



Transarterial chemoembolization with raltitrexed-based or floxuridine-based chemotherapy for unresectable colorectal cancer liver metastasis

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Abstract

Purpose To evaluate and compare the efficiency and safety of raltitrexed- or floxuridine (FUDR)-based transarterial chemoembolization (TACE) in patients with unresectable colorectal cancer liver metastasis (CRCLM).

Methods We conducted a retrospective analysis of 81 patients with unresectable CRCLM who failed systemic chemotherapy and were treated with TACE in our department from Oct 2014 to Oct 2017. Of these, 61 patients received TACE using raltitrexed, oxaliplatin, and pirarubicin (raltitrexed group), and 20 received TACE using FUDR, oxaliplatin, and pirarubicin (FUDR group). The objective response rate (ORR), disease control rate (DCR), overall survival (OS, from the first TACE), progression-free survival (PFS, from the first TACE), and adverse reactions were evaluated and compared between the two groups, and prognostic factors for OS were analyzed.

Results The ORRs of the raltitrexed group and FUDR group were 67.2 and 45.0%, respectively ($P=0.076$), and the DCRs were 86.9 and 80.0%, respectively ($P=0.452$). The median OS (from first TACE) was 14.0 months in the raltitrexed group and 13.0 months in the FUDR group ($P=0.556$). The median PFS (from first TACE) was 2.1 months in the raltitrexed group and 2.4 months in the FUDR group ($P=0.878$). Univariate and multivariate analyses showed that the primary tumor site, Child–Pugh class, and combination with local ablation (RFA or CRA) were independent significant factors affecting survival. There were no significant differences in adverse reactions between the two groups ($P>0.05$), and no treatment-related death occurred in either group.

Conclusion TACE treatment based on raltitrexed or FUDR is an efficient and safe alternative choice for treating unresectable CRCLM.

Keywords Colorectal cancer · Liver metastasis · Raltitrexed · Floxuridine · Transcatheter arterial chemoembolization

Introduction

Colorectal cancer (CRC) is one of the most common malignancies and is the third leading cause of cancer-related death in the western world [1]. In China, CRC is the fifth

leading cause of cancer death, with approximately 376,300 estimated new cases and 191,000 deaths in 2015, and the incidence rate is rising [2]. More than 50% of CRC patients develop liver metastasis, which is one of the main causes of death for CRC patients [3]. Liver resection may be the only chance of long-term survival for patients with unresectable CRC liver metastasis (CRCLM) [4]. However, more than 80% of CRCLM patients are not suitable for liver surgery, because the remaining liver function would be insufficient if the metastatic tumor was to be removed completely [3, 5]. Systemic chemotherapy, including chemotherapy regimens of FOLFOX, FOLFIRI, CAPEOX, and FOLFOXIRI, is the main treatment option for metastatic CRC [6]. The survival benefit has been considerably improved by the combination of chemotherapy with targeted therapy, with a median overall survival (OS) of up to 30 months [7–9].

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Nevertheless, the survival rate is inferior for patients with refractory metastatic CRC who fail two lines of systemic chemotherapy, with a median OS time of 7.1–8.8 months [10]. If the previous chemotherapy has failed, transarterial chemoembolization (TACE) is considered as an alternative option for CRCLM. TACE has been demonstrated to have a higher tumor response rate and lower adverse effects than systemic chemotherapy [11, 12].

TACE is a therapeutic approach that delivers chemotherapeutic drugs and embolizing agents to the hepatic artery. Some chemotherapy drugs, such as mitomycin C, doxorubicin, cisplatin, and gemcitabine, are commonly used in TACE for CRCLM [13–15]. 5-Fluorouracil (5-FU) is a commonly used systemic chemotherapy drug in advanced CRC and is also used as one of the transarterial chemotherapy drugs in TACE for the treatment of CRCLM [16]. Floxuridine (FUDR), a derivative of 5-FU, is usually used in hepatic arterial infusion (HAI) because of its high hepatic extraction rate and low toxicity [17, 18]. Some early clinical studies have reported that the use of FUDR in HAI produces median response rates of 40–45% and a median survival time of 17 months for metastatic CRC [19, 20].

