



# Deoxygenation of graphene oxide using biocompatible reducing agent *Ficus carica* (dried ripe fig)

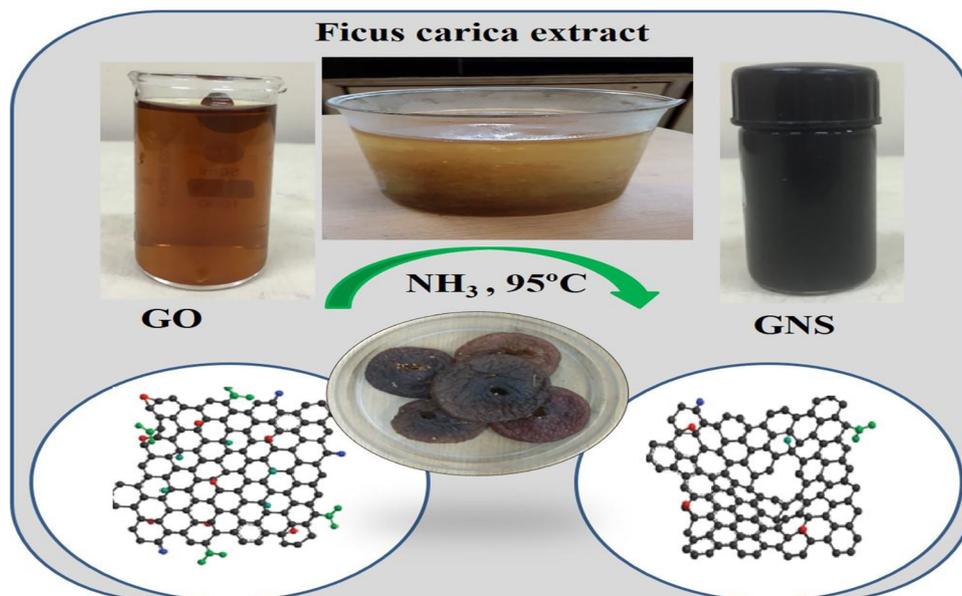
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## Abstract

To address the environmental concerns, a relatively simple, innovative and low-cost procedure has been suggested for synthesis of graphene nanosheets (GNSs). The procedure utilized here for synthesizing GNSs is derived from aqueous suspension of graphene oxide (GO). *Ficus carica* (FC) is known to be remarkable antioxidant. It is regarded as suitable biocompatible alternative to hazardous and toxic chemicals. This method ensures non-hazardous nature of the deoxygenating agent (FC) as well as their oxidized outcomes. Structural and morphological characterization indicates the absence of oxygen-bearing groups from graphene oxide. Characterization was done by standard techniques such as X-ray crystallography, FTIR, RAMAN, DLS, and UV–Vis spectrophotometry. Morphological investigation of resulting material was also undertaken through standard techniques by FESEM, TEM, HRTEM with SAED pattern. Thermal stability of FC derived graphene was also investigated. The investigation may initiate new routes for preparing GNSs at large scale facilitating a better research and commercial utilization.

## Graphical abstract



**Keywords** Green synthesis · Graphene oxide · Graphene nanosheets · *Ficus carica* extract

## Introduction

Graphene, the wonder material, has become popular among nanomaterial investigators. The path-breaking discovery of graphene was made by Geim and co-workers [1]. Since then there has been active interest in graphene. Remarkable features such as large surface area ( $2620 \text{ m}^2 \text{ g}^{-1}$ ), superior Young's modulus (1.0TPa), exceptional thermal conductivity ( $\sim 5100 \text{ W m}^{-1} \text{ K}^{-1}$ ), unique chemical strength and large electron movement ( $2.0 \times 10^5 \text{ cm}^2 \text{ v}^{-1} \text{ s}^{-1}$ ) are shown by the graphene sheets [2]. These outstanding features of graphene initiate new ways for multidimensional applications in different segments of technology. They include applications in catalyst engineering [3, 4], lithium-ion batteries [5], chemically derived sensors [6], biosensors [7], anti-bacterial activities [8], delivery of drugs [9], solar cells [10], super capacitors [11], touch panels [12], electromagnetic shielding application [13], water purification [14], and absorption of non-aqueous fluids oils, olefins, aromatic compounds, dyes and organic solvents [15–18]. Due to above-mentioned applications, several methods have been investigated to synthesize graphene. Chemical reduction of graphene oxide (GO) is considered as a superior method for large scale production. The cost is affordable, and time required is of short duration. Identification of green reducing agent for this work is necessary. There onwards, many reductants have been applied for reducing GO. Hydrazine hydrate ( $\text{N}_2\text{H}_4 \cdot \text{H}_2\text{O}$ ), hydrogen bromide (HBr), hydriodic acid with trifluoroacetic acid (HI, TFA), phenol, *p*-toluenesulfonic acid (PTSA) and sodium borohydride ( $\text{NaBH}_4$ ) have been employed as deoxygenating agents. However, most of these chemicals have limitations as their by-products are hazardous for biosphere. Hence, sophistication is required in using these chemicals. The presence of harmful by-products may greatly increase production costs on industrial scale [19]. Despite precautions the final product may contain remnants of these harmful chemicals. Its use may not be advisable in several applications such as biomedical field or water purification. To overcome these obstacles, investigators have concentrated more on identifying environmentally suitable reducing agents with higher reducing ability than chemical reducing agent. Consequently, there is an actual need for simple, environment-friendly and cost-effective method for production of graphene. These problems may be solved by green reduction. Researchers have presented various eco-friendly reductants in recent years [20]. They include antioxidants, microorganisms, extracts of plants, vitamins, organic acids and proteins. Such reductants are termed as “green reducing agents” as they are eco-friendly and cost-effective. Further attempts should, however, continue to identify an inexpensive,

