b_{i}(t)\right)=t$ and thus $b_{i}^{\prime}(t)=\frac{1}{\lambda_{i}^{\prime}\left(b_{i}(t)\right)}$. By definition of $\lambda_{d}(t)$ for $t>0$ the following holds,

$$
b_{1}^{\prime}(t)=\frac{1}{\lambda_{1}^{\prime}\left(b_{1}(t)\right)}>\frac{1}{\lambda_{1}^{\prime}\left(b_{2}(t)\right)}>\frac{1}{\lambda_{2}^{\prime}\left(b_{2}(t)\right)}=b_{2}^{\prime}(t)
$$

The first inequality is due to the convexity of the function $\lambda_{1}(t)$ and the second inequality is due to the fact that $\lambda_{1}^{\prime}(\rho)<\lambda_{2}^{\prime}(\rho)$ for any $\rho>\eta_{2}$. This proves that $\frac{d}{d t}\left(b_{2}(t)-b_{1}(t)\right)=b_{2}^{\prime}(t)-b_{1}^{\prime}(t)<0$ for $t>0$ and finishes the proof of the claim.

Note that if $d$ is sufficiently close to $-2 H$ then $\mathcal{C}_{d}^{H}$ must be unstable. This follows because as $d$ approaches $-2 H$, the norm of the second fundamental form of $\mathcal{C}_{d}^{H}$ becomes arbitrarily large at points that approach the "origin" of $\mathbb{H}^{2} \times \mathbb{R}$ and a simple rescaling argument gives that a sequence of subdomains of $\mathcal{C}_{d}^{H}$ converge to a catenoid, which is an unstable minimal surface. This observation, together with our previous lemma suggests the following conjecture.
Conjecture: Given $H \in\left(0, \frac{1}{2}\right)$ there exists $d_{H}>-2 H$ such that the following holds. For any $d>d^{\prime}>d_{H}, \mathcal{C}_{d}^{H} \cap \mathcal{C}_{d^{\prime}}^{H}=\emptyset$, and the family $\left\{\mathcal{C}_{d}^{H} \mid d \in\left[d_{H}, \infty\right)\right\}$ gives a
foliation of the closure of the non-simply-connected component of $\mathbb{H}^{2} \times \mathbb{R}-\mathcal{C}_{d_{H}}^{H}$. The $H$-catenoid $\mathcal{C}_{d}^{H}$ is unstable if $d \in\left(-2 H, d_{H}\right)$ and stable if $d \in\left(d_{H}, \infty\right)$. The $H$-catenoid $\mathcal{C}_{d_{H}}^{H}$ is a stable-unstable catenoid.

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