Raltitrexed is a specific thymidylate synthase inhibitor. It has the same target as FUDR, but their mechanisms of action are different [21]. Raltitrexed has been widely used for the treatment of metastatic CRC, alone or in combination with oxaliplatin [22–24]. The combination of raltitrexed and oxaliplatin shows response rates of 41–54% and median survival times of 14.6–15.6 months for metastatic CRC [25–28]. Several previous clinical studies have shown that raltitrexed- and 5-FU-based chemotherapy has similar efficacies in the treatment of advanced CRC [25, 26]. However, a few clinical studies concerning the evaluation of the efficiency and safety of raltitrexed- or FUDR-based TACE for the treatment of CRCLM have been reported. The purpose of this retrospective study was to evaluate and compare the efficiency and safety of raltitrexed- (raltitrexed, oxaliplatin, and pirarubicin) or floxuridine-based (floxuridine, oxaliplatin, and pirarubicin) TACE in patients with unresectable CRCLM who failed two lines of systemic chemotherapy.

Materials and methods

Patient population

This retrospective study was approved by the Ethics Committee of Fudan University Cancer Center. Between Oct 2014 and Oct 2017, 81 unresectable CRCLM cases that received TACE using raltitrexed, oxaliplatin, and pirarubicin (raltitrexed group, $n=61$) or floxuridine, oxaliplatin, and pirarubicin (FUDR group, $n=20$) were included. The inclusion criteria for TACE were as follows: a histologically

confirmed diagnosis of CRC and complete resection of the primary tumor; inoperable liver metastases and contraindications to liver resection; the failure of two lines of systemic chemotherapy or discontinuation of chemotherapy due to significant side effects; an Eastern Cooperative Oncology Group (ECOG) performance status of 0 or 1; tumor involvement of less than 70% of the liver volume and adequate liver or renal dysfunction (total bilirubin serum levels <3 mg/dL, serum albumin level >20 g/L, serum creatinine level <2 mg/dL). For all patients, the treatment for liver metastases with systemic chemotherapy was stopped before 4 weeks of TACE therapy. Patients who had extrahepatic metastases were included if their main lesion remained in the liver. Patients were excluded if they had inadequate medical records or received TACE therapy not based on raltitrexed (raltitrexed, oxaliplatin, and pirarubicin) or floxuridine (floxuridine, oxaliplatin, and pirarubicin).

TACE procedure

After local anesthesia, the Seldinger technique was used to puncture the femoral arterial. The size, number, position, and blood supply of the liver lesions were determined by the introduction of the 5F-RH catheter (Boston Scientific, USA) into the abdominal aorta and celiac trunk by digital subtraction angiography (DSA). Then, a 3F microcatheter (Terumo Corp, Tokyo, Japan) was used for superselective intubation into the hepatic artery and tumor-nourishing vessels. The dosage of drugs and lipiodol (Laboratoire Andre Guerbet, France) depended on the condition of the tumor and blood vessels. In both groups, raltitrexed (4 mg, Tai-Tianqing Pharmaceutical, Co., Ltd., Nanjing, China) or FUDR (1.0 g, Nantong Jinghua, Pharmaceutical, Co., Ltd., Nantong, China) was perfused through the catheter first. Subsequently, oxaliplatin (100 mg, Sanofi Synthelabo France, Paris, France) and pirarubicin (60 mg, Wan Le Pharmaceutical, Shen Zhen, Co., Ltd., Shen Zhen, China) were mixed with lipiodol (10 ml), and the tumor was embolized with this mixture. Finally, once again, DSA radiography was used to determine the effect of TACE therapy. If a hepatic arteriovenous fistula was found during the operation, appropriately sized gelatin sponge particles or PVA could be used to block the arteriovenous fistula. After TACE, antiemetic, hepatoprotection, and antacid drugs were used routinely.

TACE was repeated every 4–6 weeks. When the tumor response was evaluated as partial response (PR), stable disease (SD) or progressive disease (PD) and no serious complications and contraindications occurred, TACE was performed again. If the tumor did not progress, the frequency of TACE was reduced appropriately. The criteria for terminating TACE therapy included an ECOG performance status

> 2, Child–Pugh C liver function, or an evaluation of tumor response showing complete response (CR).