efficient as well as green deoxygenating agent for production of graphene chemically at large scale.

*Ficus carica* commonly known as fig is nutritious fruit with useful medicinal properties. Investigation on *Ficus carica* becomes intensive due to its remarkable nutritional utility and therapeutic properties. Extracts of all parts of *Ficus carica* possess medicinal properties and may cure several illnesses including cancer [21], diabetes [22], cardiovascular disorders [23], and antimicrobial activity [24]. *Ficus carica* has these medicinal values due to its precious chemical constituents especially present in ripe fruits. Studies have shown that fig fruit is a rich source of saccharides (mainly glucose, fructose and sucrose), organic acids (citric acid, malic acid), anthocyanin and antioxidant polyphenols [chlorogenic acid (5-*O*-caffeoylquinic acid), catechin, gallic acid, rutin (quercetin-3-*O*-rutinoside) and syringic acid] [25–29]. These valuable constituents generally have extraordinary binding ability to the oxygen functionalities to yield complementary oxides and various by-products, such as water molecules. These important constituents, especially carbohydrate (glucose and fructose), increase in terms of percentage on ripening of *Ficus carica* fruits [30–32]. Earlier studies suggested that reducing sugars such as glucose, fructose and sucrose have been used for reducing the GO [33, 34]. They work via a redox mechanism which relies upon their inherent ability to form closed-chain structures. Both reducing sugar (glucose and fructose) and its oxidized outcomes are eco-friendly. Additionally, their oxidized outcomes act as capping agents for sustaining GNS. Thus, one may conclude that FC carbohydrate content has enough potential to reduce graphene oxide into graphene nanosheets chemically.

## Experimental section

### Materials

Graphite powder, hydrogen peroxide (30%  $\text{H}_2\text{O}_2$ ), potassium permanganate ( $\text{KMnO}_4$ ), sulphuric acid (98%  $\text{H}_2\text{SO}_4$ ), and sodium nitrate ( $\text{NaNO}_3$ ) were procured from Merck, Sigma-Aldrich, India. The fresh and ripe fruits of *Ficus carica* were purchased from the local market. All aqueous solutions were prepared with extremely pure water.

### Synthesis of graphene oxide

The modified Hummers' method was used to synthesize graphene oxide [35]. At  $0^\circ\text{C}$ , 25.0 mL of sulfuric acid (93–96%) with (0.5 g) graphite powder was stirred for 20 min. After that, (0.5 g) of  $\text{NaNO}_3$  was slowly added to the solution while stirring for 1 h. After that,  $\text{KMnO}_4$  (3 g) was added gradually at  $0^\circ\text{C}$ . The whole mixture was heated at  $35^\circ\text{C}$  for 1 h. Then 40 mL of water was added into the

mixture resulting into release of heat which was retained at 95 °C for 40 min. Again 100 mL of water was added into the solution. Finally, 30% H<sub>2</sub>O<sub>2</sub> (~ 10 mL) was added slowly into the solution. The warm mixture was centrifuged and washed with moderately warm water (150 mL). Subsequently, the sample was washed with plenty of water till neutral pH was obtained. Afterwards, the sample was treated with basic solution which is heated at 70 °C for 1 h. A dark brown solution is obtained which centrifuged at (12500 rpm, 30 min). The sample was re-dispersed and washed with ethanol. Then 14 mM of HCl solution was added and stirred again for 1 h at 70 °C. Again, the solution was centrifuged and washed with ethanol three times. Finally, the sample was dried in an oven at 30 °C for 3 days to yield GO.

### Synthesis of *Ficus carica* extract

Figs were cut into small pieces. 100 g of the dry mass was immersed in 200 mL of twice-distilled water. Then the mixture was heated at 95 °C for 60 min to obtain the extract. The prepared extract was centrifuged at the speed of 10,000 rpm. The extract was drained and screened through a cheese cloth to remove impurities. The fresh extract was used immediately for reduction of graphene oxide.

