On Structured Workflow Modelling*

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Abstract. While there are many similarities between the languages of the various workflow management systems, there are also significant differences. One particular area of differences is caused by the fact that different systems impose different syntactic restrictions. In such cases, business analysts have to choose between either conforming to the language in their specifications or transforming these specifications afterwards. The latter option is preferable as this allows for a separation of concerns. In this paper we investigate to what extent such transformations are possible in the context of various syntactical restrictions (the most restrictive of which will be referred to as *structured workflows*). We also provide a deep insight into the consequences, particularly in terms of expressive power, of imposing such restrictions.

1 Introduction

Despite the interest in workflow management, both from academia and industry, there is still little consensus about its conceptual and formal foundations (see e.g. [7]). While there are similarities between the languages of various commercially available workflow management systems, there are also many differences. However, it is often not clear whether these differences are fundamental in nature. For example, as different systems impose different syntactic restrictions, one may wonder whether this affects the expressive power of the resulting languages. In addition to that, such variations result in business analysts being confronted with the question as to whether to conform to the target language right away when they specify their workflows, or to transform their specifications in a later stage.

In this paper focus is on syntactic variations in workflow specification languages. Different workflow management systems impose different syntactical restrictions. The most restrictive types of workflows will be referred to as *structured*

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workflows. Systems such as SAP R/3 and Filenet Visual Workflo allow for the specification of structured workflows only. While enforcing restrictions may have certain benefits (e.g. verification and implementation become easier), the price that may have to be paid is that the resulting language is more difficult to use and has less expressive power.

In this paper, it will be shown that some syntactic restrictions will lead to a reduction of expressive power of the language involved, while other restrictions are of a less serious nature and can be overcome by the introduction of equivalence preserving transformation rules. It will be also shown that even though for certain workflow models it is possible to transform them to equivalent structured forms, the resulting models are less suitable than the original ones. Nevertheless, the automation of such rules could potentially lead to tools giving business analysts greater freedom in workflow specification without compromising their realisability in terms of commercially available (and preferred) workflow management systems.

2 Structured Workflows: Definitions

In this section the notion of a structured workflow is formally defined and some elementary properties stated. Workflows as used in this paper will employ concepts used in most commercial workflow management systems. Although the graphical notation used for representing workflows is irrelevant in terms of the results presented in this paper, we have to agree on one in order to provide examples to illustrate our arguments. Process elements will be represented by large circles; or-joins and or-splits will correspond to small, white circles, while and-joins and and-splits will correspond to small, shaded circles (the indegree and outdegree will always make it clear whether we are dealing with a join or a split). There are many examples of languages that support the specification of arbitrary workflows, e.g. Staffware (www.staffware.com), Forte Conductor (www.forte.com) and Verve WorkFlow (www.verveinc.com).

A structured workflow is a workflow that is syntactically restricted in a number of ways. Intuitively a structured workflow is a workflow where each or-split has a corresponding or-join and each and-split has a corresponding and-join. These restrictions will guarantee certain important properties shown later in the paper and in some cases correspond to restrictions imposed by commercial workflow management systems.

Definition 1. A structured workflow model (SWM) is inductively defined as follows.

- 1. A workflow consisting of a single activity is a SWM. This activity is both initial and final.
- 2. Let X and Y be SWMs. The concatenation of these workflows, where the final activity of X has a transition to the initial activity of Y, then also is a SWM. The initial activity of this SWM is the initial activity of X and its final activity is the final activity of Y.

- 3. Let X_1, \ldots, X_n be SWMs and let j be an or-join and s an or-split. The workflow with as initial activity s and final activity j and transitions between s and the initial activities of X_i , and between the final activities of X_i and j, is then also a SWM. Predicates can be assigned to the outgoing transitions of s. The initial activity of this SWM is s and its final activity is j.
- 4. Let X₁,..., X_n be SWMs and let j be an and-join and s an and-split. The workflow with as initial activity s and final activity j and transitions between s and the initial activities of X_i, and between the final activities of X_i and j, is then also a SWM. The initial activity of this SWM is s and its final activity is j.
- 5. Let X and Y be SWMs and let j be an or-join and s an or-split. The workflow with as initial activity j and as final activity s and with transitions between j and the initial activity of X, between the final activity of X and s, between s and the initial activity of Y, and between the final activity of Y and j, is then also a SWM. The initial activity of this SWM is j and its final activity is s.

