

Skin-Colored Papules and Nodules: Introduction

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11.1 Introduction

In the following chapters and throughout the book, a number of causes of papules and nodules that may clinically present the same color as the patient's skin are presented. An outline of the classification of the different conditions is given in Table 11.1.

Table 11.1 Summary of causes of skin-colored papules and nodules

Cysts	Solid lesions
Mucinoid cysts	Skin tag (acrochordon, fibroepithelial polyp)
Epidermoid cysts	Scars
Cyst of the canal of nuck	Benign tumors
Pilonidal cysts	• Syringoma
Bartholin gland cyst	• Mammary-like gland tumor (hidradenoma papilliferum)
	Malignant tumors
	• Squamous cell carcinoma
	• Basal cell carcinoma
	Infection
	• Human papilloma virus infection
	• Molluscum contagiosum

Skin Coloured Papules and Nodules: Breaking the Myths

- Papillae on the vestibule and medial vulva minora usually do not represent HPV infection. They are papillomatosis (micropapillomatosis)—a normal finding.
- Usually, tumors do not cause pruritus. An exception is syringoma—multiple, confluent white or skin-colored papules on the labia majora, associated with pruritus.

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