### Synthesis of GNSs based on FC extract reduction

For the synthesis of few layer graphene, 100 ml of FC extract was added slowly through the burette into 100 mL of uniformly distributed GO solution (0.2 mg/mL) and the solution was kept stirring for 2 h. After that 2 mL of ammonia solution is added dropwise in solution and the same is stirred for 12 h at 95 °C. Then, the incoming stable black solution was centrifuged (10,000 rpm) for 30 min. Finally, the obtained sample was washed thrice with diethyl ether and water solution. Then the resulting GNSs was re-dispersed in ethanolic solution for upcoming characterization.

### Characterization

X-ray diffraction (XRD) studies were performed at room temperature on a D/Max 2500 V/PC (Rigaku Corporation, Tokyo, Japan) at a scan rate of 1/min. Fourier transform infrared spectroscopy (FTIR) investigation was done over the wave number range of 4000–600 cm<sup>-1</sup> using a Bruker (Tensor 37) spectrometer (Thermoacoustic, USA). Raman spectra of pure GO, and GNS were obtained using Nano finder 30 (Tokyo Instruments Co., Osaka, Japan) in back scattering geometry with a CCD detector, a 514-nm Ar laser and a 100× objective mounted on an Olympus optical microscope. Ultraviolet–visible (UV–Vis) spectra were obtained using a U3900 Biochrom Cambridge, UK. The particle size

of dispersions was measured by Spectroscatter 201 (Malvern Instruments, Limited, UK). The GO dispersion in water and GNS in DMSO were employed as UV–Vis samples, and their respective solvents were taken as the reference. The morphology of the prepared sample was characterized by TEM (Phillips CM-100 with a tungsten filament), scanning electron microscopy (SEM) was carried out on a S4800 scanning electron microscopy (HITACHI, Japan). Thermo-gravimetric analysis (TGA) of the samples was performed on (Perkin Elmer Pyris1 TGA Thermogravimetric Analyzer) at a heating rate of 10 °C min<sup>-1</sup> under nitrogen atmosphere.

## Results and discussion

### XRD analysis

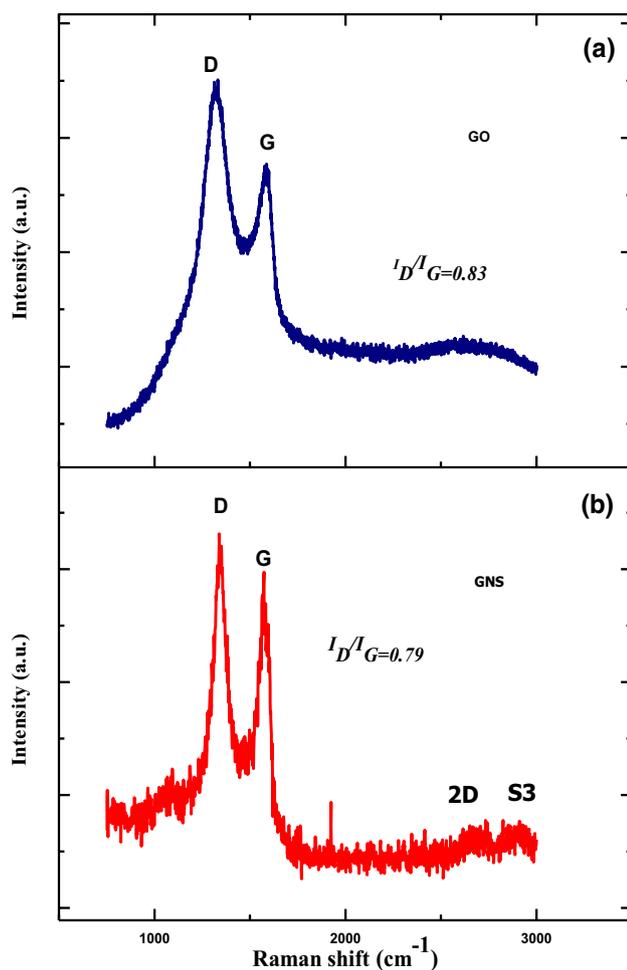
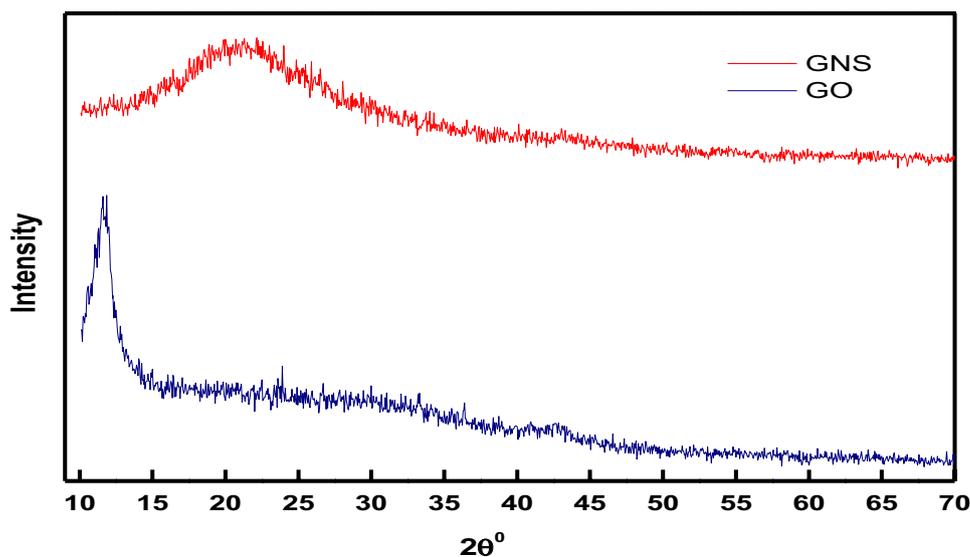
In the present work, characterization of powdered sample of graphene oxide and graphene sheets was done by X-ray diffraction technique. The behavior of the synthesized GO was studied in comparison with that of graphene sheets as shown in Fig. 1. The diffraction pattern of GO was studied at  $2\theta = 11.13^\circ$  (Fig. 1) showing *d*-spacing ~ 0.78 nm with respect to graphite [36]. The rise in the spacing is due to the insertion of molecules of water and sandwiching of oxygen-bearing functional groups in the sheets of the graphite [37, 38]. After deoxygenation by FC the 11.13° peak vanished, and a bump arises, starting from 22° to 26°. The gap between the layers diminished to 0.39 nm. This may be attributed due to the elimination of water- and oxygen-containing groups from the *d*-spacing significantly. The bump is also indicative of the elimination of long-range order in graphene [38]. The vanishing of well known (002) reflection arrangement of GO and appearance of a bump at  $2\theta = 24^\circ$  in the GNS confirms the extensive GO reduction and creation of graphene nanosheets.