All commercial WfMSs known to the authors allow for the specification of workflow models that are equivalent to structured models as defined in definition 1. Some of these WfMSs do not allow for the specification of arbitrary models though and they impose certain levels of structuredness by means of syntactical restrictions typically implemented in the graphical process designer.

The most restricted workflow modelling languages known to the authors with respect to imposing structuredness are the languages of FileNet's Visual Work-Flo (www.filenet.com) (VW) and SAP R/3 Workflow. In both languages it is possible to design structured models only. These models resemble the definition provided earlier very closely with some minor exceptions such as that in VW the loops can only be of the form "WHILE p DO X". In SAP R/3 Workflow no loops are allowed to be modelled in a direct way. An example of syntactical restrictions in the more general area of data and process modelling can be found in UML's activity diagrams where business modellers are forced to exclusively specify structured models.

The definition of SWMs guarantees these types of workflows to have certain properties. Specifically, by the use of structural induction it can easily be shown that SWMs do not deadlock (see [5]). In addition to that, in SWMs it is not possible to have multiple instances of the same activity active at the same time. This situation is easily modelled in an arbitrary workflow if an and-split is followed by an or-join construct. Similarly, an arbitrary workflow will deadlock if an or-split is followed by an and-join.

Since in the following sections we will regularly pay attention to arbitrary workflow models that do not deadlock and do not result in multiple instances, for terminological convenience we introduce the notion of *well-behaved* workflows.

Definition 2. A workflow model is well-behaved if it can never lead to deadlock nor can it result in multiple active instances of the same activity.

Corollary 1. Every structured workflow model is well-behaved.

Instead of requiring workflows to be structured, it is more common for workflow languages to impose restrictions on loops only. For example IBM MQSeries/Workflow (www.ibm.com/software) and InConcert (www.inconcert.com) do not allow the explicit modelling of loops. Instead they have to be modelled by the use of decomposition. This is equivalent to using a "REPEAT X UNTIL p" loop. In case of MQSeries/Workflow, predicate p is specified as the *Exit Condition* of the decomposition. Hence, in between arbitrary workflow models and structured workflow models, we recognise a third class of workflow models, referred to as *restricted loop models*.

Definition 3. A restricted loop workflow model (*RLWFM*) is inductively defined as follows:

- 1. An arbitrary workflow model without cycles is an RLWFM.
- 2. Let X and Y be RLWFMs with each one initial and one final node. Let j be an or-join and s an or-split. The workflow with as initial activity j and as final activity s and with transitions between j and the initial activity of X, between the final activity of X and s, between s and the initial activity of Y, and between the final activity of Y and j, is then also a RLWFM.

Note that languages that support loops through decomposition are a subset of the class defined by the above definition (in those cases, essentially, Y corresponds to the empty workflow). Naturally, every SWF is an RLWFM and every RLWFM is an arbitrary workflow model.

3 Equivalence in the Context of Control Flow

As there exist workflow languages that do not allow for the specification of arbitrary workflows, business analysts are confronted with the option to either restrict their specifications such that they conform to the tool that is used or specify their workflows freely and transform them to the required language in a later stage. From the point of view of separation of concerns, the latter option is preferable. To support such a way of working it would be best to have a set of transformations that could be applied to a workflow specification in order to transform it to a structured workflow in the sense of the previous section. Naturally, these transformations should not alter the semantics of the workflows



Fig. 1. Illustration of the three different workflow model classes

to which they are applied, they should be *equivalence preserving*. However, this immediately raises the question as to what notion of process equivalence is the most applicable in the context of workflows (for an overview of different notions of process equivalence the reader is referred to [4]).

One of the most commonly used equivalence notions is that of bisimulation. The formal definition of bisimulation between two different workflow systems, given the fact that they would most likely use different syntax and semantics, would have to be defined using some common formalism that can be applied to both systems. One of the most convenient ways to do it is to define bisimulation formally in terms of their Petri-net representation. That immediately leads to the conclusion that *weak bisimulation* has to be considered since Petri-net representations of workflow models may use many, internal, non-labelled places.

