

Chapter 5

The Future of Integrative Pediatrics

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Integrative pediatrics is a quickly developing field due to demand from the patient population. As CAM modalities become increasingly popular, general pediatric practitioners bear the burden of becoming knowledgeable about CAM medicines and therapies. Although the vast majority of pediatric providers will not specialize in integrative pediatrics, all pediatric providers need a basic understanding of the various types of medicine and therapies available to their patients. This knowledge is vital to protecting and guiding pediatric patients and their families. As the body of literature grows, effective therapies will be utilized more frequently and less effective therapies will be utilized less frequently. With time, it is possible that all of pediatrics will be considered integrative pediatrics with a focus on mind, body, and spirit and with a concept of utilizing all effective therapies, allopathic and non-allopathic, for the good of the patient.

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