### Raman spectroscopy

Raman spectroscopy is a prominent diagnostic tool for determining electronic configuration of chemical compounds. It is extensively applied to describe nanomaterial structure and study disorder and lattice imperfections in carbon nanomaterials. Figure 2a, b demonstrates the Raman analysis of GO powder (blue) and GNS powder (red). The G band and 2D band characteristically indicate the presence of sp<sup>2</sup> hybridized C–C bonds in graphene [39]. The G peak is 1595 cm<sup>-1</sup> and 1670 cm<sup>-1</sup> in the Raman spectrum of GO and GNSs, respectively. It confirms the first-order scattering of the E<sub>2g</sub> mode. The D peak at ~ 1330 cm<sup>-1</sup> in both powder samples in the Raman analysis assures the lattice alterations [40]. The decrease in I<sub>D</sub>/I<sub>G</sub> intensity ratio of GNSs prepared by chemical deoxygenation is frequently informed in earlier



**Fig. 1** XRD patterns of pure GO and GNSs



**Fig. 2** Raman spectra of GO and GNSs

reviews [41]. In the current work, the analysis of  $I_D/I_G$  ratio of GNSs exhibited decrement with respect to GO. This indicates rebuilding of  $sp^2$  carbon bonds and reduction in the mean size of  $sp^2$  region in GO. In addition to this, other bands specifically 2D at  $\sim 2680\text{ cm}^{-1}$  and S3 at  $\sim 2910\text{ cm}^{-1}$  were analyzed in GNSs spectra. S3 band is a second-order peak derived from the D–G peak combination [42]. These analyses establish greater extent of graphitization and the absence of charge transfer due to the absence of impurities [41, 42].