In the context of workflow processes with parallelism, the notion of basic weak bisimulation is not strong enough. Bisimulation is defined in terms of execution sequences, i.e. in terms of arbitrary interleaving. As such, however, bisimulation cannot distinguish between a concurrent system and its sequential simulation. For that reason a stronger equivalence notion is needed. Such a notion is provided in [3] where it is referred to as *fully concurrent bisimulation*. Given the fact that the formal definition is relatively complex and the details are not particularly useful for the purpose of this paper, we will present fully concurrent bisimulation in the context of workflow specification in terms of the *bisimulation game* (adapted from [8]):

- 1. There are two players, Player A and Player B, each of which having a work-flow model specification (Workflow A and Workflow B).
- 2. Player A starts the initial activities in his workflow model specification. Player B responds by starting the initial activities in his workflow model specification (which should exactly correspond to those of player A).
- 3. Player A may choose to finish any of its activities and start a corresponding subsequent activity. Player B responds accordingly by finishing and starting an activity with the same label (possibly performing some internal, nonlabeled, steps first).
- 4. If Player B cannot imitate the move of Player A, he looses. By imitating we mean that at any point in time the same set of activities in workflow Bshould be completed and started as in workflow A. Player B wins if he can terminate his workflow once Player A has terminated his workflow. Similarly Player B wins if he can deadlock his workflow once Player A has deadlocked his workflow. The case of an infinite run of the game is considered to be successful for Player B too.

If there is a strategy for defending player (Player B) to always prevent Player A from winning then we say that workflow B can simulate workflow A. If the reverse applies as well (workflow A can simulate workflow B) then we consider the two workflow specifications to be equivalent.

4 From Arbitrary Workflow Models to SWMs

In this section transformations from arbitrary workflow models to SWMs are studied and to what extent such transformations are possible. All transformations presented in this section assume that the workflow patterns they operate on do not contain data dependencies between decisions, in other words for all intents and purposes all decisions can be treated as nondeterministic. This assumption allows us to assume that all possible executions permitted by the control flow specification are possible.

4.1 Simple Workflows without Parallelism

Workflows that do not contain parallelism are simple models indeed. Their semantics is very similar to elementary flow charts that are commonly used for procedural program specification. The or-split corresponds to selection (if-thenelse statement) while the activity corresponds to an instruction in the flow chart. It is well known that any unstructured flow chart can be transformed to a structured one. In this section we will revisit these transformation techniques and present and analyse them in the context of workflow models.

Following [11] we will say that the process of *reducing* a workflow model consists of replacing each occurrence of a base model. within the workflow model by a single activity box. This is repeated until no further replacement is possible. A process that can be reduced to a single activity box represents a structured workflow model. Each transformation of an irreducible workflow model should allow us to reduce the model further and in effect reduce the number of activities in the model.

The strong similarity of simple workflow models and flow diagrams suggests that if we do not consider parallelism, there are only four basic causes of unstructuredness (see e.g. [11,9]): 1) Entry into a decision structure, 2) Exit from a decision structure, 3) Entry into a loop structure, and 4) Exit from a loop structure. Entry to any structure is modelled in a workflow environment by an or-join construct. Similarly, an exit is modelled by an or-split. Once parallelism is introduced we will also consider synchronised entry and parallel exit modelled by and-join and and-split constructs respectively.

The first transformation (all transformations in this section are based on [9]), depicted in figure 2, can be performed when transforming a diagram containing an exit from a decision structure. It is important to observe that variable Φ is needed since activity D can potentially change the value of β or, if β is a complex expression, it could change the value of one of its components. This transformation is achieved through the use of auxiliary variables.

The transformations as depicted in figure 3 are used when a workflow model contains an entry to a decision structure. Here workflow B2 is a transformation of B1 achieved through *node duplication*, whereas workflow B3 is a transformation of B1 achieved through the use of auxiliary variables. The following two diagrams, depicted in figures 4 and 5, capture transformations to be used when



Fig. 2. Exit from a decision structure



Fig. 3. Entry into a decision structure

a model contains an entry to, or an exit from a loop structure, respectively. Repeated application of the transformations discussed in this section can remove all forms of unstructuredness from a workflow. Hence the following theorem.

