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Drug Effects on Newborn

- 1. In general, newborns are more sensitive than adults to the depressant effects of drugs
- 2. The seizure threshold is similar in newborns and adults
- 3. Newborns have larger volumes of distribution, requiring a higher dose of local anesthetic for toxic effects compared to adults
- 4. Changes in fetal heart rate after administration of local anesthetics are most often due to indirect effects (e.g. maternal hypotension and uterine hyperstimulation)
- 5. Preterm infant is more vulnerable than term infant to effects of analgesic and anesthetic drugs due to:
 - (a) Less protein available for drug binding
 - (b) Higher levels of bilirubin present and competing with drugs for protein binding
 - (c) Greater access of drugs to the CNS due to poorly developed blood-brain barrier
 - (d) Preterm infant has greater total body water and less fat content
 - (e) Preterm infant has diminished ability to metabolize and excrete drugs
- 6. Neuraxial opioids have a favorable effect on neonatal outcome compared to systemic opioid
 - (a) Better Apgar scores, and umbilical cord blood gas and pH measurements at delivery with neuraxial opioids compared to systemic opioids
 - (b) Maternal epidural opioid administration by continuous infusion rarely results in drug accumulation and subsequent neonatal depression
 - (c) Possible direct effect on the neonate at delivery due to systemic absorption and indirect effects by opioid-related maternal side effects (i.e., respiratory depression and hypoxemia)

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C. Wasson et al., *Absolute Obstetric Anesthesia Review*, https://doi.org/10.1007/978-3-319-96980-0_17