Response assessment

For all patients, the upper abdominal enhanced computed tomography (CT) or magnetic resonance imaging (MRI) was reviewed after 1 month of TACE therapy and then every month until death or loss to follow-up. The objective response rate (ORR) and disease control rate (DCR) were evaluated using Response Evaluation Criteria in Solid Tumor (RECIST) version 1.1. OS was calculated from the date of TACE therapy to the date of the last follow-up or death. Progression-free survival (PFS) was calculated from the start date of TACE therapy to the date of disease progression or death. The adverse reactions were assessed according to the National Cancer Institute–Common Terminology Criteria for Adverse Events (NCI–CTACE) version 4.0. The major adverse reactions were classified as levels 0–4. The last follow-up time of this study was Mar 30, 2018.

Statistical analysis

The statistical analysis was performed using SPSS version 20.0 (SPSS Inc. Chicago, IL, USA). GraphPad Prism 6 (GraphPad software, Inc., La Jolla, CA, USA) was used to generate charts. Continuous variables are shown as the mean \pm standard deviation (SD). Qualitative data are expressed as the frequency and percentage. Statistical analyses were performed using t tests for measurement data, and Chi-square tests or Fisher's exact tests for count data. The survival analysis for OS and PFS was estimated with the Kaplan–Meier methods, and the significance of OS and PFS between the two groups was determined using the log-rank test. The clinical variables included sex, age at first TACE, primary tumor site, tumor pathological grade, time to liver metastasis, tumor number, maximum tumor diameter, intrahepatic vascular invasion, Child–Pugh class, combination with radiofrequency ablation (RFA) or cryoablation (CRA) treatment, and extrahepatic metastasis. Univariate analysis was applied to all variables, and any variable with a P value < 0.10 in the univariate analysis was entered into the multivariate analysis. Cox model was used to analyze the prognostic factors related to survival. $P < 0.05$ was considered to indicate a statistically significant difference.

Results

Patient characteristics

A total of 81 patients who received TACE were enrolled. There were 61 patients in the raltitrexed group and 20

patients in the FUDR group. The baseline characteristics of the patients are summarized in Table 1. No significant differences were found in terms of sex, age at first TACE, number of TACE cycles, primary tumor site, tumor pathological grade, time to liver metastasis, tumor number, maximum tumor diameter, intrahepatic vascular invasion, Child–Pugh class, additional RFA or CRA after TACE, or extrahepatic metastasis between the two groups ($P > 0.05$). Patients in the raltitrexed group received a median of three TACE cycles, and those in the FUDR group received a median of three TACE cycles. Thirty-three patients (40.7%) received additional local treatment including RFA or CRA after TACE.

Tumor response

Table 2 shows the results of tumor response evaluated according to RECIST 1.1 for two groups. Among the 61 patients in the raltitrexed group, eight (13.1%) CRs, thirty-three (54.1%) PRs, twelve (19.7%) SDs, and eight (13.1%) PDs were observed. The ORR and DCR were 67.2% and 86.9%, respectively. Among the 20 patients in the FUDR group, two (10%) CRs, seven (35%) PRs, seven (35%) SDs, and four (20%) PDs were observed. The ORR and DCR were 45.0 and 80.0%, respectively. Although the ORR was higher in the raltitrexed group than in the FUDR group, there was no statistical significance between the two groups in terms of the ORR ($P = 0.076$), or DCR ($P = 0.452$).

Survival

The median follow-up time was 20 months. At the end of the follow-up period, 11 (18.0%) patients in the raltitrexed group and 3 (15.0%) patients in the FUDR group were still alive. A Kaplan–Meier survival analysis showed no significant differences between the two groups in terms of OS and PFS. The median OS (from first TACE) was 14.0 months in the raltitrexed group and 13.0 months in the FUDR group ($P = 0.556$) (Fig. 1). The median PFS (from first TACE) was 2.1 months in the raltitrexed group and 2.4 months in the FUDR group, respectively ($P = 0.878$) (Fig. 2). The Cox univariate and multivariate analysis identified several prognostic factors of OS (Table 3). The univariate analysis demonstrated that primary tumor site, tumor number, maximum tumor diameter, intrahepatic vascular invasion, Child–Pugh class, and the combination with RFA or CRA displayed a significant association with OS. Of these, primary tumor site (HR = 0.425, 95% CI 0.192–0.940, $P = 0.035$), Child–Pugh class (HR = 0.401, 95% CI 0.198–0.812, $P = 0.011$), and the combination with RFA or CRA (HR = 0.463, 95% CI 0.231–0.887, $P = 0.021$) were further confirmed by multivariate analysis to be independent factors for OS after TACE.