Theorem 1. All unstructured workflows without parallelism have an equivalent structured form.

Finally, it should be remarked that in some cases we have presented alternative transformations (not using auxiliary variables) and in some cases we have not. In later sections, we will show that this has a reason: in the cases where no extra transformations (not using auxiliary variables) are presented, such transformations turn out not to exist.

4.2 Workflows with Parallelism but without Loops

Addition of parallelism immediately introduces problems related to deadlock and multiple instances. As noted in section 2, structured workflow models never



Fig. 4. Entry into a loop structure



Fig. 5. Exit from a loop structure

result in deadlock nor multiple instances of the same activity at the same time. Hence, structured workflow models are less expressive than arbitrary workflow models. This immediately raises the question as to whether well-behaved workflow models can be transformed to structured workflow models. As the next theorem shows, the answer to this question is negative.

Theorem 2. There are arbitrary, well-behaved, workflow models that cannot be modelled as structured workflow models.



Fig. 6. Arbitrary workflow and illustration of its essential causal dependencies

Proof. Consider the workflow fragment in figure 6. The first observation is that as activities B and C are causally independent (that is, they can be executed concurrently) they have to be in different branches of some parallel structure in a corresponding structured workflow. As activities C and E are causally dependent (E is always performed after C) there must be a path from C to some activity named E. This activity has to be in the same branch as C as it cannot be outside the parallel structure as that would make it causally dependent on B. By applying similar reasoning, an activity named D has to be in the same branch of a parallel structure as B. Now we have that as C and D are in different branches of a parallel structure they are causally independent. However, in the original model they are causally dependent. Contradiction. No corresponding structured workflow exists.

To find out which workflow models can be effectively transformed into SWMs, let us concentrate on the causes of unstructuredness that can occur when parallelism is added. If loops are not taken into account, these causes are: 1) Entry to a decision structure, 2) Exit from a decision structure, 3) Entry to a parallel structure, 4) Exit from a parallel structure, 5) Synchronised entry to a decision structure, 6) Parallel exit from a decision structure, 7) Synchronised entry to a parallel structure, and 8) Parallel exit from a parallel structure. In the remainder of this section we will concentrate on which of these structures can be transformed to a structure model.

Entries and exits from decision structures are dealt with in section 4.1 and can obviously be transformed to a structured model.

As a synchronised entry to a decision structure and an exit from a parallel structure leads to a potential deadlock (i.e. there are instances of the model that will deadlock), it follows that if the original workflow contains any of these patterns, it cannot be transformed into a SWM.

Parallel exits and synchronised entries to a parallel structure are dealt with in theorem 2. The reasoning of this theorem can be applied to any model that contains these patterns. Hence such models, even though they may be wellbehaved, cannot be transformed into SWMs.

Before analysing the two remaining structures let us define a syntactical structure called an *overlapping structure*. This structure has been previously introduced in the context of workflow reduction for verification purposes in [10]. A specific instance of it is shown in figure 7. An overlapping structure consists of an or-split followed by i instances of and-splits, followed by j instances of or-joins and finally by an and-join. The structure of figure 7 has both i and j degrees equal to two. The overlapping structure contains both an entry to a parallel structure and a parallel exit from a decision structure and it never results in a deadlock. It is possible to transform an overlapping structure into a SWM as shown in figure 7.

A thorough analysis of the causes of deadlock and multiple instances in workflow models (see e.g. [10]) leads to the conclusion that workflow models containing a parallel exit from a decision or an entry to a parallel structure will cause a potential deadlock unless they form a part of an overlapping structure or the



Fig. 7. Overlapping structure

exit path from the decision does not join the main execution path. Hence we conclude:

- An entry to a parallel structure can cause a potential deadlock unless it is part of an overlapping structure (in which case it can be transformed as shown).
- Similarly, a parallel exit from a decision structure can cause a potential deadlock and cannot be transformed into a SWM unless it is part of an overlapping structure or if the exit path does not join the main path (figure 8 illustrates the second case and the corresponding transformation).

