

Chapter 37

Elbow Resection Arthroplasty

1 Week

- Patient begins CPM, and active and passive ROM to the elbow including supination and pronation.
- Patient is fitted with a static elbow splint to wear between exercises for comfort.
 - *Note:* Exercises during the initial 6 weeks of therapy should be performed at the patient's side. This may be reduced to 4 weeks in the patient with a stable, pain-free arc of motion.

3–4 Weeks

- Depending on the patient's comfort level and stability of the elbow, light functional activities may be initiated.
- The splint may be discontinued at this time.

6 Weeks

- Exercises and normal activities may be performed with the arm away from the patient's side.