Table 1 Basic clinical characteristics of the two groups

	Overall cohort (<i>n</i> = 81)	Raltitrexed group (<i>n</i> = 61)	FUDR group (<i>n</i> = 20)	<i>P</i> value
Sex				0.855
Male	54	41	13	
Female	27	20	7	
Age (years) at first TACE	61.1 ± 8.7	60.6 ± 8.9	62.5 ± 8.2	0.255
Number of TACE cycles	3.9 ± 3.7	4.0 ± 4.1	3.4 ± 1.9	0.175
Primary tumor site				0.674
Right hemicolon	19	15	4	
Left hemicolon	62	46	16	
Tumor pathological grade				0.115
Poor	25	16	9	
Well or intermediate	56	45	11	
Time to liver metastasis				0.331
Synchronous (< 6 months)	48	38	10	
Metachronous (> 6 months)	33	23	10	
Tumor number				0.452
Single	12	8	4	
Multiple	69	53	16	
Maximum tumor diameter				0.651
≤ 5 cm	40	31	9	
> 5 cm	41	30	11	
Intrahepatic vascular invasion				0.538
Presence	16	13	3	
Absence	65	48	17	
Child–Pugh class				0.185
A	65	51	14	
B	16	10	6	
Combined with RFA or CRA				0.547
Yes	33	26	7	
No	48	35	13	
Extrahepatic metastasis				0.731
Presence	18	13	5	
Absence	63	48	15	

Table 2 Comparison of response between the raltitrexed group and FUDR group

Outcome	Group		χ^2	<i>P</i> value
	Raltitrexed group (<i>n</i> = 61)	FUDR group (<i>n</i> = 20)		
Complete response (CR)	8	2		
Partial response (PR)	33	7		
Stable disease (SD)	12	7		
Progressive disease (PD)	8	4		
Objective response rate (ORR)	41 (67.2%)	9 (45.0%)	3.146	0.076
Disease control rate (DCR)	53 (86.9%)	16 (80.0%)	0.266	0.452

Adverse reactions

Table 4 summarizes the most common adverse reactions in this study. The most common treatment-related adverse

reactions included hematological, liver, and kidney function; gastrointestinal symptoms; other reactions (non-infectious fever, abdominal pain and neuropathy), and no significant differences were found between the raltitrexed group and

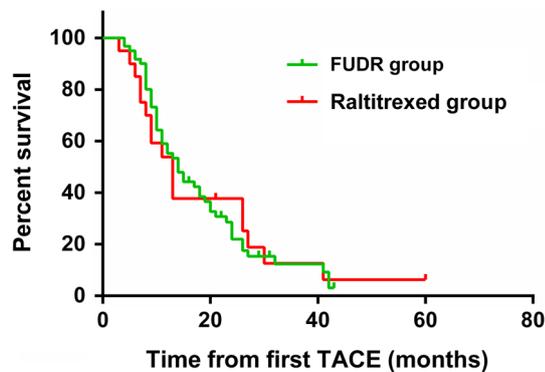


Fig. 1 Kaplan–Meier curves of the overall survival (OS) for patients with unresectable CRCLM after TACE in the two groups

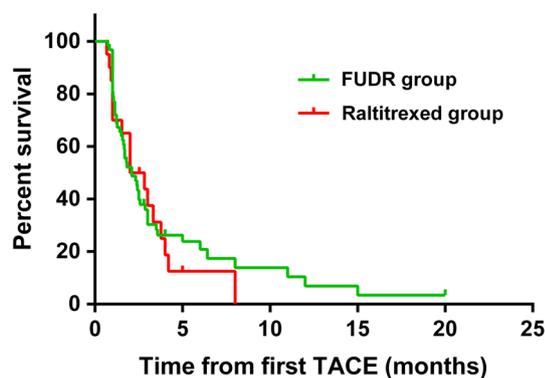


Fig. 2 Kaplan–Meier curves of the progression-free survival (PFS) for patients with unresectable CRCLM after TACE in the two groups

FUDR group ($P > 0.05$). No grade 3 or 4 hematological toxicity was observed in either group and no serious myelosuppression occurred. No treatment-related death occurred during the treatment period in either group.