The observations in this section have led us to the following conjecture:

Conjecture 1. Any arbitrary well-behaved workflow model that does not have loops, when reduced, does not have a parallel exit from a parallel structure, and, when reduced, does not have a synchronised entry into a parallel structure, can be translated to a SWM.



Fig. 8. Exit path not joining main path in parallel exit from decision structure

4.3 Workflows with Parallelism and Loops

Finding out whether a workflow can deadlock or not in the context of loops is much more complex and conjecture 1 cannot be automatically applied. To expose potential difficulties let us concentrate on what kind of loops we can encounter in a workflow model once and-join and and-split constructs are used. Every cycle in a graph has an entry point that can be either an or-join or an and-join and an exit point that can be either an and-split or an or-split. Cycles without an entry point cannot start and cycles without an exit point cannot terminate. The latter case can be represented by a cycle with an exit point where the exit condition on the or-split is set to false.

Most cycles will have an or-joins and or-splits as entry and exit points respectively (note that there may be many exit and entry points in the cycle) provided that the workflow is well-behaved. The transformation of such cycles is straightforward using transformations as presented earlier in this section.

If the cycle has an and-join as an entry point, the workflow will most likely deadlock. Examples of two workflows containing cycles with and-join as an entry-point that do not deadlock are shown in figure 9.



Fig. 9. Two workflow models with arbitrary loops

Conversely, most workflows that have an and-split as an exit point will most likely result in multiple instances. Our previous observation that any workflow resulting in deadlock or multiple instances cannot be modelled as a structured workflow certainly holds whether or not the workflow has loops. The major impact of introducing loops though is that finding out if the workflow deadlocks or results in multiple instances becomes a non-trivial task [6].

In rare cases when a cycle has an and-join as entry and an and-split as exit point and the workflow involved does not deadlock nor result in multiple instances, theorem 2 is helpful when determining if such a workflow can be remodelled as a structured workflow. In figure 9 for example, workflow A can be remodelled as a structured workflow whereas workflow B cannot. The equivalent workflow to workflow A is shown in figure 10.



Fig. 10. Structured version of leftmost workflow of figure 9

4.4 Suitability of Transformations

The transformations presented earlier in this section are using two major techniques: 1) node duplication and 2) use of auxiliary variables to control conditions. In this section we will comment on the suitability of these solutions.

Suitability in general refers to the relation between concepts offered in the specification technique and concepts required by the problem domain. There are a number of aspects in a workflow specification, e.g. data and control flow, and there are a number of ways in which the same underlying model can be presented, e.g. data flow and control flow "view". Yet, conceptual models, in general, are required to convey a certain amount of information which should not be split up, if the model is to be effective (this corresponds to the *Cognitive*) Sufficiency Principle promulgated by [2]). For example we believe that the model that conveys all control flow interdependencies between activities in a control view is a better model than the model that requires both the control flow view and data flow view to understand relationships between activities. Consider for example the three models from figure 3. In models B1 and B2 it is clear that activities B and D are exclusive in the sense that they will never be both executed in any process instance. On the other hand, in model B3, it seems that activity D can follow the execution of activity B. Only close inspection of the or-splits' predicates as well as implicit knowledge that activity B does not change the value of variable Φ can lead to the conclusion that activities B and D are indeed exclusive.

To retain the suitability of a certain workflow model, transformations should avoid using auxiliary variables to control or-splits through predicates. Unfortunately, this is not always possible.

Theorem 3. There are forms of unstructuredness that cannot be transformed without the use of auxiliary variables.

Proof. Consider the workflow model of figure 5. This workflow model contains multiple exits from a loop and as such is unstructured. Now consider another workflow model equivalent to this model, which is structured. The first observation is that as workflow representations are finite, this structured workflow model needs to contain at least one loop as the associated language is infinite. On one such loop there has to be an occurrence of both activities A and C. Activities B and F should be outside any loop (as we cannot use predicates anymore to prevent paths containing these activities to be chosen if they are included in the

body of the loop). Playing the bisimulation game yields that after each instance of activity A one should be able to choose to perform either C or B. Since B is outside any loop, there has to be an exit point from the loop sometime after activity A (but before activity C, as one cannot use predicates that guarantee that activity C will be skipped after the decision has been made to exit the loop). Similarly, after each instance of activity C one should be able to choose to perform either activity E or activity F. As F is outside any loop, we also have an exit point from this loop after activity C (but before activity E). Hence, the loop under consideration has at least two exit points and the workflow cannot be structured. Contradiction. Hence a structured workflow equivalent, not using auxiliary variables, to the workflow of figure 5 does not exist.

