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The navel clinically known as the umbilicus, colloquially known as the belly button or tummy button, is a hollowed or sometimes raised area on the abdomen at the attachment site of the umbilical cord. All placental mammals have a navel. The umbilicus is used to visually separate the abdomen into quadrants.

The umbilicus itself has been described as a round dermal projection or depressed scar on the centre of anterior abdominal wall surrounded by

a natural skin fold that measures 1.5–2 cm in diameter and lies anatomically within the midline at the level of the superior iliac crests [1].

Reference

1. Craig SB, et al. In search of the ideal female umbilicus. *Plast Reconstr Surg.* 2000;105:389.