Discussion

Systemic chemotherapy is the standard option for metastatic CRC. Local treatments, such as TACE and HAI, are alternative options for CRCLM with failed previous systemic chemotherapy. 5-FU and raltitrexed are commonly used as systemic chemotherapy drugs or applied in HAI for the treatment of metastatic CRC. A meta-analysis including 4622 patients with advanced CRC has shown that the OS and overall response rates are not significantly different between raltitrexed-based and fluorouracil-based chemotherapy [29]. Guo et al. evaluated the efficiency and safety of HAI chemotherapy using raltitrexed or 5-FU for CRCLM, and the result showed that there was no significant difference in survival between the two schemes [30].

FUDR is a derivative of 5-FU and is usually used in HAI for the treatment of CRCLM due to its high hepatic extraction rate and low toxicity [17, 18, 31]. Although the use of raltitrexed and FUDR in HAI has been reported, there are a few studies on the direct comparison of raltitrexed- and FUDR-based regimens in TACE for the treatment of CRCLM.

Our study showed that the ORR and DCR of the raltitrexed group (raltitrexed, oxaliplatin, and pirarubicin) was higher than those of the FUDR group (floxuridine, oxaliplatin, and pirarubicin) (67.2 vs. 45.0%, 86.9 vs. 80.0%, respectively), but the differences were not statistically significant ($P > 0.05$). This result suggests that the raltitrexed-based regimen may be beneficial for the short-term control of liver lesions. The analysis of survival showed that the median PFS times (from first TACE) of the raltitrexed group and the FUDR group were 2.1 months and 2.4 months, respectively, with no statistically significant difference between them ($P = 0.835$). The median OS times (from first TACE) of the raltitrexed group and the FUDR group were 14.0 and 13.0 months, respectively, with no statistically significant difference between them ($P = 0.556$). The above results demonstrate that raltitrexed-based regimens can achieve similar effects to those FUDR-based regimens, which suggests that CRCLM patients may benefit from raltitrexed-based TACE therapy. Such results are similar to those of a comparison of raltitrexed with 5-FU in hepatic or systemic infusion chemotherapy [29, 30]. Although there was no difference in OS between the two groups, the multivariate analysis showed that primary tumor site, Child–Pugh class, and the combination with local ablation (RFA or CRA) were independent predictors of OS. Our study indicated that TACE combined with other local treatments, such as RFA or CRA, may prolong the survival of CRCLM patients. The physiological basis of TACE or HAI is that a malignant tumor of the liver derives more than 80% of its blood supply from the hepatic arterial circulation [32]. After analyzing and comparing the DSA, we concluded that the blood supply characteristics of the metastatic tumor in the same liver were not identical and that a portion of the CRCLM patients would be resistant to chemotherapy, so not every lesion can be controlled well by TACE alone. To achieve a better control of liver metastases, local ablation combined with RFA and CRA is frequently used in our department, and the effectiveness and safety of RFA has been confirmed by some researchers [33, 34]. In addition, the use of RFA or CRA is limited in lesions near major bile ducts and great vessels; therefore, the combination of two or more minimally invasive interventional methods to complement the other's advantages may be a necessary strategy.

Common adverse reactions were manifested as hematological, liver, and kidney function problems and digestive symptoms, and there was no significant difference between

Table 3 Prognostic factors for overall survival

Factors	N	Univariate			Multivariate		
		HR	95% CI	P value	HR	95% CI	P value
Group		0.996	(0.572, 1.732)	0.988			
Raltitrexed group	61						
FUDR group	20						
Sex		1.263	(0.756, 2.108)	0.372			
Male	54						
Female	27						
Age (years) at first TACE		0.776	(0.475, 1.267)	0.311			
≤ 60	33						
> 60	48						
Primary tumor site		0.400	(0.221, 0.721)	0.002	0.425	(0.192, 0.940)	0.035
Right hemicolon	19						
Left hemicolon	62						
Tumor pathological grade		1.116	(0.671, 1.857)	0.673			
Poor	25						
Well or intermediate	56						
Time to liver metastasis		1.095	(0.667, 1.800)	0.719			
Synchronous (< 6 months)	48						
Metachronous (> 6 months)	33						
Tumor number		0.477	(0.234, 0.971)	0.041	0.740	(0.328, 1.669)	0.469
Single	12						
Multiple	69						
Maximum tumor diameter		1.623	(0.994, 2.651)	0.053	0.976	(0.468, 2.038)	0.949
≤ 5 cm	40						
> 5 cm	41						
Intrahepatic vascular invasion		1.841	(1.045, 3.243)	0.035	1.232	(0.560, 2.711)	0.604
Presence	16						
Absence	65						
Child–Pugh class		0.370	(0.204, 0.669)	0.001	0.401	(0.198, 0.812)	0.011
A	65						
B	16						
Combined with RFA or CRA		0.463	(0.279, 0.770)	0.003	0.453	(0.231, 0.887)	0.021
Yes	33						
No	48						
Extrahepatic metastasis		0.835	(0.468, 1.489)	0.541			
Presence	18						
Absence	63						