An alternative technique to transform arbitrary models into a structured form requires node duplication. As has been proved earlier, it cannot be used for every model, but even when it can be used, it is not without associated problems. Consider once again the model in figure 3. If activity D in the left model is followed by a large workflow specification, the transformation presented in the right model would need to duplicate the whole workflow specification following activity D. The resulting workflow will be almost twice as big as the original and will therefore be more difficult to comprehend.

5 Restricted Loops

In this section we will focus on languages that impose restrictions on loops only. Examples of such languages are MQSeries/Workflow and InConcert. The main reason these languages impose restrictions on loops is that the introduction of cycles in their workflow specifications would result in an immediate deadlock because of their evaluation strategy. MQSeries/Workflow for example propagates true and false tokens and its synchronizing or-join expects tokens from every incoming branch before execution can resume; this results in deadlock if one of these branches is dependent on execution of the or-join itself. Note that the semantics of the synchronising or-join is different from the semantics of the or-join as presented earlier in this paper, but that does not compromise the obtained results. The approach chosen in MQSeries/Workflow and InConcert guarantees that their specifications are well-behaved (for MQSeries/Workflow this is formally proven in [5]).

Even though one may ask the question whether any arbitrary workflow specification can be translated to a specification that uses restricted loops only, the more practical question would be to ask whether any well-behaved arbitrary specification can be translated to a specification using restricted loops only. As the next theorem shows, the answer to this question is negative.

Theorem 4. There are well-behaved arbitrary workflow specifications that cannot be expressed as RLWFMs.



Fig. 11. Well-behaved arbitrary workflow

Proof. By showing that the workflow from figure 11 cannot be modelled as an RLWFM. Observe that after completion of the initial activity and as long as α evaluates to true, there will be at least two tokens in the corresponding Petrinet. That means that in an equivalent workflow specification that has restricted loops only, there have to be two concurrent restricted loops running in parallel (if there was only one loop, the moment the exit condition was evaluated there would be only one token in the corresponding Petri-net). One of the restricted loops would have to contain activities A, B, C, and E, and the other loop would have to contain activities D, F, G, and H. In the original workflow specification A is causally dependent on D. That means that there must be a path between A and D but that is impossible if A belongs to a different restricted loop than D according to the definition of a restricted loop.

The careful reader may have noticed that in the workflow model of figure 11 data is used to make sure that both loops are exited at the same time (otherwise deadlock would occur). It is an open question as to whether there exist well-behaved arbitrary workflow specifications that do not contain decision dependencies and that can not be transformed into an RLWFM.

6 Conclusions

The transformation of arbitrary workflow models to workflows in a structured form is a necessity typically faced by either an application programmer who has to implement a non-structured workflow specification in an environment supporting structured specifications only (e.g. SAP R/3 workflow or Filenet Visual Workflo), or by a business analyst who is trying to capture real-world requirements in a structured workflow specification technique (e.g. UML's activity diagrams). In this paper we have shown that even simple transformations require the use of auxiliary variables which results in the introduction of dependencies between decisions in a workflow graph. As a result the transformed workflow specification is typically more difficult to understand for end-users. Moreover, some arbitrary specifications cannot be transformed at all to a structured form. Hence in general, structured models are less expressive and less suitable than arbitrary models. For these reasons it is our contention that any high-end workflow management system should support the execution of arbitrary workflow specifications. To some, this might seem to contrast with the common consensus of avoiding GOTO statements (and using WHILE loops instead) in procedural programming languages, but, as shown throughout this paper, the presence of parallelism as well as the nature of workflow specifications provide the essential difference. As a consequence, the good workflow modelling environment should be supported by a powerful verification engine that would help process modellers detect syntactical problems such as potential deadlock or unwanted multiple instances. Using sophisticated verification tools for these purposes (incorporating techniques from state-of-the-art Petri-net theory) seems feasible from a practical perspective (see [1]).

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