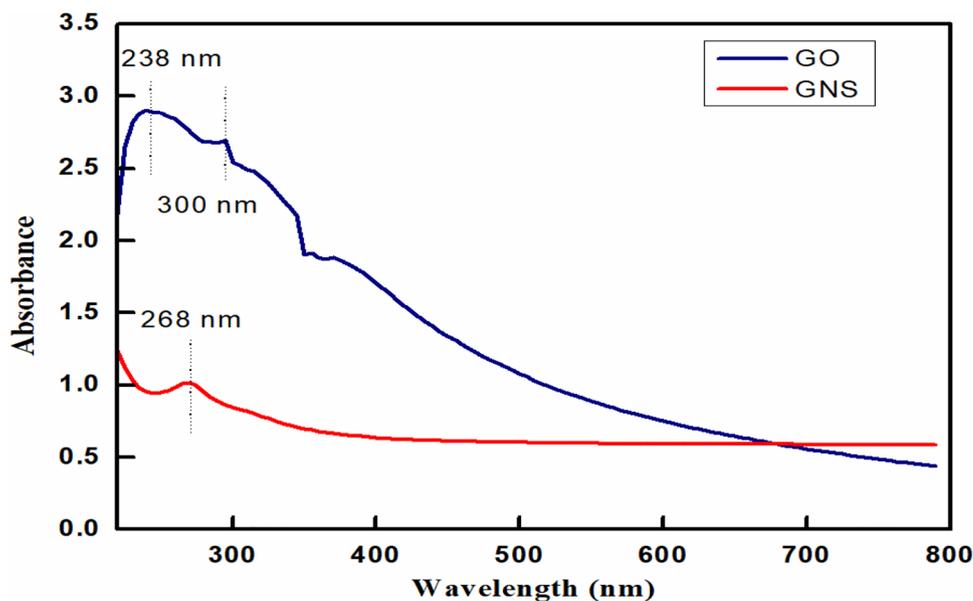
### UV–Vis spectra of GO and GNSs

The chemical conversion of GO to GNSs was also investigated by UV–Vis spectrophotometry. As depicted in Fig. 3, the intensity value of two UV–Vis absorption bands centered at 238 and 300 nm attributing GO, fall progressively with the enhancement in reduction period. UV–Vis spectra illustrate that uncontaminated GO depicts two absorption bands: one at  $\sim 238\text{ nm}$ , possibly due to  $\pi \rightarrow \pi^*$  shift of the (C=C) bonds. The other peak is at  $\sim 300\text{ nm}$  linked to the  $n \rightarrow \pi^*$  shift corresponding to the (C=O) bonds [43, 44]. After reduction by FC, the plasmon band progressively red-shifts to 268 nm. In absorption spectra, this red shift indicates that restoration of electronic conjugation after reduction process [45], while other band completely vanished.

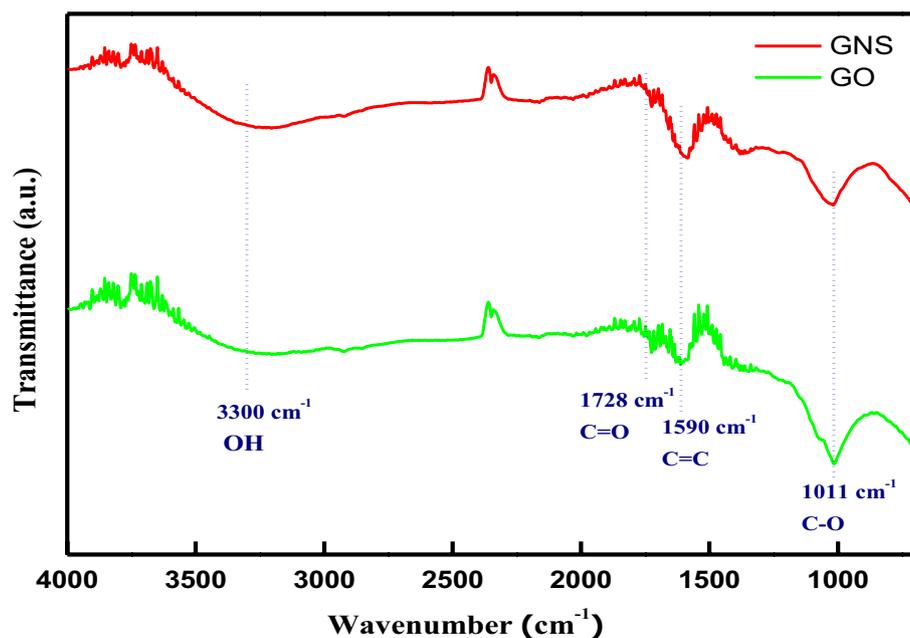
### FTIR spectrum of GO and GNSs

The decrease in the abundance of the oxygen functionalities in GO derived from FC extract was established by FTIR technique (Fig. 4). Presence of a wide band in the range of  $3300\text{ cm}^{-1}$  was referred as hydroxyl group (possibly due to the presence of carboxylic group and