the two groups, indicating that CRCLM patients are tolerant of the two regimens. In this study, none of the patients had fatal myelosuppression, gastrointestinal bleeding, or hepatic abscess formation after TACE therapy. In general, the treatment of TACE is safe and reliable. Several studies have shown that the effect of TOMOX on liver function is more serious than that of FOLFOX, while cardiovascular toxicity is lighter [25, 35]. Therefore, for patients with normal liver function with high-risk factors for cardiovascular disease, the application of the TOMOX regimen may be safer. This study showed that all grade rising rates of postoperative transaminase were 78.7 and 50.0% in the

raltitrexed group and FUDR group, respectively, and the all grade rising rates of total bilirubin after TACE were 70.5 and 30.0% in two groups, respectively. These results are similar to those of previous research. Although there was no statistical significance, these findings suggest that the damage to liver function caused by raltitrexed might be more common than that caused by FUDR. Therefore, liver protection should be actively pursued before TACE to improve patient tolerance. In addition, nausea and vomiting, abdominal pain, and non-infectious fever were common in both groups, and no statistically significant difference was observed. Considering that this series of

Table 4 Adverse events of TACE therapy

Outcome	Raltitrexed group (n=61)		FUHR group (n=20)		χ^2	P value
	All grade	Grade 3–4	All grade	Grade 3–4		
Hematological						
Leucopenia	20	0	4	0	1.181	0.277
Thrombocytopenia	16	0	5	0	0.012	0.913
Anemia	28	0	9	0	0.005	0.944
Liver and kidney function						
AST and ALT increased	48	7	10	4	2.091	0.148
Total bilirubin increased	43	6	6	2	0.927	0.336
Creatinine increased	19	2	4	1	0.434	0.510
Gastrointestinal symptoms						
Nausea/vomiting	32	19	10	3	0.923	0.337
Diarrhea	7	0	2	0	0.033	0.855
Other						
Non-infectious fever	34	3	13	1	0.013	0.909
Abdominal pain	40	7	10	3	0.491	0.483
Neuropathy	7	0	3	0	0.173	0.687

symptoms is a typical embolization syndrome, these reactions may not be closely related to chemotherapy drugs, and there is a certain relationship between the type, usage, and dosage of an embolic agent and the tumor blood supply. After 2 or 3 days of treatment, the discomfort of most patients was relieved, and there were no complications such as intestinal obstruction, tumor rupture, or pulmonary embolism.

There were several limitations in the study. This study is a single-center retrospective study. The number of cases is relatively insufficient, and the results may be biased. In addition, long-term follow-up data were not available, and the curative effect could not be evaluated more comprehensively. Furthermore, this study revealed some problems to be solved. For example, the blood supply from some hepatic metastatic carcinomas is not rich in the TACE treatment, so there are inevitable differences between individual treatments. To ensure patient safety and strictly grasp the indications, TACE that is simultaneously combined with local treatment (RFA or CRA) may increase the curative effect, but further research is needed to verify this.

In conclusion, TACE treatment with either raltitrexed or FUHR is an efficient and safe alternative choice for treating unresectable CRCLM. Combined TACE and local ablation for treating unresectable CRCLM may be beneficial for survival, which deserves further study.

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Compliance with ethical standards

Conflict of interest All authors declare no conflicts of interest for the present study.

Ethical approval This article does not contain any studies with human participants performed by any of the author.

Informed consent For this type of study formal consent is not required.

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