**Fig. 3** UV–Vis absorption spectra obtained for exfoliated GO and GNSs solutions



**Fig. 4** FTIR spectra obtained for GO and GNSs

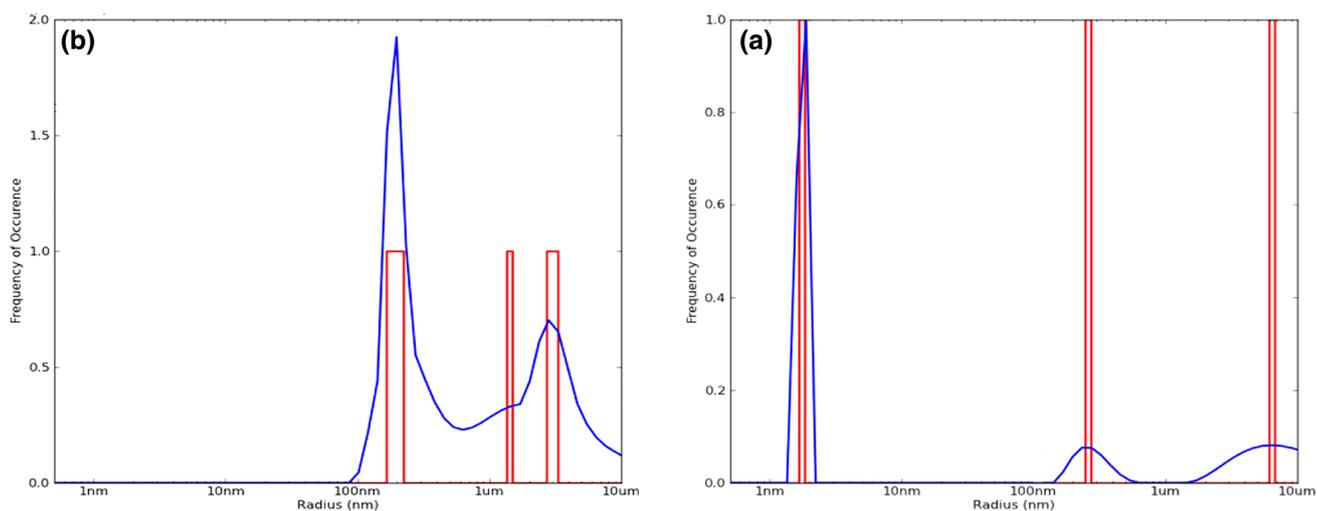


water molecules) [46]. The peaks at  $\sim 1728$ ,  $\sim 1590$ , and  $\sim 1011$   $\text{cm}^{-1}$  are believed to be due to presence of ketone (C=O), epoxide (C–O–C) and carboxyl (COOH and/or H<sub>2</sub>O) groups, respectively [47, 48], but in the context of GNSs, a remarkable reduction is observed in the intensities of ketonic group along with increase of carbon–carbon double bond. This omission of characteristic oxygen spectral features signifies the remarkable extent to which carbonyl and hydroxyl functionalities are eliminated on reduction of GO and restoration of honey comb structure [49, 50].

### Size distribution analysis by DLS

DLS technique was utilized to determine the mean size of GNSs and GO in aqueous suspension. As revealed in Fig. 5a, an average hydrodynamic thickness of GO layers in water is around 258.5 nm. The particle size of GO is altered to indicate an enhancement in size dimension with a hydrodynamic thickness centered around 291.2 nm after reduction with FC (Fig. 5b). Liu et al. [51] have measured the diameter in the context of several graphene-related nanomaterials and concluded that GNSs are larger in size compared to GO.

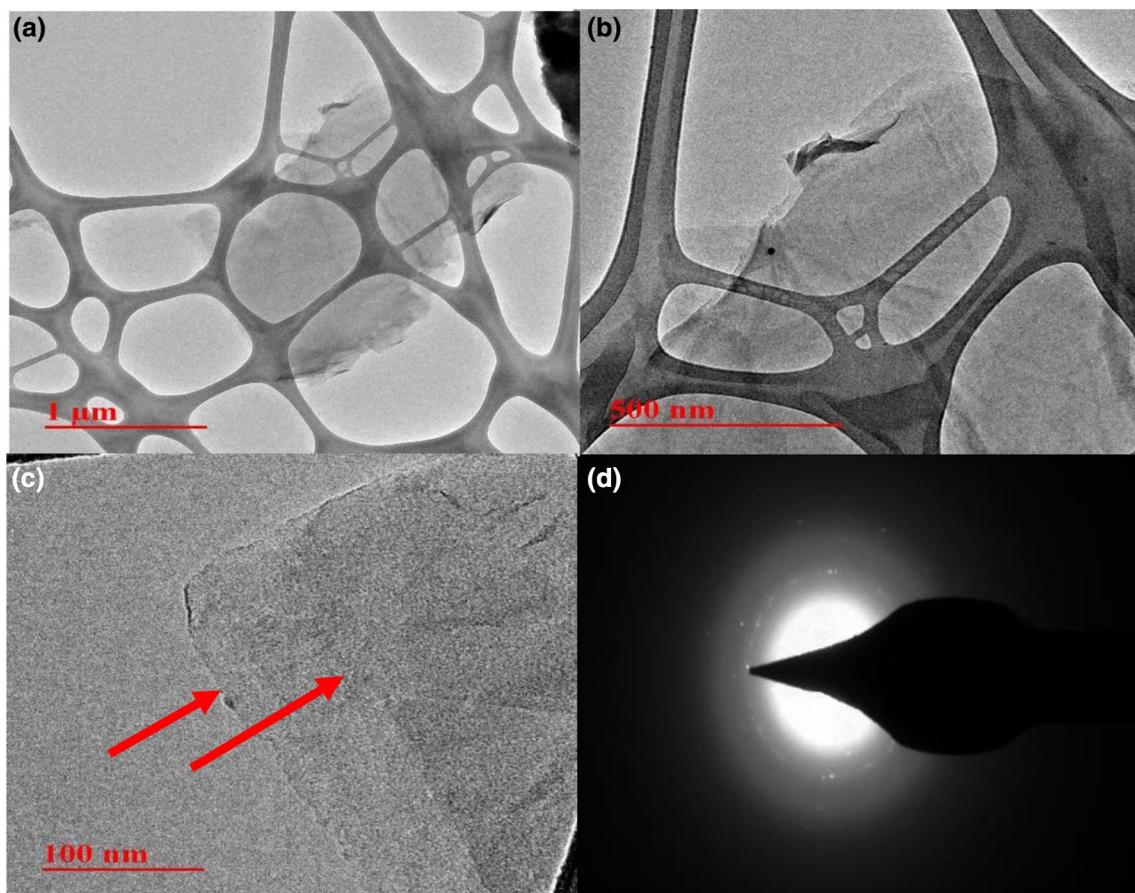




**Fig. 5** Particle size distributions of GO (a) and GNSs (b) measured by DLS

Wang et al. also [50] found that after deoxygenation of GO through heparin, the mean thickness of GNSs was larger than that of GO. The GNSs dimensions is approximately

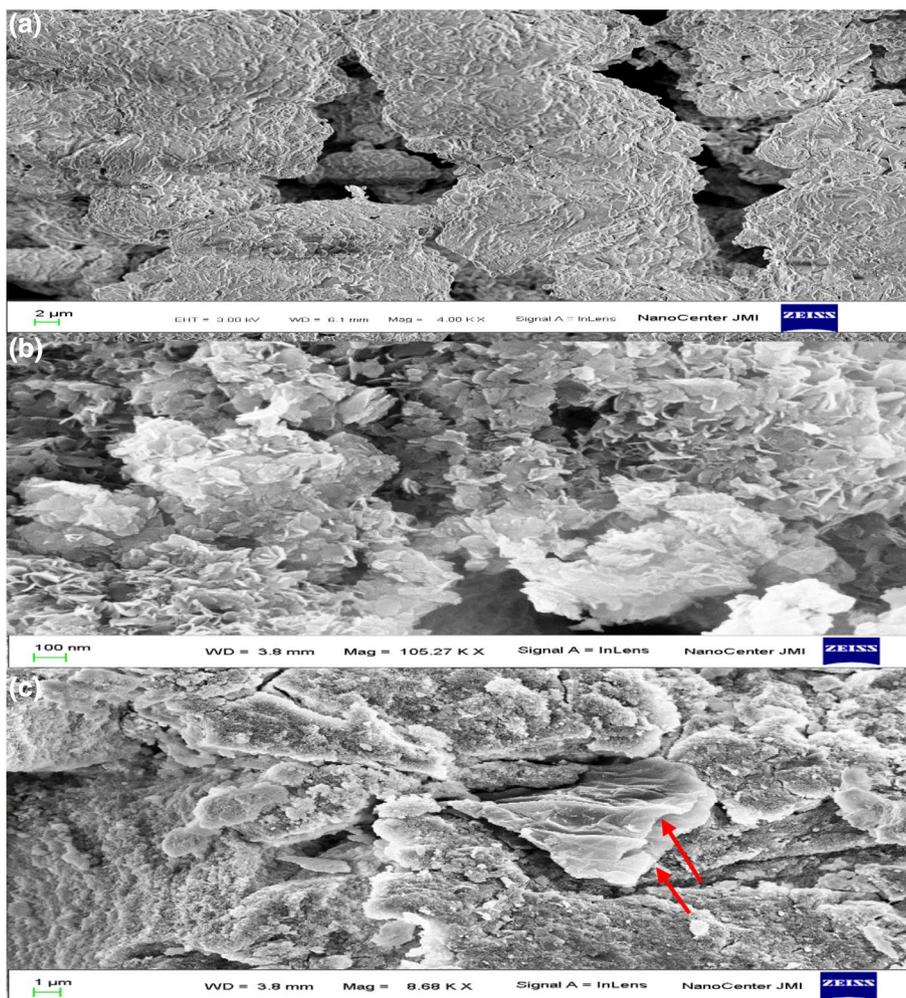
ninefold greater than that of GO nanosheets after reduction due to agglomeration of graphene nanosheets [51]. *Bacillus marisflavi* and *Pseudomonas aeruginosa* are found to reduce



**Fig. 6** a, b TEM image of GNS, c HRTEM image and d SAED pattern of graphene nanosheets



**Fig. 7** a, b and c shows SEM micrograph of GO and GNSs, respectively

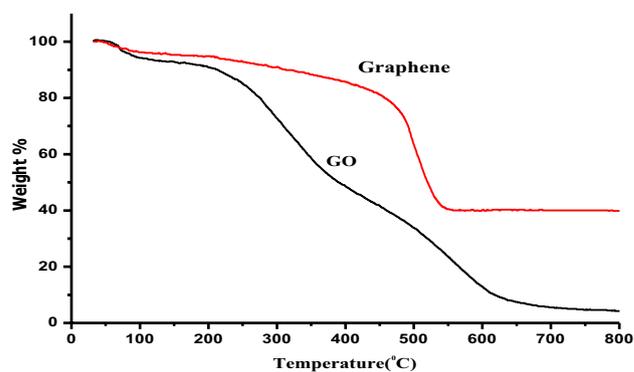


graphene oxide to 2598 nm and 3799 μm size, respectively [52, 53]. It is demonstrated that FC extract plays a vital role in enhancement of the dimensions of the synthesized graphene nanosheet.

### Morphological characterization: TEM and SEM analyses

The TEM images of GNSs at higher and lower amplifications are seen in Fig. 6a, b, respectively. The presence of translucent and sleek layers of GNSs in TEM picture confirms its persistence under high energy electron beam. The borders of the graphene sheets manage to overlap, permitting cross-sectional view of the films. The bending of layers at borders of layers appears as dark outline. The high-resolution TEM (HRTEM) picture is utilized to approach the number of sheets at several positions. HRTEM picture of GNSs is revealed in Fig. 6c. The development of few layer graphene is apparent in the HRTEM pictures. The small angle

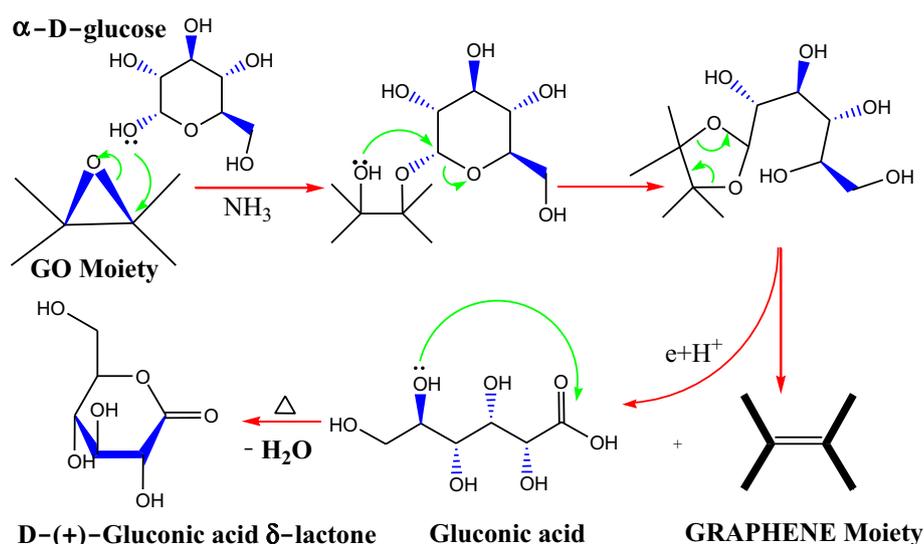
electron diffraction (SAED) arrangement of the GNSs also confirms the reduction of graphene sheets [54] as shown in Fig. 6d. The FESEM image shows non-agglomerated graphene oxide in Fig. 7a, while graphene nanosheets appear



**Fig. 8** Thermal analysis of GO and GNSs



**Fig. 9** Proposed mechanism for chemical reduction of GO



significantly wrinkled and look-like flower petals (Fig. 7b, c).

### Thermal gravimetric analysis (TGA) study

We have also inspected the thermal strength of the synthesized GNSs and co-related it with GO using TGA. As revealed in Fig. 8, the GO exhibits about 7% weight loss at 105 °C and then 14–80% weight loss at 200–600 °C. This loss is due to the exclusion of the bound oxygen functionalities such as CO,  $\text{CO}_2$ , and steam [45]. In comparison to this, the loss of the oxygen functionalities by reduction enhanced the thermal strength of graphene. It revealed a 3% weight loss in the nitrogen environment at 105 °C for GNSs (shown Fig. 8), which is as lower as compared to GO, expressing a cut down in oxygen-containing functionalities. Further critical downfall of GNSs mass at approx. 445–550 °C is due to the massive break down of carbon framework [34, 45].

### Chemistry: mechanism of graphene oxide reduction

Majority of the content of ripe fruit of FC is reducing sugar mainly as glucose and fructose responsible for the maximum reduction of GO. Figure 9 shows reduction mechanism of graphene oxide [25, 33]. The use of ammonia in the synthesis is particularly important for the maximum extent of reduction as it leads to a symbiotic increase of the reaction rate of deoxygenation of GO [33]. The graphene sheets possess exceptional spreading steadiness in water. Up to our knowledge there are no previous studies reported on reduction mechanism of graphene

oxide by glucose. In basic solution, glucose content of FC extract is first oxidized to gluconic acid which subsequently gets transformed into lactone as a side product and simultaneously reduces GO to GNSs [20, 34]. These oxidized products include plenty of oxygenating groups which form hydrogen bond with the remaining oxygen-containing groups of GNS and provide good dispersion stability.

### Conclusion

The present investigations suggest environment-friendly procedure for deoxygenation of GO by applying FC extract as the dynamic deoxygenating agent. The gained GNS is few layered in structure. Moreover, FC extract has several benefits over traditional reductants such as sodium borohydride and hydrazine hydrate. They are abundantly available, easily extracted from GNS, cost-effective, and suitable for eco-friendly manufacture method. Therefore, it is believed that *Ficus carica* extract is a powerful eliminator of the harmful chemical reducing agents. It can be utilized to develop graphene on large scale, especially for bio-materials containing graphene sheets.

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